



*We're There and We Care*

## Hearts of Gold Winter 2022 Newsletter



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It's so hard to believe another year has passed. Hearts of Gold remains so grateful to all of our donors and participants who make it possible for us to support those who need it most. Here's a look at what you helped us accomplish in 2021:

- **Assistance Grants:** Hearts of Gold received 20 requests and approved and provided assistance for 19. Over **\$65,000** was provided to Hearts of Gold participants who suffered a catastrophic event causing financial hardship.
- **Scholarships:** Hearts of Gold provided **\$10,000** to five family members of Hearts of Gold participants for higher education.
- **Department Wellness and Morale Grants:** Hearts of Gold provided **\$2,500** to the TPD Wellness Team to purchase fitness equipment to be used in the fitness space at the Westside Station and for smaller functional fitness classes.
- **Law Enforcement Memorial Assistance:** Hearts of Gold provided over **\$9,400** to the families of current TPD members who passed away and the families of Southern Arizona law enforcement officers who were killed in the line of duty this year.
- **Holiday Hearts Program:** Hearts of Gold provided a total of **\$3,000** to two very deserving TPD members to help make their holidays a little brighter.

In total, thanks to the generosity and continued support of our donors, Hearts of Gold was able to provide over **\$89,000** in assistance and support. Thank you for helping us make this happen!

## New Board Member and Holiday Hearts

**Greg Kass** ~ With a combined 28 years of active-duty military service as a Hospital Corpsman in the Navy and an Aviation Operations Specialist in the Arizona National Guard, Greg served with pride and deployed to both Iraq and Afghanistan. Greg holds a Bachelor and Master Degree in Business Administration and currently works for the Bureau of Land Management as an Administrative Support Assistant. Greg's wife Tammy is a teacher, and they have five large dogs that keep them on their toes. Greg and Tammy were blessed with two wonderful sons, Bryan and Stephen. Greg intends to serve on the Hearts of Gold Board of Directors in memory of his son, TPD Officer Stephen Kass.

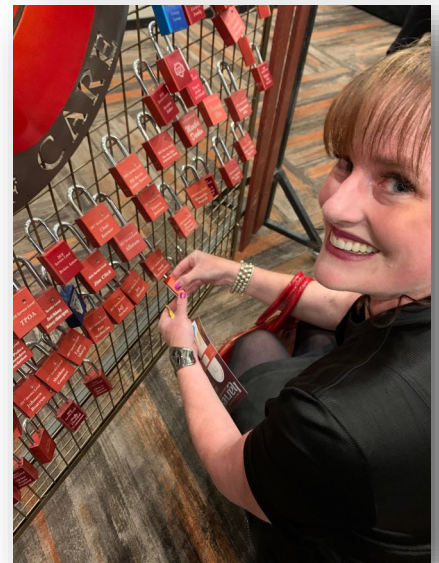


Every year, Hearts of Gold accepts nominations of TPD families that are struggling and need a little help during the holiday season. This year, the Hearts of Gold Board of Directors selected two very deserving Department members as the 2021 Holiday Hearts recipients. Each of these members are the primary support for their extended families and spend the majority of their time and money providing for everyone else in their lives. They bear the burden of figuring out how their paychecks will cover all of the bills for their own families and the additional support needed by their extended families. The holidays can be an added stress in these circumstances as they try to figure out how to stretch that paycheck to cover things like a Christmas tree and food for the holidays.

This year, the Board surprised them both with gift cards for food, clothing, and other necessities, and gave them each a special gift for themselves. We hope this made the holiday season a little brighter for these members of the TPD family.

# Erik Hite Circle of Care Gala

Hearts of Gold was once again proud to support this important fundraiser honoring fallen Officer Erik Hite. We thank and recognize Mrs. Nohemy Hite and the Erik Hite Foundation for the great work they do to support law enforcement and military families.



# GASLIGHT FUNDRAISER!

Thank you to everyone who attended and supported our  
11th Annual Gaslight Fundraiser!  
It was their first sold out event since re-opening to full capacity!



*We want your feedback! If you attended our Gaslight Theater Fundraiser, please take a moment to fill out this short survey and let us know about your experience!*

**Gaslight 2021 Survey**



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## TRIDENT II



## GRILL

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**[Gaslight 2021 Survey](#)**



# Save The Date!

## 2022 TPD Family Day



Hearts of Gold is proud to be the title sponsor for the 2022 TPD Family Day. Please mark your calendars for



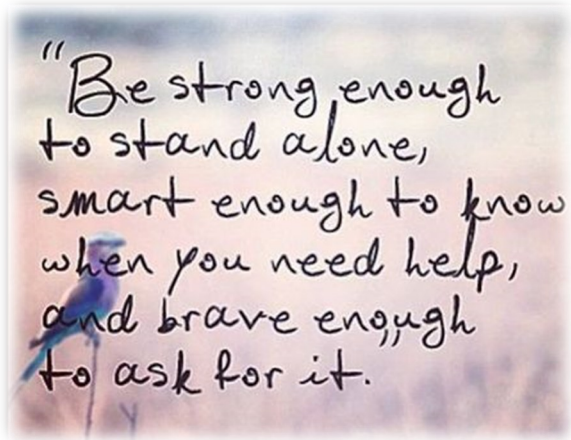
**Saturday, March 12, 2022**  
**10:00 am ~ 3:00 pm**



*\*This event is for all  
TPD members and their families\**



## Historical Financial Assistance



- ◆ *Since taking office in July of 2019, the amount of annual assistance the Board has granted has exceeded all past annual amounts.*
- ◆ *The number of assistance requests and the amount of assistance granted has steadily increased each year since 2019.*

	Assistance	Requests	
2008	18 Requests	16 Approved	\$14,486.54
2009	22 Requests	20 Approved	\$35,948
2010	9 Requests	6 Approved	\$10,341.28
2011	27 Requests	23 Approved	\$46,189.44
2012	14 Requests	11 Approved	\$25,099.97
2013	3 Requests	3 Approved	\$6,700
2014	5 Requests	2 Approved	\$2,530
2015	6 Requests	5 Approved	\$13,518
2016	10 Requests	8 Approved	\$32,233.54
2017	6 Requests	6 Approved	\$5,967.96
2018	5 Requests	5 Approved	\$14,590.25
2019	15 Requests	15 Approved	\$47,876.83
2020	18 Requests	18 Approved	\$56,116.05
2021	20 Requests	19 Approved	\$65,726.45
		<b>Total</b>	<b>\$377,324.31</b>

## Additional Assistance

The **TPD Pantry** is still available to Department members who may be struggling to make ends meet. We provide basic household items like diapers, formula, baby wipes, food, and other necessities to ALL Department members in times of need. You do not need to be a Hearts of Gold participant to utilize this program. The process is simple. Reach out to BSU and advise them of the items you need. We will then provide the items to BSU. As with all of our programs, confidentiality is paramount.

### How do I request items from the TPD Pantry?

Lt. Dominic Flores — 520-539-7305  
 Sergeant Alfonso Carranza — 520-561-9113  
 Sergeant Tamra Thomas — 520-589-8742

Hearts of Gold wants ALL Department members to know they are supported and have options if they need help. These magnets have been distributed to all substations as a reminder of that support. Our hope is to see these magnets throughout all of the various work locations to remind members that they have support in many ways and are never alone.

### THERE IS ALWAYS ANOTHER OPTION...



[www.tucsonheartsofgold.org](http://www.tucsonheartsofgold.org)

Dedicated to improving health, morale, and overall wellness for members of the Tucson Police Department.  
*We're there because we care.*



**1-866-495-6735**

24 Hour Crisis Line  
[www.azcompletehealth.com/suicideprevention](http://www.azcompletehealth.com/suicideprevention)



**Text BLUE to 741741**

Law Enforcement Officers in Crisis  
 Crisis Text line is FREE, 24/7 & CONFIDENTIAL



**1-800-COPLINE (267-5463)**

COPLINE: An Officer's Lifeline  
 CONFIDENTIAL 24-hour hotline answered by retired law enforcement officers



**Tucson Police Dept.  
 Behavioral Sciences Unit**  
 \*See wiki for updated numbers\*



**1-800-273-TALK (8255)**

Suicide Prevention Lifeline  
[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

## Additional Assistance

- ◆ Holiday Hearts Adopt a Family
- ◆ Memorial Wreaths
- ◆ Scholarship Program
- ◆ Erik Hite Circle of Care
- ◆ TPD Morale and Wellness Funding
- ◆ Line of Duty and Participant Death Assistance
- ◆ K-9 Death Assistance



# Merchandise



With your suggestions and feedback, we continue to add to our Hearts of Gold merchandise selection. We are excited to announce the Hearts of Gold Challenge Coin as the latest addition. They are currently available for \$10 and are available along with all of our other items at the main station or on our website:

[www.tucsonheartsofgold.org](http://www.tucsonheartsofgold.org)



# TPD Morale and Wellness Grant

Hearts of Gold is always accepting applications for our TPD Morale and Wellness Grant program. These applications are reviewed and awarded on a quarterly basis.

We would like to congratulate the TPD Wellness Team and specifically, Officer Mike Gamez for being selected as the 2021 third quarter grant recipient.

The below fitness equipment was purchased with the Hearts of Gold Grant and will be used to supplement the auxiliary fitness area at the Westside Substation. It will also be used during smaller functional fitness classes.

Congratulations to the Wellness Team and we hope all Department members enjoy this new fitness equipment!



# 2022 Wellness Grant Process



## Hearts of Gold Wellness Grant Program



### Program Purpose:

*The Hearts of Gold Wellness Grant Program is dedicated to improving health, morale, and overall wellness for members of the Tucson Police Department.*

### Program Guidelines:

- ***Who can apply for a grant?*** Grant applications may be submitted by any member of the Tucson Police Department on behalf of the Department as a whole or any Unit or Division within.
- ***What types of items can be funded by a grant?*** Grants may be used to provide any items that improve the health, morale, and overall wellness for members of the Tucson Police Department.
- ***When is the application process open?*** Applications will be accepted year-round, however, grants will be awarded on the following quarterly basis:
  - Applications received Jan 1—Mar 31 will be reviewed at the April Board meeting.
  - Applications received Apr 1—Jun 30 will be reviewed at the July Board meeting.
  - Applications received Jul 1—Sep 30 will be reviewed at the October Board meeting.
  - Applications received Oct 1—Dec 31 will be reviewed at the January Board meeting.
- ***When will I know if my application was approved?***
  - Board meetings are held the second Tuesday of every month. Grant recipients will be notified by email no later than two days following the Board meeting at which their application was reviewed.
- ***How many grants are available?*** The Hearts of Gold Board will award no more than five grants per quarter.
- ***What is the grant limit?*** There will be no more than \$2,500 total allocated for grants per quarter. You may request up to \$2,500 per quarter and you may only receive funding for one grant per year. This amount is subject to change in subsequent years.

# 2022 Wellness Grant Process



## Hearts of Gold Wellness Grant Program



### Program Requirements:

This is a competitive grant application process. Applications must include the following:

- Letter containing the following information:
  - Specific items requested
  - Why there is a need for these items
  - How the items will fulfill the above stated purpose
  - Other available funding sources or if there are none

### Recipient Requirements:

Grant recipients will be required to present a Final Report to the Hearts of Gold Board of Directors after the grant has been utilized. The Report will include a presentation to the Board on how the grant monies were used and should include receipts, photos, and any other supporting documentation. The report shall be completed within six months of when the grant was awarded. Failure to adhere to these requirements will result in the recipient being ineligible to apply for future Hearts of Gold grants:

### Application Process:

- All applications and supporting documents must be submitted using the following link:

[Hearts of Gold Wellness Grant Application](#)

The Hearts of Gold Board of Directors looks forward to continuing its mission of assisting the Tucson Police Department community. For questions please contact Executive Director, Jamie Brady at [info@tucsonheartsofgold.org](mailto:info@tucsonheartsofgold.org) or 520-465-0375.

# Connect with Hearts of Gold



There are a variety of ways to stay connected with Hearts of Gold and stay informed of the latest news and events:

[info@tucsonheartsofgold.org](mailto:info@tucsonheartsofgold.org)



[Heartsofgold@tucsonaz.gov](mailto:Heartsofgold@tucsonaz.gov)

[Hearts of Gold - Tucson, AZ](#)

[www.tucsonheartsofgold.org](http://www.tucsonheartsofgold.org)



The Hearts of Gold Board of Directors wants to hear from you! Thank you to everyone who has taken the time to respond to the various surveys we have put out. We have created easy links to share your experiences and let us know how we can improve and enhance our programs, communication, and service to you. Your responses are anonymous and are seen by all Board members. If you have a compliment, concern, or idea, please consider taking a few moments to leave it on the survey. We value your input!



[Participant Assistance Recipient Survey](#)

[General Survey](#)

[Topgolf 2021](#)

[Gaslight 2021](#)