




## November 2021 Congregate Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2 cup Green Beans White Bread 1/2 cup Sliced Peaches	Pineapple Glazed Ham 1/2 cup Sweet Potatoes 1/2 cup Peas & Carrots Wheat Bread Fresh Fruit	Chicken Marsala w/ 2 oz Sauce 1/2 cup Rice Pilaf 1/2 cup Broccoli & Cauliflower Wheat Bread 1/2 cup Mixed Fruit		
8	9	10	11	12
Chicken & Dumplings 1/2 cup Pepper Slaw Whole Grain Buttermilk Biscuit 1/2 cup Applesauce	BBQ Pork Ribette 1/2 cup Sweet Potato Bites 1/2 cup Green Beans Wheat Bread 1/2 cup Pineapple Delight Birthday Cake	Bacon Bleu Cheeseburger w/ Bacon, Lettuce, Tomato Potato Salad Hamburger Roll Fresh Fruit		
15	16	17	18	19
Swiss Steak w/ 2 oz Onion Gravy 1/2 cup Ranch Potatoes 1/2 cup Diced Carrots Wheat Bread	<b><i>Thanksgiving Special</i></b> Roast Turkey w/ Gravy 2 oz Stuffing 1/2 cup Whipped Potatoes 1/2 cup Mixed Vegetables Dinner Roll Pumpkin Pie w/ Whipped Topping	1 cup Chili 1 oz Cheddar Cheese 1 cup Tossed Salad Cornbread 1/2 cup Applesauce	<b>Birthday/Anniversary Party</b> 	
22	23	24	25	26
Roasted Pork w/ Dijon Mushroom Sauce 1/2 cup Vegetable Rice Pilaf 1/2 cup Green Beans Wheat Bread Fresh Fruit	Chicken Brushetta 1/2 cup Pesto Pasta 1 cup Mixed Greens Salad w/ Dressing 1/2 cup Island Blend Veggies Dinner Roll Angel Food Cake w/ Berries	Pot Roast with Gravy 1/2 cup Mashed Potatoes 1/2 cup Coin Carrots Italian Bread Cookie		
29	30			
Hotdog 2 oz Sauerkraut 1/2 cup Cheesy Potatoes Hotdog Roll 1/2 cup Sliced Apples	BBQ Chicken Thigh 1/2 cup Bowtie Pasta 1 cup Tossed Salad Wheat Bread Fresh Fruit			*Menu Subject to Change due to supply shortages out of our control.

\*\*\* Served daily: Milk and Margarine

Sign up for meals on Copilot (community.copilot21.com) or by calling in to Nancy. Meals are served Mondays - Wednesdays from 11:30 am - 12:30 pm in the drive-thru line by the loading dock on the side of the building. All members are eligible to sign up! Must preregister two days prior. We are now serving congregate meals inside for a limited number of members. Sign up on Copilot for "Regular Lunch" to reserve your spot inside.