

# CLINICAL INTERN HANDBOOK

Fall 2020

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### **History & Mission**

On January 4th, 2001, a group of UC Davis undergraduates and medical students established the Vietnamese Cancer Awareness, Research and Education Society (VN CARES). This was in response to the National Cancer Institute's Surveillance, Epidemiology, and End Results (SEER) report, revealing that Vietnamese American women had the highest incidence rate of cervical cancer – five times greater than Caucasian women. VN CARES is a student-run organization that promotes cancer awareness and provides free cancer screenings to the under-served Vietnamese population. On December 5th, 2005, VN CARES held its first Sunday Cancer Screening Clinic.

VN CARES began working with the Sacramento Vietnamese community to implement three primary goals:

- 1.Inform the community about the prevalent types of cancer that affect the target population namely liver, breast, cervical, prostate, and colorectal cancer
- 2.Educate the community about the benefits of performing regular cancer screenings and receiving the available cancer treatments
- 3. Enroll people to receive free cancer screenings

#### SHORT TERM OBJECTIVES

- 1. Recruit members who will assist VN CARES in helping the community
- 2. Promote cancer awareness through outreach and educational presentations
- 3. Recruit, enroll, and assist Vietnamese individuals into cancer preventative care and cancer treatment programs
- 4. Gather qualitative and quantitative data about the healthcare services provided to the Vietnamese community

#### LONG TERM OBJECTIVES

- 1. Reduce the cancer-related disparities in the Vietnamese community
- Ensure that all Vietnamese individuals obtain the knowledge and resources they need to maintain a cancer reducing lifestyle
- 3. Participate in the planning and implementation of research activities designed to identify the health care needs of the Vietnamese community
- 4. Network with other organizations to achieve common objectives



### Internship Requirements &

### **FYIs**

### Internship Requirements:

requirements.		
•	Probationary Term	Internship Term
Description:	1/2 - Quarter Commitment: Fall 2019	2 - Quarter Commitment Winter- Spring 2020
Meetings:	Attend 1 Meeting	Attend 4 Meetings /Quarter
Clinics:*	None	4 Clinics /Quarter
Public Relations:	1 Hour	4 Hours /Quarter
Social:	1 Social Event	1 Social Event /Quarter
Orientation & Practical	2 Orientations 1 Practical Fall 2019	Proctoring Winter 2020
Evaluations:	1 Evaluation	1 Evaluation /Quarter
Membership Fee:	\$20 + Clinic T-Shirt	\$20/Term
Orientation and Pr	actical Day are mand	atory for all interns!

#### NOTE:

- 1. There are no meetings during the summer quarter.
- 2. Only half of your PR credits can be fulfilled by food/restaurant fundraisers.
- 3. 1 Term = 3 quarters (probationary quarter + internship term)

#### 3-Strike Policy:

You can receive a strike for:

- 1. Being late
- 2. Not wearing appropriate apparel
- 3. Signing up for an event, and either not showing up or not notifying the Officer in charge by 5PM the day before the event with a proper reason
  - \*NOTE\* Interns can only cancel clinic 48 hours before.
- 4. Not completing internship requirements\*

#### NOTE:

- 1. Strikes may also be given at the discretion of the Officer.
- 2. You can only receive a maximum of 1 strike per event.
- 3. Accruing 3 or more strikes within an internship term will result in dismissal from the internship\*.
- 4. Your performance may be evaluated at any time during the internship. Interns may be dismissed at the discretion of the Officer board, regardless of the number of strikes.

#### **Transcript Notation Requirements:**

Clinical and R&E Interns

- Available every quarter (2 transcript notations possible per internship term).
- Must complete 40 hours per quarter and quarterly Internship requirements.
- Hours can rollover to the second term of the internship to meet the 40 hours requirement. Only 1 transcript notation will be given.

\*Not fulfilling the requirements or accruing 3 or more strikes may result in a dismissal from the internship and void your eligibility to receive transcript notation.

Page: 6



### Saturday Clinic vs. Sunday Clinic

Two main types of clinics: Saturday vs. Sunday
It is critical to understand the differences between our two clinic days.

\*\*Some committees have specialty clinics. Please refer to the Committees Page of the handbook for more information

	Saturday Clinic	Sunday Clinic
Services	Primary Care	Cancer Screening
Appointments	No	Yes
Frequency	Weekly	Monthly
Specialties	Different specialty available each week of the month	Sunday Clinic also doubles as
	<ul> <li>1st Week: Musculoskeletal</li> <li>2nd Week: Pharmacy Consultation + Psychiatry</li> <li>3rd Week: None</li> <li>4th Week: Dermatology</li> </ul>	<ul> <li>Liver Ultrasound Clinic (every 3 months)</li> <li>OB/Gyn Clinic (depending on availability)</li> </ul>
Co-D of the day	PHAC & VN CARES & HLUB UG CoDs	VN CARES CMs
Gives the patient number of the day	Receptionist	Greeter
Cleans/restock the room	Patient Advocate	Floater
Inform after room is done	Undergraduate Co-Director	Floater
Chart at the end of the day	Receptionist	Lab Log-Out Team



### Saturday Primary Care Clinic

#### PHAC/VN CARES/HLUB UG CoDs

- Hannah Pan
- Athena Tam
- Daniel Wong
- Diana Moua
- Christina Trinh

### Different PA Roles

- Receptionist Assistant
- Patient Advocate (PA)
  - FIT kit only
  - H .Pylori Drop-Off
  - Blood draw only
  - Med Refill only
  - PAP Refill only
  - Vitals, translation, lab
  - Promote different services provided by committees
  - MD Consultation
- Lab Logout Team
- Lab calls



### Saturday Clinic Flow

#### **Patient Check-In**



After a UG CoD assigns you (PA) to a patient, call the patient by the **patient # of the day** and verify their **name**, **birthday**, **phone number**, and address.



Do vitals **in the room (unless told otherwise)**. Note: write your name under PA for Vitals in problem sheet



Refer to page 26-27 for **VITALS** 

If your patient is in room, write name in PA translation. If your patient has not been assigned a room, tell the patient to wait in the waiting area.



Give chart to the UG-CoDs of the day



When UG has given you the patient's chart and assigns you (PA) and a patient to a room, bring the patient to the room and then return the chart to **UG.** Write your name under PA translator.

Go back to the room with the patient for translation. Complete all committee checklists. Once done, clean the room and **notify the UG** that you are done with the room



Depending on the patient, do labs/ lab log-out and med refill. **Update**the IMI + Medication Master Drug List.



Remind MS that chart goes to **receptionist** at the end and **return the** original IMI card to the patient.

Note: If you work with a new patient, make sure to fill out Patient Visit Sheet, Patient Information, and Consent Form



### **COVID 19:** Saturday Clinic Flow

- Patients can have in-clinic visit ONLY through appointments. Appointments can be made by calling the clinic phone numbers
- All patients will be screened for COVID-19 at the door and have their temperatures checked

#### **Patient Check-Up**



After the patient's temperature is checked, tell the UG and note it down on the problem sheet



Take the patient to the room they are assigned to and take all vitals **IN ROOM** with **BOTH** hands gloved



Give chart to UG when vitals are done and tell UG "done with vitals, patient in room" and return to room with patient



When the patient is done with room, wipe down all surfaces in the room and the blood pressure cuff + stethoscope, then tell UG "done with room, room is cleaned"



If patient isn't done with their visit, have them wait in room, at the lab draw station, or outside



### PA Role: Receptionist Assistant

#### For *Chinese, English and Hmong speaking* patients:

- Look for the patient chart according to the number indicated on the IMI Card
  - Note: The chart may be in the chart cabinet, lab crate, diabetes box, on the VN CARES table in the back room, or with committee Co-Ds

#### For *Vietnamese speaking* patients

- Translate for the receptionist and patient
- Fill out the problem sheet of the day according to what the receptionist fills out in the registration sheet. \*Remember to fill out the language box
- Collect and clip the IMI card to chart if the patient is there for a med/PAP refill or is a new patient
- Place the chart in numerical order in the "Vitals to be done" rack

#### For **New** patients

- Make a new chart and paperclip a Demographic Form and a Prefilled Hepatitis Lab Form onto the Patient Visit Sheet, and Blue Diabetes Tracking Sheet (refer to Page 13)
- For newly screened patient, give the patient a "Know HBV" brochure.
- Refer to Page 49 if want to know more about Hepatitis Screening. <u>ALL NEW PATIENTS NEED TO</u>
   BE SCREENED FOR HEPATITIS



### Chart Layout

This box indicates patient's language/dialect

Paul	Hom	Asian	Clinic

	oker?	Fasting	NY	Insurance	BIC? N
Age         Sex         M         F         Sm           Weight:	_				
hysical + A/P:					
Current Medications:			A		Labs/X-rays:
THE RESIDENCE OF THE PARTY OF T	Directions		Comme	ents	Labs/X-rays:
THE RESIDENCE OF THE PARTY OF T	Directions		Comme	ents	Labs/X-rays:
CONTRACTOR OF THE PROPERTY OF	Directions		Continu	ents	Labs/X-rays:
Current Medications: Name, Strength, and Quantity	Directions		Continu	ents	Labs/X-rays:

Saturday Problem Sheet

Receptionist assistant is responsible for helping receptionist **fill out the part in the dashed box.** 

- This box indicates the **patient's number of the day** 
  - PA calls patients by this number when asked to do vitals or bring patient into a room.

	Dation	- C	h at
	Patien	t C	nart
	Left Side		Right Side
1. 2.	Diabetes Lab Track (Blue) Green/Orange Hepatitis B/C Monitoring Sheet (only if patient has Hepatitis) Lab Results, including Liver	1. 2.	Medication Master Drug List (yellow) MS Soap Notes (on top of the respective Problem Sheets)
4.	Ultrasound Results (most recent on top) Patient Visit Sheet	3. 4.	Diabetes Checklist (If applicable) Problem Sheet (most recent
5. 6.	Patient Information Patient Medical Consent Form	5.	on top) Photocopy of prescription (underneath the problem
7.	Covered California Check List		sheet of the day prescription was given)
is d Ult *If and par	lab result and Liver ultrasound on the same date, Liver trasound should be on top new patient, clip demographic d prefilled lab forms onto tient visit sheet (paperclip on e inside)	6.	Photocopy of referral forms (underneath the problem sheet of the day the patient was referred)



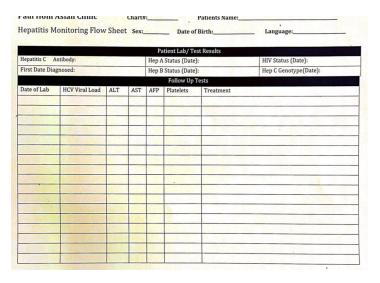
Patient Name \_\_

### Forms Found in Left Side Charts

						5.7-	≤ 5.6: Normal 5.7-6.4: Pre-diabetes ≥ 6.5: Diabetes			
Date	Wt		DM maintenance		Lipid Panel				Notes for eye exam, foot exam, etc. Ex. Eye exam done on 3/5	
		HbA1c	Albumin: Creatinine ratio	Creatinine	DM Medications + dose Ex. Metformin 500 mg bid	Tot. Chol	HDL	LDL	TG	
MEDICAL	STUDEN	ITS: Please	ask Diahete	s CoDs for D	M checklists.					Last updated 4/18/18

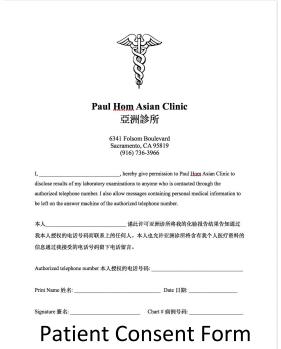
**BLUE Diabetes Tracking Sheet** 

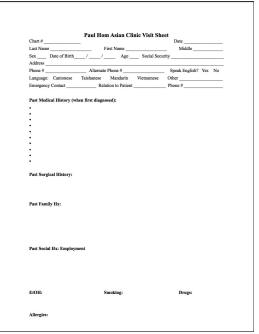
HbA1c:



#### **GREEN Hepatitis Monitoring Sheet**

#### Paul Hom Asian Clinic PATIENT INFORMATION Date: Name 姓名: (英) Date of Birth 出生日期: \_\_\_\_/\_\_/ Birth Place 出生地點: \_\_\_\_\_ Sex 性別: Social Security Number 公咭或社會安全號碼:\_ Emergency Contact 緊急聯絡人 Name 姓名: (英) \_\_\_\_ -Phone 電話:\_\_\_ \_\_\_\_\_\_Relationship to Patient 與病人關係: Do you speak English? 你懂英文嗎? Native Language 母語: Cantonese 廣東話\_\_\_ Taishanese 台山話 Insurance Coverage 醫療保險: Medical UCDMC Private Physician 家庭醫生: Patient Medical and Social History 健康及個人資料: How long have you stayed in the US? 居住美國多久? Number of children? 兒女名數? \_ Working Conditions: 工作狀況: Health Conditions: 健康狀況: \_ Food/Medication Allergies: 對食物/藥物過敏: Immunization Record: 免疫針注射記錄: Patient Information Sheet





**Patient Visit Sheet** 



### Forms Found in Right Side Chart

Patient Chart Nu	mber: DOB:	Name		
	rgies:			
PLEASE INCLUDE A	LL MEDICATIONS THE PATIENT IS CUR	RENTLY TAKING INCLUDING PR	ESCRIPTION, OTC, HERBAL	, VITAMIN, ETC
Date	Medication Name, Strengt	h and Direction	Purpose	Date
Started	(Eg. Lovastatin 10mg		(Eg. cholesterol)	stopped

#### **YELLOW Master Medication List**

Today's Date: /	/_	<del></del>
Patient's Name:		
Chart #:		
Referral for (check all that apply)	€	Blood draw (please specify tests):
	€	Urine Test
Is FASTING required?	6	Yes
is i Asi invo required:	_	No
Referral Time Period:	€	1 week
	€	6 months
	€	Other (specify):

	First Name	Date	Chart#
Arrival Time Age So	x M F Insurance? Y	N Smoker? Y N Fasting	g? Y N Birthday
Weight: lbs Heigh	nt: ft in. Temp:	°F Heart Rate:	Respiratory Rate:
BP – L: R: Chief Complaint:	Time: PA	Vitals: PA	Translation:
HPI:			
Physical + A/P:			
		·	
Current Medications: Name, Strength, and Quantity	Directions	Comments	Labs/X-rays:
	Directions	Comments	Labs/X-rays:

#### Saturday Problem sheet

	Paul Hom Asian Clinic 6341 Folsom Boulevard, Sacramento CA 95819 Phone: (916) 736-3966 / Fax: (916) 453-9725
Section 1	Open Saturdays from 8 AM to 1 PM
	Date:
	DOB:
Address:	
<u>Rx</u> :	
Number of	Refills:
	Name):
	ber:
	ure:

**COPY of Prescription Form** 

#### Paul Hom Asian Clinic

Name: Patient Name	Date: 10/6/18 DOB:	Medical Record #	~
Chief complaint: medication re	efill for diabetes and routi	ne blood draw	
HPI:			
medication refill and routin exercise with strength train	e blood draw. Last hgA1c ing (pull-ups and push-up sists mainly of vegetables,	s and hyperlipidemia who presen was recorded at 7.2 last year. He r s) but does not do much cardiac e lean pork, and steak on occasion thanges.	eports regular exercise due to
mistreating his mother by d proven innocent. Since then "thinking about a lot of thin concentration as a result of work. Over the past 2-3 yea depressed where he tried to lawsuit first occurred, but d then. Of note, he keeps firea	enying medical care. He w , the patient has been easi gs" and often will stay up it this. He also lost his job as rs, he says that these symp take his own life. He repo- ecided that "it was not wo rms in the household and	victim in a lawsuit where his siste reent to jail for 2 months but was e by agitated and has had trouble si till 4-5AM. He notes a decrease in a cook in a restaurant and he customs would come and go, but he rist contemplating suicide in the trist contemplating suicide in the trist contemplating suicide in the trib. I'm and he has not had these ti lives alone. However, he does not auditory hallucination, delusiona and the size of the control of the control of the control of control of control control of control of control of control contr	ventually eeping due to energy and rently does no has never felt past, when the hought since report alcohol
	ne for her child. The wom	n which she threatened to break a an was English-speaking and like	
Past Medical History:			
Diabetes			
Hyperlipidemia Hay fever			
Surgical History: None			
Medications:			
Metformin 1000mg 1 tab PO BI			
Atorvastatin Ca <sup>2+</sup> 40mg 1 tab Q Albuterol sulfate 90mcg 1-2 pu			
Allergies:			

#### **Medical Students SOAP Notes**

Paul Hom Asian Clinic 亞洲鈴所 6341 Folson Blvd Sacramento, C.A. 95819 916-445-0370 Open Saturdays from 9 A.M. to 12 P.M.
6541 Filson Blvd Sacramento, C.A. 95819 916-445-0370 Open Saturdays from 9 A.M. to 12 P.M.
916-445-0370 Open Saturdays from 9 A.M. to 12 P.M.
i
i
Date: 10 01/17
Patient Name: TRAN, DEP TUYET
Address: 1234 UC. DAVES RIVD
DAVIS, CA 95616
Doctor's Name: ILYA KHAMISHON, MD
Address:
Address:
ke:

Copy of Referral Letter



### PA Role: 2 Types of Medication Refills

# PAP Refill (gets medication)

Med Refill (gets prescription)

Ask PAP CoDs if the patient's medication is ready and make sure the patient has seen a doctor within 6 months.

Make sure the patient has seen a doctor within a year and then do vitals.

If **not** ready, then ask PAP for the next step. If **yes**, **do vitals** and fill out **PAP questionnaire**.

Get 1 prescription per medication being refilled and fill out the top of the prescription.

Ask an MD/MS to dispense the medication i.e. giving the prescriptions to patients. Remember to grab the side effects sheets too. If it is a NEW medication, grab MD for med consult

Ask an **MD** to write and sign the prescription as well as the chart.

Make sure the **PA (you)** and **PAP CoD** sign the **front page**. The **patient** and **MS/MD** dispensing the medication signs the **back page** of the questionnaire.

Photocopy the prescription and place it under the most recent patient problem sheet.

Return updated IMI card to patient, **update the Medication Master Drug List** and return chart to **receptionist.** 

Return the updated IMI card to the patient, update the **Medication Master Drug List**, and return the chart to **receptionist**.

Note: Refer to page 26-27 for **VITALS** 



### Patient Assistance Program Refill (PAP)

#### What is it?

PAP is a program run by pharmaceutical companies that give away **FREE**, **BRAND-name medication** for low income underinsured individuals. PAP Committee specializes in enrolling patients to those programs

#### **Eligibility Criteria**

- US resident or permanent resident
- Low-Income
- Uninsured or Underinsured (no prescription coverage)
- Patient sees a doctor and gets a blood draw every 6 months to monitor the patient's status on the medication
- Patient must reapply every year
- Patient must give an active phone number

#### **Required documents**

- Copy of the patient's most recent tax return or Social Security benefits statement
- Proof of Residency (Driver's License, Utility Bills)
- Insurance Cards (Must indicate no prescription coverage) OR Insurance Denial Letter
- Social Security Number

PAP Protocol "Do you have insurance?" Yes If patient has If patient was denied from not applied Medi-Cal Check with PAP Co-D Refer patient Need proof of denial to Covered CA to determine if patient letter from Medi-Cal Committee is eligible for PAP **Programs** If patient is Ask patient to provide these ligible for additional forms: Ask patient to provide the · Tax forms/Income following forms: documentation Proof of residency (ex: CA · Proof of insurance (ex: Identification insurance card, insurance card/Driver's license, documents) utility bills, or bank Tax forms/Income statements) documentation · Proof of residency (ex: CA Identification card/Driver's license, utility bills, or bank statements) Patient must be prescribed bridging medication (Application processing takes 4-6 weeks) Patient gets free or reduced-cost medications!

Note: Patient who are enrolled in PAP often receive routine medication called <u>"PAP REFILL"</u>
They take home physical medication from the clinic



### Role: PAP Refill

P. I Check with PAP Co-D if meds are available, complete page D. Wait for PAP to give you meds.		QUICK GUIDE: 4.) Find MS/MD to questionnaire per 5.) After dispensi bottom of Page 2 6.) Bring complet	ior to dispension ng, have MS/N t.	ng to patient. AD and patient	sign de di a	Note to PA: If it's seen greater than 6 anoths since the attent last saw a octor or got a blood raw, please check with medical student or		FOR	PAP C	D-D US	SE ONLY		
<u>P</u> .	AP PATIENT	SAFETY Q	UESTION	NAIRE	w	hysician to see if they ould recommend the atient to come in for a	PAP Drug(s) Requested:					000	
Today's Date:					ct	neck-up.**	Drug Name and Strength	Last dispens	sed by PAP?		for refill?		vailable Today?
Name (last, first): Chart Number: Last Blood Draw Date					Draw Date:	w Date: _ / _ / _			// N/A		□ No	☐ Yes	□ No
Date of Birth: : / /		essure: (R)	m	Last Doctor				_/_/_	_ N/A	☐ Yes	□ No	☐ Yes	
			- ,-,					1 1	□ N/A	☐ Yes	□ No	☐ Yes	
Phone Number:	D	d you confirm th	e patients ph	one number	□Yes	□No		_/_/_	_ N/A	☐ Yes	□ No	☐ Yes	□ No
QUESTIONS TO ASK PATIENTS:							Comments:						
1.) What are your current medica **PA Directions: Please write do	wn the patient's cu	rrent medication	s and instruct					PA	P DRUGS E	DISPENSE	TODAY		
Quick Reference: QD=once daily,	QHS=once daily at	night, BID= twice	daily, PRN=	as needed, PC			Drug Name and Strength	Qty	Directio	ons	Lot#	Exp Date	PAP Co-D Initials
Current Medications (Please include Drug Name, Stre and Directions)	ngth, Med Usage	If "N" is mar note		PAP Med?	Comments:								
**Example** Lipitor 20 mg, PO, Qday	ŶſŊ	**Example** n/a		Ψyn	=								
	Y/N			Y/N									
	Y/N	+		Y/N			Budeston halous Landfulhar	d					
		_		V/N			By signing below, I verify that						
	Y/N			Y/N			properly as written above. If I	make any cha	inges to my me	edications or	have any concern	s, I understand	d it's my
	Y/N			Y/N			responsibility to notify my phy	sician as soor	n as possible.				
	Y/N			Y/N			以下簽名, 本人證明	月我有拿	到以上的	藥。本人	明白應該如	「何服用注	重些藥, 也
2.) How are you feeling on your of Mental/Visual/Cardiovascular	current medicatio		mark networks and resident limited	fects or abno	natival and construction of the construction of the	toms below?	得到醫生的意見。如	中果本人	改變服用.	以上的藥	,或者有任	E何問題,	本人明白
□ Dizziness □ Mood □ Headache changes □ Vision □ Irregular	☐ Dry cough ☐ Muscle pain	Shortness of breath	☐ Increases urination ☐ Nausea o	d D Swell and fi	ing of hands	SYMPTOMS, please check box	這是我的責任,也是	態該儘快	的通知我	的醫生。			
changes heartbeat			Vomiting	Diarri	nea		Sau khi kỳ dưới đây, tối chí	rng nhân là t	tới đã nhân đi	roc thuốc vi	à được hướng d	ẫn về cách s	ử dụng thuốc
Any complaints/symptoms/com	ments not listed a	bove, please writ	te nere:			-	hợp lý. Nếu tôi có thay đổi t						
							bác sĩ càng sớm càng tốt.			9,			
By signing below, you are verifying	se that all secures	DISCLAIMER:		e to the best	d upper beneau	ledge and all	PATIENT SIGNATURE:						
	cies have been ack					reuge and an	Print Name:		Signature: _			_ Date:	
Print Name:		ture:		Date	2:		Questionnaire reviewe	D AND MEDICA	TIONS DISPENSE	BYAMEDICAL	STUDENT, PHYSICIAL	N, OR LICENSED	PERSONNEL
COMPLETED QUESTIONNAIRE REVIEWS	D BY PAP CO-D BEFO	ORE DISPENSE OF PA	P DRUGS:				Print Name:		Signature:			Date:	
Print Name:	Signa	ture:		Date	:		**When completed, please	nlace questi			of the nations's h	-	Thank woult**
NEW Z		signature block i					Tricil completed, picase	brace deept	- Indice of the	300	- the positions 3 to	TO THE TOTAL	J

Note: Patient who routinely pick up PAP REFILL must complete a **PAP Questionnaire** (above) when picking up the medication from the clinic.

This form must be returned to PAP Co-Director at the end of day



### **PAP Patients**



1. ALL PAP patients' charts have a red folder.

**Protocol for PAs**: Whenever you encounter a red folder chart, come to PAP Co-Ds for a follow-up.

 All PAP patients' charts have a PAP Medication Compliance Tracking Sheet underneath the Yellow Master Drug List

**Expectation for PAs**: know about this sheet in case MS/MD asks about it.

#### Patient Assistance Program (PAP) Medication Compliance Tracking Sheet Chart number:

Date	Medication(s)	Compliant (Y/N)	Any Side Effects	Note

#### 3. Faxing Protocol

- Tap the "Home" option on the gray fax machine (HP Laser)
- Select "Fax" option
- Tap on the blank box for number and press number "1"
  - O Put in the rest of the 10 digit of the FAX number.

    This includes 3-digit area code following by 7 numbers. VERIFY the fax number.
  - o Ex: 1 916 999 9999
- Select "Options", then "Notifications" and "this job"
- Place the papers right side up in the feeder of the fax machine. If there is more than one page, make sure to separate each page using fingers to prevent the fax machine from taking in more than one page at a time
- Hit the start button



### PA Role: MED Refill

MED Refill simply means patient will get a PAPER prescription and take it to the pharmacy to get the physical

medication there

#### Steps:

- 1. Perform vitals (page 26-27)
- 2. Grab prescription form and fill out top portion
- 3. Find available MEDICAL DOCTOR and give him/her chart to review
- 4. Make copy of prescription and place under the **Problem Sheet** of the day.
- 5. Ask PAP for **Side Effects Sheet**
- 6. Update **IMI Card** and **Master Medication List** if necessary
- 7. Ask MD to hand prescription to patient
- 8. Have MD sign bottom of problem sheet
- 9. Give receptionist chart and say "done done w/ meds"

Note: Patient should leave with IMI card, side effects sheet, and prescription.

	Paul Hom Asian Clinic 6341 Folsom Boulevard, Sacramento CA 95819 Phone: (916) 736-3966 / Fax: (916) 453-9725 Open Saturdays from 8 AM to 1 PM
	Date:
Name:	DOB:
Address: _	
<u>Rx</u> :	
Number of	Refills:
	Name):
	nber:
	ture:

**Prescription Form** 



### PA Role: MD Consultations

#### What is it?

Sometimes patients require to discuss with MD for possible new medications, lab results, etc. that DOES NOT require a full in-room visit. UG Co-D will let you know if that is the case

### **Steps of MD Consultation:**

- Perform Vitals
- •Find table space by Committee Co-Ds to conduct Consultation
- •Look for a Preceptor to do the Consultation.
- •Do MED REFILL as needed

\*Note: This situation would not involve a medical student





### Covered California Committee

#### What is it?

Covered California Committee specializes in helping patients enroll to affordable medical and prescription insurances

#### **INSURANCE ENROLLMENT (REQUIRED DOCUMENTS):**

- **1. Proof of Identity** (social security #, birth certificate)
  - 1. Undocumented (no SSN)? No problem!
- **2. Proof of Citizenship** (US passport, green card)
- **3. Proof of Residency** (driver's license)
- 4. **Proof of Incom**e (tax returns, pay stubs)

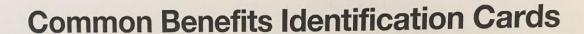
#### **REFERRAL PROGRAMS:**

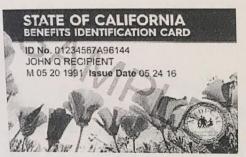
**SPIRIT:** (No insurance) Cataract Surgery/Hernia Surgery

**Healthy Partners:** (Emergency MediCal) Diagnostic Services



### CARES Types of Insurance Cards (Medical vs Rx)





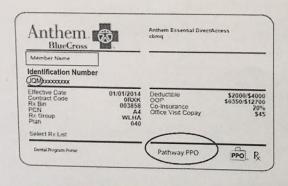


English: Medi-Cal Card Cantonese: 白卡 baak6 kaa1

Mandarin: 白卡 Bái kǎ

Vietnamese: the trăng (the trợ giúp y

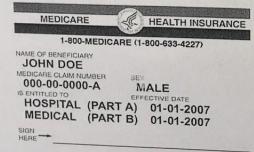
tế cho người thu nhập thấp)



English: Insurance Card

Cantonese: 保險卡 bou2 him2 kaa1

Mandarin: 保险卡 bǎo xiǎn kǎ Vietnamese: the bảo hiểm



English: Medicare Card

Cantonese: 紅藍卡 hung4 laam4 kaa1

Mandarin: 红蓝卡 Hóng Lán kǎ

Vietnamese: thẻ đỏ (thẻ trợ giúp y tê cho

người già và người khuyết tật)



### Covered California Committee

### **Insurance Checklist Protocol**

Check Patient Visit Sheet and see if Patient has insurance or not [Insurance Y/N]

Check if Patient has completed the Checklist in the past 3 months

#### Ask Do You Have Insurance?



IF YES

- 1. Fill out necessary information on the YES-Checklist.
- 2. Photocopy patient's insurance cards onto the back of the form
- 3. Photocopy the checklist and put the original form in the bottom of the left side of the chart and give the copy to the CC CO-D



IF NO

- 1. Fill out necessary information on the NO-Checklist
- 2. If they do not want insurance or cannot apply write down reason
- 3. Photocopy the checklist and put the original form into the bottom of left side of the chart and give the copy to the CC CO-D

Note: Re-do Covered California Checklist every 3 months to update patient insurance status



### **Covered California Committee**

Patient Name:	Today's Date:						
Phone Number:	Chart #:						
_anguage:	DOB:						
What kind of Insurance does you	r patient have?						
Please Check:	If Applicable, Which Insurance Company?						
Covered California (Obamacare	e) Kaiser Permanente						
MediCal	Molina						
Emergency MediCal	Health Net						
MediCare	Anthem Blue Cross						
Other Insurance:							
If Possible, write down the Prima	ry Care Provider (PCP) Information						
PCP Name	, or , information						
PCP Phone Number							
Has the Patient ever visited their PCP?	Yes No No						
***DON'T FORGET TO PHOTOCOPY TH (BIC) AND SECONDARY CARD ON THE	E PATIENT'S BENEFITS IDENTIFICATION CARD						
THE OWNER OF THE	BACKSIDE OF THIS PAGE! ***						
Covered California Committee CO-D Signature:							

Patient Name:	Today's Date:
Phone Number:	01 - 4 44.
Language:	DOB:
Reason Patient does not	have insurance:
Note Patient's monthly inco	ome:
If applicable, note patient's	immigration status:
	n, has at least ONE of the documents under EACH of the cuments may be used for multiple sections  Driver's License or ID Card
U.S. Passport	Social Security Number Card
Proof of Citizenship  Birth Certificate  U.S. Passport	Non-Citizen Number/Card Immigration Papers/Forms/Green Card
Proof of Residency  Driver's License or ID C	ard Rent or Mortgage Receipt Utility Bill
Proof of Income Rent or Mortgage Recei Medical Bills or Receipts Paycheck	

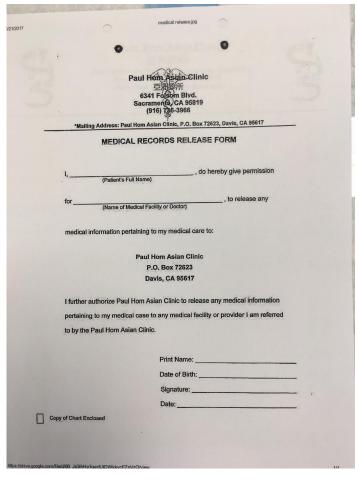
NO CC-Checklist

YES CC-Checklist

Note: One or the other are place in the **LEFT** side of the chart

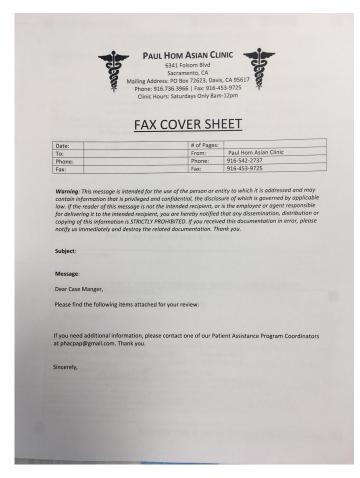


### Interclinic Referral Forms (Not-in-Chart)



\*NOTE: THESE ARE NOT THE ONLY REFERRAL FORMS THAT WE HAVE. ASK IF YOU'RE UNSURE.

\*DO NOT FAX ANY PERSONAL HEALTH INFORMATION TO OTHER STUDENT RUN CLINICS



Fax Cover Sheet

Medical Record Release Form



PA Role: Vitals

#### **Vitals Normal Ranges**

Heart Rate: 60-100 at rest

Respiratory rate: 20 and under

Blood Pressure: 120/80 Temperature: 97.6-99.6F

\*Note down the time when vital starts (when you go to confirm the patient) in the "Time" on the problem sheet.

#### Weight

- Move the 50 lb block first. The 50 lb block should line up with the appropriate tick mark
- Move the top block slowly until the scale balances
- Record the weight in pounds.
   Weight is the sum of both blocks
- Scale back to 0 when you're done

#### Height

- Make sure the patient is not wearing any shoes
- Move the lever to the patient's height
- Read the height and record it
- Round to the nearest inch
- Scale back to 5ft when you're done
- In room, pull up the measure stick to the height of the patient and push all the way back down when done.

#### **Temperature**

- Put on gloves
- Use an **alcohol wipe** to wipe the mouth piece
- Put on a **cover slip** and turn on the thermometer
- Place it gently under the patient's tongue
- When it beeps repeatedly, record the temperature
- Remove the cover slip and wipe the mouth piece using the same alcohol wipe

#### Heart Rate

- While waiting for the thermometer to beep, use your index and middle finger to find the pulse, which is usually below the base of the thumb
- Count the number of pulses for 30 seconds and multiply by 2
- Record the heart rate/ minute

#### Respiratory Rate

- While waiting for the thermometer to beep and after taking the patient's heart rate, tell the patient you will **double check** the heart rate using the other arm
- Place your fingers on their arm, but count the number of breaths discretely for 30 seconds and multiply by 2
- Record the number of breaths/minute

<sup>\*</sup>Notes: If scale or height is broken do it outside then finish the rest of vitals in room.



### Vitals – Blood Pressure

#### **Blood Pressure**

- Place the cuff around the patient's arm. It is snug if you can put 2 fingers in the cuff
- Put on the stethoscope with the ear pieces facing away from you
- Place the head of the stethoscope at the crease of the arm near the medial (middle) side of the body
- Inflate the cuff to 180 mmHg
- Slowly release the valve and record the first time you hear a heartbeat and when the heartbeat first disappears.
- Measure on **both** left and right arm

### **Note for Blood Pressure:**

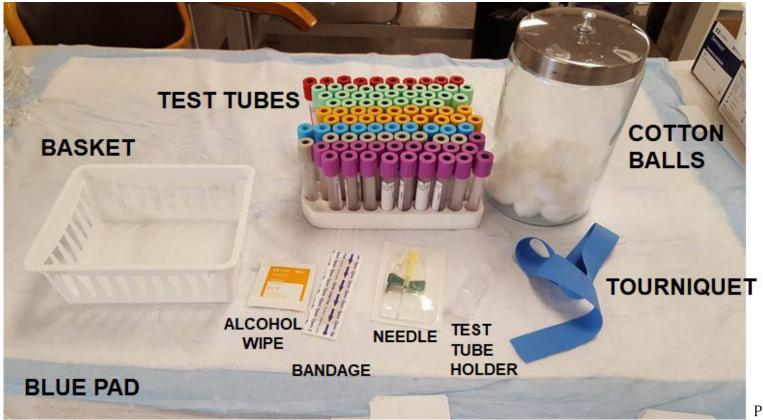
- 1. Make sure the patient's **feet** are **flat on the ground and he or she sits up straight**. **(Legs can't be crossed)**
- 2. Make sure the patient **isn't wearing any tight or heavy clothing**
- 3. Make sure the patient rests his or her arm at **about heart level** and keeps the **palms** facing up
- 4. **Never** re-pump the blood pressure knob while measuring blood pressure
- 5. **<u>Do not</u>** put the whole head of the stethoscope under the cuff



### PA Role: Lab Handling

### **Blood Draw Station Set-Up**

	Inside the Basket	On the Table			
1.	Tourniquet	1.	Blue pad		
2.	Needle	2.	Test tubes		
3.	Test tube holder	3.	Cotton balls		
4.	Bandage				
5.	Alcohol wipe				





### Lab Handling

### **Proper Way to Write Numbers**

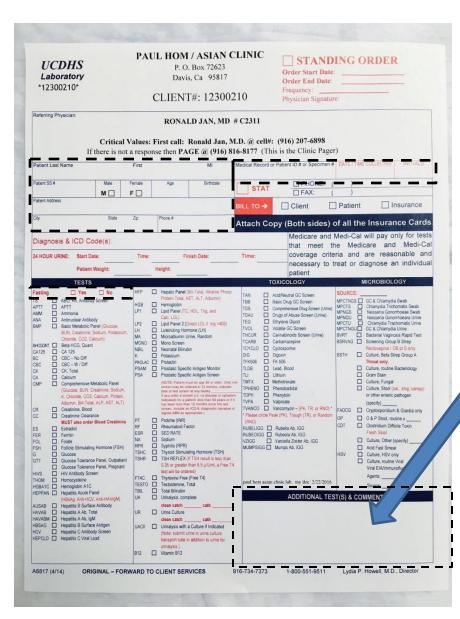
<u>NOTE</u>: UCDMC Laboratory services prefer the numbers to be written this way on the lab forms and lab labels.

- NO dash on number "7"s OR "Z"s
- **DO NOT** close your "4"s
- DO Cap and Tail your "I"s
- Dates should be mm/dd/yy
- The laboratory will NOT read the specimens if the labels are written incorrectly.





### Regular Lab Form



Lab form or also called "Requisition" Form

- PAs fill out the areas in the dashed boxes (leave SSN blank)
  - Make sure the patient's information matches with the previous lab form
- Any discrepancy in the patient's information (e.g. name, birthdate, etc.) can be noted in the box at the bottom right.
  - Write short and concise sentences
  - Be mindful to fit everything in the box
  - This box is also used to write any additional labs (e.g. HPV, FIT, H. Pylori)



### Lab Handling: Filling out Lab Forms/Labels

- 1. Wear gloves on non-dominant hand only
  - 1. DON'T WEAR GLOVES INSIDE THE PRECEPTOR ROOM, BREAK ROOM, & PATIENT WAITING AREA
- 2. Obtain and fill out the lab form in capitalized letters while the blood is drawn. (PATIENT INFORMATION MUST MATCH THE INFORMATION ON PREVIOUS LAB RESULTS) and LEAVE SSN BLANK.
- Label the test tubes and gently invert each sample ~7-8 times (<u>If the MS/RN has not</u> <u>inverted yet</u>)
- Make sure the MS/MD/RN initials the lab form.
- 5. Confirm if there are any time/temperature sensitive labs
- 6. Put the samples in a **bio-hazard bag** with the lab form folded in fours and the **chart number**

Name		Chart	Name		Chart _
SSN	_008		SSN	DOS	
Fasting Y N Date		Time	_ Fasting Y N Date _		Time
Name		Chart	Name		Chart
SSN	DOS		SSN	DOS	
Fasting Y N Date		Time	Fasting Y N Date_		Time
Name		Chart	Name		Chart
55N	DOB		SSN	DOB	
Fasting Y N Date		Time	Fasting Y N Date_		Time

#### Note:

- Use the new lab label maker at the lab log-out station
  - Give the lab log out team the filled out lab form and the patient's chart with all the needed information
  - Clarify how many lab labels need to be printed
- If it doesn't work/not there, then follow the usual labeling protocol below:
  - Make sure fasting YES or NO is circled
  - Make sure all information is accurate
  - Patient's name in lab form must match all labels (Write in patient's middle initial only)
  - DO NOT PUT SSN ON LAB LABELS.
  - Write dates as MM/DD/YY
  - If any of the patient's information from the previous lab result doesn't match the one on the patient's visit sheet or patient information sheet, write the old info that is on the previous lab results in the lab form and write the new/correct information in the "additional comment" box.



### Lab Handling: Sensitive labs + U.A.

#### Time-Sensitive Labs

- 1. All time-sensitive and non-time sensitive tests can be placed in the same bag with the **same lab form** if they are stored in the **same location**.
- 2. Follow the same lab and lab log-out procedure.
- 3. After log-out, notify the MS CoD and the UG CoD.
- 4. Write on the white board the patient chart number, type of test, time of collection, your first name and your last name initial.

How to Store	Labs
Time Sensitive and Temperature Sensitive: Refrigerate and between ice	H. Pylori Rheumatoid Factors HBV Viral Load HCV Viral Load
Time Sensitive and Temperature Sensitive: Room Temperature	Hep C Genotype
Time Sensitive: Refrigerate	PTT ESR Total Iron Serum (Green Cap) Transferrin Ferritin
Temperature Sensitive: Room temperature	PT/INR

### **Urine Analysis**

Get a urine kit (which has 2 test tubes, 1 urine cup, and 1 wet wipe) and 1 additional orange-tipped test tube in the cabinet between rooms 2 and 3



Ask the MS/MD if a clean catch or a first catch is required

- •Clean catch: patient starts to urinate first and then collect the sample
- First catch: patient collects the sample directly as they begin to urinate



In Vietnamese, explain to the patient whether it is a clean or first catch. Give the patient the wet wipe and tell them to use it to clean from front to back before urinating in the cup.



While you wait for the patient, fill out 4 labels.



Once the patient is done, fill up the tubes by inverting the tubes on the cup and allowing it to fill up by vacuum. Label the cup and tubes and put them into specimen bags. Use the regular lab form

For UA ONLY: Bag the cup (1st bag), then the urine tubes (2nd bag). Put 1st bag into 2nd bag.

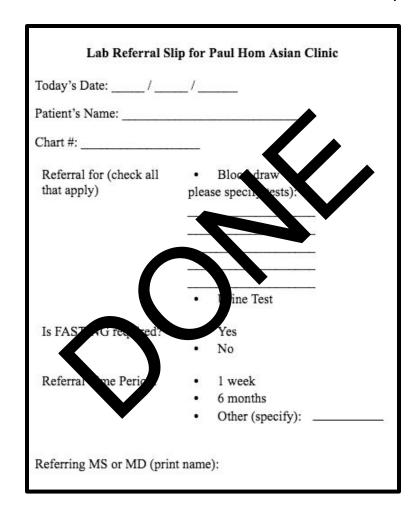
With other labs: place the 2 bags inside the non-time sensitive lab bag (3rd bag),so together they will be triple bagged.

\*\*\*Handle urine samples at the sink and wear gloves on BOTH HANDS\*\*\*



### PA Role: Blood Draw Protocol

#### GREEN, Quarter Sized Lab Referral Slip



 Note: SOME (not all) Patient will bring this in order to do blood draw only. When done, write "DONE" across the slip and STAPLE to the problem sheet of the day

## Blood Draw Only (No Vitals)

After the UG Co-D has assigned you to the patient, bring the patient to the blood draw station.

Find an MS/MD/RN to draw the blood.

Log out labs at the lab log-out binder with any MS or RN.

Return the chart to receptionist.



### Blood Draw with HbA1c/HgbA1c

### **Diabetes Tracking sheet**

- If patient gets a blood glucose blood draw (HbA1c), **TAKE THEIR WEIGHT** and update the blue diabetes tracking sheet.
- Make sure to also fill out the patient info in the top left corner.
- Patient typically will need to draw for HbA1C every 3-6 months

Patient Name Chart #	
Height:	

LAB TRACKING SHEET

HbA1c: < 5.6: Normal 5.7-6.4: Pre-diabetes ≥ 6.5: Diabetes

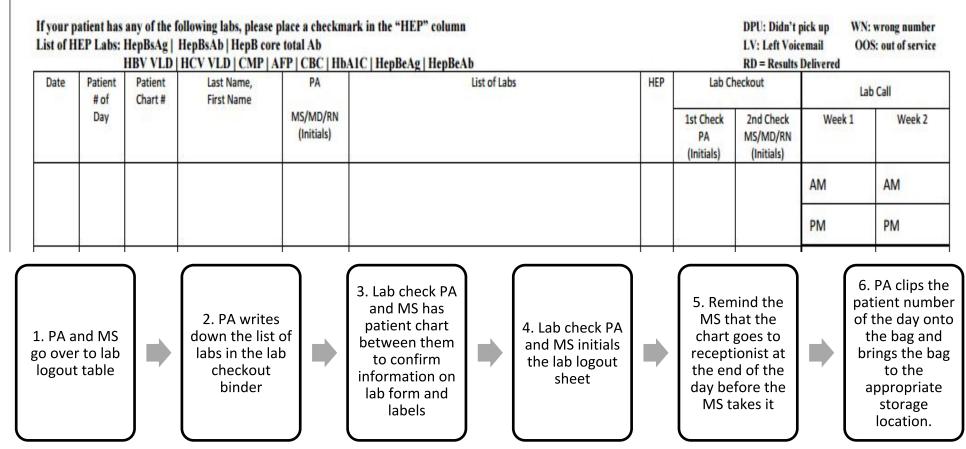
Date	Wt		DM maintenance				Lipid		Notes for eye exam, foot exam, etc. Ex. Eye exam done on 3/5	
		HbA1c	Albumin: Creatinine ratio	Creatinine	DM Medications + dose Ex. Metformin 500 mg bid	Tot. Chol	HDL	LDL	TG	
MEDICA	LCTUDEN	NTC: Disease	a ali Diahata	CoDo for I	DM chacklists				-	Last updated 4/18/18

MEDICAL STUDENTS: Please ask Diabetes CoDs for DM checklists



### Lab Log-Out Protocol

Lab Log-Out Form: After labs are bagged and labeled, and lab form is filled, head over to the lab log out station



#### At Lab Logout:

- Fill out the lab log out sheet and give the lab to the lab logout team.; then clip the lab bags with the clip number correlating to the patient number of the day.
- Remind the MS to return the chart to receptionist before they take it.
- Give the labs to Lab Log-out Team to centrifuge it (if applicable)



### Lab Log-Out Team

When PA comes over with MS to the lab logout table, confirm information on lab forms and labels

- Make sure everything is in all caps
- Make sure time on the form and label match
- Make sure the name, address, and phone number on the lab form matches what is on the visit sheet and previous lab results.



First name and last initial in "checked by PA" column in lab logout sheet



While 1 lab check PA checks the forms and labels, the other lab check PA goes to the fridge to get labs to centrifuge

#### **Centrifuge protocol**

- 1. Place test tube into plastic red test tube holder
  - If patient has an odd # of test tubes, fill up another test tube with an approximate amount of water
  - <u>Do not spin CBC or Prothrombin or purple or blue test tubes</u>
  - Spin only one patient's test tubes at a time to avoid mixing the tubes and the forms
- 2. Push "open/start" button and open the lid
- 3. Place the red test tube holder into the centrifuge symmetrically
- 4. Close lid and turn the knob until the "latched" button is on
- 5. Press the "Start" button (centrifuge is already pre-set for 10 min at 3300 rpm)
- 6. Gently slide out the test tube to prevent mixing (if test tubes are difficult to slide out, use metal clamps to lightly pull up caps. Be careful not to crack the test tubes by pressing metal clamps too tightly)
- 7. Gently put tubes back into bag and back into the fridge



## Lab Calls

\*Whenever you are not with a patient between, do lab calls. Interpreted lab results can be found on the lab call counter\*

NOTE: Do lab calls twice a day: one in the morning (around 8:30AM-12PM), and one in the afternoon (after 12PM).

Make sure the patient has signed their medical release (consent) form before calling. If it is signed, proceed to call the patient.

PLEASE TRY YOUR BEST TO REACH THE PATIENT! (try all numbers you can find)

Yes, the patient picks up

- Follow the script: "Hello, this is (your name) from VN CARES/PHAC, a free clinic on Folsom Blvd. May I please speak with (patient's name)" and confirm their birthdate and phone number.
  - " Can you tell me your birthday?"
  - "Can you tell me your phone number?"
- Then, inform the patient of the doctor's interpretation.
- After telling the patient of their results, write on <u>both the lab results</u> and lab log-out binder: results delivered, date, time, first name and last initial
- Give the chart to the <u>UG CoD</u> and tell them "lab results delivered"

**No (first week)**, the patient doesn't pick up: Leave 1 voice mail **ONLY** in the 2<sup>nd</sup> call.

- Leave a voicemail using the script: "Hello, this is (your name) from VN CARES/PHAC, a free clinic on Folsom Blvd. I want to let (patient name) know that we have the lab results from (date of lab). We will try to call you again next week. You can also give us a call back at (916)542-2737."
- Write on the <u>lab result</u>: left a voicemail or not available (explain why they did not pick up i.e. phone disconnected), date, time, first name and last initial. Log out the first call in the <u>lab log</u> out binder.
- Place chart back in <u>correct language</u> pile on lab call counter.

**No (second week)**, the patient doesn't pick up: Leave 1 voice mail in the 3<sup>rd</sup> call and 1 voice mail in the 4<sup>th</sup> call

- Leave a voicemail using the script: "Hello, this is (your name) from VN CARES/PHAC, a free clinic on Folsom Blvd. I want to let (patient's name) know that we have the results from (date of lab). Please call us back at (916)542-2737."
  - Leave voicemail in the AM (if PT did not pick up) and PM of second week
- Write on the <u>lab result and in the lab log-out binder</u>: left a voicemail or not available (explain situation i.e. invalid number), date, time, first name and last initial
- Place chart in the <u>"For UG's to</u> <u>Review"</u> metal bin the Lab Call Table
  - the UGs will take care of those hard-to-call labs



# Lab Call with Hepatitis Result

When you deliver hepatitis screening results, please read from a letter template to the patient over the phone.

Purpose: to standardize the explanation of screening labs patients receive in order to be accurate as possible.

When you are doing a lab call that has Hep screening results, please find a Hep Co-D for their assistance:

- You will be given a script/letter to read off of to deliver the results.
- After results are delivered,
  - (1) Depend on the Hepatitis status of the patient, you will be directed by the Hep Co-D to make a photocopy of the script/letter.
  - (2) You will put it in an envelope, add a stamp, and hand it over to a Hep Co-D to be mailed.



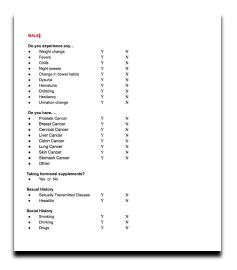
# Sunday Cancer Screening Clinic

## **VN CARES Clinical Managers**

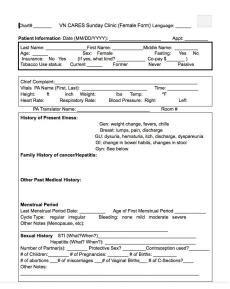
- Natalie Nguyen
- Christina Trinh
- Khoi Nguyen

## Different PA Roles

- Greeter
- Receptionist Assistant (Same as Saturday)
- CoD Assistant
- Patient Advocate (PA)
  - Vitals (Same as Saturday)
  - Translation
  - Lab
- Floater
- Lab Logout Team



Sunday Pre-Cancer Screening Questionnaire



**Sunday Problem Sheet** 



# Sunday Clinic Flow

After the CoD assigns you (PA) to a patient, call the patient by the patient # of the day and verify their name, birthday, phone number, and address. Write your name under PA vital.

Do Vitals (do vitals for patients in the room unless told otherwise)

Logout vitals with UG Co-Ds. If patient still has Cancer Screening questionnaire, also return it to UG CoD.

Then return to the room with the patient. If your patient has not been assigned to a room, tell the patient to wait in the waiting room.

When UG has given you the patient's chart and has assigned you (PA) and a patient to a room, bring the patient to the room and then return the chart to UG CoD. Write your name under PA translator.

Go back to the room with the patient for translation. Complete all committee checklist. Inform the patient to urinate **after the Ms leaves and right before changing into gown and drape for physical exam.** Once done, tell the floater that you are done with the room.

Do labs/ lab log-out and med refill if needed. Remember to update IMI card as needed.

Remind MS that chart goes to lab log-out at the end of the day



# **Cancer Screening Requirements**

Please memorize the cancer screening requirements for recruiting patients at both clinic and public relation events.

### Screenings

	Exam	Ages	Frequency
Male:	Prostate Cancer     Prostate Specific Antigen     (PSA-Blood Test)     Digital Rectal Exam     (DRE-Physical Exam)	50+	Every 2 years
Female:	Breast Cancer	CBE - 40+ Mammogram - 40+	Every 2 Years
	Cervical Cancer     Pap Smear     HPV     NOTE: 21-29 years old are not eligible for co-testing	Pap Smear – 21 (or if sexually active) to 29  HPV and Pap smear- 30 to 65 years old	Every 3 Years  Every 5 years (if in a monogamous relationship, and last Pap smear and HPV results are negative)
Everyone:	Liver Cancer Hepatitis B Screening (Blood test)  Hepatitis B Surface Antigen (Hep B sAg)  Hep B Surface Antibody (Hep B sAb)  Hep B Core Total (Hep Bc Ab TOT)	Hep B - All Ages	Once in lifetime
	Colon Cancer  • Fecal Immunochemical Test (FIT- take home and mail back)	FIT - 50+ (Female) FIT - 45+ (Male)	Every year

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# Greeter and CoD Assistant

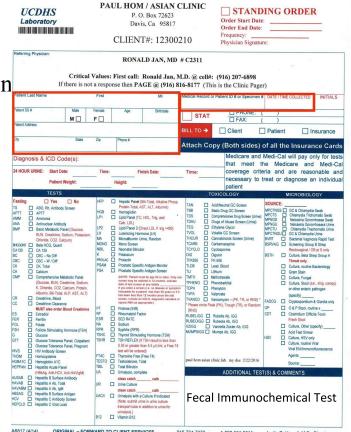
Greeter		Co-D Assistant			
1.	Greet the patient in their respective language	1.	Chooses and announces the "word of the day" at morning		
2.	Check the patient's		meeting		
	appointment time on the	2.	Helps and does as the CoD asks		
	appointment sheet given to	3.	Finds MS, preceptors, and PAs		
	you at the beginning of the day.	4.	Retrieves chart from the PA		
	Call the patient 15-30 minutes		and places them in the racks		
	before the appointment time to	5.	Checks rooms and PAs to		
	remind them		ensure clinic flow		
3.	Give the patient the "number of	6.	Fills out the clinic tracking		
	the day"		sheet		
4.	If a patient doesn't show up				
	after 15 minutes, call to remind				
	them.				
5.	After 30 minutes pass and the				
	patient doesn't show up, call				
	the patient 1 more time				
6.	Update the receptionist and				
	Co-D with the number of the				
	day, no-shows, and				
	cancellations				



# FIT-kit (Fecal Immunochemical Test)

- Fill out the **lab form** with all the information as you would do so for a normal blood draw. No need for a signature/initial in the box (since RN/MD/MS is not drawing blood). In the bottom right corner, in the comments section, write "**Fecal Immunochemical Test**."
  - Remind the patient to fill in the <u>time and</u> <u>date</u> on the lab label AND the lab form.
  - You the PA obtain a printed label and stick it to the test tube.
- Obtain sample FIT kit and explain procedure (in Vietnamese or English) to patients (instructions in next slide). Grab instruction sheet in the language needed.
- Notify the patient that the results will be sent to clinic and we will call them when the results are in.
- Tell the receptionist "done WITH lab"







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## FIT-kit

## **English FIT-kit instructions**

- •Put wax paper on the water surface
- •Deposit fecal matter onto the wax paper.
  - •Wax paper is flushable
- •Open the sample tube and use the tip of the stick to obtain fecal sample (Make sure you sample at multiple places)
  - •Cap back the tube sample lid you will hear a "click"
- •Write the date and time on the test **tube label**and **lab** form
- •Wrap the sample tube and place sample tube into biohazard bag. Glue the envelope.
- •Mail in the sample **WITH** the lab form. (the envelope is prepaid and ready to be sent to the lab)

## Vietnamese FIT-kit instructions

- Để tờ giấy sáp trên nước của bồn cầu
- Đi cầu bình thường
  - Lưu ý rằng là cô/bác có thể dội tờ giấy sáp được
- Mở ống nghiệm ra và dùng đầu của ống nghiệm dễ chích vào nhiều chỗ khác nhau trên mẫu phân [55].
  - Cô hoặc bác hãy đóng nắp của cái thẻ lại và sẽ nghe được cái "cụp"
- Cô hoặc bác nhớ ghi ngày và giờ trên ống nghiệm và mẫu đơn xét nghiệm
- Bọc ống nghiệm, cho ống nghiệm vào bì "biohazard" Và bỏ vào bì thư rồi dán lại
- Khi xong cô hoặc bác nhớ la bỏ thể thử nghiệm và mẫu đơn xét nghiệm vào bì thư và gửi đi
  - Cô/ hoặc bác không cần dán tem vì phòng mặt đã trả tiền tem rồi a.



# Helicobacter Pylori (H. Pylori)

### Time-Sensitive (2-4 hours) **Temperature-Sensitive (ICE)**

Materials: Biohazard bag, sample cup (green/white top), label, general lab form

### First Week

### **PATIENT ADVOCATE Instructions**

- •Complete a lab label with patient information and leave date/time blank
- •Complete the general lab form and leave date/time blank
  - You don't need to fill out MS/MD initials or **Fasting**
- •Put label on sample cup.
- •Place lab form in the biohazard bag pocket.

### **Patient Instructions**

- •Once you finish your bowel movement, place some of the stool at least to the **60 line** of the sample cup.
- •Write the **time/date** on the label of the sample cup and place in the biohazard bag
- •Complete the general lab form by putting the **time/date** you took your bowel movement.
- •Place sample into the freezer or with ice.
- •Return to the clinic within 5 days of bowel movement with ice to drop off.

### **How to Log Out First Week:**

Put "H. PYLORI" with a 1 in a circle next to it. Tell the receptionist that is "Done with **NO LAB**"

### **Second Week**

### **PATIENT ADVOCATE Instructions**

- •Once UG assigned you the patient, put on gloves, before confirming patient.
- •Obtain sample from patient and place by the sink near Room 2.
- •Confirm both label and lab form are completed and are within 5 days!
- •Notify UG Co-D of time sensitive lab
- •Notify MS Co-D of time sensitive lab
- •Write on the Time-Sensitive Board

### **Patient Instructions**

- •Tell patient to wait in the waiting room while PA confirms all the labels are correct and completed.
- •Once you confirm everything is correct, you can tell them to leave after lab checkout PA has checked as well.
- •We will call them back for their results.

### **How to Log Out Drop-off:**

Put "H. PYLORI" with a 2 in a circle next to it. Tell the receptionist that is "Done with LAB"



# Helicobacter Pylori (H. Pylori)

ORIGINAL - FORWARD TO CLIENT SERVICES

- •PATIENT NEEDS TO FILL OUT THE DATE/TIME COLLECTED BOX.
- •No need for "FASTING" box.
- •No need for MS/MD/RN initials as well.

Write "H. PYLORI" in additional comments.

Laboratory			3	C	Davis, Ca 9581	P. O. Box 72623 Davis, Ca 95817 IENT#: 12300210			Order End Date: Frequency: Physician Signature:				
Referring	Physician:				RONALD JAN, M	D #	C2311						42
					irst call: Ronald Jan e then PAGE @ (916		979		200	750	er)		
Patient La	ast Name		irst G PII	NG	MI	M	ledical Re	cord	or Pat	ient ID # or Specimen	600		COLLECTED INITIALS IENT
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ity SACR	AMENTO	State Z CA 95	ip 5838		Phone # 123-456-7890	Δ	ttach	C	ру	(Both sides)	of all	the	e Insurance Cards
)iagno	sis & ICD Code	e(s):											will pay only for tests care and Medi-Cal
4 HOUR	URINE: Start Date: Patient Wei	ght:	Time:	Не	Finish Date:	No. of Street,	Time:	-		The state of the s			are reasonable and iagnose an individual
	TESTS							i	OXIC	COLOGY		1	MICROBIOLOGY
PTT	ABO, Rh, Antibody Scr APTT Arrmonia Antibudy Scr APTT Arrmonia Antibuclear Antibody Basic Metabolic Panel BUN, Creatinine, Sodiu Chlorde, CO2, Calcium Beta HCG, Quant CA 125 CBC - No Diff CBC - W / Diff CK, Total Calcium (Clucose, BUN, Creatin K, Chloride, CO2, Calcium K, Chloride, CO2, Calcium College, BUN, Creatin K, Chloride, CO2, Calci Albumin, Bili-Total, ALF Creatinine, Blood Creatinine Clearance MUST also order Blood Estadiol Ferritin Foliate Foliate Simulating Horn Glucose Tolerance Pan HIV Antibody Screen Howncysteine Homocysteine Homocysteine Hemoglobin AT C	een (Glucose, L. (Glucose, m. Potassium, N.	P1 P2 H MA MONO WIBIL WROLAC SAM SSA PT FF SSR IA IA SHR  TT4C ESTO	00 00000000 0000000 00	Hepatic Panel (Bill-Total, Alkaline Ph. Protein-Total, Attaline Ph. Protein-Total, AST, ALT, Albumin) Hemoglobic Lipid Panel (TC, HDL, Trig, and Calc. LDL) Lipid Panel (TC, HDL, Trig, and Calc. LDL) Lipid Panel (TC, HDL, Trig, and Code. LDL) Lipid Panel (TC, HDL, Trig, and Code. LDL) Homoglobic Ph. Protein Code. LDL Homoglobic Ph. Protein Code. Prote	nnly one tate nnptom or if it it	TAN TBB TOS TOAU TEG TVOL THCUR TCARB TCYCLO DIG TLI THTCUR THTKESO TLI TMTX TPHENO TOPH TVANCO TVANCO TOPH TVANCO TVANCO TORBOT TVANCO		Basic IC Compre Drugs is Ethyler Ethyler Cannal Carban Cyclosip Digoxir FK 506 Lead, E Lithium Methotr Phenot Valoro Vancon Reak (PK Rubel Ruber Varcie	exate provided in the control of the	MPNGS MPNGU MPCTU MPCTU MPCTU MPCTU MPCTU MPCTU MPCTU BVRT BSRVAC BSTH		GC & Chlamydia Swab Chlamydia Trichomatis Swab Neisseria Conorrhoeae Swab Neisseria Conorrhoeae Swab Neisseria Conorrhoeae Swab Neisseria Conorrhoeae Urine Chlamydia Trachomatis Urine GC & Chlamydia Trachomatis Urine GC & Chlamydia Trachomatis Urine GC & Chlamydia Trachomatis Representation of Serening Group B Strep Rectovaginal / OB pt S only Culture, Fuela Strep Group A Throat only, Culture, Fungal Culture, Fungal Culture, Stool (saf., shig. campy) or other enteric pathogen (specify) Cryptosportidum & Giardia only O & P Stool, routine x Clostridum Difficile Toxin Fresh Stool Culture, Chloric (specify) Acid Fast Smear Culture, HSV only Culture, Founde Viral Culture, Founde Viral Culture, Founde Viral Culture, Founde Viral Culture, Instrumentourorescence Agents:
JSAB	(HBsAg, Anti-HCV, Anti Hepatitis B Surface Anti Hepatitis A Ab, Total Hepatitis A Ab, IgM Hepatitis B Surface Anti	HAVIgM) U body U gen U	IA I		Total Billiubin Urinalysis, complete clean catch cath Urine Culture clean catch cath Urine Size with a Culture If Indicated (Note: submit urine in urine culture transport tube in addition to urine for urinalysis.) Vitamin B12	_	H	I.	P	ADDITIONAL TE		COM	IMENTS

PAUL HOM / ASIAN CLINIC

Lydia P. Howell, M.D., Director



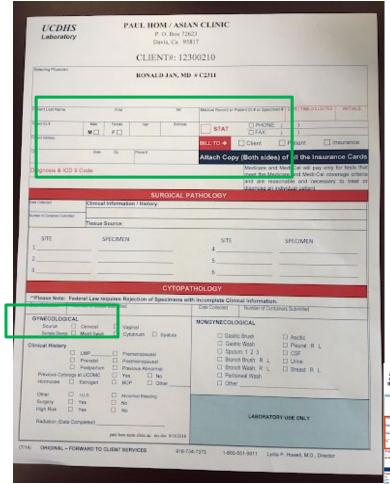
# PAP Smear/HPV Handling

### **Pap Smears:**

- In the room, if asked, help the MS or MD stir the spatula and/or cytobrush vigorously in the specimen container after collection with gloves on both hands
- 2. Once done, close the container and dispose the cytobrush and spatula in the trash can
- 3. IMMEDIATELY label the container and bring the sample when you leave the room
- 4. Fill out the Pap smear test lab form and mark CERVICAL, SPATULA and CYTOBRUSH
  - Note: Pap Smears will have its own bag aside from other non-sensitive and sensitive labs.
- 5. Put both lab forms and specimen container inside the bag before walking out.

### **HPV:**

- 1. Grab a **regular lab form**. Fill out the top with patient information. Then, write HPV in the "additional comment" box
- Put the form in the same bag as with the Pap Smear.
  - a) Note: For Pap Smear and HPV co-testing, the specimen will be from one Pap Smear container. **One bag** will be used, but there will be **2 separate lab forms**.



**PAP Smear Form** 

**HPV Form** 



# GC Kit (Female & Male)

**GC Kit (STI test)**: Treat it as a non-time sensitive lab. Label all tubes and put it in the same bag as any non time-sensitive labs with the **regular lab form** 



### **GC Kit Female**

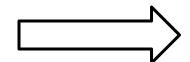
- Regular Lab Form
- Specimen would be collected from the patient's cervix.
- Speculum, lubricant, drape and gown would be needed for the procedure
  - <u>After the cotton swab is used to collect the sample, swirl the swab in the provided tube.</u>
  - Then, break the swab, leave it in the tube and close the tube.
- Label, bag and store in Fridge the same way as for a NON-Time Sensitive Lab

## **GC Kit Male**

- Grab a urine cup from the urine analysis (UA) kit
- Ask MS/MD if they want a clean catch or first catch
- Explain to the patient to fill urine to the line of the cup
- Handle urine at the sink by grey cabinet
  - Use the pipet in the GC Kit to pipet the urine in the urine cup into the provided tube in the GC kit
    - Fill it up so that it is in between the 2 lines
    - Double Bag since it is a urine sample

\*\*Wear gloves on both hands for male and female tests











# Hepatitis B Screening

Demographic form and pre-filled regular lab form found here

In order for a patient to successfully be screened for Hepatitis B, the PAs need to complete:

### **Demographic form:**

 Complete the front and back of the form.
 File the form back into the binder in the Hepatitis corner.

### Pre-filled regular lab form:

- Ask the MS or the person who draws blood to make sure the lab boxes checked on the lab form are correct.
- Fill out the required information

NOTE: For newly screened patient, give the patient a "Know HBV" brochure



NOTE: Hepatitis B screening includes lab tests that tell whether the patient has Hepatitis B or not. Hepatitis follow up includes additional lab tests for Hepatitis-positive patients.





## Floater

\*\*After the room is done, inform the floater immediately to set up the room for the next patient\*\*

Male Room Items	Female Room Items			
<ol> <li>Gloves</li> <li>Lubricant</li> </ol>	<ol> <li>Cotton swab</li> <li>Cytobrush</li> <li>Drapes</li> <li>Gloves</li> <li>Gowns</li> <li>GC kit</li> <li>Lubricant</li> <li>Spatula</li> <li>Speculum (small, medium, large)</li> <li>Specimen bag (Biohazard bag)</li> <li>Specimen container</li> <li>Specimen label</li> </ol>			

### Note:

- There are 2 types of speculums: **fiber optics** (only in room **2**) and normal ones.
- Use Big cotton swabs for Pap Smear and small cotton swabs for GC kit (All rooms should have both types)



# Lab Log-Out Team

- 1. Access the OneDrive for the list of patients for the day. Use a new sheet to log the location of the chart and lab forms (color code)
- 2. Check labs like Saturday log-out team, but clip and centrifuge as you go
- 3. Double check what tests were actually done vs their chief complaint(s) and update the sheet in the flash drive in a separate lab log out sheet.
- 4. At the end of the day, make sure all labs are checked and charts end up with lab log-out



# **Clinical Committees**

Committees	Responsibilities	Specialty Clinics	Co-Directors
Cardiopulmonary	•Schedule potential patients for Cardiopulmonary Clinic •Provide free nicotine patches through AQS (Asian Quit Smoking) Organization	Cardiopulmonary clinic	Ryan Lin
Covered California	Enroll patients for insurance and follow up with patients  Must be CEC certified	Enrollment Clinics	Sofia Lin Hang Le
Diabetes	Screen patients for diabetes and follow up with diabetic patients	Diabetes Clinic	Vivian Mai
Hepatitis	<ul> <li>Screen patients for hepatitis and follow up with patients who have hepatitis</li> <li>Provide vaccination</li> </ul>	-Liver Ultrasound Clinics -Vaccination Clinic	Nathan Luu Eric Nguyen
Women Health	<ul> <li>Help refer patients for mammogram screenings</li> <li>Educate patients on breast cancer</li> <li>Educate patients on women's health</li> <li>Schedule patients for OB/GYN clinic</li> </ul>	OB/GYN Clinics	Thuy-Linh Tran Kathleen Dang
Ophthalmology	Perform acuity screens Distribute vouchers for glasses	Ophthalmology Clinics	Angela Nguyen Matthew Liu
PAP	Signs up patients for free medication		Thu Pham Toan Tran Tam Dong



# Creative, Outreach, and R&E Committees

Committees	Responsibilities	Co-Directors
Creative	<ul> <li>Help plan and execute large scale social events including Winter Retreat and Spring Banquet</li> <li>Provides input and suggestions for other social events and ways to build a more enjoyable, inclusive environment within VN CARES</li> </ul>	Bryant Law
Outreach	<ul> <li>Help advertise Sunday clinic to the Vietnamese community</li> <li>Search for various community service events in the area.</li> </ul>	Jessica Nhan Jennifer Do Celine Tran
Play for Thought	<ul> <li>Educate 1st-5th graders on various health topics</li> <li>Design activities for the children and make learning fun</li> </ul>	Jenna Kwong Stephanie Ha
Patient Advocate Community (PAC)	<ul> <li>Educate Vietnamese high school students on various health topics</li> <li>Educate Vietnamese-English translations</li> </ul>	Vicky Vong Janine Nguyen
Health Resources Committee (HRC)	Create health related pamphlets, infographics, and other resources to inform the committee	Jonathan Hui Leann Le Catherine Tran

<sup>\*</sup>If you're interested in joining Creative Committee, please reach out to Bryant Law (contact info on pg. 59)\*

<sup>\*</sup>If you're interested in joining other outreach committees, please reach out to the R&E Leaders (contact info on pg. 59)\*



## **Translation**

## Some things to remember:

- Always translate as "I"
- Translation does not have to be word for word
  - **❖** BUT it **must** be precise.
- DO NOT miss/skip any symptoms, concerns, explanation
- **DO NOT** have side conversations with patients when MS and MD are present.
  - Small conversations with patient, however, are encouraged while waiting for MS/MD
  - Always keep a positive and respectful attitude
    - Professionalism is a must

### **Translation Tips:**

- Politely ask patient and MS/MD to speak slowly and/or break down to small sentences.
  - **Do not cut them off.** Be polite
- Bring a small notebook if you have a hard time memorizing information
- Keep the flow going NO pause/ awkward silence
- Look at the situation, adapt to the speed
- Earn your patient's trust. Make them feel comfortable and see you as their children/relatives.
  - Initiate conversation when waiting:
    - About why they come to clinic
    - Services we offer (CC,PAP)
    - Ask if they're interested in Sunday Clinic if they're eligible
- "What if I do not know that word/terminology?"
  - Let the MS/MD or the patient know that you need to clarify first, then...
  - ♦ Ask for an explanation → Translate it accurately
  - If you're really stuck, Refer to your dictionary
    - Remember to notify your patient and MS/MD before using it
    - **Do NOT** always depend on your dictionary → Study and memorize it



# Research & Education Internship

### **Mission Statement**

R&E is committed to improve the community's health by spreading awareness of prevalent health concerns as well as promoting healthy living. We strive to understand the current health profiles of local and global communities, master presentation skills to ensure effective health advocacy campaign, and facilitate a scientifically stimulating discourse among participants.

### **Events**

All VN CARES interns are allowed to attend and receive credit from the following events:

- Presentations at R&E Meetings, health fairs, community facilities such as the library, senior center, etc
- Skills Workshops (i.e. public speaking, presentation making)
- Sunday Clinic Shadowing

\*All events outlined above qualify for 1 R&E event except for skills workshops. Skills workshops qualify for ½ R&E event.

The types of events offered are not limited to those listed here.

# **Vietnamese Interactive Community Educator (V.I.C.E)**

The V.I.C.E program is a subset of R&E Internship open to those with **Vietnamese proficiency**. These interns strive to educate the low-income Vietnamese population in Sacramento on relevant health issues and promote a healthy lifestyle.

### **V.I.C.E** Events

All VN CARES interns are allowed to attend and receive credit from the following events:

- Presentations at clinic
- Presentations at health fairs and other community events
- Vietnamese workshops
- VICE Interns are required to complete 1 of their 3 R&E events through a VICE event (excluding workshops).
- ❖ All presentations qualify for 1 R&E Event.
- All Vietnamese workshops qualify for
   1/2 R&E Event.

Prior to each presentation, interns must attend at least 2 dry runs.



## Research & Education Internship

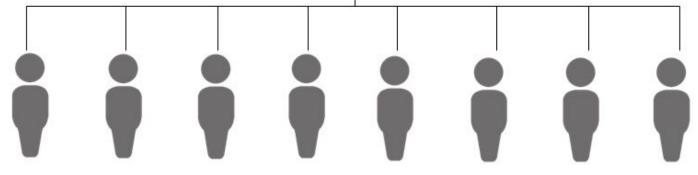
### R&E Leaders

While our mission statement conveys our visions for the community, we hold it upon to also serve our interns by fostering an inclusive and collaborative learning environment for them to develop as thoughtful scholars.



### **Team Leaders**

To further enrich the internship experience, our team leaders interact closely with interns to provide guidance and mentorship. Each team leader also works on a project that aligns with our mission statement to educate the community and provide novel experiences for interns.



### **R&E Interns**

As R&E interns, you will primarily be presenting to the community using various methods of communication. You will be challenged to create presentations that are both educational and visually appealing for maximum effectivity. At the same time, you will be challenged to think critically.



## **Public Relations**

### **Description:**

VN CARES interns will be expected to give back to the community, publicize VN CARES to the student population, raise money for VN CARES, maintain relations with external sponsors, physicians, and recruit patients.

### **Purpose of Community Service**

- 1. Give back to the community that has given you many opportunities
  - (Ex. Challah for Hunger, ADJ Angels of Hope, Davis Community Meals, etc).
- 2. Learn about other organizations that are also making a difference
- 3. Build relationships with other organizations
- 4. Spread awareness about VN CARES

### **Components of Public Relations:**

- Community Service
- Recruitment
- Publicizing
- Fundraising

### **Purpose of Recruitment**

- To recruit Interns, Patients, Collaborators (doctors, businesses, etc.), Sponsors, and Center for Disease Control (CDC) studies
- 2. For Covered CA:
- Interns will ask patients if they would like us to help them apply for MediCal or Covered CA.
- If yes, then tell the Covered CA Co-D to put the patients' names on the list for the next enrollment clinic.

Note: The dress code is strictly enforced. Interns must be presentable, genuine, able to answer all procedural questions in and out of clinic, and be respectful to the public.



## **Public Relations**

For events where Vietnamese patients are recruited, please study the following phrases to advertise our cancer screenings.

### Breast Cancer:

Khi bướu độc xuất hiện ở vùng ngực và bắt đầ u lang vào bộ phận khác

- Cô nên đi khám vú mỗi hai năm
- Cô nên tự khám vú mình mỗi tháng
- Phòng màch chúng cháu khám vú để coi có u trong ngực hay không
- Chúng cháu làm hẹn chụp hình quang tuyến vú.

### Cervical Cancer:

Khi bướu độc xuất hiện ở cổ tử cung và bắt đầ u lang vaò bộ phận khác

- Cô nên đi khám cổ tử cung mỗi ba năm
- Phòng mạch chúng cháu khám cổ tử cung
- Bác sĩ sẽ lấy máu trong cổ tử cung để khám coi cổ tử cung có bị ung thư hay không.

### Prostate Cancer:

Khi bướu độc xuất hiện ở tuyến tiền liệt và bắt đầu lan vào bộ phận khác.

Khi ngừơi đàn ông lớn tuổi, tuyến tiền liệt nằm ở dứơi bộng đái có thễ to ra hoặc sưng và làm cho ngừơi đàn ông khó tiểu.

- Bác nên đi khám tuyến tiền liệt mỗi hai năm.
- Phòng mạch chúng cháu khám tuyến tiền liệt và thử nghiệm máu.

### Hepatitis B:

Gan bị viêm do nhiễm vi trùng

- Viêm gan B có thể dẫn đến ung thư gan và gây tử vong.
- Chỉ cần khám một lần.
- Phòng mạch chúng cháu lấy máu đễ coi có nhiễm trùng viêm gan B trong máu hay không.



## **Public Relations**

Goal: Publicize VN CARES to the student population!

### To Publicize:

- 1. Obtain flyers
- 2. Approach the person(s) with a smile
- 3. Grab their attention: "Hi, are you interested in a health-related internship?"
- 4. Continue and inform them about who we are, what our goal is, how we reach the goal, when and where meetings are, where to obtain more information:
  - Say you're a part of VN CARES: Vietnamese Cancer Awareness Research and Education Society
  - We're a pre-health organization, striving to promote cancer awareness
  - We provide free-cancer screenings to the underserved,
     Vietnamese population in Sacramento

- 4. (Cont.)
- We offer 3 internships (Clinical, Hybrid, and R&E) where transcript notation can be obtained.
- Time commitment for both internships (1 probationary quarter and 2 full quarters for Clinic/Hybrid/R&E, approx. 35-50 hrs)
- Briefly describe the 3 internship positions (Don't take too much time. Try to keep it to one phrase each.)
- Emphasize that R&E and Hybrid internship does not require the fluency of the Vietnamese language.
- Inform them that our general meetings are on Wednesdays 7:10-8:00PM. Location to be announced for that quarter.
- R&E meetings are on Wednesdays 6:10-7:00PM. Location to be announced for that quarter.
- For further information and contacts, tell them to visit our website at <u>www.vncares.org</u> or email us at publicrelations@ vncares.org
  - 5. Conclude: "Thank you for your time, and we hope to see you at our meetings!"

### Things to Remember

You do not have to say everything. Omit and summarize details to keep the conversation brief, but concise.

Do's	Don'ts
Pair up with another person for support	Congregate into a group like a mob
Ask officers if you are unsure about the information	Tell the person incorrect information
Keep your phones on silent	Talk on the phone when you are on the job



## **Contact List**

### **Important Phone Numbers**

**VN CARES Clinic Number:** 

(916) 54 - CARE - 7 / (916) 542-2737

**VN CARES Fax Number:** 

(916) 453-9725

**Important Emails** 

President:

president@vncares.org

Vice Presidents:

vicepresident@vncares.org

Secretary:

info@vncares.org

Treasurer:

treasurer@vncares.org

Clinic Team:

clinic@vncares.org

Research & Education Team:

re@vncares.org

Public Relations Team:

publicrelations@vncares.org

Webmaster:

webmaster@vncares.org

### **Additional Contacts**

VN CARES Medical Director:

Dr. Ilya Khamishon

**PHAC Medical Director:** 

Dr. Ronald Jan

Clinical Managers:

Natalie Nguyen: (916) 805-7419 Christina Trinh: (408) 637-9390

Khoi Nguyen: (714) 251-4219

**Important Information** 

Paul Hom Asian Clinic Address:

6341 Folsom Blvd

Sacramento, CA 95819

**VN CARES P.O Box Mailing Address:** 

P.O. Box 72709

Davis, CA 95617

**Normal Values for Vitals:** 

Heart Rate: 60-100 at rest

Respiration Rate: 20 and under

Blood Pressure: 120/80

Temperature: 97.6-99.6 °F



## Checklist

Congratulations! You've completed the VN CARES Orientation. Here are your next steps...

Pl	ROBATIONARY QUARTER
	Study hard for the Practical
	Come to Clinic Tour/Study Practical for review and questions
	Pass Practical
	Complete immunizations and send proof to vicepresident@vncares.org
A	CTIVE QUARTER
	Immunizations must be cleared by the External Vice President (Raymond Nguyen) and Volunteen
	Services
	Sign up for required events: 4 clinics, 4 PR events, 1 social event, 4 meetings
	Complete the end-of-quarter evaluation