





## May 2021 Congregate Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Chili Cheese Hotdog (2 oz Chili, 0.5 oz Cheddar) 1/2 cup Baked Potato 1/2 cup Green Beans Hotdog Roll 1/2 cup Cinnamon Applesauce	1/2 cup Beef Burgundy 1/2 cup Bowtie Noodles 1/2 cup Coin Carrots Wheat Bread Fresh Orange	Grilled Chicken Caesar Salad 1 cup Mixed Greens (3 oz Diced Chicken, Parmesan, Tomato, Croutons) 1/2 cup Pasta Salad WG Dinner Roll 1/2 cup Mixed Fruit		
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Vegetable Lasagna 1 oz Shredded Mozzarella 1 cup Tossed Salad w/ HB Egg Italian Bread 1/2 cup Warm Peach Crisp	Baked Meatloaf w/ 2 oz Gravy 1/2 cup Mashed Potatoes 1/2 cup Cream Corn Wheat Bread 1/2 cup Raspberry Sherbet	BBQ Glazed Turkey Burger w/ 1 oz Cheddar 1/2 cup Green Beans Sandwich Roll Fresh Fruit		
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Salisbury Steak w/ 2 oz Gravy 1/2 cup Cheesy Potatoes 1/2 cup Corn & Pimentos White Bread 1/2 cup Pears	Potato Crusted Fish 1/2 cup Tuscan Mac & Cheese 1/2 cup Italian Green Beans Wheat Bread Fresh Fruit	Chicken Marsala w/ 2 oz Gravy 1/2 cup Bowtie Noodles 1/2 cup Brussel Sprouts Wheat Bread 1/2 cup Mixed Fruit		
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Cheeseburger 1/2 cup BBQ Butterbeans 1/2 cup Macaroni Salad Sandwich Roll Fresh Cantaloupe	1/2 cup Parmesan Chicken over 3/4 cup Lemon Asparagus Pasta 1 cup Tossed Salad w/ Tomato & Dressing Italian Bread 1/2 cup Applesauce	1/2 cup Pot Roast 1/2 cup Whipped Potatoes w/ Gravy 1/2 cup Carrots Wheat Bread 1/2 cup Pears		
<b>31</b>				
	*Menu Subject to Change			

\*\*\* Served daily: Milk and Margarine

Sign up for meals on Copilot (community.copilot21.com) or by calling in to Nancy. Meals are served Mondays - Wednesdays from 11 am - Noon in the drive-thru line by the loading dock on the side of the building. All members are eligible to sign up! Must preregister by 8 am the day prior.