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<p><i>Mon / Wed - Open Gym - 60+ Basketball 8:30-10</i> *** <i>Wednesdays - Breakfast in the Cafe 8:30-9:30</i> *** GLATCO Credit Union Mini Branch Open Thursdays 9:30-11:30 am</p>	<p><i>Daily</i> 8:30-11:00 - Coffee Bar 8:30-2:30 - Fitness Room 8:30-2:30...Pool Room 11:30 - Pick Up Lunch 12 - Congregate Lunch</p>		<p><b>1</b> 8 &amp; 9...Silver Sneakers Classic 8:30-12...Chair Massage by appt. 10...Speaker Scott Mingus 11...Chair Volleyball 12:30...Yoga 1...Pickleball</p>	<p><b>2</b> 9...Quarter Bingo 9...Parkinson's Class 9:45...Walking Club 10...Drumming Exercise 10:30...Cardio Boxing 11...Chair Exercise</p> 
<p><b>5</b> <i>Center Closed for</i> </p>	<p><b>6</b> 8 &amp; 9...Silver Sneakers Classic 10...Word Link 10...500 Card Game 10...Beginners Line Dancing 11...Line Dancing 11...Chair Volleyball 1...Pickleball</p>	<p><b>7</b> 9...Chair Yoga 9:45...Walking Club 10...Overcome your Overthinking 5 &amp; 6 10...Bob Hollister Meet &amp; Greet 10...Card games w/Rick 11...Chair Exercise</p>	<p><b>8</b> 8 &amp; 9...Silver Sneakers Classic 9:30...Quilts for Kids 10...Pinochle 10...Craft Centerpieces w/ Holly 11...Chair Volleyball 12:30...Yoga 1...Pickleball</p>	<p><b>9</b> 9...Quarter Bingo 9...Parkinson's Class 9:45...Walking Club 10...Drumming Exercise 10...Tap Dance Class 10:30...Cardio Boxing 11...Chair Exercise</p> 
<p><b>12</b> 9...T'ai Chi Chih 9...Chair Yoga 9:45...Walking Club 10...Council Meeting/ Open House with Kirk Folk 11...Chair Exercise 5...Quilts for Kids <b>Pop-up Produce Market</b></p> 	<p><b>13</b> 8 &amp; 9...Silver Sneakers Classic 10...Jeopardy vs. White Rose Senior Center 10...500 Card Game 10...Beginners Line Dancing 11...Line Dancing 11...Chair Volleyball 1...Pickleball 1...Ballroom Dancing</p>	<p><b>14</b> <i>Leo's Breakfast</i> 8:30-9:30...Leo's Breakfast 8:30...Health Checks 9...Chair Yoga 9:45...Walking Club 10...Overcome your Overthinking 7 &amp; 8 10...Card games w/Rick 11...Chair Exercise</p>	<p><b>15</b> 8 &amp; 9...Silver Sneakers Classic 10...Painting with Pat 10...Pinochle 11...Chair Volleyball 12...Ice Cream Social w/ Rep. Grove &amp; Sen. Phillips-Hill 12:30...Yoga 1...Pickleball</p> 	<p><b>16</b> 9...Quarter Bingo 9...Parkinson's Class 9:45...Walking Club 10...Drumming Exercise 10...Tap Dance Class 10:30...Cardio Boxing 11...Chair Exercise</p> 
<p><b>19</b> 9...T'ai Chi Chih 9...Chair Yoga 9:15...Dime Bingo 9:45...Walking Club 10...Support Squad 10...Scrapping w/ Bev 11...Chair Exercise</p> 	<p><b>20</b> 8 &amp; 9...Silver Sneakers Classic 10...Now You Have It... 10...500 Card Game 10...Beginners Line Dancing 11...Line Dancing 11...Chair Volleyball 1...Pickleball 1...Ballroom Dancing</p>	<p><b>21</b> 9...Chair Yoga 9:45...Walking Club 10...<b>End of Summer Ball</b> 10...Card games w/Rick 11...Chair Exercise</p>	<p><b>22</b> 8 &amp; 9...Silver Sneakers Classic 10...Watercolor w/ Katie 10...Pinochle 10...Book Club 11...Chair Volleyball 12:30...Yoga 1...Pickleball</p>	<p><b>23</b> 9...Quarter Bingo 9...Parkinson's Class 9:45...Walking Club 10...Drumming Exercise 10...Tap Dance Class 10:30...Cardio Boxing 11...Chair Exercise</p> 
<p><b>26</b> 9...T'ai Chi Chih 9...Chair Yoga 9:45...Walking Club 10...Video - The Science of Natural Healing 11...Chair Exercise</p> 	<p><b>27</b> 8 &amp; 9...Silver Sneakers Classic 10...Open Mic 10...500 Card Game 10...Beginners Line Dancing 11...Line Dancing 11...Chair Volleyball 1...Pickleball 1...Ballroom Dancing</p>	<p><b>28</b> 9...Chair Yoga 9:45...Walking Club 10...Overcome your Overthinking 9 &amp; 10 10...Card games w/Rick 11...Chair Exercise</p>	<p><b>29</b> 8 &amp; 9...Silver Sneakers Classic <b>10...Birthday/Anniversary Party fea. Keil Holland</b> 10...Pinochle 11...Chair Volleyball 12:30...Yoga 1...Pickleball</p> 	<p><b>30</b> 8:30...Blood Pressure Checks 9...Quarter Bingo 9...Parkinson's Class 9:45...Walking Club 10...Drumming Exercise 10...Tap Dance Class 10:30...Cardio Boxing 11...Chair Exercise</p> 

\* Activities may change if conditions warrant.