

World Taekwondo and KC Taekwondo Academy

Application for Rank Advancement

From Blue to Red Belt

FULL Student Name: _____	Belt Test Fee: \$75 <input type="checkbox"/>	
Belt Test Date: _____	Private/Make-up Test Fee: \$50 <input type="checkbox"/>	
<i>Due by Thursday before Belt Test!</i>	Late Fee: \$20 <input type="checkbox"/>	
	TOTAL: \$_____	

Physical Requirements

Kicks

- Low-High Double RH Kick
 - Spinning Hook Improved
 - Jumping Back Kick
- Grade _____

Board Breaking

- Jumping Back Kick
- Grade _____

Stances

- All previous stances
- Grade _____

Hand Techniques

- Hammer Fist Strike
 - Elbow Strike to Chest
 - Left elbow strike to palm
 - Right elbow strike to palm
 - Back Fist Strike
- Grade _____

Self-Defense

- Head locks
 - Proper Stand Up
 - Knee Strike
- Grade _____

Extra

- Hold Side Kick – Punch Combo (3 sec)
 - Squat- Jab/Cross
 - TKD Roll from Standing
 - Min 1 Sparring Class per month
- Grade _____

Form

- Taegeuk Oh Jang
 - Taegeuk Sa Jang
- Grade _____

Mental Requirements

Students are to complete this section prior to submitting application.

1. What is the meaning of the Blue belt? _____
2. What is the meaning of Taegeuk Oh Jang? _____
3. Why is it important to get good grades in school? (kids only) _____
4. On a separate page, submit written examples of how you live the tenets of Taekwondo. Give an example of how you live each tenet at home, at school/work, and at TKD. In total, you should have 15 examples. This should be typed and stapled to this application.
5. What part of the foot is used to strike for each kick?
 - a. Low/High Double Roundhouse Kick _____
 - b. Jumping Back Kick _____
 - c. Jumping Spinning Hook Kick _____
6. What is the current word of the month and what does it mean? _____

Grade _____

Student's overall character during testing, i.e. kie hap, concentration, self-control, answer up. Grade _____

Overall Grade _____ Pass Fail



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Application for Rank Advancement Home and School Evaluation

Dear Parents and Teachers:

Our main objective at Kim & Cam's Taekwondo Academy is the development of well-rounded students, not only at our school, but outside the Academy as well. Not only do students strive to be Black Belts in Taekwondo, but they also work towards academic Black Belts and eventually develop an attitude of constant achievement. We use the Black Belt as a symbol of personal excellence.

In order to promote our students' progress toward these goals, we respectfully request completion of the following form.

Parent's Evaluation

My child's behavior at home has been congruent with that of the principles of Black Belt Excellence: courtesy, respect, discipline, self-control, focus, etc.: Yes _____ No _____

My child practices his/her Taekwondo at home: Yes _____ No _____

I have questions/concerns. The most convenient time to reach me is: _____

Please provide a brief "Letter of Recommendation" below, expanding on your child's behavior both at home and at school:

Parent's Signature: _____ Date: _____

Teacher's Evaluation

Teacher's Name _____ School Name: _____ Grade: _____

_____ has been doing satisfactory work in my class and is receiving satisfactory grades while being respectful to teachers and other students. Yes _____ No _____

I am interested in having a Taekwondo demonstration for my class: Yes _____ No _____

Phone: _____ Convenient time to call: _____

Email: _____ Signature: _____

Student Referral

The following friend(s) is interested in martial arts lessons. Please contact them and invite them as my guest:

Name: _____ Name: _____

Phone Number: _____ Phone Number: _____

Email: _____ Email: _____

If our students do not meet any of the above qualifications, either at home, school, or Kim & Cam's Taekwondo Academy, we will hold the student's promotion until satisfactory behavior is achieved. If you have any direct feedback beyond the scope of this form, please feel free to call us directly at (303)994-3376.

Master Cameron B. Weber

