

Windy Hill on the campus

where life, learning, and generations connect

1472 Roth's Church Rd,
Suite 103,
Spring Grove, PA 17362
(717) 225-0733

Normal Business Hours:
Monday through Friday
8:30 AM - 2:30 PM

Driver's Safety

Tuesday, July 30th
8:30am through 12pm

Windy Hill on the Campus will be hosting a Driver's Safety course instructed by Officer Kevin Mengel of the Northern York County Regional Police Department.

Sign up in the office to attend. You will need to provide your driver's license number to receive a certificate.

All participants who complete this course will receive a certificate that each participant will need to send to their auto insurance for a discount.

Food Trucks on the Campus

Friday, July 26th
3:30—7 pm

Windy Hill & Spring Grove Parks & Rec have come together again to have a food truck event; this time right in front of Windy Hill. Come out to show your support, and grab dinner and/or dessert.

Windy Hill will be Closed:
Thursday, July 4, 2024
In observance of
Independence Day

Please do not park in the fire lane or coned off spaces reserved for child pickup. Thank you!

Volume 3, Issue 7

July 2024

Coffee & Discussion: Building Update

Monday, July 1st at 10 am



Join us for our monthly **Coffee & Discussion time**. This will be a time to socialize with staff and members to learn more about the behind-the-scenes of our organization. We'll also be including a building update during this meeting. This is a wonderful way to stay connected to the mission and vision of Windy Hill.

UPMC
LIFE CHANGING MEDICINE

The Power of Plants

Wednesday, July 17th at 10 am

Join UPMC staff to learn more about the incredible power found within plants to help fight the root causes of many illnesses. This is a presentation you won't want to miss! Sign up on Copilot for "Health Speaker" to let us know you'll be joining us.

Intergenerational Chair Volleyball

Thursday, July 18th at 11am



The Youth Group from CABC (Christ's American Baptist Church) will be joining us for our fun & friendly Chair Volleyball group. Sign up on Copilot for "Intergenerational" to let us know you'll be joining us.



Legacy: Leave Yours at Windy Hill

How do you envision being remembered once you've passed on? At Windy Hill on the Campus, we're deeply thankful for our members whose regular contributions enable us to offer top-notch programs and services at minimal or no cost. Our heartfelt gratitude goes out to those who've made financial pledges to support us consistently.

Are you interested in helping Windy Hill on the Campus sustain its mission of serving the senior community well into the future? If you haven't yet, we encourage you to consider including Windy Hill Senior Center in your will or naming us as a beneficiary. Remember, you do not need to possess great wealth to leave a legacy gift that ensures the future of Windy Hill.

There are numerous ways to leave your mark long into the future: from a monetary donation to our Endowment Fund, to naming Windy Hill as the beneficiary of a life insurance policy, or transferring assets like stocks, bonds, or setting up a charitable gift annuity.

In conjunction with our facility's renovation, we're excited to unveil a Legacy Wall where we will recognize members who choose to provide a planned gift. Your generosity will be recognized and cherished for generations to come. For additional details or to inform us about your planned gift, please contact Tammy Miller at millert@windyhillonthecampus.org.

Stay Connected:
windyhillonthecampus.org



Email: info@windyhillonthecampus.org
Facebook: [Facebook.com/windyhillotc](https://www.facebook.com/windyhillotc)



Donations

Thank you to those listed below and the anonymous donors who made donations during the month of **May**. Your support of our mission is truly appreciated.

Monetary Donations

Smokey & Patty Barley
Joan Book, *in memory of*
Mariane & Peter Book
Earl Bortner
Patricia Broadhurst-Stone
Karen Calandrelle
Community Aid, Inc.
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Mike & Deb Gardner
Paula Glassman
John Hall
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Dominique Jones
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James & Sandra Miller

Ronald & Jill Priebe
Gen Reed
Thelma Russell
Gene & Marilyn Saul
Carol E Smith
Dan Waltersdorff

Item Donations

Vicky Anderson
Deborah Baral
Gail Baumgardner
Maryann Beaver
Ed Bubb & Susan Mayer
Rosemary Dow
Hal & Kay Edris
John & Deb Freed
Hazel Hamme

Cordelia Harrold
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Roxanna Snyder
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Mark Staub
Rachael Stine
Bob & Jan Szczechowiak
Jack & Rebecca Thoman
Nancy Wagner
Jeffrey Waybright
John Weaver
Paul & Darlene Webb
Richard Ziegler
**Give Local York donors
start on page 4**

Windy Hill Membership

Membership to Windy Hill is **FREE** and open to **active, independent Spring Grove & surrounding community members ages 60+**. Visit our website for more information: windyhillonthecampus.org, stop in for a tour, or call 717-225-0733. *We look forward to meeting you!*

Copilot from Home

Did you know you can preregister for lunches and activities on Copilot from home? Visit community.copilot21.com, enter your email address and use your Copilot ID as the password.

This will only work if we have your email address on file. If you do not have your email address on file, please see a WH staff member to have them enter this information so you can access this from home.

Children Visitors

According to our member handbook, "Members are not permitted to bring their children/ grandchildren [to the center] unless for a specific program or prior permission has been obtained from staff." We ask that all members abide by this rule. Although we appreciate and see the benefit of intergenerational programs, they are not a daily occurrence at our center. A copy of the member handbook can be found in our office and online.

Wish List

Disinfectant Wipes*
Tissues*
Toilet Paper
Paper Towels*
13 Gallon Garbage Bags*
Bottled water
Sticks of butter (salted)*
Heavy Duty dessert size plates (6-8 inch)*
Cans of soda: Coke, Diet Coke, Pepsi, Diet
Pepsi, Sprite, Orange, Root Beer*
Snacks & Chocolate for vending machines*



Postage Stamps*
Hand Soaps
Printer paper
Sandwich-sized Ziplock bags
Gallon-sized Ziplock bags*
Dawn Dish Soap*
Snacks to share for parties & bingo

***Denotes items of greater need.**

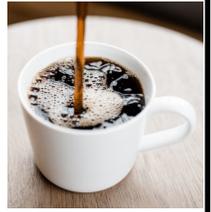
Join Us for Breakfast!

Breakfast in the Café is now available **Monday & Wednesday** mornings from **8:30 to 9:30 am**. Currently, we are offering egg sandwiches with bacon, cheese or sausage for \$2 and fruit & yogurt parfaits for \$2. **Sign up is located on the clipboard on the table in the Café.**
Payment due upon receipt.



Coffee Bar

Mondays - Fridays
from 8:30 am - 11 am
Coffee, hot tea, and hot chocolate are available for purchase during our coffee bar hours. **The cost is 50 cents per 12 oz. cup.**
Please place your payment by the register.



Join Us for Lunch!

Lunch is served Monday through Friday at noon in our cafeteria. All members are encouraged to take advantage of our lunch program. **Windy Hill's only funding received from the county is based on the number of members who eat meals each day.**

Grab & Go Meals to take home are available in the office **Monday through Friday from 11:30 am—noon**. Grab & Go Meals will be held for those who preregistered until noon, unless we are notified that you will be late to arrive. Those who wish to participate in our lunch program must **preregister by using Copilot or by leaving a message on extension 105** with your name, the dates you would like to join us for lunch and if you'd like grab & go or dine-in. Registration is required two days before you plan to join us.

There is **no charge** for lunch here at Windy Hill, but donations are appreciated and encouraged. *Our lunch program is an important part of what makes Windy Hill such a special place. **Please consider your part in donating today!***



Lucky Lunch

Monday - Friday at 12:15 pm

All active members within the past year are in the drawing to win, but **only those who pay 50 cents and join us for lunch (Regular or Grab & Go) will be eligible to win!** *Sign up in the dining room at the back table.*

Welcome New Members!

- | | |
|--------------------|--------------------|
| Teresa Altland | Steven E Kopp |
| Judy A Bakk | Marylou Krummeck |
| Bette Ann Becker | Ralph W Laughman |
| Donald R Brewer | Jody A MacAvoy |
| Paula A Calabrese | Virginia M MacAvoy |
| Christine B Dillen | Larry S Phillips |
| Emma L Ely | Linda S Phillips |
| William J Ely | Gretchen A Smith |
| Cindy L Freet | Patricia L Ulrich |
| Sharon L Hess | Donald L Wolfe |
| John F Hess | |
| Rosalie M Joy | |
| Sarah J Kopp | |

- Barry Anderson
Audrey Bierley
Delores Brillhart
Philip Carlise
Rick & Alma Dibble
Marlene Eline
Hilda Grothey
Loretta Hamme
Pat Hoff
Dolores Hoover
Anne Jones

Prayer List

- Thomas Leese
Charley Males
Shirley Mitzel
Ella Murphy
Norman Platt
Thelma Russell
Holly Senft
Shirley Sheaffer
Brenda Shaffer
George Smith

Carol Sollenberger
George Turner



If there is a member you'd like added to the prayer list, please contact Nancy.

Memorials

- Mary Ellen Gochenauer - 6/6
John Basta - 6/10
Bruce Lightner - 6/11
Dean Artz - 6/13
Randy Senft - 6/15
Willie Eastwood - 6/17



The families & loved ones of these members are in our thoughts and prayers.

In an effort to inform our Windy Hill family of the passing of our members, we will now be placing names of those who we're aware have passed in our monthly newsletter. Please let Nancy know if we missed someone. Thank you.

July Newsletter Sponsors:

Sponsored by:

Joann Rohrbaugh & families- *In Memory of Marlet Rohrbaugh 1938-2014 . Loving Husband & Father*

Bud & Wendy Bubb- *In Memory of our son-in-law Brent Amspacher*

We need newsletter sponsors each month. *Help us to offset the cost of printing our newsletter. The cost is \$25 each month that you choose to dedicate or honor anyone or any occasion that you wish.*

Contact Nancy for more info.

HELLO!

Thank You to our Give Local York Donors!

This year was another record-breaking year for Windy Hill's 7th Annual Give Local York campaign! Thanks to you, we were able to exceed our goal once again and raise over **\$67,000** from **314** donors! Thank you to the donors listed below, the anonymous donors, and the volunteers who helped to make this event such a success!

Charles Albert
 Larry & Carolyn Albright
 Sandy & Marty Albright
 William & Deborah Allen
 Peg & Bill Altland
 Barry & Risa Anderson
 Ute Anderson
 Linda Armstrong
 Rudy Aukschun
 Janice Bafford
-In memory of Merle Raubenstine
 Bailey Family of Companies
 Mary Lou Ball
 Robert & Judy Barnhart
 Randal & Donna Barshinger
 Robin Barton
 Wayne & Peg Baublitz
 Karen & Kevin Baum
 Gail Baumgardner
 Chris & Laura Beck & Family
 Vicki Becker
 Margaret & Robert Bennett
 Steve & Susan Besecker
 Bev Bish
 Eugene & Fran Bixler
 Barry & Jane Black
 Randy & Kris Blasdell
 Gean Blemings
-In honor of Volunteers
 Joan Book
-In memory of Mariane & Peter Book
 Lola Boose
 Alice Bortner
 Glenn Bortner
-In memory of Darlene M. Bortner
 Mark & Patricia Bortner
 Paul & Violet Bortner
 Carol Bowers
 Winifred Bradley

Bob & Maryann Brenneman
 Judy Brenneman
 Dave & Tina Brown
 Bud & Wendy Bubb
 Saul Bund
 Steven & Sally Bushey
 Maurene & James Butterworth
 Pat Callahan
 Cindy Christensen
 Church & Dwight Co., Inc.
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 Dean & Judy Cornbower
 Barbara Cosden
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 Frank Crisci
 Phil & Tracy Crouse
-In memory of Donald Shumway
 Donald & Patricia Crumble
 Rosemary Cugliari
 Jim Decker
-In memory of Sandy Decker
 Robert and Josephine Diehl
 Jim & Cathy Dietrich
 Catherine Dietz
 Cathy Dowell
 Janice & Michael Drew
 Lynn Edris
 Sara Eisenhart
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 Sylvia Elliott
 Janet Ellis
 Pete & Kathy Erdman
 Linda Eubank
-In memory of Clem Eubank & the Reavers
 Wesley Eyler
-In memory of Sharon Eyler
 Joan Farence
 Sterling Feeser
-In memory of Deanna Feeser
 Connie Ferree
 Donna Fitzkee
 Michael & Brenda Flory
 John & Deb Freed
 Linda Freed
 Brian Fricker
 Kelly and Betsy Garrett
-In memory of Horace Uffelman
 Rich & Gynger Garrison
 Dale & Joanne Geiman
 Chuck Gingerich

Nova Gingerich
-In memory of Jack Gingerich
 Ken Gladfelter
 Robert Glass
-In memory of Shirley L. Glass
 Paula Glassman
 Pamela Goodling
 Graybill Family
-In memory of Deceased members of Windy Hill
 Doris Grim
 Earl Grissom
 Trema Gross
-In memory of Fred Burns
 Steven Guadagnino
 Lois & Kevin Gunnet
-In memory of Horace Uffelman
 H & H General Excavating Company
 John Hall
 Bruce & Marianne Harbold
 Ronald Harman & Dawn Dis-Harman
 Margaret Harrison
-In memory of Fred Burns
 Richard Hartsough
 Connie Hemingbrough
 Ed Hengst
 Jerry Henning
 Deb Henry
 Brian Hersey
 Jan Hersh
-In memory of Robert Hersh, Jr.
 Paul Hershey
 Tina Hess
 James and Rita Hobday
 Bill & Lori Hoff
 Charles & Janice Hoffman
 Brenda Hoke
 Home Association of McSherrystown
 Don & Dolores Hoover
 Sue Howes
 George & Jocelyn Hubbard
 Margo & Bryan Ilgenfritz
-In memory of George & Martha Bentzel
 Dan and Connie Inners
 Dennis & Peggy Innerst
 Joe & Pat Isch
 Jackson Township
 Wayne & Theda Jacoby

Thank You to our Give Local York Donors (cont.)

Cheryl Jenkins	Dixie McMaster	Don Rodgers
Cynthia Johnstonbaugh	<i>-In honor of Nancy Wagner</i>	<i>-In memory of Darlene Rodgers</i>
Kathy Jones	Lenny & Pam Meckley	Ronald Rodgers
David Jones & Nichole Lehman	<i>-In memory of Maria Leppo</i>	<i>-In memory of Mike Baron</i>
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Phil & Deb Keener	<i>-In honor of Barbara Miller</i>	Nancy Rost
Keller Contracting LLC	Dan & Brenda Miller	Gene and Mary Ruby
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<i>-In memory of Sophia Jane</i>	Jacob Miller	Ron & Jan Ruman
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Joann Kirkwood	<i>-In memory of Fred Burns</i>	Gene & Marilyn Saul
Mary Ann Kiser	Mary Lynne & Michael Muenz	DeEtta Senft
Michael & Sandy Kleiman	Sandy Muller	Sandy & Gary Taylor
Nancy Klinedinst	Alison Mummert	Malkin Shaw
Spark & Theresa Klineyoung	<i>-In honor of Windy Hill Family</i>	Claudette Shear
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Lorraine Knaub	Dennis & Sharon Myers	<i>-In memory of Jerry Lucabaugh</i>
JoAnn Krebs	Gerald Myers	Barry Shivery
<i>-In memory of Greg Krebs</i>	Jane Myers	Mike & Erin Shrader
Linda Krebs	Joann Nace	Robert & Florence Shutt
Larry Kress	Raymond & Charlotte Nace	Nadine Siar
Dennis & Bev Krout	Linda Ness	<i>-In memory of Fred Burns</i>
Ken & Bonna Krout	Leo & Joan Nolin	Shirley Silar
Mary Rose Lawhead	<i>-In memory of Ellen Nolin &</i>	Linda Six
Brent & Jenna Lawrence	<i>Wayne Gruver</i>	Elaine Smeigh
Ledge Inc	Connie Novotny	<i>-In memory of my husband,</i>
Kimberly Leese	John Ogden	<i>William Smeigh, & my parents</i>
Tom & Kathy Leese	Wayne & Joanne Overmiller	<i>Marlin & Mabel Beshore</i>
Legacy Product Support	Bob & Lyn Overmiller	Bettylou Smith
Gwen Lehr	Carl & Joan Paley	Carole Smith
Rachel Lehr	Jim & Linda Pentz	Dean Smith
Patricia Lentz	Lori Peterson	Judith Smith
Randy Lentz	Byron & Patsy Pomraning	Phyllis Smith
Jerry and Mary Lou Lewis	Bob & Donna Pullo	Ruth Smith
Larry & Brenda Linebaugh	Tamara & Evan Ramer	Glenn & Lois Snyder
Melissa Loiselle	Beatty Reaver	Ronald & Carol Sollenberger
<i>-In memory of Fred L. Burns</i>	<i>-In memory of Roy Reaver, Judy,</i>	Becky Spalla
Sharon Madenfort	<i>Theresa & Fred Hull</i>	Robert Spangler Jr
<i>-In memory of Peggy Bender</i>	Leo & Sandy Reaver	Bonnie Sponsler
Robert & Janet Maher	Gen Reed	Diane Stambaugh
<i>-In honor of Janet Maher</i>	Donald & Donna Reeve	Lu Ann Stambaugh
Betty Markle	Terry & Don Reichard	Annette Staub
Denise Markle	Timothy & Jane Reinaman	Alice Stauffer
Donna & Samuel Marquet	Richard & Sharon Resh	Rita Steinour
Susan Mayer	Richard J. Gross VFW Post 8896	Jennifer Stetter
Bill & Pat McCannon	Sharan Rinehart	Mike Stewart
Sam & Dorothy McCurry	<i>-In memory of Donna Hake</i>	<i>-In memory of Gloria Stewart</i>

*Activities & Locations may change if conditions warrant.

Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>8:30- Breakfast in the Café \$ 9- Chair Yoga \$ /A 9- T'ai Chi Chih \$ /Y 9- Walking Club /L 10- Coffee & Discussion /CA 11- Chair Exercise /L</p>	<p>2</p> <p>8 & 9- Silver Sneakers Class \$ /L 10- Pinochle /C 10- American Hist. Lecture /CA 11- Chair Volleyball /L 1p- Diabetes Prevention /CA 1- Hatha Yoga \$ /Y</p>	<p>3</p> <p>8:30- Breakfast in the Café \$ 9- Chair Yoga \$ /A 9:45- Walking Club /L 10- 8-Ball Billiards /B 11- Chair Exercise /L 12:30- Chair Volleyball /L</p>	<p>4 Center Closed</p> 	<p>5 </p> <p>8:45- Chair Yoga \$ /A 9- Friday Bingo \$ /CA 9:45- Walking Club /L 10- Tap Dancing \$ /A 10:15- Drumming Exercise /Y 11- Show Me Your Muscles /L</p>
<p>8 </p> <p>8:30- Breakfast in the Café \$ 9- Chair Yoga \$ /A 9- T'ai Chi Chih \$ /Y 9:15- Monday Bingo /CA 9:45- Walking Club /L 11- Chair Exercise /L 5- Quilts for Kids /CA</p>	<p>9</p> <p>8 & 9- Silver Sneakers Class \$ /L 9:30- Watercolor w/ Katie \$ /CA 10- Pinochle /C 10- Family Feud /CA 11- Chair Volleyball /L 1p- Diabetes Prevention /CA 1- Hatha Yoga \$ /Y</p>	<p>10</p> <p>8:30- Breakfast in the Café \$ 9- Wellness Checks 9- Chair Yoga \$ /A 9- PA Medi (by appt) 9- Creative Writing (wk 4) 9:45- Walking Club /L 10- 8-Ball Billiards /B 12:30- Chair Volleyball /L</p>	<p>11</p> <p>8 & 9- Silver Sneakers Class \$ /L 9:30-11:30 -Quilts for Kids /CA 10- Wii Bowling /D-CA 10- 500 Bid Card Game /C 11- Chair Volleyball /L</p>	<p>12 </p> <p>8:45- Chair Yoga \$ /A 9- Friday Bingo \$ /CA 9- Parkinson's Exercise /Y 9:45- Walking Club /L 10- Tap Dancing \$ /A 10:15- Drumming Exercise /Y 11- Show Me Your Muscles /L</p>
<p>15</p> <p>8:30- Breakfast in the Café \$ 9- Chair Yoga \$ /A 9- T'ai Chi Chih \$ /Y 9:45- Walking Club /L 10- Scrapbooking with Bev /CA 11- Chair Exercise /L</p>	<p>16</p> <p>8 & 9- Silver Sneakers Class \$ /L 10- Pinochle /C 10- Word Link /CA 10- Beginner Line Dancing \$ /A 11- Line Dancing \$ /A 11- Chair Volleyball /L 1p- Diabetes Prevention /CA 1- Hatha Yoga \$ /Y</p>	<p>17 Choptank Trip</p> <p>8:30- Breakfast in the Café \$ 9- Chair Yoga \$ /A 9- Creative Writing (wk 5) 9:45- Walking Club /L 10- The Power of Plants /CA 10- 8-Ball Billiards /B 11- Chair Exercise /L 12:30- Chair Volleyball /L</p>	<p>18</p> <p>8 & 9- Silver Sneakers Class \$ /L 10- 500 Bid Card Game /C 10- Dandelion Talk /CA 10- Book Club /CO 11- Intergenerational Chair Volleyball /L</p>	<p>19 </p> <p>8:45- Chair Yoga \$ /A 9- Friday Bingo \$ /CA 9:45- Walking Club /L 10- Tap Dancing \$ /A 10:15- Drumming Exercise /Y 11- Show Me Your Muscles /L</p>
<p>22 </p> <p>8:30- Breakfast in the Café \$ 9- Chair Yoga \$ /A 9- T'ai Chi Chih \$ /Y 9- PA Medi (by appt) 9:15- Monday Bingo /CA 9:45- Walking Club /L 11- Chair Exercise /L</p>	<p>23</p> <p>8 & 9- Silver Sneakers Class \$ /L 10- Pinochle /C 10- Boggle /CA 10- Grief & Loss Support /Y 10- Beginner Line Dancing \$ /A 11- Line Dancing \$ /A 11- Chair Volleyball /L 1p- Diabetes Prevention /CA 1- Hatha Yoga \$ /Y</p>	<p>24</p> <p>8:30- Breakfast in the Café \$ 9- Chair Yoga \$ /A 9- Creative Writing (wk 6) 9:45- Walking Club /L 10- Paint with Pat \$ /CA 10- 8-Ball Billiards /B 12:30- Chair Volleyball /L 1- Memory Café: Christmas In July</p>	<p>25 </p> <p>8 & 9- Silver Sneakers Class \$ /Y 10- 500 Bid Card Game /C 10- Birthday/Anniversary Party fea. Jerry Overby /CA 11- Chair Volleyball /L</p>	<p>26 </p> <p>8:30- Blood Pressure Checks 8:45- Chair Yoga \$ /A 9- Friday Bingo \$ /CA 9- Parkinson's Exercise /Y 9:45- Walking Club /L 10- Tap Dancing \$ /A 10:15- Drumming Exercise /Y 11- Show Me Your Muscles /L 3:30- Food Truck-on campus</p>
<p>29</p> <p>8:30- Breakfast in the Café \$ 9- Chair Yoga \$ /A 9- T'ai Chi Chih \$ /Y 9:45- Walking Club /L 10- Notes of Healing /L 11- Chair Exercise /L</p>	<p>30</p> <p>8-12- Driver Safety /CA 8 & 9- Silver Sneakers Class \$ /L 10- Pinochle /C 10- Beginner Line Dancing \$ /A 11- Line Dancing \$ /A 11- Chair Volleyball /L 1p- Diabetes Prevention /CA 1- Hatha Yoga \$ /Y</p>	<p>31</p> <p>8:30- Chair Massage (by appt) 8:30- Breakfast in the Café \$ 9- Chair Yoga \$ /A 9- Creative Writing (wk 7) 9:45- Walking Club /L 10- 8-Ball Billiards /B 11- Chair Exercise /L 10- Wii Bowling /D-CA 12:30- Chair Volleyball /L</p>	<p><i>Daily</i></p> <p>8:30-11:00 - Coffee Bar 8:30-2:30 - Fitness Room 8:30-2:30- Billiards Room 11:30 - Grab & Go Lunch 12 - Congregate Lunch</p>	<p>Mon & Fri Beg. Pickleball 12:45 pm - 2:30 pm Mon / Wed - Open Gym - 60+ Basketball 8:30-10 Tues/Wed/Thurs. Int. Pickleball 12:45 pm - 2:30 pm GLATCO Credit Union Mini Branch Open Thursdays 9:30-11:30 am</p>

July

2024

York County

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>1c Pizza Casserole w/ 2oz Sauce 1/2c Green Beans 1 White Bread Seasonal Fresh Fruit</p>	<p>2</p> <p>Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Seasonal Fresh Fruit</p>	<p>3</p> <p>Roast Pork w/ 2oz Sauerkraut 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Wheat Bread Cookie</p> <p>NEW ITEM</p>	<p>4</p> <p>Happy 4th of July!</p> 	<p>5</p> <p>Taco Bake (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1/2c Corn w/ Pimentos 1/2c Pineapple</p> <p>NEW ITEM</p>
<p>8</p> <p>BBQ Pulled Pork Sandwich 1/2c Coleslaw 1/2c Ranch Potatoes Sandwich Roll Cookie</p>	<p>9</p> <p>Baked Beef Ravioli (6 Ravioli) w/ 1oz Shredded Cheese 1c Tossed Salad w/ Tomato 1 Garlic Breadstick Seasonal Fresh Fruit</p> <p>NEW ITEM</p>	<p>10</p> <p>Cheeseburger w/ Lettuce, Tomato 1c Creamy Potato Soup w/ Crackers 1 Hamburger Roll Seasonal Fresh Fruit</p>	<p>11</p> <p>Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie</p>	<p>12</p> <p>Chicken, Spinach & Cranberry Salad w/ Dressing (3oz chix, .5oz cheese, 1t. Cran) 1c. Mixed Greens & Spinach 1/2c. Beets 1 Breadstick 1 Cookie</p>
<p>15</p> <p>Teriyaki Chicken 1/2c Vegetable Rice Pilaf 1/2c Carrots 1 Wheat Bread Seasonal Fresh Fruit</p>	<p>16</p> <p>Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Pudding</p>	<p>17</p> <p>Sliced Ham w/ Pineapple Sauce 1/2c Whipped Sweet Potatoes 1/2c Green Beans 1 Dinner Roll 1 Cookie</p>	<p>18</p> <p>Orange Glazed Pork Loin 1/2c Buttered Pasta 1/2c Corn 1 Wheat Bread 1/2c Peach Crisp</p>	<p>19</p> <p>4oz Tuna Salad Sandwich w/lettuce & tomato 1/2c Broccoli Salad 1/2c Coleslaw 2 White Bread Seasonal Fresh Fruit</p>
<p>22</p> <p>1c Stuffed Pepper Casserole 1/2c Wax Beans 1/2c Peas & Carrots 1 White Bread 1/2c Pudding</p>	<p>23</p> <p>Sweet & Sour Pork 1/2c. Rice 1/2c Mixed Vegetables 1 Wheat Bread 1/2c. Apple Crisp</p>	<p>24</p> <p>Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup w/ Crackers 1 Dinner Roll 1/2c Gelatin</p>	<p>25</p> <p>Parmesan Chicken Over 1/2c. Lemon Asparagus Pasta 1c. Tossed Salad W/Tomato 1 Breadstick Fresh Fruit</p>	<p>26</p> <p>4oz Sloppy Joe Baked Potato 1/2c Green Beans 1 Hamburger Bun Seasonal Fresh Fruit</p>
<p>29</p> <p>Swiss Steak w/ 2oz Onion Gravy 1/2c Cubed Parsley Potatoes 1/2c Carrots 1 Wheat Bread 1/2c Blushed Pears</p>	<p>30</p> <p>Creamy Vegetable Lasagna .5oz Shredded Mozzarella 1c Tossed Salad 1 Garlic Breadstick 1/2c Peaches w/ 1/4c Cottage Cheese</p> <p><i>*menu subject to change</i></p>	<p>31</p> <p>Creamy Garlic Chicken Breast 1/2c Buttered Noodles 1/2c Spinach 1 Wheat Bread 1/2c Mandarin Oranges</p> <p>NEW ITEM</p>		

Thank You to our Give Local York Donors! (Continued)

Richard Stewart
-In memory of Emily Stewart
 Chris & Stephanie Stock
 Patricia Stonesifer
 Marsha Stough
 Susan Stough
 Dave & Deb Stram
 Barry & Bev Strausbaugh
-In memory of Our Parents
 Joy Strausbaugh
-In memory of Earl Strausbaugh
 Robert Strausbaugh
 Robert Strine
 Donald E. Summers
 Ken & Jane Summers
 Dick & Regina Swords
 Michael Thew
 Elaine Thomas
-In memory of George Thomas
 Rosie Tiehel
 Thomas Uffelman
 VFW Post #5265

Chris Wagman
 Nancy Wagner
-In honor of Tammy Miller & her many years of dedication to Windy Hill.
 Barbara Walker
 Jessica & Matthew Waltersdorff
 Diana Waltmyer & John Watson
 Adelle Ward
 The Warner Family
 Pat Warner
 Flo Waybright
 Jean Weidler
 White Rose Leadership Institute
 Kathy Wilson
 Marlys Wlodarski
 Chester Wolf
 Richard & Jean Wolfe
-In memory of Peggy Kile
 Sue Wolfe
 Vicki Wynegar
 Bob & Kathleen Yeater

David & Cynthia Yingling
 Karen Yingling
 York County Community Foundation
 Gerald Yost
 Michael & Rita Young
 Rodney & Karen Young
 Julia Zinn
 Martin & Carol Zinn

Give Local York's overall statistics for 2024:
 Total raised by all 323 nonprofit organizations:
\$5,276, 891

Windy Hill finished 11th out of the 323 orgs for total money raised & #4 out of 323 organizations for total individual donors.



Give Local York Statistics

	Amount Raised	# Donors
2018	\$15,602.69	122
2019	\$18,062.60	186
2020	\$36,488.00	285
2021	\$44,913.99	328
2022	\$54,353.13	284
2023	\$52,792.70	298
2024	\$67,309.90	314

Best Wishes to Risa

Join us on **Wednesday, July 3rd at 10 am** as we honor Risa on her last day of employment for the 9+ years she gave to Windy Hill. We are saddened to see her leave, but understand the circumstances. We hope to continue to see Risa at the center when time allows, and truly wish her the best. We'll miss you, Risa!



Volunteer Opportunities

As a part of Windy Hill's mission we provide opportunities for our members to give back to the center. We are always looking for volunteers to help with setting up events, help in the kitchen, call bingo, clean up around the center, teach classes, deliver meals on wheels, make baked goods for events, etc. If you are at a point in your life where you're able to volunteer, we'd love to have your help. You can pick up a volunteer application in the office or see Jenna, Alison, or Amanda for more information. We truly appreciate all the volunteers who help to make this organization successful. We couldn't do this without you!

Windy Hill's Board of Directors 2024-2025

Windy Hill is a 501(c)(3) nonprofit organization governed by a Board of Directors consisting of 11 voting members. The directors are elected to serve 3-year terms where they provide direction, establish policies, and govern the organization. Our board consists of community members, center members, and representatives from local businesses.



Chris Stock
President



Scott Miller
Vice-President



Ron Ruman
Secretary



Sharon Kebil-Whisler
Treasurer



Laura Beck
Board Member



Joan Book
Board Member



Dr. Steve Guadagnino
Board Member



Pat Isch
Board Member



Betty Markle
Board Member



Sharon Myers
Board Member



Sandy Sferrella-Taylor
Past Board President



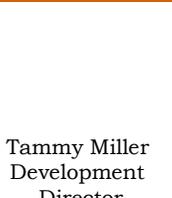
Tom Uffelman
Ambassador

Thank you to outgoing board members, Tamara Ramer & Crawford Dennard, for their years of service on Windy Hill's board of directors. Tamara plans to still be active at our center by continuing to serve on our marketing committee.

Windy Hill's Staff



Jenna Lawrence
Executive Director



Tammy Miller
Development Director



Alison Mummert
Program Manager



Nancy Wagner
Admin. Asst.



Margo Ilgenfritz
Bookkeeper



Amanda Fair
HDM Coordinator



Sharon Madenfort
Food Services Coordinator



Connie Hemingbrough
Food Services Coordinator



July Birthdays

- | | | | | | |
|---|--|---|--|--|---|
| <p>1 - Judy Senft
2 - Mollie Edwards
Kay Hensel
Cheryl Snyder
Jo Dahms
3- Elaine Snedeker
Henry Duncan
4-Katherine Conco
Richard Dubs
Sandra Palmer
Mussarat Chaudry
5- Karen Wineholt
Audrey Bierley
John Freed
Gregory Garvick
Robert Keith
Sandy Hartlaub
6- Brenda Billman
Cecilia Williams
Byron Pomraning
Charles Albert
Gary Rohrbaugh
7- C. Frank Sheridan
Anita Buser
Betty Thomas
Mary Gromen
Sherry Berwager
8- Robert Worley
Risa Anderson
9- Judy Chronister</p> | <p>9- Gloria Gross
Alfred MacArthur
Ronald Swartz
10- Michael Flory
Larry Albright
Allen Costella
Dick Stambaugh
Chris Wright
Patricia Bentzel
Shari Lawson
11- Cheryl Oliver
Judith Smith
Barry Day
Anna
Shanabrook
Kenneth
Gladfelter
12- Jean Weidler
F. Richard
Yingling
Diana Putman
Jeffery Billman
Brenda Miller
Judy Deveney
13- Uless Reed
JoAnn Bishop
Maryann Beaver
Michael Dubbs
Anne Gretz
Kathy Young</p> | <p>13- Gladys Wright
Anna Lauer
14- Frances Albrecht
Angela Day
Stephanie
Messinger
Connie Novotny
David Gable
Angele Hebert
Arthur Kress
Bonnie Stauffer
15- Beth Folkenroth
Bonnie Reams
Bonita Thoman
Kathy Wonder
Lois Bushey
Donald Harper
Susan Smith
16- Austin Parsons
Cheryl Knisley
Emily Emig
17- Dixie Reed
Wayne Beck
Terry Toomey
Cynthia Ott
Carlos Cruz
Gordon Bowersox
Julianne Heath
Stephen Hoke</p> | <p>18- Barbara Trone
Joyce Mueller
Elaine Smeigh
Regina Wolfe
Joan Helm
Joe Looker
Sara Zartman
Marianne Harbold
19- Donald Redding
Lenore O'Rourke
Tammy Miller
Mark Nenninger
Aida Malave-
Cancel
Catherine Dietz
Carl Kessler
Charles Males
20- Bessie Hoffheins
Karen Firestone
21- Arnhold
Kanwischer
Mary Reigart
22- Barbara
Eshenour
William Bankert
James Freed
Sandra Harmer
Sandra Reaver
23- Gail Anderson</p> | <p>23- Charles Lusco
Dominique Jones
Debra Kalbskopf
Susan Stough
Jon Chronister
24- Barbara Senft
Carolyn Calhoun
Linda Freed
Sandra James
25- Anne Loeffler
John McWilliams
Bruce Bigsby
Janice Bafford
Patricia Broadhurst-
Stone
26- Rita Mozdy
Bryan Hoffman
Connie Fetrow
Linda Shinnars
27- Joseph Lange
28- Wayne Overmiller
Dawn Dise-Harman
David White
Donald Naylor
Mark Schumacher
Pamela Mummert
James Zartman
29- Davidine Prout
Shirley Trout
Paul Hershey</p> | <p>29- Jo Ann Kirkwood
Angeline Yohe
Deborah Schell
Jean Manning
30- Kathleen DeCello
DeEtta Senft
Patricia Warner
Judith Bruggeman
Kathleen Eisenhart
31- Eugene Jerry
Maureen Crouse
Martin Zinn
Sharon Harman
Joanne
Baumgartner
Deborah Allen
Harvey Myers
Earl Brady
Sarah Krout</p> |
|---|--|---|--|--|---|



***If we missed
your birthday or
anniversary,
please contact
the office!***

Happy Anniversary to...

- Bruce & Sandra Bigsby
July 1st, 1967*
- Charles & Annie Myers
July 1st, 1967*
- Barry & Jane Black
July 1st*
- Donald & Sandy Hartlaub
July 4, 1981*
- Robert & Dianne Oberdick
July 4th, 1964*
- Kevin & Lenore O'Rourke
July 5th*
- Donald & Pamela Altland
July 6th*
- William & Kelly Reynolds
July 8th, 1981*
- Barry & Wanda Shivery
July 10th, 2023*

- Maynard & Dona Warner
July 10th, 1963*
- Donald & Janet Eichelberger
July 15th, 1972*
- Wayne & Dora Eshenshade
July 15th, 1973*
- Scott & Amy Meyer
July 16th, 1977*
- Robert & Judith Barnhart
July 18th, 1959*
- Larry & Phyllis Forbes
July 18th*
- Roy & Helen Westerback
July 18th, 1981*
- Wayne & Peggy Baublitz
July 20th, 1969*
- William & Cheryl Knisley
July 23rd, 1977*

- Richard & Rebekah Pulling
July 23rd, 1978*
- Keith & Linda Harrold
July 25th, 2017*
- Dennis & Linda Boring
July 27th, 1973*
- William & Lori Hoff
July 30th*
- Joe & Wendy Looker
July 30th, 1983*
- Walter Hill & Ronnee Greenstein
July 31st, 1976*
- Larry & Gloria Moyer
July 31st, 2023*
- Rory & Rosalie Joy
July*



Socialization Opportunities

Bible Study Discussion

There will be no Bible Study in July, but this program will be returning in August.

Monday Bingo

Monday, July 8th & 22nd at 9:15 am

\$10 for a pack of 30 games



Friday Bingo

Fridays starting at 9:00 am

\$10 for a pack of 40 games
(3 cards per game)

Cash payout - 41st game jackpot prize!

July Birthday & Anniversary Party

Thursday, July 25th from 10 am - 12 pm,

featuring **Jerry Overby**. Enjoy cupcakes courtesy of Country Meadows.

RSVP to attend on Copilot by registering for "Birthday/Anniversary" & sign up for a "Regular Lunch" if you're interested in lunch that day. Lunch that day will be **Parmesan Chicken**. Come on out to celebrate with us!

Volunteer Instructors Needed

Do you have a topic, talent, or hobby you'd like to share with others? We're looking for new programs to offer at the center, and we'd love your help to make this happen. See Alison with your ideas.

Creative Writing

Wednesday, July 10th, 17th and 24th at 9 am.

Our creative writing classes have returned! These classes are at no charge thanks to grant funding from the Cultural Alliance of York Co. & funds received during Give Local York from York Co. Community Foundation. No writing experience necessary. Course instructed by Heath Hardin. Class size is limited. Sign up on Copilot for "Arts-Creative Writing" to attend.

Choptank Riverboat Crab Cruise

Bagged Lunch Included

Wednesday, July 17th, 2024

Cost: \$130

Depart WH: 7:30 AM, Return WH: 8:00 PM

Includes: Bus fare, crab feast, cruise & all taxes and gratuity. *Cash bar only!*



More bus trips to be announced!



Card Playing, in the Café

Pinochle—Tuesdays at 10 am

500 Bid card game—Thursdays at 10 am & 12:30 pm



Games: Tuesdays at 10 am, in the Cafeteria

Family Feud- 6/9

Word Link - 6/16

Boggle - 6/23



Memory Café

Wednesday, July 24th at 1 pm

In July, this group will be delivering donations to You First Personal Care Home in Hanover as part of a Christmas in July donation drive. If you would like to join us, contact a staff member for more information. Memory Cafes offer people with dementia and their care partners the opportunity to enjoy regular, enjoyable social interaction with others in similar circumstances in a safe, welcoming environment.

Book Club: Inside the O'Briens

By Lisa Genova

Thursday, July 18th at 10 am



Joe O'Brien is a forty-four-year-old police officer from the Irish Catholic neighborhood of Charlestown, Massachusetts. A devoted husband, proud father of four children in their twenties, and respected officer, Joe begins experiencing bouts of disorganized thinking, uncharacteristic temper outbursts, and strange, involuntary movements. He initially attributes these episodes to the stress of his job, but as these symptoms worsen, he agrees to see a neurologist and is handed a diagnosis that will change his and his family's lives forever: Huntington's Disease.

Come on out to discuss this book with your Windy Hill Friends. *Pick up your copy in the office!*



Penn's Peak:

Carpenters Tribute

Bagged Lunch Included

Tuesday, October 22nd, 2024

Cost: \$100

Depart WH: 7:15 am

Return WH: 7:30 pm



If you are interested in attending one or multiple bus trips, please see the table in the front office for the payment envelopes and the turn in bin.

Bus trip policy manuals can be found in the office by the bus trip payment turn-in bin.

Fitness & Wellness

Mondays

8:30 - 10 am - Open Gym Basketball—Free
9 am - T'ai Chi Chih - *\$5/\$2
9 am - Chair Yoga - *\$2/Free
9:45 am - Walking Club - Free - **9 am on 7/1**
11 am - Chair Exercise** - Free
12:45 pm - Beginner Pickleball - Free

Tuesdays

8 am - Boom Muscle—*\$2/Free
9 am - Silver Sneakers** *\$2/free
10 am - Beginner Line Dancing - \$2
11 am - Line Dancing - \$2
11 am - Chair Volleyball - Free
12:45 pm - Intermediate Pickleball - Free
1 pm - Hatha Yoga - \$5/\$2 **New Time!**



Wednesdays

8:30 - 10 am - Open Gym Basketball - Free
9 am - Chair Yoga - *\$2/Free
9:45 am - Walking Club - Free
10 am - 8-Ball Billiards - Free
11 am - Chair Exercise** - Free
12:30 pm - Chair Volleyball** Free
12:45 pm - Intermediate Pickleball - Free

Thursdays

8 am - Boom Muscle - *\$2/Free
9 am - Silver Sneakers** - *\$2/Free
11 am - Chair Volleyball - Free
12:45 pm - Intermediate Pickleball - Free



Fridays

8:45 am - Chair Yoga - \$2/Free
9 am - Parkinson's Exercise - Free (2nd & 4th Fri.)
9:45 am - Walking Club - Free
10 am - Tap Dancing Class - \$5
10:15 am - Drumming Exercise - Free
11 am - Show Me Your Muscles - Free
12:45 pm - Beginner Pickleball - Free



Fitness Room & Billiards Room

Every day from 8:30 am—2:30 pm

Our Fitness Room features ellipticals, treadmills, weights, stationary bike, etc. It is free to use. The Billiards Room features two pool tables to use during our hours of operation.

**Cost without Silver Sneakers /Renew or One Pass Insurance/Cost with Silver Sneakers Insurance*

***Offered on Zoom/Facebook Live*

Grief & Loss Support Group

Tuesday, July 23rd at 10 am

Jamie, a Social Worker from VNA of Hanover & Spring Grove, will be here to facilitate the group. This group is intended to help people who have experienced grief from the loss of a loved one.

Wii Bowling

Thursday, July 11th and Wednesday, July 31st at 11:30 am

Back by popular request, we will be offering this event twice this month! Come on out for some friendly competition. This game is able to be played by all abilities, even seated.

Well-Checks

Wednesday, July 10th from 9 am to 11 am

Family First Health staff will be here to perform health checks. This is available by walk-in. They will be located in the conference room beside the office.

Friday, July 26th at 8:30 am

Jill Kaylor from Visiting Angels will conduct blood pressure checks in the cafeteria.

Notes of Healing

Monday, July 29th at 10 am

Taylor Hood, a board-certified music therapist returns to lead us in a variety of musical movements & memorable tunes that have the power to enhance our quality of life & bring us together for a trip down memory lane.



Chair Massages by Randy!

**Wednesday, July 31st, starting at 8:30
\$10 for 15 mins**

Appts required; last appt ends at 12pm.

Please limit yourself to only one appointment time, to allow everyone to have an opportunity to de-stress. **Sign up for an appointment using the link in the eNews or by calling the office.**

Fitness Participants:

Please make sure you are tapping the activities you're here to participate in and the insurance benefit you have: SilverSneakers, Renew Active, or Silver & Fit (if you have one).

Line Dance Class

Please note there will be no line dance classes on July 2nd and 9th.



Lifelong Learning

American History Video Lecture

Tuesday, July 2nd at 10 am

Refresh your memory on how America came to be as we prepare to celebrate our Independence on July 4th. The topics will be the Star-Spangled Banner & Exploring the land. Sign up for "Lifelong Learning".

Quilts for Kids

Monday, July 8th - 5 pm - 8 pm and

Thursday, July 11th - 9:30am - 11:30 am

Join this opportunity to design and sew quilts for children who are admitted to local hospitals.

No experience is necessary; all are welcome!

Scrapbooking with Bev

Monday, July 15th at 10 am

Windy Hill member, Bev Strausbaugh, to lead the scrapbooking class. Reminder to bring your own photos. (Other materials are supplied free of charge)

Please pre-register for this class under "Scrapbooking" on Copilot.

Watercolor with Katie

Tuesday, July 9th at 9:30 am

Katie is returning to teach another watercolor class at Windy Hill!

Participants will be creating a refreshing watermelon painting. This class is \$10. Please bring materials including watercolor paint, paper, brushes, and a pencil. No experience is necessary to participate in this class!

Sign up on Copilot for "Watercolor" to let us know you'll be joining us.



Dandelion Talk

Thursday, July 18th at 10 am

Bonnie from Country Meadows will be onsite at Windy Hill to talk about the health benefits of dandelions. Come out to learn more about how this yard weed can be used in beneficial ways. Sign up on Copilot for "Health Speaker" to let us know you'll be joining us.

Paint with Pat

Wednesday, July 24th at 10 am

Pat Isch will be returning for a Summer themed painting class. The cost to participate is \$5 & includes all materials that you will need. Please pre-register on Copilot for "ARTS" to attend. Space is limited.

We kindly request that all participants refrain from wearing heavy fragrances. We strive to create the most inclusive, accommodating environment for everyone involved. We appreciate your understanding!



Resources

PA MEDI

2nd Wednesday & 4th Monday at 9 & 10 am

If you're getting ready to turn 65 it's a great idea to have someone help you understand Medicare and the variety of supplements that are available. Appointments are held here at Windy Hill with trained volunteers to help navigate the options available. Call our office to schedule your appointment. Please bring with you an identification card, your current health insurance, and your current list of medications.

Free Transportation

Did you know free, door-to-door transportation is **available for people ages 65+ through RabbitTransit?** Save gas money and ride the Rabbit. Call Windy Hill to get more details about this service.

Yellow Dot Program

The yellow dot alerts responders to check your glovebox in case of a car accident for important medical & health information. **Stop in the office to get your pamphlet.**

Eyeglasses Donations

Windy Hill is a drop-off location for Spring Grove Lions Club's Recycle for Sight program. Used eyeglasses are sent to optical missions around the world. We're happy to allow our community to support this program.



Memory Care Support Group

Coming this Fall

Windy Hill staff will once again be offering a Memory Care Support Group starting this fall. This group is intended for those with early stage dementia and their care partners. The group meets weekly for 8 weeks. More info coming soon.

Silver Triangle Support Group

This group will meet on the **2nd & 4th Thursday of each month at 1 pm** starting in August. The intention of this group is to create a more diverse and supportive environment for those who identify as LGBTQIA+. More information will be available soon!

Veteran's Outreach at Windy Hill

The Fourth Tuesday of each month

York County Veteran's Affairs is offering Veteran outreach services on-site at Windy Hill once a month. These on-site services are by appointment. For Veterans interested in booking an appointment, call the York County Veteran's Affairs office at 717-771-9687.



Mission: The mission of Windy Hill on the Campus is to create a diverse and supportive community dedicated to lifelong learning, social interaction, and the well-being of its participants.

Vision: To be a vibrant, inclusive, sanctuary that supports our members' independence and living their best life.

Our Core Values:

- Socialization
- Healthy Lifestyle
- Intergenerational Programming
- Lifelong Learning
- Dignity
- Independence
- Diversity

Glatco Credit Union Mini-Branch

Hours at Windy Hill
Thursdays from
9:30 am - 11:30 am



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ma
For Us, It's Personal

2024 Board of Directors

- President** - Chris Stock
- Vice President** - Scott Miller, R.Ph.
- Secretary** - Ron Ruman
- Treasurer** - Sharon Kebil-Whisler

Directors

- Laura Beck
- Joan Book
- Dr. Steven Guadagnino
- Pat Isch
- Betty Markle
- Sharon Myers
- Sandy Sferrella-Taylor
- Ambassador:** Tom Uffelman

Windy Hill Staff Members	Ext.	Email Address
Risa Anderson - Programming Assistant	105	anderr@windyhillonthecampus.org
Amanda Fair - HDM Coordinator/ General Asst.	105	faira@windyhillonthecampus.org
Margo Ilgenfritz - Bookkeeper	101	ilgenfritzm@windyhillonthecampus.org
Jenna Lawrence - Executive Director	103	lawj@windyhillonthecampus.org
Sharon Madenfort/Connie Hemingbrough - Food Services Coordinators	107	
Tammy Miller - Development Director	102	millert@windyhillonthecampus.org
Alison Mummert - Program Manager	104	mummerta@windyhillonthecampus.org
Nancy Wagner - Administrative Assistant / Receptionist	0	info@windyhillonthecampus.org