

**UFC** GYM  
MAMARONECK

# NO SCHOOL DAY 2<sup>ND</sup>-6<sup>TH</sup> GRADE SKILLS CLINIC

AGILITY | STRENGTH | SPEED | CARDIO | CORE CONDITIONING  
POWER | BALANCE | FLEXIBILITY

## TIME:

9am - 3pm

Early drop off & Late pick up  
available.

## DATES:

Feb. wk 17<sup>th</sup> - 21<sup>st</sup>

March. 11<sup>th</sup>, 13<sup>th</sup>

April wk 6<sup>th</sup> - 10<sup>th</sup>

May 1<sup>st</sup>, 25<sup>th</sup>

## COST:

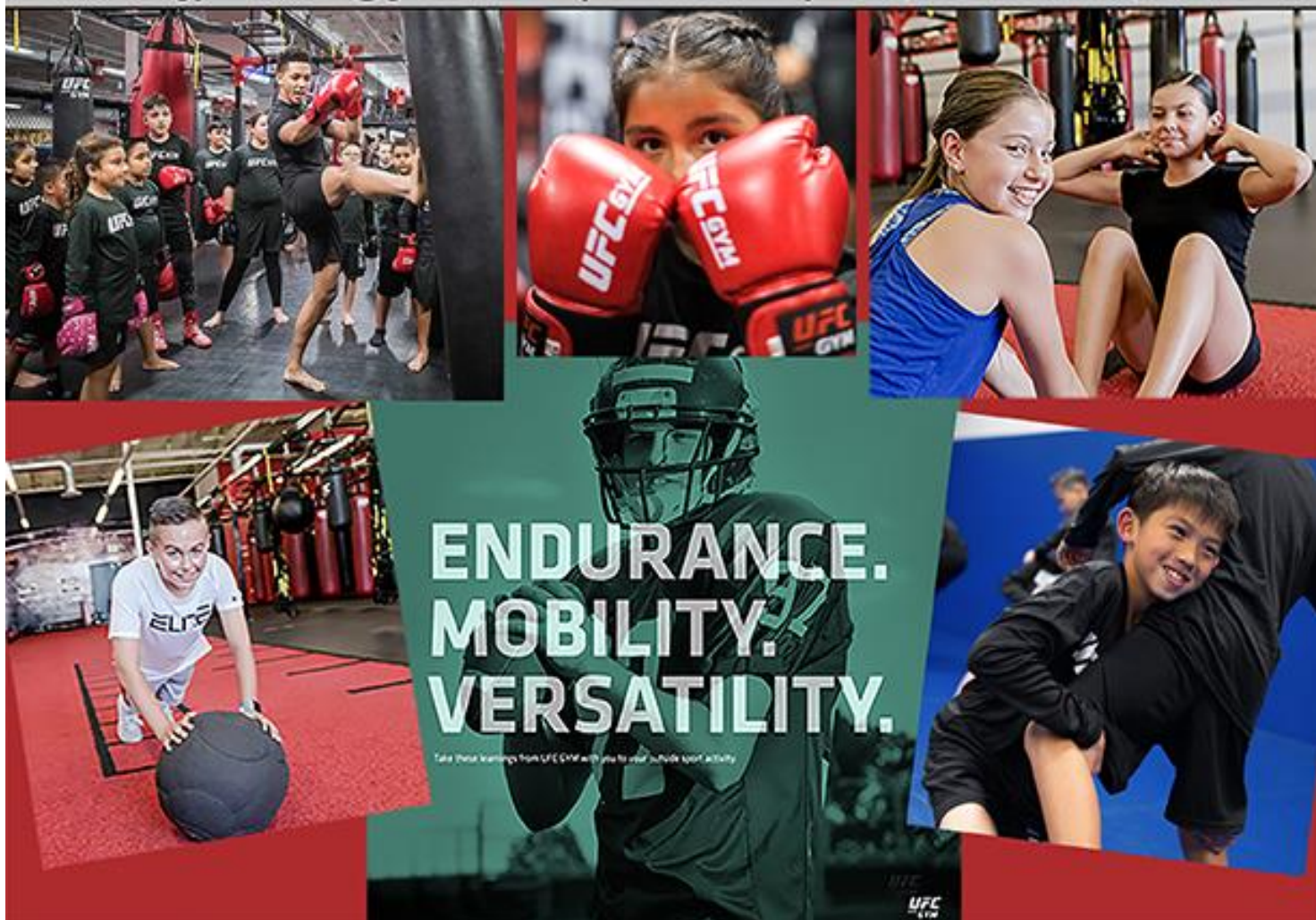
\$75 per day

Bring your own lunch.

10% off when you book  
3 days or more.

# CALL: 914-835-4269

ufcgymevents@gmail.com | 300 Waverly Ave., Mamaroneck, NY



**ENDURANCE.  
MOBILITY.  
VERSATILITY.**

Take these workouts from UFC GYM with you to your outside sport activity.

UFC  
GYM