




## July 2021 Congregate Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	*Menu Subject to Change		1	2
<b>Center Closed!</b> 	<b>4th of July Meal</b> Pulled Pork Sandwich 1/2 cup Potato Salad 1/2 cup Baked Beans Sandwich Roll Watermelon	Pot Roast 1/2 cup Whipped Potatoes w/ Gravy 1/2 cup Carrots Wheat Bread 1/2 cup Sliced Pears	<b>Patriotic Summer Picnic</b> 	9
Baked Breaded Chicken Cutlet 1/2 cup Scalloped Potatoes 1/2 cup Tomato & Cucumber Salad White Bread 1/2 cup Pears	Roasted Pork w/ Mushroom Sauce 1/2 cup Vegetable Rice Pilaf 1/2 cup Green Beans Wheat Bread 1/2 cup Pineapple Delight	Baked Meatloaf w/ 2 oz Gravy 1/2 cup Baked Potato 1/2 cup Corn Wheat Bread Cookie	15	16
Baked Ham w/ Raisin Sauce 1/2 cup Sweet Potatoes 1/2 cup Beets Wheat Bread Cookie	Penne & Meatballs (4) with Marinara Sauce 2/4 cup Pasta with Sauce 1 cup Tossed Salad with Dressing Italian Bread 1/2 cup Pineapple	Warm Roast Beef Sandwich w/ Mozzarella 1/2 cup Roasted Parmesan Redskins 1/2 cup Carrots Sandwich Roll Fresh Banana	22	23
BBQ Riblette Coleslaw Cornbread Square 1/2 cup Diced Peaches	Fiesta Chicken Salad (fajita chicken, cheddar, salsa, sour cr) 1 cup Mixed Greens w/ Tortilla Strips Corn & Blackbean Salad WG Dinner Roll Fresh Fruit	Kielbasa 2 tbsp. Sauerkraut 1/2 cup Whipped Potatoes 1/2 cup Green Beans 2 Whole Wheat Bread 1/2 cup Pudding	29	30

\*\*\* Served daily: Milk and Margarine

Sign up for meals on Copilot ([community.copilot21.com](http://community.copilot21.com)) or by calling in to Nancy. Meals are served Mondays - Wednesdays from 11:30 am - 12:30 pm in the drive-thru line by the loading dock on the side of the building. All members are eligible to sign up! Must preregister two days prior. We are now serving congregate meals inside for a limited number of members. Sign up on Copilot for "Regular Lunch" to reserve your spot inside.