

MON

TUE

WED

THU

FRI

<p>Daily 8:30-11:00 - Coffee Bar 8:30-2:30 - Fitness Room 8:30-2:30...Billiards Room 11:30 - Grab & Go Lunch 12 - Congregate Lunch Mondays & Wednesdays 8:30...Breakfast in the Café</p>	<p>Mon / Wed - Open Gym - 60+ Basketball 8:30-10 Mon/Fri Beg. Pickleball 1 pm Tues/Wed/Thurs. Pickleball 1 pm Wed. 8-Ball Pool 10 am *** GLATCO Credit Union Mini Branch Open Thursdays 9:30-11:30 am</p>		<p>1 8 & 9...Silver Sneakers Class 8:30...AARP Income Tax Prep 9... Fingerless Gloves Knitting 10...500 Bid Card Game 10...Yarn Workers 11...Chair Volleyball</p>	<p>2 8:45...Chair Yoga 9...Quarter Bingo 9:45...Walking Club 10...Tap Dancing 10:15...Drumming Exercise 11...Show Me Your Muscles</p> 
<p>5 9...T'ai Chi Chih 9...Chair Yoga 9:45...Walking Club 10...Coffee & Discussion 11...Chair Exercise</p>	<p>6 8 & 9...Silver Sneakers Class 9... Game Time w/ Students 9:30...Card Making w/ Sue 10...Hoke House Presentation 10...Pinochle 10...Beginner Line Dancing 11...Line Dancing 11...Chair Volleyball 12:30...Social Hour</p>	<p>7 9...Chair Yoga 9...iPad Class 9:45...Walking Club 10...Bible Study Discussion Group 10... Putting Practice 11...Chair Exercise 12:30... Chair Volleyball</p>	<p>8 8 & 9...Silver Sneakers Class 8:30...AARP Income Tax Prep 9:30-11:30...Quilts for Kids 10...Virtual Reality 10...500 Bid Card Game 11...Chair Volleyball 1:15...Yoga</p>	<p>9 8:45...Chair Yoga 9...Quarter Bingo 9...Parkinson's Exercise 9:45...Walking Club 10...Tap Dancing 10:15...Drumming Exercise 11...Show Me Your Muscles</p> 
<p>12 9...T'ai Chi Chih 9...Chair Yoga 9:15...Monday Bingo 9:45...Walking Club 10:30...Scrapping w/Bev 11...Chair Exercise 5...Quilts for Kids</p> 	<p>13 8 & 9...Silver Sneakers Class 10...Now You Have It... 10...Pinochle 10...Beginner Line Dancing 11...Line Dancing 11...Chair Volleyball</p>	<p>14 9...PA MEDI 9...Well-Checks 9...Chair Yoga 9...iPad Class 9... Game Time w/ Students 9:45...Walking Club 10... Putting Practice 10... Bible Study Discussion Group 10:30...Valentine's Party w/ D. Reed 11...Chair Exercise 12:30... Chair Volleyball 1...Memory Café</p> 	<p>15 8 & 9...Silver Sneakers Class 8:30...AARP Income Tax Prep 9...Fingerless Gloves Knitting 10...Book Club 10...Yarn Workers 10...500 Bid Card Game 11...Chair Volleyball 1...“(In)Famous Women of SG” 1:15...Yoga</p>	<p>16 8:45...Chair Yoga 9...Quarter Bingo 9:45...Walking Club 10...Tap Dancing 10:15...Drumming Exercise 11...Show Me Your Muscles</p> 
<p>19</p> 	<p>20 8 & 9...Silver Sneakers Class 10...Pinochle 10... Navigating the Maze of Senior Living Options - Country Meadows 10...Beginner Line Dancing 11...Line Dancing 11...Chair Volleyball 12:30... Social Hour 5...Quilts for Kids</p>	<p>21 9...Chair Yoga 9...iPad Class 9:45...Walking Club 10...Paint w/ Pat 10... Putting Practice 11...Chair Exercise 12:30... Chair Volleyball</p>	<p>22 8 & 9...Silver Sneakers Class 8:30...AARP Income Tax Prep 10... Wii Bowling 10...500 Bid Card Game 11...Chair Volleyball 1:15...Yoga</p>	<p>23 8:30...Blood Pressure Checks 8:45...Chair Yoga 9...Parkinson's Exercise 9...Quarter Bingo 9:45...Walking Club 10...Tap Dancing 10:15...Drumming Exercise 11...Show Me Your Muscles</p> 
<p>26 9...PA MEDI 9...T'ai Chi Chih 9...Chair Yoga 9... Game Time w/ Students 9:45...Walking Club 10... Active Shooter Training w/ PA State Police 11...Chair Exercise</p>	<p>27 8 & 9...Silver Sneakers Class 10...Word Link 10...Pinochle 10...Beginners Line Daning 11...Line Dancing 11...Chair Volleyball</p>	<p>28 8-12.. Driver Safety Class 830-12...Chair Massage 9...Chair Yoga 9...iPad Class 9:45...Walking Club 10... Putting Practice 11...Chair Exercise 12:30... Chair Volleyball</p>	<p>29 8 & 9...Silver Sneakers Class 8:30...AARP Income Tax Prep 9... Mitered Square Knitting (\$) 10...Birthday/Anniversary Party fea. Tom Shultz 10...500 Bid Card Game 11...Chair Volleyball</p>	

*Activities may change if conditions warrant.