



Windy Hill on the campus

where life, learning, and generations connect

1472 Roth Church Rd,
Suite 103,
Spring Grove, PA 17362
(717) 225-0733

Normal Business Hours:
Monday through Friday
8:30 AM - 2:30 PM



Volume 4, Issue 12

December 2025

Intergenerational Day of Fun!

Tuesday, December 30th
Windy Hill on the Campus will be holding a day of shared programming for adults & school-aged children. We welcome Windy Hill participants to bring their grandchildren or great-grandchildren to participate in some programs with us!

You will need to fill out a registration form/waiver to attend. Forms are located in the office & are due by 12/23.

- 9:45 am-** Rotation times of crafts, games, Wii, etc.
- 10:45 am-** Snack break!
- 11 am-** Intergenerational Chair Volleyball.
- 12 pm** - Lunch

12 Days of Christmas Holiday Dress-Up

- 12/9 - Red & Green
- 12/10 - Hawaiian Christmas
- 12/11 - Silver & Gold
- 12/12 - Christmas Tree Day
- 12/15 - Plaid & Flannel
- 12/16 - Winter Wonderland
- 12/17 - Jingle Bells
- 12/18 - Wear Your Holiday Best!
- 12/19 - Sparkle & Shine
- 12/22 - Holiday Pajama Day
- 12/23 - Holiday Sweater
- 12/24 - Holiday Accessories

Windy Hill will be Closed:

Windy Hill on the Campus will be closing at 12 pm on Wednesday, December 24th (Grab & Go Lunches only) We will be closed December 25th and December 26th for the Christmas holiday

Please only park in designated parking spaces. Do not park in the fire lane, grass, or spaces reserved for construction. Thank you!

Help Us Give Back to Neighbors in Need

Deadline of Friday, December 12th

It's the season of giving, and at Windy Hill on the Campus we have two fantastic opportunities to give back during this holiday season! **Holiday Cheer Bags:** We are looking for donations to help fill the Holiday Cheer Bags for our Home-Delivered Meals consumers and also for our Windy Hill members who are not able to get into the center. We need donations of the following items: **Individual-sized Snacks (chips, crackers, granola bars, etc.), Note Pads, Pens, Coloring Books, Crayons, Hand Lotions, Sanitizers, Playing Cards, Fuzzy Socks.**

Windy Hill is also a drop off location now through December 12th for donations to the Feed-A-Friend Food drive as run by **New Hope Ministries**. Please bring all donations to our front office. The listed most needed items are as follows: Canned food items (soups, meats, beans, fruits, etc.), Macaroni & Cheese, pasta, peanut butter, rice, paper products, and more. See the full list in our office today!

Holiday Party and Meal

Thursday, December 18th at 10 am

You're invited to celebrate the season with us at our annual Holiday Party! Enjoy festive entertainment by the talented **Spring Grove Middle School Select Strings & Spring Grove High School Chamber Strings** as they fill the Center with beautiful holiday music. We'll also be welcoming special guests—**Mr. & Mrs. Claus** and their cheerful elves—who will hand out Windy Hill's holiday gift and be available for memorable photo opportunities. Lunch will be Chicken Cordon Bleu with Country Gravy and Mashed Potatoes. Please **RSVP** by preregistering on Copilot for "**Christmas Activity**" & "**Regular Lunch**" or "**Grab & Go Lunch**" or by calling (717) 225-0733 ext. 105.



Christmas Dessert & Holiday Craft Auction

Tuesday, December 23rd at 9:30 am

Windy Hill's dessert & holiday craft auction is a great opportunity to donate and/or buy delicious baked goods and/or holiday decorations to help benefit the Center and our mission. **You do not have to be a Windy Hill Member to attend!** This is open to the public. Come on out for this delightful fundraiser! Hosted by our very own Leo Reaver! Members can sign up on Copilot for "**Dessert Auction**" to attend.

New Year's Eve Meal

Wednesday, December 31st

Join us for our New Year's Eve meal at Windy Hill on the Campus! Come celebrate the end of the year with great food and even better company. The meal served will be Roasted Pork w/ Sauerkraut, Mashed Potatoes, Green Beans, an oatmeal cream pie, and a Dinner roll. Join us for a celebration as we count down to noon. Please RSVP by preregistering on Copilot or by calling (717) 225-0733 ext. 105. Sign up on Copilot for "**Activity**" & "Regular" or "Grab and Go" to attend.



Stay Connected:
windyhillonthecampus.org



Email: info@windyhillonthecampus.org
Facebook: Facebook.com/windyhillotc

Donations

Thank you to those listed below and the anonymous donors who made donations during the month of October. Your support of our mission is truly appreciated.

Monetary Donations

Mary Lou Ball
Smokey & Patty Barley
Joan Book
In memory of Peter & Mariane Book
Community Aid, Inc.
Dean & Judy Cornbower
Graybill Family
James & Sandra Miller
Ronald & Jill Priebe
Doris Rios-Abraham
Gene & Marilyn Saul
Louise Slade
Dick & Regina Swords
Bob & Jan Szczechowiak
Charlie Topper
J. William Warehime Foundation

Item Donations

Alvin & Theresa Bankert
Randal & Donna Barshinger
Hughes Betty and Jimmy Hughes
Joan Book
Bernard Breighner
Bob & Maryann Brenneman
Deborah Davis Young
Pauline Diehl
Henry & Caroline Duncan
Fetters Orchard
John & Deb Freed
Rich Henry
Don & Dolores Hoover

Sue Howes
Dominique Jones
Bonita Kern
Chris Kessler
Robert Kimmey
Joann Kirkwood
Larry Kress
W & P Lobodinsky
Sharon Madenfort
Susan Mayer
Cynthia Meckley
Ed & Ruth Myers
Jim & Linda Pentz
Byron & Patsy Pomraning
Leo & Sandy Reaver
Darlene Rohrbaugh
Joyce Shanbarger
Louise Slade

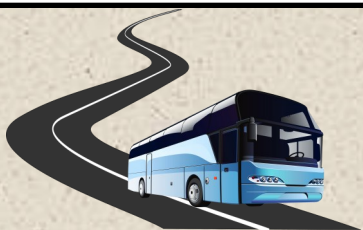
Daniel & Vera Slagle
Elaine Smeigh
Judith Smith
Mark Staub
Susan Stough
Bob & Jan Szczechowiak
Jack & Rebecca Thoman
Nancy Wagner
Jeffrey Waybright

Bus Trips

Check Out our Bus

Trips!

*More to be announced soon!



If you are interested in attending one or multiple bus trips, please see the table in the front office for the payment envelopes and the turn in bin. Bus trip policy manuals can be found in the office by the bus trip payment turn-in bin.

Rabbit Bus Trip to see a York Revolution Baseball Game

Thursday, May 14th, 2026

Cost w/ Rabbit Transit Trip (65+): \$14

Cost for Ticket only: \$5

Depart WH: 9:30 AM, Return WH: 2:30 PM

All members who wish to attend this trip will need to fill out a Rabbit Transit application and provide their driver's license or photo ID when turning in their application. Special envelopes are available in our Windy Hill Front Office!



Fall Donation Drive & Upcoming Renovations

We are now accepting contributions for our Fall Donation Drive. Our goal is to raise \$12,000 to support general operating costs and upcoming renovations. In the months ahead, you'll begin to see exciting improvements throughout our center, made possible by member naming opportunities for the cafeteria and café, as well as a grant from the Pennsylvania Department of Aging that will fund a companion bathroom, updated flooring, and automatic door openers.

We also want to share a recent tax update that may benefit many of our members. Beginning January 1, individuals who take the standard deduction will be able to deduct charitable donations—up to \$1,000 per person or \$2,000 per couple—in addition to the standard deduction. Please keep this in mind as you plan for 2026.

Disinfectant Wipes*

Clorox bleach bottles*

Tissues*

Toilet Paper

Paper Towels*

13 Gallon Garbage Bags*

Bottled water*

Sticks of butter (salted)*

Heavy Duty dessert plates (8 in.)*

Plastic Forks*

Postage Stamps*

Hand Sanitizer*

Wish List

Thank You!

Hand Soaps

Printer paper*

Cans of soda: Coke*,

Diet Coke, Pepsi,

Diet Pepsi, Sprite,

Orange, Root Beer*

Snacks & Chocolate for vending machines*

Sandwich-sized Ziplock bags*

Gallon-sized Ziplock bags*

Quart-sized Ziplock bags*

Snacks to share for parties & bingo



RaiseRight

We're excited to share a new and easy way you can support Windy Hill just by purchasing gift cards or shopping online for your everyday needs or as gifts for others! Go to <https://www.raiseright.com/enroll/H38F8WDINFVS> to create your RaiseRight profile and start shopping with purpose. Every card you buy helps support the programs and services you love at Windy Hill!

* Denotes item of significant need



Join Us for Breakfast!



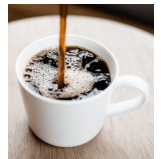
Breakfast in the Café is available **Monday & Wednesday** mornings from **8:30 to 9:30 am**. Currently, we are offering egg sandwiches with bacon, cheese or sausage for \$2.50 and fruit & yogurt parfaits for \$2.50. ***New!** We will be serving **Oatmeal this month as a breakfast option! Oatmeal cost is \$2. Sign up is located on the clipboard on the table in the Café. Payment due upon receipt.**



Coffee Bar

**Mondays - Fridays
from 8:30am - 11am**

Coffee, hot tea, and hot chocolate are available for purchase during our coffee bar hours. Please use the cups provided, even if you need to use it to fill the reusable cup you bring. **The cost is 50 cents per 12 oz. cup that is provided in the coffee bar area. Please place your payment by the register.**



Join Us for Lunch!

Lunch is served Monday through Friday at noon in our cafeteria. All members are encouraged to take advantage of our lunch program. **Windy Hill's only funding received from the county is based on the number of members who eat meals each day.**

Grab & Go Meals to take home are available in the office **Monday through Friday from 11:30 am—noon**. Grab & Go Meals will be held for those who preregistered until noon, unless we are notified that you will be late to arrive. Those who wish to participate in our lunch program must **preregister by using Copilot or by leaving a message on extension 105** with your name, the dates you would like to join us for lunch and if you'd like grab & go or dine-in. Registration is required two days before you plan to join us.

There is **no charge** for lunch here at Windy Hill, but donations are appreciated and encouraged. *Our lunch program is an important part of what makes Windy Hill such a special place. Please consider your part in donating today!*

Prayer List

Barry Anderson

Rich Arnold

Launa "Tunnie" Bender

Robert Brenneman

Patricia Broadhurst Stone

Stu Burns

Rick & Alma Dibble

Mary Doan

Pete Erdman

Charles Ford

Roger Gardner

Hilda Grothey

Loretta Hamme

Rick Harmer

Bill Hoff

Pat Hoff

Sue Howes

Val Iwancio-York

Anne Jones

Lorraine Knaub

Donna Long

Walter Lobodinsky

Scott Meyer

Barbara Miller

Mary Morgan

Kass Moubrey

Ella Murphy

Fran Nace

Anna Petersen

Becky Pulling

Darlene Redding

Kay Riley

Brenda Shaffer

Nancy Smith

Janice Smith

Pat Strouse

Regina Swords

George Turner

Tom Uffelman

Mae Wagner

Adelle Ward

Claire Wentz

Donald Wolfe

Richard Ziegler

If there is a member you'd like added to the prayer list, please contact Nancy.

Memorials

Harry "Carl" Beck 04/12

Richard Swords 11/01

Christine Pownell 11/01



The families & loved ones of these members are in our thoughts and prayers.

In an effort to inform our Windy Hill family of the passing of our members, we will now be placing names of those who we're aware have passed in our monthly newsletter. Please let Nancy know if we missed someone. Thank you.



Lucky Lunch

Monday - Friday at 12:15pm

All active members within the past year are in the drawing to win, but **only those who pay 50 cents and join us for lunch (Regular or Grab & Go) will be eligible to win!** *Sign up in the dining room at the back table. Who will be our next big winner?!*

December Newsletter Sponsors:

Help us to offset the cost of printing our newsletter. The cost is \$25 each month that you choose to dedicate or honor anyone or any occasion that you wish. Contact Nancy for more info.

Welcome New Members!

David Azopardi

Bert Baublitz

Robyn Bortner

Sharon Bowman

Rebecca Eastman

Christine Eichelberger

Deborah Eichelberger

David Gardner

Rhonda Gardner

Ray Hamberger

Nancy Hatch

Edward Lenhart

Wanda Lenhart

John Mowrer

Leona Mowrer

Rochelle Rene'

Barry Rodgers

Sylvia Rodgers

Gwendolyn Watkins

Windy Hill Membership

Membership to Windy Hill is **FREE** and open to **active, independent Spring Grove & surrounding community members ages 60+.** Visit our website for more information: windyhillonthecampus.org, stop in for a tour, or call **717-225-0733**.

Volunteers Needed at Windy Hill

Volunteers are at the heart of Windy Hill on the Campus, helping us create a welcoming and supportive environment. **You do not have to be a member of Windy Hill to volunteer at our center!** We are currently looking for **Kitchen**

Volunteers, Home Delivered Meals Drivers for Mondays, Wednesdays, and/or Fridays (flexible scheduling), and Bingo Callers. Email Hannah Eveland at Evelandh@windyhillonthecampus.org for more information or stop by our front office for an application.

1st- Mary Margeret
Conway

2nd- Louise Bushey
Melinda Carlson
Patricia Crumble
William Dubs
Karen Shifflet

3rd- June Davenport
Sue Irwin
Craig Kessler
Martha Miller

4th- Lorene Jones
Donna Labaw
Roxanne Miller
Charles Ward
Shirley Yingling
Debra Zeigler

5th- Bonnie Allison
Carol Bowman
Carol Giesey
Kathleen Wallis

6th- Veronica Barnhill
Robert Smith, Jr

7th- Carolyn Albright
Susan Blum
Robert Shutt
Beverly Strausbaugh
Robert Strine

8th- Richard Ashby
John Bacon

Cathy Dietrich
David Gardner
Nancy Hatch
Ronald Priebe
Huey Smith

9th- Patricia Hamilton-
Vose
James Hobday
Lurene Reier
Wilhelmina Wiand

10th- Jean Gross
Frances Noel
Karen Snyder

11th- William Altland
James Garner
James Holtzapple
Barbara Hudgins
Glenn Nelson
Nancy Smith
Bettylou Smith

12th- Shirley Bortner
Newell Devilbiss
Paula Huntzinger
Karen Watkins

13th- Peggy Diffenderfer
Doris Rios-Abraham
Karen Spadafora

14th- Patricia Biondino
JoAnna Kneller

December Birthdays

15th- Wayne Baublitz
Frederick Bollinger
Dean Fuhrman
Robert Poff
Carolyn Roggenbaum
Deann Tag
Cathleen Wagaman
Donna Zortman

16th- Leann Campbell
June Clapper
Patricia Loss
Paul Nell
Edward Smith

17th- Maurene Butterworth
Paula Sutherland

18th- Judith Barnhart
Earl Bortner
Josephine Diehl
Ruth Gruver
Richard Hartsough
Dennis Kessler
Thomas Leese
Doris Leppo
Wendy Looker
David Miller
Susan Mimna
Donald Renoll

19th- Donna Barshinger
Joseph Calabrese
Sharon Kebil-Whisler

Donna Plonk
Dale Seaks
Rebecca Shultz

20th- Debra
Amspacher
Sally Cushman-
Chagnon
Debra Gardner
Trudy Gladfelter
Hilda Grothey
Susan Kanwischer
Darlene Redding
Steven Shoemaker
Nadine Siar

21st- Jane Bailey
Richard Baker
Angela Geesey
Tania McManama
Jane Tighe

23rd- Margaret
Bennett
Paul Bortner
Catherine Clark
Scott Haldeman
Angela Hoke
Roseann Moramarco

24th- Shirley
Anderson
Elizabeth Diehl
Sandra Karwacki

25th- Joseph Becker
Faith Fuhrman
Donald Ilyes

26th- James Armstrong,
Jr

27th- Cathy Eichelberger
Patricia Grothe
James Hoover, Jr
Carmen Margelot
James Messinger
Leo Reaver
Tena Roach
Dennis Velard
Jeffrey Waybright

28th- Theresa Bankert
Ruth Yoho
William Zumbrum

29th- Carol Dyas
Peggy Hull
Carol Smith

30th- Lester Brodbeck
Denny Firestone
Lori Hoff
Elina Neal
David Sindlinger, Sr

31st- Todd Hampson
Denise Rogers
Valerie Simon
Romaine Troutman
Gloria Wholey
Stacey Witmer

Happy Anniversary to...

Neal & Beth Carl
December

Angela & Mike Geesey
December

Lyndora & Paul Miller
December

Raymond & Joyce Danneker
December 2nd, 1982

Philip & Shelly Smith
December 2nd, 2017

Arthur "Otts" & Darla Dwyer
December 4th

Robert & Jo King
December 6th, 1980

Brenda & Gerald Hoover
December 12th, 1959

Alma & Richard Dibble
December 14th, 1957

Gail & Tom Carroll
December 18th, 2010

Judith & John Knight
December 20th, 1974

Patricia & Jac Reichley
December 20th, 1967

Dorothy & Samuel McCurry
December 23rd, 1967

Patricia & Bryan Smith
December 23rd, 1978

Paul & Cheryl Breault
December 24th, 1968

Paula & Samuel Sutherland
December 24th, 2005

Nancy & Randal Walton
December 27th

Franklin & Ingeborg Altland
December 28th, 1960

Mitchell & Wendy Diviney
December 28th

Lester & Susan Erlemeier
December 28th, 1961

Deborah & Robert Glassmyer
December 29th, 1968

Amanda & Micheal Forry
December 30th

Thomas & Renee Seidenstricker
December 30th, 1972

Gregory & Janice Smith
December 31st




















































December's Birthday & Anniversary Party

Thursday, December 11th from 10am - 12pm,

featuring **Tom Shultz**. Enjoy cupcakes courtesy of Country Meadows. **RSVP to attend on Copilot by registering for "Birthday/Anniversary"** & sign up for a "Regular Lunch" if you're interested in lunch that day. Lunch that day will be a **Cheeseburger**.













LEGEND:  = Sign up **REQUIRED**, C = Café, CA = Cafeteria, CO = Conference Room, D-CA = Dance Floor of CA, CR = Craft Room, G = Glass Room, W = Wellness Room

Mon	Tue	Wed	Thu	Fri
1 9- Decorating the Center 8:30- Breakfast in the Café \$  9- Chair Yoga \$ /Lobby 10- Creative Writers Group /G 10- Christmas Star Craft \$/CR  11:15- Chair Exercise /Lobby	2 8:30- Silver Sneakers \$ /D-CA  8:30- Tai Chi Chih \$ /Lobby  10- Pinochle /C 10- Christmas Jewelry Making \$/CR  11- Int. & Adv. Line Dancing \$ /D-CA 11- Dominoes /Cafe 11:15- Chair Volleyball /Lobby 12:30p- Diabetes Prevention /G  1- Hatha Yoga \$ /D-CA	3 8:30- Breakfast in the Café \$  9- Chair Yoga \$ /Lobby 9:30- Christmas Card Making w/ Sue /CA 10:15- Walking Club /C 10:15- Bible Study Disc. /G 10:15- Chair Exercise /D-CA 11-Show Me Your Muscles /D-CA 12:30- Chair Volleyball /Lobby	4 8:30- Silver Sneakers \$ /D-CA  10- 500 Bid Card Game /C 10- Holiday Music & Movement /G 11:15- Chair Volleyball /Lobby 12:30- Yarn Workers Club /CA	5  8:45- Chair Yoga \$ /Lobby 9- Friday Bingo \$ /CA 10- Tap Dancing \$ /Lobby 10:15- Cardio Drum/Dance /G
8 8:30- Breakfast in the Café \$  9- Chair Yoga \$ /Lobby 10- Coffee & Discussion /CA 11:15- Chair Exercise /Lobby 5- Quilts for Kids /CA	9 8:30- Silver Sneakers \$ /D-CA  8:30- Tai Chi Chih \$ /Lobby  10- Pinochle /C 10- Family Feud /CA 11- Int. & Adv. Line Dancing \$ /D-CA 11- Dominoes /Cafe 11:15- Chair Volleyball /Lobby 1- Hatha Yoga \$ /D-CA	10  8:30- Breakfast in the Café \$  9- Chair Yoga \$ /Lobby 9- Christmas Trivia Challenge /CA 10:15- Walking Club /C 10:15- Bible Study Disc. /G 10:15- Chair Exercise /D-CA 11-Show Me Your Muscles /D-CA 12:30- Chair Volleyball /Lobby	11 8:30- Silver Sneakers \$ /D-CA  10- 500 Bid Card Game /C 10- Birthday/Anniversary Party  fea. Tom Shultz /CA 12:30- Chair Volleyball /Lobby	12  8:45- Chair Yoga \$ /Lobby 9- Friday Bingo \$ /CA 9- Parkinson's Exercise /G 10- Tap Dancing \$ /Lobby 10:15- Cardio Drum/Dance /G
15 8:30- Breakfast in the Café \$  8:30- Chair Massage \$ (by appt)  9- Chair Yoga \$ /Lobby 10- Creative Writers Group /G 10- Scrapbooking with Bev /CR  11:15- Chair Exercise /Lobby	16 8:30- Silver Sneakers \$ /D-CA  8:30- Tai Chi Chih \$ /Lobby  9-12 - Hearing Screenings /W & CO 10- Pinochle /C 10- Grief & Loss Support /G 10- Watch: Origins of Christmas Traditions /CA 11- Int. & Adv. Line Dancing \$ /D-CA 11- Dominoes /Cafe 11:15- Chair Volleyball /Lobby 1- Hatha Yoga \$ /D-CA	17 8:30- Breakfast in the Café \$  8:30- Wellness Check's /W  9- Chair Yoga \$ /Lobby 9:30- Paint with Pat \$ /CA  10:15- Walking Club /C 10:15- Devotions /CO 10:15- Chair Exercise /D-CA 11-Show Me Your Muscles /D-CA 12:30- Chair Volleyball /Lobby	18 Holiday Party & Meal  8:30- Silver Sneakers \$ /D-CA  10- 500 Bid Card Game /C 10- Holiday Party w/ Mr. & Mrs. Claus /CA  10:30- SGASD Orchestra /CA 12:30- Chair Volleyball /Lobby 12:30- Yarn Workers Club /CA 1- Silver Triangle Meeting /G	19  8:30- Blood Pressure Checks 8:45- Chair Yoga \$ /Lobby 9- Parkinson's Exercise /G 9- Friday Bingo \$ /CA 10- Tap Dancing \$ /Lobby 10:15- Cardio Drum/Dance /G
22 8:30- Breakfast in the Café \$  9- Chair Yoga \$ /Lobby 10- Secret Santa Gift Exchange (\$15 Gift)/Cafe  10:45- SGASD Choral Groups /CA 11:15- Chair Exercise /Lobby	23 8- Silver Sneakers \$ /D-CA  8:30- Veteran's Outreach (by appt)  8:30- Tai Chi Chih \$ /Lobby  9:30- Dessert & Holiday Craft Auction \$/CA 10- Pinochle /C 11- Int. & Adv. Line Dancing \$ /D-CA 11- Dominoes /Cafe 11:15- Chair Volleyball /Lobby 1- Hatha Yoga \$ /D-CA	24 Center Closes at Noon 8:30- Breakfast in the Café \$  9- Chair Yoga \$ /Lobby 10:15- Walking Club /C 10:15- Devotions /CO 10:15- Chair Exercise /D-CA 11-Show Me Your Muscles /D-CA 12pm-Closed for Christmas Eve	25 Center is Closed 	26 Center is Closed 
29  8:30- Breakfast in the Café \$  9- Chair Yoga \$ /Lobby 9:15- Monday Bingo \$ /CA 11:15- Chair Exercise /Lobby	30 Intergenerational Day 8- Silver Sneakers \$ /D-CA  8:30- Tai Chi Chih \$ /Lobby  9:30- Sign-in: Intergenerational Day /Lobby  9:45- Crafts/Games: Intergenerational Day /CA  10- Pinochle /C 10:45- Snack Break: Intergenerational Day /Cafe  11- Int. & Adv. Line Dancing \$ /D-CA 11- Chair Volleyball: Intergenerational Day /Lobby 1- Hatha Yoga \$ /D-CA	31 New Years Meal  8:30- Breakfast in the Café \$  9- Chair Yoga \$ /Lobby 10:15- Walking Club /C 10:15- Devotions /CO 10:15- Chair Exercise /D-CA 11-Show Me Your Muscles /D-CA 12-New Years Eve Countdown Celebration /CA  12:30- Chair Volleyball /Lobby	<div><div>GLATCO Credit Union Mini Branch Open Thursdays 9:30-11:30 am Located in the Wellness Room</div></div>	
DAILY 8:30-11:00 - Coffee Bar 8:30-2:30 - Fitness Room (Located inside of the Cafeteria) 11:30 - Grab & Go Lunch 12 - Congregate Lunch Pool table is located in the Café				

*Activities may change if conditions warrant.

December 2025

York County

Monday	Tuesday	Wednesday	Thursday	Friday
1 4oz Sloppy Joe 1/2c Spinach 1/2c Sweet Potato Bites Hamburger Bun Oatmeal Cream Pie Margarine	2 Roasted Garlic Pork Loin 1/2c Peas 1/2c White Rice 1/2c Fresh Fruit Dinner Roll Margarine 	3 3oz Kielbasa with 1oz Kraut 1/2c Haluski 1/2c Mixed Vegetables 1/2c Applesauce Hot Dog Bun Margarine	4 Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Whole Wheat Bread Cookie	5 Stuffed Pepper Casserole 1/2c Garlic Mashed Potatoes 1/2c Carrots White Bread Pudding Margarine
8 General Tso's Chicken 1/2c White Rice 1/2c Oriental Blend Vegetables 1/2c Mandarin Oranges Cookie 	9 3oz Salisbury Steak with 2oz Gravy 1/2c Whipped Potatoes 1/2c Peas Dinner Roll 1/2c Applesauce or Cookie Margarine	10 Creamy Chicken Tortellini (3oz Chicken, 1/2c Tortellini) 1/2c Green Beans 1/2c Spiced Fruit Whole Wheat Bread Margarine 	11 Cheeseburger 1/2c Seasoned Potatoes 1/2c Baked Pineapple 1c Tossed Salad w/ Tomato Hamburger Bun	12 3/4c Pasta and Meatballs (4) with 2oz Marinara Sauce 1c Tossed Salad w/ Tomato Garlic Breadstick Fresh Fruit Margarine
15 3oz BBQ Ribette 1/2c Ranch Cubed Potatoes 1/2c Green Beans Hamburger Bun Pineapple & Mandarin Oranges	16 Chicken Philly Sandwich 1c Cream of Spinach Soup 1/2c Coleslaw Hoagie Roll Gelatin Margarine	17 Grilled Chicken 1/2c Creamy Pasta 1/2c Peas Breadstick 1/2c Peaches Margarine	18 Christmas Dinner! Chicken Cordon Bleu 2oz Country Gravy 1/2c Mashed Potatoes 1/2c Sweet Peas & Carrots 1 Dinner Roll Apple Pie 	19 French Dip Sandwich w/ 2oz Au Jus 2oz Beef, 1oz Mozzarella Cheese 1/2c Garlic Parsley Potatoes 1/2c Green Beans Fresh Orange Hoagie Bun Margarine 
22 4oz Sweet & Sour Pork 1/2c White Rice 1/2c Peas & Carrots Wheat Bread Fresh Fruit Margarine	23 Meatball Sub (3 Meatballs) w/ 1oz Mozzarella Cheese 1c Loaded Potato Soup 1/2c Side Salad w/ Dressing Hot Dog Bun Fresh Fruit	24 3oz Pot Roast w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Applesauce Margarine Only Grab & Go Available Today!	25 Christmas Day! 	26 Center Closed! 
29 3oz Chicken Cutlet with 2oz Country White Gravy 1/2c Seasoned Potatoes 1/2c Peas Wheat Bread Blushed Fruit 	30 Grilled Chicken Salad (2oz Grilled Chicken, 1oz Cheese) 1c Lettuce, 2oz Tomato 1c Broccoli Soup Breadstick 1/2c Gelatin Margarine	31 New Years Eve! 3oz Roasted Pork w/ 2oz Sauerkraut 1/2c Mashed Potatoes 1/2c Green Beans Dinner Roll Oatmeal Cream Pie Margarine		

Socialization Opportunities



Coffee & Discussion

Monday, December 8th at 10 am

Join us for our monthly Coffee & Discussion. This will be a time to socialize with staff and members to learn more about the behind-the-scenes of our organization. This is a wonderful way to stay connected to the mission and vision of Windy Hill. Sign up on Copilot for **"Coffee & Conversation"**.

Bible Study Discussion

Wednesdays, December 3rd & 10th at 10:15 am

Pastor Josh Trojak from CABC leads this group's discussion. Members of all denominations are welcome to attend.

Sign up on Copilot for **"Bible Study"** to attend.

Yarn Workers Club

Thursdays, December 4th & 18th at 12:30 pm

Do you love knitting, crocheting, or working with yarn? Join the Yarn Workers Club! Whether you're a seasoned pro or just starting out, this group is the perfect place to share your passion. Sign up on Copilot for **"Needlework Club"**

Scrapbooking with Bev

Monday, December 15th at 10 am

Scrapbooking with Bev is back at Windy Hill! Windy Hill member, Bev Strausbaugh, will lead the scrapbooking class. Please remember to bring your own photos (Other materials are supplied free of charge). Sign up on Copilot for **"Scrapbooking"**

Devotions Group

Wednesdays, December 17th, 24th, and 31st at 10:15 am

As a continuation of the Bible Study discussion, this group will meet for a time of prayer, devotions, scripture, hymn singing, and other topics related to religion and spirituality. Sign up on Copilot for **"Prayers & Devotions"**.

Holiday Music Performances

Monday, December 22nd at 10:45 am

Join us for moving performances by the Spring Grove Area School District's *Expressions* choral group, *Orion* choral group & select choir group to help us get into the holiday spirit. Each year we look forward to this tradition. Sign up on Copilot for

Secret Santa Gift Exchange

Take part in this fun holiday tradition with us at Windy Hill! Sign up deadline is **December 1st**, names will be distributed on December 2nd with a gift exchange date of **Monday, December 22nd at 10 am**.



Family Feud

Tuesday, December 9th at 10 am

Survey says...It's time for Family Feud at Windy Hill! Get ready to bring your game face and join us for a fun-filled round of Family Feud here at Windy Hill on the Campus. Gather your friends, form a team, and test your knowledge against survey questions. Will your team have what it takes to come out on top? Sign up on Copilot for **"Family Feud"** to attend.

Games in the Café

Pinochle—Tuesdays at 10am

500 Bid card game—Thursdays at 10am



Games in the Cafeteria

Dominoes - Tuesdays at 11am

Sign up on Copilot to attend.



Bingo

Monday Bingo

Monday, December 29th at 9:15am

\$10 for a pack of 30 games

Friday Bingo every Friday starting at 9:00am

\$10 for a pack of 40 games

(3 cards per game)

Cash payout - 41st game jackpot prize!

Sign up on Copilot to attend.

Christmas Trivia Challenge **TRIVIA**

Wednesday, December 10th at 9 am

Test your knowledge and have some fun at Trivia! Gather your friends, form a team, and compete to see who can claim a title as a trivia champion. There will be a variety of categories, it is the perfect way to spend an engaging morning. Sign up on Copilot **"Trivia Challenge"** to preregister.

The Creative Writer's Group

Mondays, December 1st & 15th at 10 am

This is a drop-in group for writers—and anyone curious about creative writing—to join our new Creative Writing Group. Group meets will be twice a month to share ideas, playfully write in meeting exercises, and encourage one another. Sign up on Copilot under **"Arts - Creative Writing"** to join.



Decorating the Center

Monday, December 1st at 9 am

Join us to help decorate our center for the Holiday season! Sign up on Copilot under **"Christmas Decorating"**

Inclement Weather Policy:

In the event of inclement weather, Windy Hill will make a decision by 5:30am the morning of, as to whether or not the center will be open. If the decision is made to close, a message will be located on our phone greeting, on WGAL & on our Facebook page.

Fitness & Wellness

Mondays

9 am - Chair Yoga - *\$2/Free
9:30 am - Basketball at CABC - *\$3/\$1
11:15 am - Chair Exercise** - Free



Holiday Music and Movement



Thursday, December 4th at 10 am

Taylor Hood/Notes of Healing, a board-certified music therapist returns to lead us in musical movements to holiday tunes that have the power to enhance our quality of life.

Sign up on Copilot for **"Music & Movement"** to attend.

Tuesdays

8:30 am - Silver Sneakers** *\$2/free
8:30 am - T'ai Chi Chih - *\$5/\$2
11 am - Intermediate Line Dancing **AND** Advanced Line Dancing- \$2 Located on the **Cafeteria Dance Floor**
11:15 am - Chair Volleyball - Free
1 pm - Hatha Yoga - \$5/\$2



Wednesdays

9 am - Chair Yoga - *\$2/Free
9:30 am - Basketball at CABC - *\$3/\$1
10:15 am - Walking Club - Free
10:15 am - Chair Exercise - Free
11:15 am - Show Me Your Muscles - Free
12:30 pm - Chair Volleyball** Free



Thursdays

8:30 am - Silver Sneakers** - *\$2/Free
11:15 am or 12:30 pm - Chair Volleyball - Free



Fridays

8:45 am - Chair Yoga - *\$2/Free
9 am - Parkinson's Exercise (12/12 & 12/19)-Free
10 am - Tap Dancing - \$5
10:15 am - Cardio Drum/Dance - Free

Fitness Room & Billiards Table

Every day from 8:30 am—2:30 pm

Our Fitness Room features ellipticals, treadmills, weights, stationary bike, etc. It is free to use.

The billiards table is located in the café & our fitness equipment is located in the cafeteria storage area.

***Cost without Silver Sneakers or Renew Active Insurance/Cost with Silver Sneakers or Renew Active Insurance**
****Offered on Zoom/Facebook Live**

What's New?

Have you changed your phone number? Moved? Want to update your Emergency Contact? Any changes to your insurance benefits? For any updates or changes to information you have shared with us on your intake form when joining Windy Hill, please stop by the office & let us know!

Check Out our Billiards Table!

Available to all during business hours (8:30 am—2:30 pm)

The Billiards table located in the Café is open to all members of Windy Hill and is free to play. Get a group together to play or plan to play solo!



Silver Triangle Support Group



Thursdays, December 4th & 18th at 1 pm

Attendees will have the opportunity to discuss personal experiences & challenges related to aging with Pride.

What is said in group stays in group. This group is in partnership with Rainbow Rose Center. Please note: the Dec. 4th date is being held at an alternate location.

Reach out to Ann Kemper at kemperann55@yahoo.com for more information.

Sign up on Copilot for **"Silver Triangle"** to attend.

Family First Health Wellness Checks

Wednesday, December 17th

8:30—10:30 am

Family First Health conducts free Wellness Checks for our members here at Windy Hill in our Wellness Room, including blood pressure checks, assessments, and providing referrals. Sign up on Copilot for **"Wellness Checks"**.



Blood Pressure Checks

Friday, December 19th at 8:30 am

Jill Kaylor from Visiting Angels will conduct blood pressure checks in the cafeteria.

Grief & Loss Support Group

Visiting Nurse Association of Hanover & Spring Grove



Tuesday, December 16th at 10 am

Jamie, a Social Worker from VNA of Hanover & Spring Grove, will be here to facilitate the group. This group is intended to help people who have experienced grief from the loss of a loved one.

Sign up on Copilot for **"Grief & Loss"** to attend.



Free Hearing Screenings

Tuesday, December 16th 9 am—12 pm

Appointment starting at 8:30 am

Stop in to get a free hearing assessment from the professionals of Darrell Sipe's office at Windy Hill on the Campus. Practitioners will be on campus from 9 am—12 pm. Sign up on Copilot for **"Hearing Screening"**



Lifelong Learning



Christmas Star Craft

Monday, December 1st at 10 am

Get festive with us and come make a beautiful Christmas Star craft at Windy Hill. We'll provide all of the supplies—you bring the creativity and holiday spirit! Craft cost is \$5, sign up on Copilot under **"Holiday Craft \$"**



Christmas Jewelry Making

Tuesday, December 2nd at 10 am

Take part in a festive, hands on craft session where you'll create your own holiday-themed jewelry. Perfect for gifts, or to add a little sparkle to your Christmas outfit! All materials provided, class cost is \$5 per jewelry piece. Sign up on Copilot under **"Jewelry"** to attend!



Christmas Card Making with Sue

Wednesday, December 3rd at 9:30 am



Bring your creativity to life and use Sue's expert guidance to help you create stunning, personalized cards for a variety of holidays or special occasions! Sessions will meet in the glass room. Sign up on Copilot for **"Stamping"**.



Paint with Pat

Wednesday, December 17th at 9:30 am



Pat Isch is a wonderful instructor for members of all painting skill levels, join us in painting a jolly **Santa Painting**. The cost of the class is \$5. All supplies and materials are included in the cost. Limited seating—Max of 20 participants. Sign up on Copilot for **"Paint with Pat"**



Quilts for Kids

Monday, December 8th at 5 pm

This group is always looking for more help to make a difference for those in need by making quilts, walker bags, etc. No experience necessary. Sign up in Copilot for **"Quilts for Kids"**

The Origins of Christmas: Video Presentation

Tuesday, December 16th at 10 am

Curious about where Christmas traditions came from?

Come watch The Origins of Christmas video presentation at Windy Hill while enjoying a cup of hot chocolate, you'll discover the history behind the holiday, and take a heartwarming look at how some Christmas traditions began.

Sign up on Copilot under **"Lifelong Learning"**



Copilot From Home

Did you know you can preregister for programs from home? Visit community.copilot21.com. Enter your email address and use your Copilot barcode alphanumeric code as the password.

Resources



PA MEDI

Open enrollment for Medicare Advantage and Prescription Drug plans ends December 7th this year. Appointments will resume in January. **For any questions, please call 717-771-9042.**

Community Aid



Windy Hill is a proud partner organization of Community Aid. Please consider donating your gently used items to Community Aid and a portion will be donated back to Windy Hill. Make sure to use the partner code **50190** to give credit to Windy Hill. Stickers with the code are available in the office. Thank you for your support!



Free Transportation

Did you know free, door-to-door transportation is **available for people ages 65+ through Rabbit Transit**? Save gas money and ride the Rabbit. Call Windy Hill to get more details about this service.

Veteran's Outreach



Tuesday, December 23rd from 8:30 - 11:30 am
Sign-Ups are Available!

The 4th Tuesday of every month Veterans Affairs will be at Windy Hill to provide and talk through the resources available to Veterans! These could include **surviving spouse benefits, local discounts, VA health care enrollment, connections for local food and housing, claim denials, national cemetery burial information, education benefits, property and school tax exemption, and more!** If you're a Veteran, you'll want to learn the benefits that are potentially available to you. Schedule your appointment in the Windy Hill front office today.



Eyeglasses Donations

Windy Hill is a drop-off location for Spring Grove Lions Club's Recycle for Sight program. Used eyeglasses are sent to optical missions around the world. We're happy to allow our community to support this program.



Senior Hope Squad

Windy Hill has a group of members who are here to be active listeners in your time of need called the Senior Hope Squad. If you ever feel like you just need to get something off your chest or need a sounding board, we are your people. Every Wednesday Sr. Hope Squad members wear their special t-shirts and lanyards to identify who they are.

Watercolor Class

There will be no watercolor class in December. Watercolor will return in January.



Mission: The mission of Windy Hill on the Campus is to create a diverse and supportive community dedicated to lifelong learning, social interaction, and the well-being of its participants.

Vision: To be a vibrant, inclusive, sanctuary that supports our members' independence and living their best life.

Our Core Values:

Socialization
Healthy Lifestyle
Intergenerational Programming
Lifelong Learning
Dignity
Independence
Diversity

Scan Below to make a donation to show your support of Windy Hill!



Glatco Credit Union Mini-Branch



Hours at Windy Hill
Thursdays from

9:30 am - 11:30 am
in Windy Hill's Wellness Room

Thank you to our Sponsors!



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Sharon Madenfort & Debbie Nixon -	107	
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