**HOW AM I SMART?**

WORD SMART

(Linguistic)

**Think in:** Words

**Love to**: Talk-to ANYONE even when no one is listening

Read-anything and everything

**Good at:** Names, dates, places, details, vocabulary, telling stories

**Struggles with:** Arguing too much, instructing everyone (bossy), sins of the tongue (gossip, etc), pride of being smart

**Strengthen by:** Reading a variety of books, different versions of the same fables, Talk about different topics, write using many different mediums

**Games:** Scattergories, Apples to Apples, Rhyming games

**Other:** Listening vocabulary is one of the best predictors of school success. If **Word Smart** is not one of the top 4 ‘smarts,’ school can be challenging.

**Parenting:** Have them repeat what you say (as in a command, etc. )

You may need to remind them to respect others when they need it quiet.

**Resources:** *The 8 Great Smarts,* Kathy Koch; *Think, Learn, Succeed*, Dr. Caroline Leaf

**HOW AM I SMART?**

MATH SMART

(Logic)

**THINK IN/WITH:** Questions

**LOVE TO:** Explore new ideas, design systems, analyze, know about science/math, predict, invent

**CHARACTERISTICS:** Often asks “why,” needs things to make sense, reasoning is power, mentally checks out if bored, needs to know ‘what’s next’

**GOOD AT:** intellectual puzzles, reasoning, numerical patterns, manipulate numbers, patterns (organize and make associations), problem solver

**STRUGGLES WITH:** fiction , phonics rules, spelling (it may not be natural), intellectual and spiritual pride, judging, being defensive, analyzing and worry, challenge with the letter of the law (not the heart of it) , appreciating God’s truth and wisdom, may be content to only know *about* God, grace and mercy, faith is possible without understanding it all

**STRENGTHEN BY:** asking ‘what if’s or “I wonder….,” ask them ‘why/how,’ teach thinking verbs (distinguish, evaluate, predict, compare, contrast, judge, speculate, defend, interpret), tell how to specifically think

**TEACH BY:** Asking/answering questions, thinking through and answering, researching answers, brainteasers, timelines, research data, debate, numbers, and objects to explore

**RELATIONSHIPS:** may relate more to those with problems, “more” right, humor could be a challenge, analyze people, intuitive, calculative

**CAREERS:** Research, mechanic, plumber, STEM pharmacist, electrician

**GAMES:** Blokus, Clue

**OTHER:** School success relies on this

**RESOURCES:** *The 8 Great Smarts,* Kathy Koch; *Think, Learn, Succeed*, Dr. Caroline Leaf

**HOW AM I SMART?**

PICTURE SMART

(Visual)

**Think in:** Pictures

**Love to:** Do hands-on activities, draw, doodle

**Good at:** Making pictures and movies in their heads, reading charts and maps, remembering visuals, creative writing, history, picturing the trajectory of a kicked ball

**Struggles with**: Listening to long lectures, getting wrong picture in their head, getting distracted with the pictures in their heads and then don’t pay attention, letting go of a troublesome thing or facial expression they’ve seen

**Strengthen by:** saying, “Picture this,” “Does this look right?” “Close eyes and see.”

**Games**: Telestrations, Pictionary

**Parenting:** Affirm that this ability is being smart, find ways to serve with this gift, use descriptive language when disciplining or motivating, let them doodle while listening to a lesson.

**Resources:** *The 8 Great Smarts,* Kathy Koch; *Think, Learn, Succeed*, Dr. Caroline Leaf

**HOW AM I SMART?**

MUSIC SMART

(Musical)

**THINK IN/WITH:** Rhythms/Melodies

**LOVE TO**: Express self musically, get lost in music

**CHARACTERISTICS:** Drum along with sounds and noises, hum, strum

**GOOD AT:** Singing, playing, identifying artists and songs, learning languages from tonal languages

**STRUGGLES WITH:** distracted by music when studying, may idolize music, bug others by singing all the time

**STRENGTHEN BY**: letting them create, attend concerts and musicals, invest in lessons, point out music in the environment

**TEACH BY**: Adding music to lessons, create moods and creativity with music for memorization

**RELATIONSHIPS:** Share old and new favorites with others, lessons take a lot of time so many relationships will come from there

**CAREERS:** therapists, music editor, composer, conductor

## GAMES: *Cranium, Encore*

**OTHER:** not essential for school success (but may keep them interested), stimulates emotions, good for life and enjoyment

**RESOURCES:** *The 8 Great Smarts,* Kathy Koch; *Think, Learn, Succeed*, Dr. Caroline Leaf