

## May 2022 Congregate Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;"><b>2</b></p> <p>Warm Roast Beef &amp; Cheddar 1/2 cup Corn Sandwich Roll Seasonal Fresh Fruit</p>	<p style="text-align: right;"><b>3</b></p> <p>Baked Cabbage Casserole w/ 2 oz Tomato Sauce 1/2 cup Garlic Whipped Potatoes 1/2 cup Carrots Dinner Roll Cookie</p>	<p style="text-align: right;"><b>4</b></p> <p>Stadium Hotdog 2 oz Sauerkraut 1/2 cup Cheesy Potatoes Hotdog Roll 1/2 cup Pineapple &amp; Mandarin Oranges</p>	<p style="text-align: right;"><b>5</b></p> <p><b>Cinco de Mayo</b> Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2 cup Green Beans Wheat Bread  1/2 cup Gelatin <b>Taco Bar for Dine-in</b></p>	<p style="text-align: right;"><b>6</b></p> <p><b>Bagged Lunch</b> Chicken Salad w/ Lettuce &amp; Tomato Macaroni Salad Pickled Beets Cookie Iced Tea</p>
<p style="text-align: right;"><b>9</b></p> <p> <b>Mother's Day Meal</b> Vegetable Lasagna w/ Parmesan Cream Sauce Tossed Salad w/ Tomato, Boiled Egg, and Dressing Garlic Breadstick Lemon Meringue Pie</p>	<p style="text-align: right;"><b>10</b></p> <p><b>NEW</b> Fresh Egg Salad Sandwich Lettuce &amp; Tomato 1/2 cup Tomato &amp; Cucumber Salad 2 pieces Wheat Bread 1/2 cup Cinnamon Applesauce</p>	<p style="text-align: right;"><b>11</b></p> <p>Roasted Turkey w/ Gravy 1/2 cup Mashed Potatoes 1/2 cup Corn Wheat Bread Cookie</p>	<p style="text-align: right;"><b>12</b></p> <p>Hearty Beef Stroganoff 1/2 cup Buttered Noodles 1/2 cup Peas 1 Dinner Roll Seasonal Fresh Fruit</p>	<p style="text-align: right;"><b>13</b></p> <p><b>Bagged Lunch</b> Roast Beef w/ Cheese Broccoli Salad Fruit Juice Cookie Iced Tea Bread</p>
<p style="text-align: right;"><b>16</b></p> <p><b>NEW</b> Honey Garlic Pork Loin 1/2 cup Vegetable Rice Pilaf 1/2 cup Mixed Vegetables 1/2 cup Sliced Apples Wheat Bread Cookie</p>	<p style="text-align: right;"><b>17</b></p> <p>Meatball Hoagie (4) 1/2 cup Parmesan Noodles 1/2 cup Green Beans Sandwich Roll Seasonal Fresh Fruit</p>	<p style="text-align: right;"><b>18</b></p> <p>Stuffed Pepper Casserole 1/2 cup Garlic Whipped Potatoes 1/2 cup Coin Carrots White Bread Fresh Fruit</p>	<p style="text-align: right;"><b>19</b></p> <p>Chef Salad Mixed Greens w/ Ham, Tomato, Cheddar, 1/2 Egg 1/2 cup Three Bean Salad Dinner Roll 1/2 cup Peach Crisp</p>	<p style="text-align: right;"><b>20</b></p> <p><b>Bagged Lunch</b> Turkey Sandwich Lettuce &amp; Tomatoes Potato Salad Fresh Seasonal Fruit Wheat Bread Brownie Lemonade</p>
<p style="text-align: right;"><b>23</b></p> <p>Baked Meatloaf w/ Gravy 1/2 cup Ranch Potatoes 1/2 cup Beets White Bread Seasonal Fresh Fruit</p>	<p style="text-align: right;"><b>24</b></p> <p> <b>Memorial Day Meal!</b> Cheeseburger Lettuce &amp; Tomato BBQ Butterbeans Macaroni Salad Hamburger Bun Fresh Melon &amp; Ice Cream Cup</p>	<p style="text-align: right;"><b>25</b></p> <p>Glazed Ham w/ Raisin Sauce 1/2 cup Sweet Potatoes 1/2 cup Peas &amp; Carrots Dinner Roll 1/2 cup Pudding</p>	<p style="text-align: right;"><b>26</b></p> <p>Supreme Pizza Casserole 1 cup Tossed Salad 1/2 cup Green Beans White Bread 1/2 cup Applesauce  <b>Party Day!</b></p>	<p style="text-align: right;"><b>27</b></p> <p><b>Bagged Lunch</b> Homemade Tuna Salad Sandwich Lettuce &amp; Tomatoes 1/2 cup Three Bean Salad 2 pieces White Bread Seasonal Fresh Fruit Lemonade</p>
<p style="text-align: right;"><b>30</b></p> <p style="text-align: center;"><b>Center Closed</b> </p>	<p style="text-align: right;"><b>31</b></p> <p>BBQ Pork Ribette 1/2 cup Sweet Potato Bites 1/2 cup Green Beans Wheat Bread 1/2 cup Pineapple Delight</p>			

\*\*\* Served daily: Milk and Margarine

Sign up for meals on Copilot (community.copilot21.com) or by calling in to Nancy. Meals are served Mondays - Wednesdays from 11:30 am - 12 pm in the front office for "takeout lunch" & at noon in the cafeteria for "regular lunch". All members are eligible to sign up! Must preregister by **7 am** the day prior to coming into the center. Sign up on Copilot or by leaving a message on the machine at 717.225.0733 ext 105.