

# World Taekwondo and KC Taekwondo Academy

## Application for Rank Advancement From Yellow to Orange Belt

FULL Student Name: _____	Belt Test Fee: \$55 <input type="checkbox"/>	
Belt Test Date: _____	Private/Make-up Test Fee: \$50 <input type="checkbox"/>	
<i>Due by Thursday before Belt Test! .....</i>	Late Fee: \$20 <input type="checkbox"/>	
	TOTAL: \$_____	

### Physical Requirements

#### Kicks

- Axe Kick
- High Roundhouse Kick
- Inside Crescent Kick
- Outside Crescent Kick
- Jumping Front Kick

Grade \_\_\_\_\_

#### Hand Techniques

- Middle Punch
- Middle Block
- Low Punch
- Jab/Cross
- Palm/Heel Strike

Grade \_\_\_\_\_

#### Stances

- Walking Stance
- Fighting Stance
- Horse Stance
- Front Stance
- Listening Stance

Grade \_\_\_\_\_

#### Board Breaking

- Axe Kick

Grade \_\_\_\_\_

#### Self-Defense

- Cross Arm Grab
- Jab/Cross
- Palm Heel Strike

Grade \_\_\_\_\_

#### Form

- Taegeuk Il Jang
- Oren Saju Chedigi

Grade \_\_\_\_\_

### Mental Requirements

*Students are to complete this section prior to submitting application.*

1. What is the meaning of the Yellow belt? \_\_\_\_\_
2. What is the meaning of Taegeuk Il Jang? \_\_\_\_\_
3. List two components of the Taekwondo Oath. \_\_\_\_\_  
\_\_\_\_\_
4. Why do you Kihap? \_\_\_\_\_
5. Why do you Belt Test? \_\_\_\_\_
6. What part of the foot is used to strike for each kick?
  - a. Axe Kick \_\_\_\_\_
  - b. High Roundhouse Kick \_\_\_\_\_
  - c. Inside Crescent Kick \_\_\_\_\_
  - d. Outside Crescent Kick \_\_\_\_\_
7. What is the current word of the month and what does it mean? \_\_\_\_\_  
\_\_\_\_\_

Grade \_\_\_\_\_

Student's overall character during testing, i.e. kie hap, concentration, self-control, answer up. Grade \_\_\_\_\_

# World Taekwondo and KC Taekwondo Academy

## Application for Rank Advancement Home and School Evaluation

Dear Parents and Teachers:

Our main objective at Kim & Cam's Taekwondo Academy is the development of well-rounded students, not only at our school, but outside the Academy as well. Not only do students strive to be Black Belts in Taekwondo, but they also work towards academic Black Belts and eventually develop an attitude of constant achievement. We use the Black Belt as a symbol of personal excellence.

In order to promote our students' progress toward these goals, we respectfully request completion of the following form.

### Parent's Evaluation

My child's behavior at home has been congruent with that of the principles of Black Belt Excellence: courtesy, respect, discipline, self-control, focus, etc.: Yes \_\_\_\_\_ No \_\_\_\_\_

My child practices his/her Taekwondo at home: Yes \_\_\_\_\_ No \_\_\_\_\_

I have questions/concerns. The most convenient time to reach me is: \_\_\_\_\_

Please provide a brief "Letter of Recommendation" below, expanding on your child's behavior both at home and at school:

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Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Teacher's Evaluation

Teacher's Name \_\_\_\_\_ School Name: \_\_\_\_\_ Grade: \_\_\_\_\_

\_\_\_\_\_ has been doing satisfactory work in my class and is receiving satisfactory grades while being respectful to teachers and other students. Yes \_\_\_\_\_ No \_\_\_\_\_

I am interested in having a Taekwondo demonstration for my class: Yes \_\_\_\_\_ No \_\_\_\_\_

Phone: \_\_\_\_\_ Convenient time to call: \_\_\_\_\_

Email: \_\_\_\_\_ Signature: \_\_\_\_\_

### Student Referral

The following friend(s) is interested in martial arts lessons. Please contact them and invite them as my guest:

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_ Email: \_\_\_\_\_

If our students do not meet any of the above qualifications, either at home, school, or Kim & Cam's Taekwondo Academy, we will hold the student's promotion until satisfactory behavior is achieved. If you have any direct feedback beyond the scope of this form, please feel free to call us directly at (303)994-3376.

**Master Cameron B. Weber**

