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<p>1 9...T'ai Chi Chih 9:15...Dime Bingo 9:45...Walking Club 11...Chair Exercise Pop-up Produce Market</p>	<p>2 8 & 9...Silver Sneakers Class 10...Family Feud 11...Line Dancing 11...Chair Volleyball</p>	<p>3 8:30...Breakfast in the Café 9...Chair Yoga 10...Writing Workshop 10...Poker 9:45...Walking Club 11...Chair Exercise</p>	<p>4 8-noon...Driver Safety 8 & 9...Silver Sneakers Class 8:30-12...Chair Massage 10...Pinochle 11...Chair Volleyball 12:30...Yoga</p>	<p>5 9...Quarter Bingo 9...Parkinson's Exercise 9:45...Walking Club 10...Drumming Exercise 10:30...Cardio Boxing 11...Chair Exercise</p> 
<p>8 9...T'ai Chi Chih 9:45...Walking Club 10...Council Meeting w/ John Pepsin 11...Chair Exercise</p>	<p>9 8 & 9...Silver Sneakers Class 10...Now You Have It... 11...Line Dancing 11...Chair Volleyball</p>	<p>10 8:30 am...Breakfast in the Café 8:30 am...Health Checks 9...Chair Yoga 9:45...Walking Club 10...Writing Workshop 10...Poker 10:30...Drayer Presentation 11...Chair Exercise</p>	<p>11 8 & 9...Silver Sneakers Class 9:30-11:30...Quilts for Kids 10...SGASD Update— George Ioannidis 10...Pinochle 11...Chair Volleyball 12:30...Yoga</p>	<p>12 9...Quarter Bingo 9...Parkinson's Exercise 9:45...Walking Club 10...Drumming Exercise 10:30...Cardio Boxing 11...Chair Exercise</p> 
<p>15 9...T'ai Chi Chih 9:45...Walking Club 10...Scrapping w/Bev 11...Chair Exercise Pop-up Produce Market</p>	<p>16 8 & 9...Silver Sneakers Class 10...Word Link 11...Line Dancing 11...Chair Volleyball</p>	<p>17 8:30...Breakfast in the Café 9...Chair Yoga 9:45...Walking Club 10...Video - Science of Natural Healing—15 & 16 10...Poker 11...Chair Exercise</p>	<p>18 8 & 9...Silver Sneakers Class 10...Book Club 10...Painting with Pat 10...Pinochle 11...Chair Volleyball 12:30...Yoga</p>	<p>19 9...Quarter Bingo 9...Parkinson's Exercise 9:45...Walking Club 10...Drumming Exercise 10:30...Cardio Boxing 11...Chair Exercise</p> 
<p>22 9...T'ai Chi Chih 9:15...Dime Bingo 9:45...Walking Club 10...Support Squad 11...Chair Exercise</p>	<p>23 8 & 9...Silver Sneakers Class 10...Open Mic 11...Line Dancing 11...Chair Volleyball</p>	<p>24 8:30...Breakfast in the Café 9...Chair Yoga 9-10...Grogg—Tax Collector 9:45...Walking Club 10...Overcome your Overthinking: Episodes 1 & 2 10...Poker 11...Chair Exercise</p>	<p>25 8 & 9...Silver Sneakers Class 10...Birthday/Anniversary Party fea. DJ Pebbles & Ice Cream Social 11...Chair Volleyball 12:30...Yoga</p>	<p>26 8:30...Blood Pressure Checks 9...Quarter Bingo 9...Parkinson's Exercise 9:45...Walking Club 10...Drumming Exercise 10:30...Cardio Boxing 11...Chair Exercise</p> 
<p>29 9...T'ai Chi Chih 9:45...Walking Club 10...Robotic Knee Replacement Presentation—UPMC 11...Chair Exercise</p>	<p>30 8 & 9...Silver Sneakers Class 10...Word Guess 11...Line Dancing 11...Chair Volleyball</p>	<p>31 8:30...Breakfast in the Café 9...Chair Yoga 9:45...Walking Club 10...Overcome your Overthinking: Episodes 3 & 4 10...Poker 11...Chair Exercise</p>	<p><i>Daily</i> 8:30-11:00 - Coffee Bar 8:30-2:30 - Fitness Room 8:30-2:30...Pool Room 11:30 - Takeout Lunch 12 - Congregate Lunch</p>	<p>Mon / Wed - Open Gym - 60+ Basketball 8:30-10 Tues/Thurs. Pickleball 1 pm *** GLATCO Credit Union Mini Branch Open Thursdays 9:30-11:30 am</p>

*Activities may change if conditions warrant.