



MON	TUE	WED	THU	FRI
<p>Fitness Room open M-Th 8:30 - 2:30 pm. 4 people max. Make an appointment with Nancy for a 30 min time slot.</p> <p><i>Mon / Wed - Open Gym - 60+ Basketball 8:30-10</i></p>	<p><u>In Person - Call to sign up</u> T'ai Chi Chih - 8 people Silver Sneakers - 20 people Chair Exercise - 20 people Yoga - 8 people Parkinson Class - 8 people Walking Club - Inside 10/Outside No Limit Classes will also Zoom or FB Live</p>		<p><b>1</b></p> <p>9-12...Chair Massage (Appt) 9...Silver Sneakers Classic (20) 10...Lifelong Learning (20) 12:30...Yoga (8)</p>	<p><b>2</b></p> 
<p><b>5</b> <b>Wear your Easter Bonnet</b></p> <p>9...Walking Club <b>9...Lucky Bingo \$(20)</b> 9:30...Rock Steady Boxing <b>10...Chair Exercise (20)</b> 11...T'ai Chi Chih (8) 11...Drive Thru Lunch</p>	<p><b>6</b></p> <p>9...Silver Sneakers Classic (20) <b>10...Pickleball \$</b> 11...Pastels w/Sara - ZOOM 11...Drive Thru Lunch <b>1...Pickleball 60+ \$</b></p>	<p><b>7</b></p> <p>9...Walking Club <b>9...Word Link (20)</b> 9:30...Rock Steady Boxing <b>10...Civil War Program Zoom (20)</b> 11...Drive Thru Lunch 12:30...Chair Exercise (20)</p>	<p><b>8</b></p> <p>9...Silver Sneakers Classic (20) 10...Pivot Presents "Parkinsons" (20) 12:30...Yoga (8) <b>1...Pickleball 60+ \$</b></p>	<p><b>9</b> AARP Tax Appointments</p> <p>9...Walking Club 8:30 -1:30...Taxes by Appt. Only 9:30...Parkinson's Class /Rock Steady Boxing (8) 10...Tap Dance Class - ZOOM</p> <p style="text-align: center;"><b>Food Truck Event</b></p>
<p><b>12</b></p> <p>9...Walking Club <b>9...Bird House Decorating \$(20)</b> 9:30...Rock Steady Boxing <b>10...Chair Exercise (20)</b> 11...T'ai Chi Chih (8) 11...Drive Thru Lunch <b>1...Council Meeting (20)</b> 5...Quilts for Kids</p>	<p><b>13</b></p> <p>9...Silver Sneakers Classic (20) 10...Bible Study (8) <b>10...Pickleball \$</b> 11...Pastels w/Sara - ZOOM 11...Drive Thru Lunch <b>1...Pickleball 60+ \$</b></p>	<p><b>14</b></p> <p>9...Walking Club <b>9...Trivia Game (20)</b> 9:30...Rock Steady Boxing <b>10...Civil War Program Zoom (20)</b> 11...Drive Thru Lunch 12:30...Chair Exercise (20)</p>	<p><b>15</b></p> <p>9-12...Chair Massage(Appt) 9...Silver Sneakers Classic (20) 10...Painting Class -ZOOM 12:30...Yoga - ZOOM (8) <b>1...Pickleball 60+ \$</b></p>	<p><b>16</b></p> <p>9...Walking Club 9:30...Parkinson's Class/ Rock Steady Boxing (8) 10...Tap Dance Class - ZOOM <b>10...Bingo \$ (35)</b></p>
<p><b>19</b></p> <p>9...Walking Club <b>9...Mind Matters (20)</b> 9:30...Rock Steady Boxing <b>10...Chair Exercise (20)</b> 11...T'ai Chi Chih (8) 11...Drive Thru Lunch</p>	<p><b>20</b></p> <p><b>8:30...Coffee on the Patio</b> 9...Silver Sneakers Classic (20) <b>10...Pickleball \$</b> 11...Drive Thru Lunch <b>1...Pickleball 60+ \$</b></p>	<p><b>21</b></p> <p>9...Walking Club <b>9...Pokeno Game (20)</b> 9:30...Rock Steady Boxing <b>10...Civil War Program Zoom (20)</b> 11...Drive Thru Lunch 12:30...Chair Exercise (20)</p>	<p><b>22</b></p> <p><b>8:30...Coffee on the Patio</b> 9...Silver Sneakers Classic -(20) <b>10...Spring Into Spring Concert w/Tom Shultz</b> 12:30...Yoga - ZOOM (8) <b>1...Pickleball 60+ \$</b></p>	<p><b>23</b></p> <p>9...Walking Club 9:30...Parkinson's Class /Rock Steady Boxing (8) 10...Tap Dance Class - ZOOM <b>10...Bingo \$ (35)</b></p>
<p><b>26</b></p> <p>9...Walking Club <b>9...Parkinson's Presentation(20)</b> 9:30...Rock Steady Boxing <b>10...Chair Exercise (20)</b> 11...T'ai Chi Chih (8) 11...Drive Thru Lunch</p>	<p><b>27</b> <b>Wind Creek Casino</b></p> <p><b>8:30...Coffee on the Patio</b> 9...Silver Sneakers Classic (20) <b>10...Pickleball \$</b> 10...Bible Study (8) 11...Drive Thru Lunch <b>1...Pickleball 60+ \$</b></p>	<p><b>28</b></p> <p>9...Walking Club <b>9...Family Feud (20)</b> 9:30...Rock Steady Boxing <b>10...Jeri Jones Zoom Presentation</b> 11...Drive Thru Lunch 12:30...Chair Exercise</p>	<p><b>29</b></p> <p><b>8:30...Coffee on the Patio</b> 9...Silver Sneakers Classic (20) 10...Virtual Book Club (8) 12:30...Yoga (8) <b>1...Pickleball 60+ \$</b></p>	<p><b>30</b></p> <p>9...Walking Club 9:30...Parkinson's Class/ Rock Steady Boxing (8) 10...Tap Dance Class - ZOOM <b>10...Bingo \$ (35)</b></p>