




September 2021 Congregate Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>Baked Meatloaf w/ 2 oz Gravy 1/2 cup Mashed Potatoes 1/2 cup Wax Beans Wheat Bread Cookie</p>	<p>2</p>	<p>3</p>
<p>6</p> 	<p>7</p> <p>Hotdog with Sauerkraut 1/2 cup BBQ Butterbeans 1/2 cup Potato Salad Hotdog Bun 1/2 cup Tropical Fruit</p>	<p>8</p> <p>Warm Roast Beef Sandwich with Mozzarella 1/2 cup Roasted Parmesan Redskins 1/2 cup Carrots Sandwich Roll Fresh Banana</p>	<p>9</p>	<p>10</p>
<p>13</p> <p>Maple Dijon Salmon 1/2 cup Garlic Buttered Orzo 1/2 cup Peas Wheat Bread 1/2 cup Pineapple & Cherries</p>	<p>14</p> <p>Fiesta Chicken Salad (Fajita chicken, cheddar, salsa, sour cream) 1 cup Mixed Greens w/ Tortilla Strips Mixed Vegetables WG Dinner Roll Fresh Fruit</p>	<p>15</p> <p>Kielbasa 2 Tbsp. Sauerkraut 1/2 cup Whipped Potatoes 1/2 cup Green Beans 2 slices WW Bread Gelatin</p>	<p>16</p>	<p>17</p>
<p>20</p> <p>Chili Cheese Hotdog (2 oz Chili, 0.5 oz Cheddar) Ranch Potatoes 1/2 cup Green Beans Hotdog Roll 1/2 cup Cinnamon Applesauce</p>	<p>21</p> <p>Grilled Chicken Caesar Salad Mixed Greens (Diced Chicken, Parmesan, Tomato, Croutons) Coleslaw Whole Grain Dinner Roll 1/2 cup Mixed Fruit</p>	<p>22</p> <p>Beef Burgundy 1/2 cup Bowtie Noodles 1/2 cup Coin Carrots Wheat Bread Fresh Orange</p>	<p>23</p>	<p>24</p>
<p>27</p> <p>BBQ Glazed Turkey Burger w/ Cheddar Broccoli Salad Sandwich Roll Fresh Fruit</p>	<p>28</p> <p>Brunch Lunch Western Omelet w/ Ham , Cheese, Peppers & Onions 1/2 cup Breakfast Potatoes WG English Muffin w/ Jelly 4 oz Orange Juice</p>	<p>29</p> <p>Salisbury Steak with Gravy 1/2 cup Mashed Potatoes 1/2 cup Cream Corn Wheat Bread Pudding</p>	<p>30</p> <p>Birthday/Anniversary </p>	<p>*Menu Subject to Change</p>

*** Served daily: Milk and Margarine

Sign up for meals on Copilot (community.copilot21.com) or by calling in to Nancy. Meals are served Mondays - Wednesdays from 11:30 am - 12:30 pm in the drive-thru line by the loading dock on the side of the building. All members are eligible to sign up! Must preregister two days prior. We are now serving congregare meals inside for a limited number of members. Sign up on Copilot for "Regular Lunch" to reserve your spot inside.