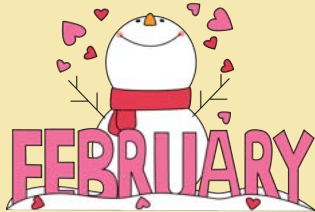




ON TOP OF

# Windy Hill

February 2021



1472 Roth's Church Road, Suite 103  
Spring Grove, PA 17362  
(717)225-0733  
windyhillonthecampus.org  
Email:  
info@windyhillonthecampus.org



Find us on Facebook  
Facebook.com/windyhillotc

## **Windy Hill's Inclement Weather Policy**

Due to current circumstances, Windy Hill will no longer be following Spring Grove Area School District's inclement weather schedule. In the event of inclement weather (Mon – Wed) Windy Hill will make a decision by 5:30 am, the morning of, whether or not we will be providing drive-thru meals. If the decision is made to cancel meals for the day, a message will be located on our phone greeting and also on our Facebook page. In the case of closure, that day's meal will no longer be available. We do have frozen meals available that can be used as emergency meals in the case of closure. If you're interested, please request these meals. Please use proper judgment when deciding whether or not to travel to the center. Even though we are open, it does not mean that our sidewalks and parking lot are completely clear of ice and snow, please be careful!

## **Message from the Director**

February, 2021

Well, at this point, I'm starting to sound like a broken record! Last March 13th when we closed the center, I never imagined in a million years that we would still be closed come February, 2021! It's so hard to believe!

However, we are going to remain optimistic and hope that PA starts rolling out the vaccines so we can be together again! I have been working with the PA Department of Aging and several healthcare providers to request Windy Hill on the Campus be a vaccination site. We would love to have our members get their vaccines here. As soon as we hear anything, we will get the word out to you.

We are also working with AARP to facilitate the tax preparation beginning on Thursday, February 12th. We are going to be doing limited returns, and the process will look quite different. At this point, we will only be doing tax preparation for active members of Windy Hill. To schedule an appointment, please call the center number and press Extension #101. Leave a message, and someone will return your call to schedule an appointment. Please do not call any other extension including the receptionist.

Looking to the future, the staff is working on some programs and events for the Spring. If we are not able to have members in the center, we are still hoping to have some outdoor events like we did last summer. Also, Tracy is working on some trips. In the meantime, we will continue with our take-out lunch service and the virtual programs.

Looking forward to seeing everyone again!  
Tammy Miller

## **Wish List**

We are currently looking for donations of the following items:

**Postage Stamps**  
**Paper Towels**  
**Tissues**  
**Antibacterial Clorox Wipes**  
**Sandwich, Quart and Gallon Zip top bags**  
**Regular Kitchen-sized Trash Bags**

**Windy Hill will  
be Closed:**

**Mon, February  
15th -  
President's Day**



**A sincere thank you goes out to each and every one of you who donated to our center in December. Every item donated, hour volunteered, and dollar donated makes a difference.**

### Monetary Donations

Catherine Arians  
Donald & JoAnn Arnold  
Alice Bortner  
Glenn Bortner  
Dave & Christina Brown  
Rosemary Collins  
Country Meadows  
Mr. & Mrs. James Decker  
Michael & Lori DePorter  
Robert Diehl  
Janice Drew  
Nova Gingerich  
Penny Gordon  
Earl Grissom  
Bill & MaryEllen Gromen  
Margaret Harrison  
Susan Howes  
United Way of Lancaster  
Margie & Sam Leese  
Gerald & Mary Lou Lewis  
Patricia Lobodinsky  
Dixie McMaster  
Terry & Nancy Miller  
Marion Miller  
Mary Morgan  
Merle Raubenstine  
Mt. Zion Lodge #74 OddFellows  
James Senft  
Shirley Shearer  
Shiloh American Legion Post  
#791 Nadine Siar  
Glenn & Lois Snyder  
Bob Strausbaugh  
Bob & Jan Szczechowiak  
Jay Trimmer  
Thomas Uffelman

### Appeals Donations

Bailey's Zero Hazard LLC  
John Basta—In Memory of Rosa Basta  
Larry & Lola Boose  
Judy Brenneman  
Carol Brown  
Dr. Rosemary Cugliari  
Ethel & Donald Donner  
Pete & Kathy Erdman  
Dorothy Hartlaub  
Charles Hoffman  
Beverlyann Hughes  
Phillip & Debra Keener  
Anne & David Loeffler  
Larry & Joan Metzger  
Lee Miller  
Minuteman Press  
Jerry & Molly Morris  
Wayne & Joanne Overmiller  
Byron & Pat Pomraning  
James & Julie Reichard  
Gary Rohrbaugh  
Nadine Siar—In Memory of my  
soulmate Fred Burns  
Linda Six  
Samuel & Becky Spalla  
Spring Grove Lions Club  
Alice Stauffer  
Sandy & Gary Taylor  
Gregory & Denise Trone  
Jeffrey Waybright  
Doris White—  
In Memory of Kenneth "King" White  
Gary & Linda Wildasin

### Item Donations

Alice Bortner  
Glenn Bortner  
Laverne Bortner  
Maryann & Bob Brenneman  
Pat Callahan  
Charlie Crumrine  
Michele & Bill Crumrine  
Cecile Feters  
Jane Funt  
Gynger & Rich & Garrison  
Nova Gingerich  
Brenda & Bob Greiner  
Gerald Groves  
Carolyn Hagan  
Margaret Harrison  
Rick Hill & Ronnee Greenstein  
Don & Dolores Hoover  
Susan Howes  
Linda & Rich Krebs  
Larry Kress  
Margie & Sam Leese  
Gwen Lehr  
Bonnie Luckenbaugh  
Sharon Madenfort  
Jane & Georgia Matott  
Lee Miller  
Ruth Ann & Harold Miller  
Cathy & Gerald Myers  
Nancy & Milton Myers  
John & Phyllis Nace  
Tom & Pat Orndorff  
Gen Reed  
Terry & Don Reichard  
Thelma Russell  
Frank Sheridan  
Brenda Sherman  
Carol E Smith  
Becky & Sam Spalla  
Alice Stauffer  
Phyllis Steiner  
Mike & Pat Strouse  
Nancy Wagner  
Randy & Nancy Walton

### Prayer List

Linda Armstrong	Pauline Diehl	James Senft
Peggy Bender	Larry Grothey	Brenda Shaffer
Alice Bortner	John McMaster	Emily Stewart
Edith Brenneman	Don Mitzel	Richard Stewart
Dale Brillhart	Shirley Mitzel	Clyde Stremmel
Dolores Brillhart	Becky Myers	Wayne Winemiller
Philip Carlise	Cathy Myers	
Mary Coulson	Jane Reinaman	
	Dolores Senft	

*If there is someone you'd like added to the prayer list, please contact Nancy.*



Beck Funeral Home  
Country Meadows  
Darrell Sipe Opticians  
UPMC—Tamara Ramer  
*Also thank you to our anonymous donors. Although your name is not listed, you are appreciated just the same!*

## LiHeap Applications Available

Applications for the Low-Income Home Energy Assistance Program (LIHEAP) are available now.

This program helps low-income families pay their heating bills through the use of grant funds.

Applications can be received from now through April 9, 2021. You do not have to be on public assistance or have unpaid heating bills to qualify.



**Types of Grants Available**  
**Cash Grants**—This is a one-time payment sent directly to your utility company or fuel provider to be credited to your bill. Cash grants range from \$200—\$1,000 and are based on household size, income, and fuel type.

**Crisis Grants**—This is available if you have an emergency situation and are in jeopardy of losing your heat. Crisis grants are awarded as needed during the season until a maximum benefit of \$800 is reached.

In order to qualify your household income must meet the following guidelines :

1 person household—\$19,140  
 2 people household—\$25,860

Applications are available at Windy Hill during business hours  
 online:

[www.compass.state.pa.us](http://www.compass.state.pa.us)  
 Or

Call: 1-866-857-7095

## Tech Resources

**Generations on Line**—Offers FREE help with how to use your tablet or smart phone. [generationsonline.org](http://generationsonline.org) and click on whichever type of device you have: Android, Apple, or Amazon Fire.

**Senior Planet**—Offers help with various topics through free courses and presentations. [Seniorplanet.org](http://Seniorplanet.org)



**Tech Boomers**—Offers 100+ Free courses, technology basics, useful websites, etc. [techboomers.com](http://techboomers.com)



## Hotspots for Rent

Glatfelter Memorial Library is now offering hotspots for rent. These act as wireless internet connections used to connect your devices and access the internet.

Requirements:

-  must have a library card in good standing
-  must present a valid ID and pay the rental fee.

The library system is renting them for \$20 for a four-week checkout (fee and checkout time may change in the future). No holds, no renewals, and they are hand-sanitizing each unit as it comes back in. Contact the library for more information 717-225-3220.

## Windy Hill's Drive-thru Lunch Program

Pick up at our side dock **Monday, Tuesday, and Wednesday from 11 am until noon.** The cost for the lunch for seniors 60 and older is by donation (*recommended donation is \$2.00*). Those 59 and younger pay \$3.75. Windy Hill receives funding through the York County Area Agency on Aging solely based on the members who join us for lunch each day.

Please consider signing up for lunch so that we can be compensated by the Agency on Aging and, thus, support the daily operation of Windy Hill on the Campus.

Please be advised that lunch reservations **must** be made **8 a.m. the day before** you desire to eat lunch. Please remember to cancel your lunch as soon as you realize that you are unable to attend.

## SOLO—Strengthening Older Lives Online

In mid-November the Pennsylvania Council on Aging (PCoA) released an interactive guide with information and resources to help you cultivate a healthy mind, body and spirit during the challenges of the COVID-19 pandemic.

The guide (found on our website under resources) gives resources and examples of how to improve your mental health, spiritual strength, and physical strength.



## February Birthdays

1	Ricky Brandt	10	Deborah Mcmillan	19	Deborah Rentschler
	Jimmy Hughes		Dawn Ness	20	Jerry Morris
	Barbara Rodich		Timothy Putnam		Don Reichard
2	Tyrone Baltimore		Claudette Shear		Dallas Street
	Sharon Finke		Wayne Smeltzer	21	Nick Nixon
	Lil Schuchart		Patricia Stonesifer	22	Amos Strausbaugh
	Shirley Shearer		Phyllis Thoman	23	Gary Allshouse
3	Lewis Fetrow	11	James Biddison		Donald Elicker
	Carolyn Hagan		Esther Easterling		Marie Hollabaugh
	David Hilt		Lucinda Kelly		Harold Luckenbaugh Sr
	Joanne Overmiller		Tana Stambaugh	24	Beverly Moritz
	Bonnie Slagle	12	Donna Long		Wayne Stump
	Linda Sulc		M. Dolores McCormick		Jack Trimmer
4	Stephanie Jacoby		Tina Myers	26	William Jennings
	Nancy Renoll	13	Glenda Funkhouser		Rebecca Spalla
5	Ellen Johnson		Tammy Miller	27	Lester Erlemeier
6	Cletus Dubs		Tina Schaffner		Lori Hall
7	Michael Herrington		Lucinda Sterner		Nancy Hartley
	Nelda Kellenberger		Sandra Welliver		Cheryl Lentz
	Gregory Runk		Gary Wildasin		Bruce Lightner
	Michael Strouse	16	Valetta Baumgardner	28	Susan Platt
8	Cynthia Breeden		Lola Boose		Hanna Triplett
	Dolores Prenger		Gerald Hoover	29	Marilyn Bollinger
	Quentin Stambaugh		Patricia Keister		
	Marsha Stough		Linda Six		
9	Linda Berkheimer	17	Connie Chronister		
10	Theodore Culp III		Mary Martin		
	Joyce Diehl	18	Caroline Capek		
	Darlin Heiner		Rebekah Pulling		

*If we missed your birthday or anniversary, please contact the office at 717-225-0733.*



## Happy Anniversary to...

Jack & Rebecca Thoman  
02/11/1973  
Elaine & George Thomas  
02/14/1991  
James & Rose Ditzler  
02/14/2004  
Patricia Klinedinst &  
Stanley Wakeling  
02/15/2008

Michael & Patricia Strouse  
02/15/1970  
John & Nadine Starner  
02/16/1958  
Marlin & Juanita Routson  
02/18/1967  
Edward & Denise Smith  
02/19/1972

Doris & Gary Grim  
02/23/1969  
Dale & DeEtta Senft  
02/27/1960  
George & Joann Sterner  
02/28/1953






## February Newsletter Sponsor

We need Newsletter Sponsors – Help us to offset the cost of printing our newsletter. For \$25 a month you may dedicate or honor any one or any occasion that you wish. See Nancy at the front desk for more information.

**Jan. Sponsor—Betty Mitchell—In memory of her parents, Cletus & Grace Stough**




**Feb. Sponsor—Lucinda Kelly**



MON	TUE	WED	THU	FRI
<b>1</b> 8...Walking Club 9:30...Rock Steady Boxing <b>10...Virtual Fireside Chat</b> 11...T'ai Chi Chih - ZOOM <b>11-12...Drive Thru Lunch</b> 12:30...Chair Exercise - FB Live	<b>2</b> 9...Silver Sneakers Classic - ZOOM 10...Bible Study - ZOOM <b>11-12...Drive Thru Lunch</b> 4...Board Meeting	<b>3</b> 8...Walking Club 9:30...Rock Steady Boxing <b>11-12...Drive Thru Lunch</b> 12:30...Chair Exercise - FB Live	<b>4</b> <b>9-12...Chair Massage (Appt)</b> 9...Silver Sneakers Classic - ZOOM <b>10...MindMatters Zoom</b> 12:30...Yoga - ZOOM	<b>5</b> AARP Tax Appointments 8...Walking Club 8:30 -1:30...Taxes by Appt. Only 9:30...Parkinson's Class/ Rock Steady Boxing 10...Tap Dance Class - ZOOM
<b>8</b> 8...Walking Club 9:30...Rock Steady Boxing <b>10...Virtual Fireside Chat</b> 11...T'ai Chi Chih - ZOOM <b>11-12...Drive Thru Lunch</b> 12:30...Chair Exercise - FB Live	<b>9</b> 9...Silver Sneakers Classic - ZOOM 10...Bible Study - ZOOM <b>11-12...Drive Thru Lunch</b> <b>1...Council Meeting ZOOM</b>	<b>10</b> 8...Walking Club 9:30...Rock Steady Boxing <b>11-12...Drive Thru Lunch</b> 12:30...Chair Exercise - FB Live	<b>11</b> 9...Silver Sneakers Classic - ZOOM <b>10...Pivot Presents - ZOOM</b> 12:30...Yoga - ZOOM	<b>12</b> AARP Tax Appointments  8...Walking Club 8:30 -1:30...Taxes by Appt. Only 9:30...Parkinson's Class /Rock Steady Boxing 10...Tap Dance Class - ZOOM <b>10...Bingo - ZOOM</b> <b>Pre-Order Soups Date</b>
<b>15</b> 	<b>16</b> Mardi Gras -Soup Sale 9...Silver Sneakers Classic - ZOOM 10...Bible Study - ZOOM <b>11-12...Drive Thru Lunch</b>	<b>17</b> 8...Walking Club 9:30...Rock Steady Boxing <b>11-12...Drive Thru Lunch</b> 12:30...Chair Exercise - FB Live	<b>18</b> <b>9-12...Chair Massage(Appt)</b> 9...Silver Sneakers Classic - ZOOM <b>10...Painting Class -ZOOM</b> 12:30...Yoga - ZOOM	<b>19</b> AARP Tax Appointments 8...Walking Club 8:30 -1:30...Taxes by Appt. Only 9:30...Parkinson's Class/ Rock Steady Boxing 10...Tap Dance Class - ZOOM <b>10...Bingo - ZOOM</b> 
<b>22</b> 8...Walking Club 9:30...Rock Steady Boxing <b>10...Virtual Fireside Chat</b> 11...T'ai Chi Chih - ZOOM <b>11-12...Drive Thru Lunch</b> 12:30...Chair Exercise - FB Live	<b>23</b> 9...Silver Sneakers Classic - ZOOM 10...Bible Study - ZOOM <b>11-12...Drive Thru Lunch</b>	<b>24</b> 8...Walking Club 9:30...Rock Steady Boxing <b>11-12...Drive Thru Lunch</b> 12:30...Chair Exercise - FB Live	<b>25</b> 9...Silver Sneakers Classic - ZOOM <b>10...Virtual Book Club - ZOOM</b> 12:30...Yoga - ZOOM	<b>26</b> AARP Tax Appointments 8...Walking Club 8:30 -1:30...Taxes by Appt. Only 9:30...Parkinson's Class /Rock Steady Boxing 10...Tap Dance Class - ZOOM
<i>Activities may change as local conditions warrant. Check with the office if you have any questions.</i>		Fitness Room open M-Th 8:30 - 10 am/ 11:30 - 2:00 pm Make an appointment with Nancy for a 30 min time slot.		<i>In the event of inclement weather (Mon – Wed) Windy Hill will make a decision by 5:30 am whether or not we will be providing drive-thru meals. Check Facebook or call in for the message.</i>



## February 2021 Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 1 Hot Dog w/Kraut 1/2 c Cheesy Potatoes 1/2 c Green Beans Hot Dog Roll Fresh Fruit	February 2 Lasagna w/Meat Sauce Topped w/Mozzarella 1 c Tossed Salad w/Cucumber Breadstick 1/2 c Diced Peaches	February 3 1 c White Chicken Chili 1 c Tossed Salad w/Tomato 1/2 c Baked Potato w/Margarine WG Mini Biscuit Cookie	February 4	February 5
February 8 1/2 c Sloppy Joe 1/2 c Ranch Seasoned Potatoes 1/2 c Green Beans WG Sandwich Roll 1/2 c Mandarin Oranges	February 9 Country Fried Chicken w/ 2 oz Creamy Gravy 1/2 c Whipped Potatoes 1/2 c Mixed Vegetables Wheat Bread Fresh Fruit	February 10 1/2 c Harvest Alfredo Chicken over 3/4 c Bowties 1 c Tossed Salad w/Tomato Italian Bread 1/2 c Pineapple Tidbits	February 11	February 12
February 15 <b>Center Closed</b>  <b>Presidents Day</b>	February 16 <b>HOLIDAY SPECIAL!</b> Chicken Rosa - 1 Each Baked Potato w/Sour Cream 1/2 c Sweet Peas & Onions Dinner Roll 1/2 c Strawberry Fluff	February 17 Salisbury Steak w/ 2 oz Onion Gravy 1/2 c Cabbage & Noodles 1/2 c Diced Carrots Wheat Bread 1/2 c Pineapple Delight	February 18	February 19
February 22 Smokey BBQ Burger Topped w/ Cheddar, BBQ Sauce, Crispy Onions Broccoli Salad Sandwich Roll Fresh Fruit	February 23 Sweet & Sour Pork Loin 1/2 c Blended Rice Pilaf 1/2 c Green Beans WG Dinner Roll 1/2 c Mixed Fruit	February 24 1 c Chicken & Biscuit 1/2 c Pepper Slaw WG Buttermilk Biscuit 1/2 c Warm Peaches	February 25	February 26
				

\*\*\* All meals are subject to change \*\*\*  
\*\*\* Served daily: Milk and Margarine

### Looking for Purpose? Have a lot to say but not seeing folks to say it to?

As this Covid Chaos drags on (and on), we at Windy Hill have seen the growing need for conversation and a cheerful voice among our members. Starting in February, we are implementing a "Reach out and Cheer Someone up" Program.

We are looking for volunteers willing to make a few phone calls a week to cheer up some of our more isolated members to just check in, or tell them a joke, or make fun of Tracy's hats or rave about how marvelous Windy Hill's staff is... If you feel like you would enjoy having someone give you a call once a week, also let us know. We all need our Windy Hill family to lean on from time to time! **If you are interested, please contact the office and let us know!**

### Income Tax Appointments

AARP will again use our Center to do income tax preparation. The preparation will be as contact-free as possible. Appointments will be made for active members only. Your initial appointment will be to drop off your documents only; preparers will arrange a second appointment to pick up the completed returns.

Contact the Center and choose extension 101 to leave a message. Someone will call you back to set the appointment. This is the only way to schedule an appointment.

### Mind Matters: Sayings & Phrases

Thursday, February 4th at 10 am

**Zoom ID: 844 6789 7676**

**Passcode: 1472**

**Mardi Gras Soup Fundraising Sale** – The Staff at Windy Hill is pleased to offer for sale our very best soup ever made; and on Fat Tuesday so you can eat a whole lot of it! Pre-orders due by February 12, pick up on Tuesday, February 16<sup>th</sup> between 11 am – noon. \$8 a quart. Chicken Corn Noodle Soup & Vegetable Soup. Contact the office to pre-order.

### Chair Massages

Randy Walton will be available on Thursday, **February 4th** AND Thursday, **February 18th** from 9 to noon to provide 15-minute chair massages.

Have arthritis, swollen fingers? Randy does hand massages too, just ask! Cost is \$10 and pre-registration and payment are required. \$20 for 30 minutes. Contact Nancy for a spot or use the sign up links on our website and in the eNews.

### Painting with Pat Zoom Class



**Thursday, February 18; 10 a.m.**

Tune in rain (or snow) or shine to try your hand at an adorable gnome painting. Art kits will be available for purchase at the main office. They will include a hard canvas, primary color paints, and brushes. \$10. Contact Nancy to arrange pick up of the kit. Pat Isch has been teaching folks to paint for many years. She's the perfect teacher to help aspiring or experienced painters express their creativity.

**Zoom ID: 843 3564 5505**  
**passcode 1472**

### Welcome New Members!

Gary & Matilda Flory  
Donald & Darlene Rodgers  
James & Jane Stambaugh



### Fireside Chats with Tracy

Remember when we all came into the center and gathered around the tables in the Café? I miss them too. So let's recreate them the best we can by zooming in on Mondays with Tracy to catch up on our week. If you'd like to borrow an iPad, please let the office know.

**Zoom ID: 816 0663 6645**

**Passcode: 1472**



## Fitness News

### Fitness Insurance Updates:

Anyone whose Silver & Fit or Silver Sneakers program has changed or those who now have United Healthcare's ReNew Active please notify Nancy to provide your new ID number.



### Fitness Programs at Windy Hill Currently Available through Zoom or Facebook Live

**Please note all Zoom classes will require a passcode the passcode for all classes hosted by Windy Hill is 1472. Other instructors may have different passcodes which are provided to you with their class information.**

As we are offering all of our fitness classes in the virtual format, we are again in need of donations to continue paying our instructors. If you currently utilize our fitness programs on Zoom or Facebook Live, consider giving.

Checks can be sent to the office with the notation "Fitness Class" in the memo area. Thank you!

[Facebook.com/windyhillotc](https://www.facebook.com/windyhillotc)

### Fitness Classes:

#### **Mondays:**

**8:00** Walking Club

**9:30** Shadow Boxing with Lori DePorter –

Zoom ID#327 891 3252 passcode 4xuDHP

**11:00** T'ai Chi Chih with Jack W - Facebook Live &

Zoom—ID: 814 3316 9989 passcode 1472

**12:30** Chair Exercise with Risa – Facebook Live

#### **Tuesdays:**

**9:00** Silver Sneakers Classic with Tracy Schuman

Zoom ID#821 3661 1618 passcode 1472

#### **Wednesdays:**

**8:00** Walking Club

**9:30** Shadow Boxing with Lori DePorter –

Zoom ID#327 891 3252 passcode 4xuDHP

**12:30** Chair Exercise with Risa – Facebook Live

#### **Thursdays:**

**9:30** Silver Sneakers Classic with Tracy Schuman –

Zoom ID#821 3661 1618 passcode 1472

**12:30**—Yoga 101 with Lori Houck-Ruffner

Zoom ID#827 1847 4772 passcode 1472

#### **Fridays:**

**8:00** Walking Club

**9:30** Shadow Boxing with Lori DePorter

Zoom ID#327 891 3252 passcode 4xuDHP

**10:00** Tap Dance with Charlee

\*The fitness room is open Monday – Thursday from 8:30 a.m.—2:30 p.m. Appointments may be made by contacting Nancy at 717-225-0733 ext 100.

### Sam from Pivot

presents **"Benefits of Cardiovascular Exercise for Seniors:  
10 Keys of Healthy Aging"**




**Thursday, February 11<sup>th</sup>; 10 a.m.**

Zoom meeting information will be available the week before the presentation. Contact Nancy for more information and to pre-register.



**February's Council Meeting**  
**Tues., February 9th at 1 pm** on Zoom  
& Facebook Live  
Zoom ID: **829 6776 4619**  
Passcode: **1472**

Are you a veteran or do you know any veterans? rabbittransit partners with 3P Ride, a non-profit organization, to offer various types of veteran transportation. One program offers transportation to local VA hospitals. This service is offered Monday through Friday and is no cost to veterans within Adams, Columbia, Cumberland, Dauphin, Montour and York Counties. If interested, call 1-800-632-9063 and press option 4.

To read more about veteran's transportation, please visit  
  
<https://3p-ride.org/veteran-transportation/>

### **Chair Massages**

Randy Walton will be available on **Thursday, February 4<sup>th</sup> AND Thursday, February 18<sup>th</sup>** from 9 am to noon to provide 15-minute chair massages. Have arthritis, swollen fingers? Randy does hand massages too, just ask! Cost is \$10 and pre-registration and payment are required. Contact Nancy for a spot or sign up through the link in the eNews or on our website.

### **"Will You Be My Valentine?" Bingo**

For February we are sharing the love with BINGO! Same as January, we are going to play Virtual Bingo with home printed cards. If you do not have access to a printer, there will be printed cards available at Take out Lunches. Got to <https://appzaza.com/bingo-number-generator> and print out your free bingo cards. Then Zoom in on **Friday, February 12<sup>th</sup> and 19<sup>th</sup>** at 10 a.m. to hear the numbers called. We will play 20 games, the winners of each of the 20 games will then compete in the 21<sup>st</sup> game. Winner will be mailed a \$20 Gift Card. **Valentine's Twist ~ The winner of the last game will share the Love**



### **Prayer Group Tuesdays – Sowing seeds with Nancy**

Looking for your weekly inspiration? Join us for weekly Bible discussion, prayer and fellowship. This group will meet via Zoom on Tuesday at 10 am. Nancy Wagner will lead the discussion.

*You  
inspire  
Me!*

Zoom ID: **893 5301 5178**  
passcode **1472**

### **The Windy Hill Book Club is back!** **Thursday, February 25<sup>th</sup> at 10 am on Zoom**

The Curious Charms of Arthur Pepper  
by Phaedra Patrick

Sixty-nine-year-old Arthur Pepper lives a simple life. He gets out of bed at precisely 7:30 a.m., just as he did when his wife, Miriam, was alive. He dresses in the same gray slacks and mustard sweater vest, waters his fern, Frederica, and heads out to his garden. But on the one-year anniversary of Miriam's death, something changes. Sorting through Miriam's possessions, Arthur finds an exquisite gold charm bracelet he is never seen before. What follows is a surprising and unforgettable odyssey that takes Arthur from London to Paris and as far as India in an epic quest to find out the truth about his wife's secret life before they met--a journey that leads him to find hope, healing and self-discovery in the most unexpected places.

The Glatfelter Memorial Library will bring a limited number of books to the center, if you have an ereader or tablet, it is recommended that you set up a Hoopla account and borrow the book electronically. Contact the center if you need assistance. The Library will be hosting a Zoom with the Author that readers are invited to join. The meeting ID will be announced at the book meeting. Check out oboc.org for more information.

**Zoom Meeting ID: 868 9917 2072**  
**Passcode 1472**

**and pick another player from that day to get a second \$10 Gift Card!** Playing is FREE! Call Jenna or Tracy to pick up cards.

**Zoom Meeting ID: 835 2208 1494**  
**Passcode 1472**



US Postage

1472 Roth's Church Road, Suite 103,  
Spring Grove, PA 17362 | 717-225-0733

**Mission: The mission of Windy Hill on the Campus is to create a community of people dedicated to learning, growth, mutual support and social interaction.**

### 2021 Board of Directors

President - Sandy Sferrella-Taylor  
Vice President - Dave Brown  
Secretary - Tamara Ramer  
Treasurer - Tom Uffelman

### Directors

Dr. Terry Lehr  
Brenda Flory  
Michael Robinson  
Claudette Shear  
Chris Stock  
Dr. Dave Dietrich  
Laura Beck  
Pat Lobodinsky  
Atty. Jennifer Stetter

### Windy Hill Staff Members

	Ext.	Email Address
Risa Anderson - Programming Assistant	105	anderr@windyhillonthecampus.org
Jenna Ericson - Asst. Director of Operations, Marketing & HDMs	104	ericsonj@windyhillonthecampus.org
Tracy Haper - Asst. Director of Programming	102	hapert@windyhillonthecampus.org
Tammy Miller - Executive Director	103	millert@windyhillonthecampus.org
Nancy Wagner - Administrative Assistant / Receptionist	0	info@windyhillonthecampus.org
Sharon Madenfort—Food Services Coordinator		

**DARRELL M. SIPE**  
Opticians and Hearing Aids

**Thank you to our Sponsors!**

**PIVOT** **UPMC**  
PHYSICAL THERAPY Pinnacle  
Hanover

**Minnich's**  
EST. 1946  
PHARMACY  
Your Health Advocates.

**M1<sup>st</sup>** MEMBERS 1<sup>st</sup>  
FEDERAL CREDIT UNION

**Encompass**  
Health

**BECK**  
FUNERAL HOME  
& CREMATION  
SERVICES, INC.  
Visiting Nurse Association of Hanover & Spring Grove  
**Ma**  
For Us, It's Personal