

PRIVACY POLICY

Effective Date: October 1, 2023

This Privacy Policy explains how MYW Health & Nutrition INC. collects, uses, and discloses personal information about our customers, prospective customers, and visitors to our website at <https://health-nutrition-of-leesburg.constantcontactsites.com/>

COLLECTION OF PERSONAL INFORMATION:

We may collect personal information directly from you, for example through a web form, during registration, while making a reservation, while setting up an account with us, from sign up forms at presentations or health fairs, from written slips from customer providing personal phone number to us for SMS purposes, or at checkout. Personal information we collect directly from you may include first and last name, address, email address, date of birth, and phone number.

Information collected directly from your device: Our website may use technologies such as cookies, web beacons, pixels, and other similar technologies to automatically collect certain information from your device including for example, your IP address, date and time of your visit, browser operation system information, referring website address, and other information about how you interact with the website. Our website may also use cookies and similar technologies to enhance your user experience and enable certain features such as keeping track of items you put in your shopping cart or links you click. Our email campaigns may also use tracking technologies such as web beacons, pixels and other similar technologies to automatically collect certain information such as your IP address, browser type and version, and email engagement statistics.

Information collected from our partners: We may collect personal information about you from our third party partners and combine it with other information that we collect. Personal information we collect from our partners may include, for example, your demographic information, shopping history and geographic location.

USE OF PERSONAL INFORMATION:

We may use information collected about you for any lawful purpose, including the following:

- To provide you with our products and services, customer service and support and other relevant information
- To market our products and services to you, including by email and text message or phone call subject to your consent
- To provide our website to you to optimize our website and to assist with our advertising and marketing efforts
- To send you event or news information, sale coupons, or any other pertinent information regarding the business or empty cart reminders
- To comply with the law and to maintain the security of our website

- With your consent, or as otherwise disclosed at the time information is collected

DISCLOSURE OF PERSONAL INFORMATION

We may share the information we collect with other parties, including the following:

- With third party service providers to assist us with providing and marketing our products and services, such as payment processors, data hosting services, analytics services and online store support, advertising partners and email service providers.
- with constant contact, to send email marketing and text message communications. For more information about how we may use your information with Constant contact and the information that may be collected through our email campaigns, see Constant contact's Customer Data Notice available at <https://www.constantcontact.com/legal/customer-contact-data-notice>
- With any affiliates or joint venture partners that we may have in the future.
- As part of a corporate sale, merger, or acquisition, or other transfer of all or part of our assets, including as part of a bankruptcy proceeding.
- If necessary to comply with applicable laws and regulations, to respond to a subpoena, search warrant or other lawful request for information we receive, or to otherwise protect our rights or the rights of third parties, or to protect the safety or security of any person or entity.
- With your consent or as otherwise disclosed at the time of data collection or sharing

We may share information that has been de-identified or aggregated without limitation.

Our website may offer interactive features, such as the ability to leave reviews or send messages, that you can use to communicate with other website visitors or to submit and post your own content. If you disclose information in one of these forums, this information can be viewed, collected and used by others.

DIGITAL ADVERTISING & ANALYTICS

We may authorize our advertising partners to use cookies and similar technologies on our website to automatically collect certain information from your device, and we may share information about you, your purchases, and your interactions with our website with our advertising partners. These partners may also collect information from other websites or apps over time, including information about relationships among different browsers and devices. Such information can be used by us or our advertising partners to serve more relevant targeted ads. For more information about this type of advertising and how to opt out of targeted advertising from our advertising partners go to www.aboutads.info.

We may also work with third parties that collect data about your use of our website and other sites or apps over time for non advertising purposes. We use Google analytics and other third party services to improve the performance of the website and for analytics and marketing purposes. For more information about how Google Analytics collects and uses data when you use our website, visit www.google.com/policies/privacy/partners and to

opt out of Google Analytics visit tools.google.com/dlpage/gaoptout

Your web browser may allow you to block or disable cookies, however, parts of our website may not function properly if you do so.

EMAIL AND TEXT MESSAGE COMMUNICATIONS

If you wish to unsubscribe from our email campaigns, please click on the Unsubscribe link at the bottom of any marketing emails sent from us. If you opt out of our email marketing we will still send you messages related to our transactions and relationship with you such as order confirmations.

If you wish to stop receiving text messages from us, reply STOP, QUIT, CANCEL, OPT-OUT, or UNSUBSCRIBE to any text message sent from us. For more information, see our Mobile Messaging Terms and Conditions available at

UPDATING YOUR INFORMATION:

When you have an account with us, you may change or update your contact information by calling our shop at 352.365.6477.

CHANGES TO PRIVACY POLICY

We may update this Policy at any time. Please review frequently.

CONTACT INFORMATION:

If you have any questions about this policy or our privacy practices, please contact us at 352.365.6477