












January 2021 Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
January 4 Baked Ziti (3/4 c) w/Meatballs (3) Marinara Sauce & .5 oz Cheese 1/2 c Italian Beans Garlic Breadstick 1/2 c Mixed Fruit Salad 	January 5 NEW YEAR'S SPECIAL Roasted Pork 1/2 c Sauerkraut 1/2 c Whipped Potatoes Dinner Roll Pineapple Upside-down Cake	January 6 Salisbury Steak w/ 2 oz Onion Gravy 1/2 c Rice Pilaf 1 c Tossed Salad w/Cucumber & Dressing Wheat Bread 1/2 c Pineapple Delight 	January 7	January 8 
January 11 Smokey BBQ Burger Topped w/Cheddar, BBQ Sauce, Crispy Onions Coleslaw Sandwich Roll Fresh Fruit	January 12 Sweet & Sour Roasted Pork Loin 1/2 c Blended Rice Pilaf 1/2 c Green Beans WG Dinner Roll 1/2 c Mixed Fruit 	January 13 Open Faced Hot Turkey Sandwich w/ 2 oz Gravy 1/2 c Whipped Potatoes w/Chives 1/2 c Mixed Vegetables White Bread 1/2 c Applesauce	January 14	January 15
January 18 Center Closed to Observe Martin Luther King Jr. Day 	January 19 Chicken Taco w/Cilantro Lime Crème Sauce & Lettuce 1/2 c Seasoned Corn & Black Beans Soft Tortilla Shell Fresh Fruit	January 20 Baked Cabbage Roll/Porcupine Ball w/ 2 oz Tomato Sauce 1/2 c Garlic Whipped Potatoes 1/2 c Carrots Wheat Bread Sherbet 	January 21	January 22
January 25 Mushroom Cheese Burger Ranch Potatoes Hamburger Roll Fresh Fruit 	January 26 Pot Roast w/ 1 oz Gravy 1/2 c Whipped Potatoes 1/2 c Sliced Carrots Italian Bread Cookie	January 27 Swedish Meatballs (4) over 1/2 c Egg Noodles 1/2 c Peas Wheat Bread 1/2 c. Mixed Fruit Salad	January 28 	January 29

*** All meals are subject to change ***
 *** Served daily: Milk and Margarine