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**TUE**

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**THU**

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<p><i>Daily</i> 8:30-11:00 - Coffee Bar 8:30-2:30 - Fitness Room 8:30-2:30...Billiards Room 11:30 - Pick Up Lunch 12 - Congregate Lunch</p>	<p><i>Mon / Wed - Open Gym - 60+ Basketball 8:30-10 ***</i>  <i>Wednesdays - Breakfast in the Café 8:30-9:30 ***</i>  GLATCO Credit Union Mini Branch Open <i>Thursdays 9:30-11:30 am</i></p>	<p><b>1</b> 8:30... SG EMS Wellchecks 9...Chair Yoga 9:45...Walking Club 10...Video - The Science of Natural Healing: Treating HBP &amp; Diabetes 10...Poker 11...Chair Exercise</p>	<p><b>2</b> 8 &amp; 9...Silver Sneakers Classic 8:30-12...Chair Massage (apt req) 10...Knitting Club 10...Pinochle 11...Chair Volleyball 12:30...Yoga 1...Pickleball</p>	<p><b>3</b> 9...Quarter Bingo 9...Cardio Boxing 9:45...Walking Club 10...Parkinson's Class 10...Tap Dance Class 11...Chair Exercise</p> 
<p><b>6 Pop up Market</b> 9...T'ai Chi Chih 9:45...Walking Club <b>10...Council Meeting w/ Jerry Overby</b> 11...Chair Exercise</p> 	<p><b>7</b> 8 &amp; 9...Silver Sneakers Classic 10...Family Feud 11...Line Dancing 11...Chair Volleyball 1...Pickleball 1...Ballroom Dancing</p>	<p><b>8</b> 9...Chair Yoga 9:45...Walking Club 10...Mind Matters - Protecting yourself against Tick Bites 10...Poker 11...Chair Exercise</p>	<p><b>9</b> 8 &amp; 9...Silver Sneakers Classic 10...Father's Day Picnic 10...Pinochle 10...Quilts for Kids 11...Chair Volleyball 12:30...Yoga 1...Pickleball</p> 	<p><b>10 Yard Sale</b> 9...Quarter Bingo 9...Cardio Boxing 9:45...Walking Club 10...Parkinson's Class 10...Tap Dance Class 11...Chair Exercise</p> 
<p><b>13</b> 9...T'ai Chi Chih 9:15...Dime Bingo 9:45...Walking Club 11...Chair Exercise 5...Quilts for Kids</p> 	<p><b>14</b> 8 &amp; 9...Silver Sneakers Classic 10...Now You Have It... 11...Line Dancing 11...Chair Volleyball 1...Pickleball 1...Ballroom Dancing</p> <p><b>Produce Voucher Distribution 9:30-11:30</b></p>	<p><b>15</b> 9...Chair Yoga 9:45...Walking Club 10...Creative Writing Workshop 10...Poker 11...Chair Exercise</p>	<p><b>16</b> 8 &amp; 9...Silver Sneakers Classic 10...Book Club 10...Pinochle 10...Painting with Pat 11...Chair Volleyball 12:30...Yoga 1...Pickleball</p> 	<p><b>17</b> 9...Quarter Bingo 9...Cardio Boxing 10...Parkinson's Class 10...Tap Dance Class 10...Walking Club 11...Chair Exercise</p> 
<p><b>20 Pop Up Market</b> 9...T'ai Chi Chih 9:15...Dime Bingo 9:45...Walking Club 10...Scrapping w/Bev 11...Chair Exercise</p> 	<p><b>21 ALZ Longest Day</b> 8 &amp; 9...Silver Sneakers Classic 10...Word Link 11...Line Dancing 11...Chair Volleyball 1...Pickleball 1...Ballroom Dancing</p>	<p><b>22</b> 9...Chair Yoga 9:45...Walking Club 10...Creative Writing Workshop 10...Poker 11...Chair Exercise</p>	<p><b>23</b> 8 &amp; 9...Silver Sneakers Classic 10...Knitting Club 10...Pinochle 11...Chair Volleyball 12:30...Yoga 1...Pickleball</p>	<p><b>24</b> 8:30...Blood Pressure Checks 9...Quarter Bingo 9...Cardio Boxing 9:45...Walking Club 10...Parkinson's Class 10...Tap Dance Class 11...Chair Exercise</p> 
<p><b>27</b> 9...T'ai Chi Chih 9:45...Walking Club 10...Covid Support Group 11...Chair Exercise</p>	<p><b>28 Annapolis Trip</b> 8 &amp; 9...Silver Sneakers Classic 9:30...Transportation presentation 10...Word Guess 11...Line Dancing 11...Chair Volleyball 1...Pickleball 1...Ballroom Dancing</p>	<p><b>29</b> 9...Chair Yoga 9:45...Walking Club 10...Creative Writing Workshop 10...Poker 11...Chair Exercise</p>	<p><b>30</b> 8 &amp; 9...Silver Sneakers Classic <b>10...Birthday/Anniversary Party fea. Bill Anderson</b> 11...Chair Volleyball 12:30...Yoga 1...Pickleball</p> 	

\* Activities may change if conditions warrant.