

## Breast Cancer Screening



Mammogram



Clinical Breast Exam



Breast MRI

## Sunday Clinic Screenings

**Free** preventative cancer screenings for both female and male patients are provided:

### **Breast Cancer:**

Females: 40 years or older

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## Breast Cancer

Breast cancer is one of the most common cancers among women in the United States.

[Learn more](#)

## Symptoms include:

- New lump in breast
- Redness & pain in nipple area
- Abnormal nipple discharge



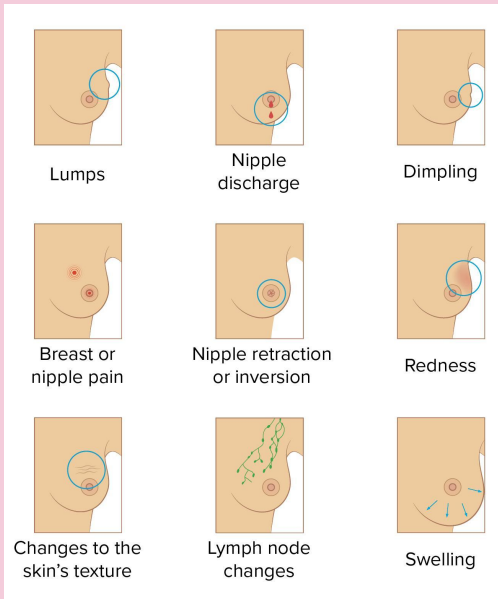
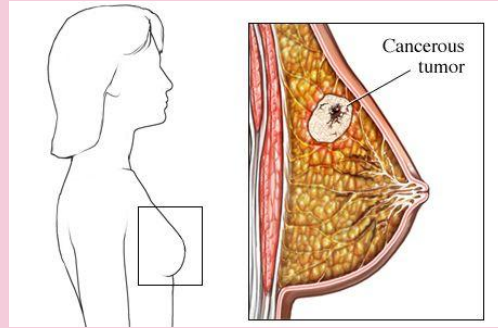
**lump**



**change in color**



**abnormal discharge**



Lumps

Nipple discharge

Dimpling

Breast or nipple pain

Nipple retraction or inversion

Redness

Changes to the skin's texture

Lymph node changes

Swelling

## Breast Self-Examination

**1**

### Examine in the mirror with raised arm:

- Feel the breast and armpit
- Note for any nipple discharge

**2**

### Fingers should move:

- Up
- Down
- In circles
- In wedges

**3**

### Examine for:

- Nipple deformation
- Nipple color change
- Change in color or texture
- Skin dimpling
- Lumps