



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TKD Tots (Age 3.5-5) 4:00-4:25		TKD Tots (Age 3.5-5) 4:00-4:25			TKD Tigers (ALL Belts) (Age 5-8) 8:30 – 9:05
TKD Tigers (Beginner) (Age 5-7) 4:30 – 5:00	TKD Tigers (Beginner)/ New Students 4:15 – 4:45	TKD Tigers (Beginner) (Age 5-7) 4:30 – 5:00	TKD Tigers (ALL Belts) (Age 5-8) 4:15 – 4:50		New Students (Tigers & Kids) 9:10 – 9:45
TKD Tigers (Advanced) (Age 6-8) 5:05 – 5:40	Forms (Orange & up) 4:50 – 5:30	TKD Tigers (Advanced) (Age 6-8) 5:05 – 5:40	New Students (Tigers & Kids) 4:55 – 5:25		Teens & Adults (Age 13+) (+Optional Sparring) 9:50 – 10:35
KC Kids (Beginner) (Age 8-12) 5:40 – 6:20	Sparring (Ages 6-12 Yellow & up) 5:30 – 6:10	KC Kids (Beginner) (Age 8-12) 5:40 – 6:20	KC Kids (ALL Belts) (Age 8-12) 5:30 – 6:15	Forms & Self-Defense (Ages 8 to Adult) 5:30-6:30	KC Kids (ALL Belts) (+Optional Sparring) 10:40 – 11:20
KC Kids (Advanced) (Age 8-12) 6:25 – 7:05	Family Class (All ages & belts) 6:15 – 6:55	KC Kids (Advanced) (Age 8-12) 6:25 – 7:05	Family Class (All ages & belts) 6:15 – 6:55	Belt Test Review ONLY FRIDAY BEFORE BELT TEST 5:30-6:30	High Brown 11:25 – 12:10
Black Belt 7:05 – 7:50	High Brown Forms 7:00 – 7:45	Teens & Adults (Age 13+) 7:05 – 7:50	Teen & Adult/High Brown/Black Belt Sparring 7:00-8:00	Instructor Training ONLY FRIDAY BEFORE BELT TEST 6:30-7:00+	Black Belt (1 <sup>st</sup> degree) 12:10 – 12:55
Teens & Adults (Age 13+) 7:50 – 8:35	Black Belt Forms 7:45 – 8:30	Black Belt 7:50 – 8:35			Black Belt (2 <sup>nd</sup> degree & up) 12:55 – 1:40