



Memory Care Support at Windy Hill

Upcoming Topics

- **11/2 Stages of the Disease Process**
 - Nicole Schmid, Community Educator
- **11/9 The Brain Tour**
 - Dr. Purvi Patel, WellSpan Gerontology
- **11/16 Approved & Future Treatment Medications**
 - Alaina Onderko, RPh, Minnich's Pharmacy
- **11/23 Building a Care Team**
 - Jennifer Weitkamp, Social Worker YCAA
 - Atty. Jennifer Stetter, Elder Law Attorney, Barley Snyder
 - Alesha Miller, Social Worker, VNA of Hanover & Spring Grove
- **11/30 Telling Others about the Disease**
 - Tammy Miller & Jenna Lawrence, Certified Dementia Practitioners, Windy Hill on the Campus
- **12/7 Maintaining Independence & Care Partner Support**
 - TBA
- **12/14 Emotions, Behavior & Communication - Validation Therapy**
 - Mandy Knight, Country Meadows
- **12/21 Stigma & Advocacy**
 - Kim Korge, Memory Care Coordinator, Cross Keys Village

Sign up online or by calling:
717-225-0733



**WEDNESDAYS
FROM
1 - 2:30 PM**

Purpose

The purpose of this group is to provide a safe & supportive environment for individuals who are living with Alzheimer's disease or a related dementia in themselves or someone close to them, and are in the early stages of the disease. During the meetings there will be education, emotional support, and connections with resources so that group members may live life to the fullest.

Group meeting discussions are confidential. Anything shared during the group will be kept confidential, with the exception of a dangerous or abusive situation.