



# Windy Hill on the campus

where life, learning, and generations connect

1472 Roth's Church Rd,  
Suite 103,  
Spring Grove, PA 17362  
(717) 225-0733

Normal Business Hours:  
**Monday through Friday**  
**8:30 AM - 2:30 PM**

## Intergenerational Day of Fun!

**Wednesday, August 14th**  
Windy Hill on the Campus will be holding a day of shared programming for our members & their grandchildren. We welcome Windy Hill members to bring their grandchildren or great-grandchildren to participate in some programs with us! Please note, children must be ages kindergarten through twelfth grade.

The parents will need to fill out a registration form/waiver for the children to attend. Registration forms are due no later than Monday, August 12th. Forms are located in the office.

- **10 am-** Intergenerational Craft: A combined owl painting instructed by Pat Isch.
- **12 pm-** Sign up for a shared lunch of stadium hot dogs!
- **12:30 pm-** Intergenerational Chair Volleyball.

## Sweatin' to the '60s Tunes

**Mondays, August 13th & 20th @ 10 am**

Looking for a way to liven up your routine? Try out some physical exercise while enjoying some tunes from yesteryear!

Sign up on Copilot for "Activity" to attend.

**Please do not park in the fire lane or coned off spaces reserved for child pickup. Thank you!**

**Volume 3, Issue 8**

**August 2024**

## Cool Down with our No Bake, Bake Sale Fundraiser

**Throughout the Entire Month of August**

Beat the heat and support Windy Hill without even touching your oven! It's too hot to bake, so why not donate the amount you'd typically spend on ingredients or what you'd typically spend bidding on those sweets during our dessert auctions? Don't worry, Dessert Auctions will return in the fall when the weather is cool enough to bake again. Stay cool and comfortable indoors while making a meaningful impact! Donate by cash or check in the office, or online using the QR Code.



## Building Update

We want to keep you informed about the latest developments regarding the building project that has been the topic of much discussion lately. We understand there have been questions about how renovations will impact Windy Hill and your participation in our programs. Our management team has been diligently working behind the scenes to address all concerns and prepare for the upcoming changes. We are currently in the process of finalizing plans for temporary locations during the construction period and ensuring that all your questions are answered thoroughly.

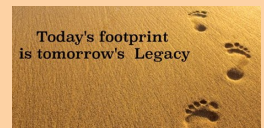
However, we must inform you that there have been some changes in the scope of the project aimed at improving cost efficiency. As a result, the timeline for construction has been pushed back. **At this time, we do not have a confirmed start date for construction but it is expected to still be within this calendar year. We intend to remain in our current space until it is necessary for us to relocate for construction purposes.** Rest assured, we are committed to keeping you updated as we receive more information and to continuing to offer top-notch programs. Your understanding and support during this endeavor are greatly appreciated.

## MAKE A DIFFERENCE IN THE LIVES THAT FOLLOW ...

### Legacy: Leave Yours at Windy Hill

#### Ten Ways to Leave a Legacy:

- Prepare** a Will. Without a will, you will lose control over how and to whom your property is distributed.
- Leave** a gift in your will for charities that made a difference in your life. Imagine the positive impact on our community if everyone donated to a favorite cause.
- Leave** a percentage of your estate or a specific dollar amount to your favorite charity.
- Give** assets. These include cash, GICs, stocks, bonds, mutual funds, real estate, art, jewelry and vehicles.
- Name** your favorite charity as owner and beneficiary of an existing life insurance policy or purchase a new policy for this purpose.
- Learn** more about charitable gift annuities and how they could provide you with income during your lifetime, while ultimately benefiting a charity.
- Talk** to your favorite charity (hint: Windy Hill) about their needs and your interest in leaving a legacy. This will ensure that your money is used in a productive way.
- Remember** loved ones with a memorial gift to a charity and include memorials to a charity in your obituary instead of flowers.
- Encourage** family and friends to leave gifts to favorite charities in their wills.
- Ask** your financial advisor to include charitable giving as part of counsel to clients.



In conjunction with our facility's renovation, we're excited to unveil a Legacy Wall where we will recognize members who choose to provide a planned gift. Your generosity will be recognized and cherished for generations to come. For additional details on leaving your Legacy with Windy Hill, please contact Tammy Miller at 717-225-0733 x102.

**Stay Connected:**  
[windyhillonthecampus.org](http://windyhillonthecampus.org)



**Email:** [info@windyhillonthecampus.org](mailto:info@windyhillonthecampus.org)  
**Facebook:** [Facebook.com/windyhillotc](https://www.facebook.com/windyhillotc)



# Donations

Thank you to those listed below and the anonymous donors who made donations during the month of **June**. Your support of our mission is truly appreciated.

### Monetary Donations

Smokey & Patty Barley  
 Joan Book  
 Bob & Maryann Brenneman  
 Patricia Broadhurst-Stone  
 Mary A Doan  
 Glatco Credit Union  
 Rick & Sandy Harmer  
 Gen Reed  
 Carol E Smith  
 Patricia Stonesifer  
 White Rose Leadership  
 Institute

### Item Donations

Vicky Anderson  
 Martin Antkowiak  
 Linda Armstrong  
 Betty Bange  
 Maryann Beaver  
 Susan Blum  
 Bob & Maryann Brenneman  
 Bud & Wendy Bubb  
 Ed Bubb  
 Church & Dwight Co., Inc.  
 Frank Crisci  
 Ethel Donner  
 Hal & Kay Edris  
 John & Deb Freed  
 Mike & Deb Gardner  
 Jim & Joanne Garner

Hazel Hamme  
 Rick Hill & Ronnee  
 Greenstein  
 Hillandale Farms East  
 Charles & Janice Hoffman  
 Sue Howes  
 Terri Joseph  
 Joann Kirkwood  
 Linda Krebs  
 Larry Kress  
 Ken & Bonna Krout  
 Bonnie Luckenbaugh  
 Susan Mayer  
 Scott & Tammy Miller  
 Melinda Mott  
 Ed & Ruth Myers  
 Kenneth Myers

Linda Ness  
 Byron & Patsy  
 Pomraning  
 Tamara & Evan Ramer  
 Shirley Silar  
 Linda Six  
 Elaine Smeigh  
 Theresa Smith  
 Glenn & Lois Snyder  
 Bob & Jan Szczechowiak  
 Nancy Wagner  
 Adelle Ward  
 Jeffrey Waybright  
 John Weaver  
 Eva Weber  
 Richard Ziegler

## Windy Hill Membership

Membership to Windy Hill is **FREE** and open to **active, independent Spring Grove & surrounding community members ages 60+**. Visit our website for more information: [windyhillonthecampus.org](http://windyhillonthecampus.org), stop in for a tour, or call 717-225-0733. *We look forward to meeting you!*

## Copilot from Home

**Did you know you can preregister for lunches and activities on Copilot from home?** Visit [community.copilot21.com](http://community.copilot21.com), enter your email address and use your Copilot ID as the password.

This will only work if we have your email address on file. If you do not have your email address on file, please see a WH staff member to have them enter this information so you can access this from home.

## Children Visitors

According to our member handbook, "Members are not permitted to bring their children/ grandchildren [to the center] unless for a specific program or prior permission has been obtained from staff." We ask that all members abide by this rule. Although we appreciate and see the benefit of intergenerational programs, they are not a daily occurrence at our center. A copy of the member handbook can be found in our office and online.

## Wish List



Disinfectant Wipes\*  
 Tissues\*  
 Toilet Paper  
 Paper Towels\*  
 13 Gallon Garbage Bags\*  
 Bottled water  
 Sticks of butter (salted)\*  
 Heavy Duty dessert size plates (4-6 inch)\*  
 Heavy Duty dinner size plates (9 inch)\*  
 Cans of soda: Coke, Diet Coke, Pepsi, Diet  
 Pepsi, Sprite, Orange, Root Beer\*

Snacks & Chocolate for vending machines\*  
 Postage Stamps\*  
 Hand Soaps\*  
 Printer paper  
 Sandwich-sized Ziplock bags\*  
 Gallon-sized Ziplock bags\*  
 Quart-sized Ziplock bags\*  
 Dawn Dish Soap  
 Salad Dressing (Ranch, French, 1,000 Island)\*  
 Snacks to share for parties & bingo

**\*Denotes items of greater need.**

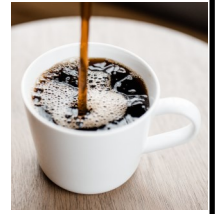
### Join Us for Breakfast!

Breakfast in the Café is now available **Monday & Wednesday** mornings from **8:30 to 9:30 am**. Currently, we are offering egg sandwiches with bacon, cheese or sausage for \$2 and fruit & yogurt parfaits for \$2. **Sign up is located on the clipboard on the table in the Café.**  
**Payment due upon receipt.**



### Coffee Bar

**Mondays - Fridays**  
**from 8:30 am - 11 am**  
 Coffee, hot tea, and hot chocolate are available for purchase during our coffee bar hours. **The cost is 50 cents per 12 oz. cup.**  
**Please place your payment by the register.**



### Join Us for Lunch!

**Lunch is served Monday through Friday at noon** in our cafeteria. All members are encouraged to take advantage of our lunch program. **Windy Hill's only funding received from the county is based on the number of members who eat meals each day.**  
**Grab & Go Meals** to take home are available in the office **Monday through Friday from 11:30 am—noon**. Grab & Go Meals will be held for those who preregistered until noon, unless we are notified that you will be late to arrive. Those who wish to participate in our lunch program must **preregister by using Copilot or by leaving a message on extension 105** with your name, the dates you would like to join us for lunch and if you'd like grab & go or dine-in. Registration is required two days before you plan to join us.

There is **no charge** for lunch here at Windy Hill, but donations are appreciated and encouraged. *Our lunch program is an important part of what makes Windy Hill such a special place. **Please consider your part in donating today!***



### Lucky Lunch

**Monday - Friday at 12:15 pm**

All active members within the past year are in the drawing to win, but **only those who pay 50 cents and join us for lunch (Regular or Grab & Go) will be eligible to win!** *Sign up in the dining room at the back table.*

### Welcome New Members!

Arnold H Bair	Lauren Lake
Kimberly A Bair	Dan G McGowan
Brenda L Bankert	Lyndora R Miller
Mercedes S Baumgardner	Dorothy M Mills-Verba
Mary Ann Berrian	Annie A Myers
Michael L Chronister	Charles H Myers
Mary J Fringer	Jacque Price
James L Grim	Karen A Rutter
Karen L Grim	Michael G Rutter
Joseph P Hackett	Joan A Smith
Roxann Harrell	Robert J Verba
Donald E Hartlaub	Flora V White
Sandy R Hartlaub	Elizabeth A Williams
Michael J Hawn	Marshall G Williams
Brenda M Heiner	
Yvonne D Hilmer	

**HELLO!**

### Prayer List

Barry Anderson  
 Audrey Bierley  
 Delores Brillhart  
 Philip Carlise  
 Rick & Alma Dibble  
 Marlene Eline  
 Hilda Grothey  
 Loretta Hamme  
 Pat Hoff  
 Dolores Hoover  
 Anne Jones

Carol Kimmey  
 Thomas Leese  
 Walter Lobodinsky  
 Charley Males  
 Shirley Mitzel  
 Sandra Mueller  
 Ella Murphy  
 Robert Myers Jr.  
 Norman Platt  
 Diana Putman

Thelma Russell  
 Holly Senft  
 Shirley Sheaffer  
 Brenda Shaffer  
 Phyllis Smith  
 Carol Sollenberger  
 George Turner  
 Helen Westerback



**If there is a member you'd like added to the prayer list, please contact Nancy.**

### Memorials

Charles "Charlie" Zinn - 6/24

Jean Thieret - 6/30



*The families & loved ones of these members are in our thoughts and prayers.*

In an effort to inform our Windy Hill family of the passing of our members, we will now be placing names of those who we're aware have passed in our monthly newsletter. Please let Nancy know if we missed someone. Thank you.

### August Newsletter Sponsors:

*Sponsored by:*  
**Sherry Panell**

**Dick & Joan Graybill** - In Honor of Windy Hill Volunteers for all the good work & help they give.

**Joan Shearer** - In Memory of my sister, Jerry Lucabaugh.

**Gynger Garrison** - In Memory of Bill & Jennie Blake.

**We need newsletter sponsors each month.** Help us to offset the cost of printing our newsletter. The cost is \$25 each month that you choose to dedicate or honor anyone or any occasion that you wish.  
*Contact Nancy for more info.*

## August Birthdays

- |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                             |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>1 - Robert Birrane<br/>Michael Gardner<br/>Mary Hortch<br/>Ruby Monteiro-Rog<br/>2 - Franklin Busch<br/>Bonita Fagan<br/>Connie Hoffacker<br/>Lyndora Miller<br/>Terry Monheim<br/>Sharon Whitney<br/>3 - Peggy Haley<br/>Mildred Prough<br/>Michael Rupp, Jr<br/>4 - Steven Clayton<br/>Hilda Eyster<br/>Norma Furst<br/>Louis Lippi<br/>Ann Seitz-Brown<br/>5 - William Dignan Jr<br/>Thomas Seidenstricker<br/>6 - John Runk<br/>Mary Jo Runk<br/>Gretchen Smith<br/>7 - Michael Black<br/>Naomi Shearer<br/>Carole Smith<br/>David Wilhelm<br/>Keith Witmer<br/>8 - Dolores Hoover</p> | <p>9 - Patricia Bortner<br/>Dale Geiman<br/>Kenneth Krout<br/>Samuel Leese<br/>George Lightner<br/>Robert Palmer<br/>Michael Stambaugh<br/>10 - Robert Bennett<br/>Marian Kessler<br/>Darlene Leib<br/>Janet Maher<br/>James Shupp<br/>11 - Donna Dubs<br/>Jeffrey Hall<br/>Loretta Hamme<br/>Donna Rupp<br/>Robin Ruth<br/>Karen Rutter<br/>Victoria Snyder<br/>12 - Karen Calandrelle<br/>Cynthia Wietry<br/>13 - Lois Baumgardner<br/>Judith Churchfield<br/>Judith Reed<br/>Dale Smith<br/>14 - Bertie Hammer<br/>Herbert Harbold<br/>Lawrence Lawson<br/>Cynthia Rife<br/>Ronald Ruman</p> | <p>15 - Janet Costella<br/>Dora Esbenschade<br/>Warren Kellenbenz<br/>Karen Lippy<br/>Robert Nye<br/>16 - Alma Dibble<br/>Vance Myers<br/>17 - Bonnie Calhoun<br/>Molly Morris<br/>Victoria Shaw<br/>Anna Smith<br/>18 - Nancy Clagg<br/>Hollace Kahley<br/>Saundra Miller<br/>Deborah Slawson<br/>19 - Deborah Brogan<br/>Betty Hughes<br/>William Rambo<br/>Annette Staub<br/>20 - Conrad Eiben<br/>Sharon Kessler<br/>Katherine Lua-Hernandez<br/>Teresa Luckenbaugh<br/>Renee Seidenstricker<br/>21 - Barbara Walton<br/>John Weaver<br/>Jennifer Yutzky<br/>22 - Alvin Bankert<br/>Patty Barley</p> | <p>22 - Linda Bosley<br/>Joann (Ethel) Nace<br/>Andrew Seidel<br/>Cindy Selby<br/>David Steiner<br/>23 - Marty Brown<br/>Doris Goodling<br/>Kim Poncavage<br/>Phillip Wolfe<br/>24 - Richard Berg<br/>Maryann Brenneman<br/>Kenneth DeFelippo<br/>Beverly Dunkerly<br/>Thomas Marshall<br/>Steve Senft<br/>Phyllis Thomas<br/>25 - Carol Drueckhammer<br/>Bonnie Istre<br/>Erma Lapinski<br/>26 - Suzy Allshouse<br/>Jo Ann Kendrick<br/>Linda Krebs<br/>Christine Luckenbaugh<br/>Mary Lou Sheppard<br/>Robert Wetzel<br/>27 - Anna Hoffman<br/>Karl Jacoby<br/>Fred Shultz<br/>Edward Stinebert<br/>Marlys Wlodarski</p> | <p>28 - Nita Althouse<br/>Edgar Blevins<br/>Sylvia Elliott<br/>Hannah Kessler<br/>29 - Mary Ann Berrian<br/>Mark Bortner<br/>Rita Buschman<br/>Charles Neff<br/>30 - Sandra Brenneman<br/>James Dietrich, Jr.<br/>Wesley Eyler Sr.<br/>Timothy Grove<br/>Christine Hamaker<br/>Robert Murray<br/>Carmel Smith<br/>Doris J. White<br/>31 - Jeanne Grogg<br/>John Shearer</p> |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



**If we missed  
your birthday or  
anniversary,  
please contact  
the office!**

## Happy Anniversary to...

- |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><i>Michael &amp; Carol Black</i><br/>August 1st, 2023<br/><i>Randy &amp; Linda Pearson</i><br/>August 1st<br/><i>David &amp; Cecile Fetters</i><br/>August 2nd, 1969<br/><i>George &amp; Fran Ryer</i><br/>August 2nd, 1969<br/><i>William &amp; Linda Zumbrum</i><br/>August 2nd<br/><i>Thomas &amp; Sharon Harman</i><br/>August 3rd, 1969<br/><i>Stan &amp; Sharon Kessler</i><br/>August 3rd, 1973<br/><i>Bruce &amp; Deborah Stambaugh</i><br/>August 3rd, 1969<br/><i>Larry &amp; Carolyn Albright</i><br/>August 4th, 1973<br/><i>Charles &amp; Erma Ness</i><br/>August 4th, 2023<br/><i>Ronald &amp; Rosalie Dinges</i><br/>August 6th, 1972<br/><i>Gregory &amp; Mary Jo Runk</i><br/>August 6th, 1977</p> | <p><i>Barry &amp; Tammy Shaffer</i><br/>August 6th, 1977<br/><i>Conrad &amp; Susan Eiben</i><br/>August 7th<br/><i>Dean &amp; Joyce Meyer</i><br/>August 7th, 1965<br/><i>Scott &amp; Cynthia Ott</i><br/>August 7th<br/><i>Marshall &amp; Elizabeth Williams</i><br/>August 7th, 1992<br/><i>Kevin &amp; Joanne Lain</i><br/>August 8th, 2018<br/><i>Bud &amp; Wendy Bub6</i><br/>August 9th, 1975<br/><i>David &amp; Beverly Hilt</i><br/>August 9th, 1980<br/><i>Larry &amp; Jeannette Sprengle</i><br/>August 9th, 1980<br/><i>Gregory &amp; June Birk</i><br/>August 10th<br/><i>Nick &amp; Jennifer Gentile</i><br/>August 11th, 1984<br/><i>Norman &amp; Virginia Adams</i><br/>August 12th, 1967</p> | <p><i>Mark &amp; Stephanie Jacoby</i><br/>August 12th, 2006<br/><i>Eric &amp; Reschelle Krebs</i><br/>August 12th, 2009<br/><i>Ronald &amp; Connie Chronister</i><br/>August 13th, 1194<br/><i>Carlton &amp; Arlene Stambaugh</i><br/>August 14th, 1971<br/><i>Jay &amp; Deborah Bigelow</i><br/>August 15th, 1987<br/><i>Willis &amp; Connie Emory</i><br/>August 15th, 1964<br/><i>Michael &amp; Donna Rupp</i><br/>August 15th, 1970<br/><i>James &amp; Cheryl Yohe</i><br/>August 15th, 1971<br/><i>Kenneth &amp; Sharon Gladfelter</i><br/>August 16th, 1967<br/><i>Marty &amp; Melanie Mitchell</i><br/>August 16th, 1980<br/><i>Raymond &amp; Diana Putman</i><br/>August 16th, 1975<br/><i>Louis &amp; Mary Eckfiart III</i><br/>August 18th, 1979</p> | <p><i>Jimmy &amp; Betty Hughes</i><br/>August 18th, 1973<br/><i>Mark &amp; Diane Nenninger</i><br/>August 18th, 2012<br/><i>Roy Wardle &amp; Mary Keller</i><br/>August 18th, 2001<br/><i>James &amp; Pamela Kimber</i><br/>August 20th, 1983<br/><i>Barry &amp; Barbara Wert</i><br/>August 23rd, 1975<br/><i>Joseph &amp; Sandra Lange</i><br/>August 25th, 1973<br/><i>David &amp; Elaine Snedeker</i><br/>August 25th<br/><i>Donald &amp; Patricia Crumble</i><br/>August 26th,<br/><i>William &amp; Emma Ely</i><br/>August 26th, 1990<br/><i>Jeffrey &amp; Anne Jones</i><br/>August 27th, 1977<br/><i>Jack &amp; Derondia Roberts</i><br/>August 31st, 1968<br/><i>David &amp; Betsy Roth</i><br/>August<br/><i>Mark &amp; Barbara Schumacher</i><br/>August</p> |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

Mon

Tue

Wed

Thu

Fri



<p><i>Daily</i> 8:30-11:00 - Coffee Bar 8:30-2:30 - Fitness Room 8:30-2:30- Billiards Room 11:30 - Grab &amp; Go Lunch 12 - Congregate Lunch</p>	<p><b>LEGEND:</b> A = Auditorium, B = Billiards Room, C = Café, CA = Cafeteria, CO = Conference Room, D-CA = Dance Floor of CA, CR = Craft Room, G = Glass Room, GY = Gym, L = Lobby, Y = Yoga Room</p>	<p>Mon &amp; Fri Beg. Pickleball 12:45 pm - 2:30 pm Mon / Wed - Open Gym - 60+ Basketball 8:30-10 Tues/Wed/Thurs. Int. Pickleball 12:45 pm - 2:30 pm *** GLATCO Credit Union Mini Branch Open Thursdays 9:30-11:30 am</p>	<p><b>1</b> 8 &amp; 9- Silver Sneakers Class /Y 10- 500 Bid Card Game /C <b>10-Wii Bowling /D-CA</b> 11- Chair Volleyball /L 12:30- <b>Alzheimer Warning Signs /CA</b></p>	<p><b>2</b> 8:45- Chair Yoga \$ /A  9- Friday <b>Bingo</b> \$ /CA 9:45- Walking Club /L 10- Tap Dancing \$ /A 10:15- Drumming Exercise /Y 11- Show Me Your Muscles /L</p>
<p><b>5</b> 8:30- Breakfast in the Café \$ \$ 9- T'ai Chi Chih \$ /Y 9- Chair Yoga \$ /A 9:45- Walking Club /L 10- <b>Coffee &amp; Discussion /CA</b> 11- Chair Exercise /L</p>	<p><b>6</b> 8 &amp; 9- Silver Sneakers Class \$ /L 10- Pinochle /C <b>9- Estate Planning /CA</b> 10- <b>Author Presentation /CA</b> 10- Beginner Line Dancing \$ /A 11- Line Dancing \$ /A 11- Chair Volleyball /L</p>	<p><b>7</b> 8:30- Breakfast in the Café \$ 9- Chair Yoga \$ /A 9- <b>Creative Writing (wk 8) /Y</b> 9:45- Walking Club /L 10- 8 Ball Billiards /B 10- <b>Bible Study Discussion /CO</b> 11- Chair Exercise /L 12:30- Chair Volleyball /L</p>	<p><b>8</b> 8 &amp; 9- Silver Sneakers Class /Y 9:30- <b>Card Making w/ Sue /CA</b> 10- 500 Bid Card Game /C 11- Chair Volleyball /L 1- <b>Silver Triangle Meeting /Y</b></p>	<p><b>9</b> 8:45- Chair Yoga \$ /A  9- Friday <b>Bingo</b> \$ /CA 9- <b>Parkinson's Exercise /Y</b> 9:45- Walking Club /L 10- Tap Dancing \$ /A 10:15- Drumming Exercise /Y 11- Show Me Your Muscles /L</p>
<p><b>12</b> 8:30- Breakfast in the Café \$ 9- T'ai Chi Chih \$ /Y 9- Chair Yoga \$ /A 9:15- <b>Monday Bingo \$ /CA</b> 9:45- Walking Club /L 11- Chair Exercise /L </p>	<p><b>13</b> 8 &amp; 9- Silver Sneakers Class \$ /L 9:30- <b>Watercolor w/ Katie \$ /CA</b> 10- Pinochle /C 10- <b>Sweatin': 60's tunes /CA</b> 10- Beginner Line Dancing \$ /A 11- Line Dancing \$ /A 11- Chair Volleyball /L 1- <b>Diabetes Prevention /CA</b></p>	<p><b>14</b> 8:30- Breakfast in the Café \$ 9- <b>PA Medi (by Appt)</b> 9- Chair Yoga \$ /A 9- <b>Wellness Checks /G</b> 9:45- Walking Club /L 10- <b>Intergenerational Craft /CA</b> 10- 8 Ball Billiards /B 10- <b>Bible Study Discussion /CO</b> 11- Chair Exercise /L 12:30- <b>Intergen. Chair Volleyball /L</b> 1- <b>Memory Café: Game Day</b></p>	<p><b>15</b> 8 &amp; 9- Silver Sneakers Class /Y 10- 500 Bid Card Game /C 10- <b>Book Club /CO</b> 10- <b>Birds of Penna. /CA</b> 11- Chair Volleyball /L</p>	<p><b>16</b> 8:45- Chair Yoga \$ /A  9- Friday <b>Bingo</b> \$ /CA 9:45- Walking Club /L 10- Tap Dancing \$ /A 10:15- Drumming Exercise /Y 11- Show Me Your Muscles /L</p>
<p><b>19</b> 8:30- Breakfast in the Café \$ 9- T'ai Chi Chih \$ /Y 9- Chair Yoga \$ /A 9:45- Walking Club /L 10- <b>Scrapbooking with Bev /CR</b> 11- Chair Exercise /L</p>	<p><b>20</b> 8 &amp; 9- Silver Sneakers Class \$ /L 10- Pinochle /C 10- <b>Now You Have It (\$5 Gift) /CA</b> 10- <b>Sweatin': '60s tunes /CA</b> 10- Beginner Line Dancing \$ /A 11- Line Dancing \$ /A 11- Chair Volleyball /L</p>	<p><b>21</b> 8:30- Breakfast in the Café \$ 9- Chair Yoga \$ /A 9:45- Walking Club /L 10- <b>Notes of Healing /L</b> 10- 8 Ball Billiards /B 11- Chair Exercise /L 11:30- <b>Wii Bowling /D-CA</b> 12:30- Chair Volleyball /L</p>	<p><b>22</b> 8 &amp; 9- Silver Sneakers Class /Y 10- 500 Bid Card Game /C 10- <b>Archeology Video /CA</b> 11- Chair Volleyball /L 1- <b>Silver Triangle Meeting /Y</b></p>	<p><b>23</b> 8:45- Chair Yoga \$ /A  9- Friday <b>Bingo</b> \$ /CA 9- <b>Parkinson's Exercise /Y</b> 9:45- Walking Club /L 10- Tap Dancing \$ /A 10:15- Drumming Exercise /Y 11- Show Me Your Muscles /L</p>
<p><b>26</b> 8:30- Breakfast in the Café \$ 9- T'ai Chi Chih \$ /Y 9- <b>PA Medi (by Appt)</b>  9- Chair Yoga \$ /A 9:15- <b>Monday Bingo \$ /CA</b> 9:45- Walking Club /L 11- Chair Exercise /L <b>12:30-Sundae Social by invite /CA</b></p>	<p><b>27</b> 8 &amp; 9- Silver Sneakers Class \$ /L 10- Pinochle /C 10- <b>Grief &amp; Loss Support /Y</b> 10- <b>Family Feud /CA</b> 10- Beginner Line Dancing \$ /A 11- Line Dancing \$ /A 11- Chair Volleyball /L 1- <b>Diabetes Prevention /CA</b></p>	<p><b>28</b> 8:30- Breakfast in the Café \$ 8:30- <b>Chair Massage (by Appt)</b> 9- Chair Yoga \$ /A 9- <b>Book Folding \$ /Y</b> 9:45- Walking Club /L 10- 8 Ball Billiards /B 10- <b>Death Rituals Around the Globe /CA</b> 11- Chair Exercise /L 12:30- Chair Volleyball /L</p>	<p><b>29</b> 8 &amp; 9- Silver Sneakers Class /Y 10- 500 Bid Card Game /C 10- <b>Birthday/Anniversary Party fea. DJ Chris Wagman /CA</b> 11- Chair Volleyball /L</p> 	<p><b>30</b> 8:30- <b>Blood Pressure Checks</b> 8:45- Chair Yoga \$ /A  9- Friday <b>Bingo</b> \$ /CA 9:45- Walking Club /L 10- Tap Dancing \$ /A 10:15- Drumming Exercise /Y 11- Show Me Your Muscles /L</p>

\*Activities & locations may change if conditions warrant.



# August

York County

Monday	Tuesday	Wednesday	Thursday	Friday
	*menu subject to change		Club Sandwich (1oz Ham, 1oz Turkey, 1oz Cheese Lettuce & Tomato 1/2c Potato Salad Hoagie Roll Seasonal Fresh Fruit <b>NEW ITEM</b>	Baked Meatloaf w/ Grav 1/2c Mashed Potatoes 1/2c Peas 1 White Bread 1/2c Gelatin
Creamy Parmesan Pork Chop 1/2c Diced Redskin Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits Cookie	Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad	Grilled Chicken Caesar Salad 1c Mixed Greens (3 oz Diced Chicken 1t Parmesan, Tomato, Croutons) 1c Cream of Broccoli Soup Dinner Roll 1/2c Blushed Pears	Cheese Omelet 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	Mango BBQ Chicken Brea 1/2c. Brown Rice 1/2c. Carrots Wheat Bread Fresh Orange
Pot Roast w/ Gravy 1/2c Parsley Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Peach Crisp	<b>NEW ITEM</b> Baked Salmon w/ White Wine Cream Sauce 1/2c White Rice 1/2c Island Blend Vegetables Wheat Bread 1/2c Cinnamon Applesauce	Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Green Beans 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges	Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2 c Lima Beans 1 Wheat Bread 1/2c Gelatin	Pesto Chicken 1/2c. Buttered Pasta 1c. Toss Salad w/ tomato & dr Dinner Roll Seasonal Fresh Fruit <b>NEW ITEM</b>
Taco Bake (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1/2c Corn w/ Pimentos 1/2c Pineapple <b>NEW ITEM</b>	Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Seasonal Fresh Fruit	Roast Pork w/ 2oz Sauerkraut 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Wheat Bread Cookie	Baked Pollock 1/2c Macaroni & Cheese 1/2c Spinach 1 Wheat Bread 1/2c Pudding	Chicken Parmesan w/ 2oz Sauce 1/2c Rotini 1c Tossed Salad w/ Toma 1 Slice Italian Bread 1/2c Mandarin Oranges
BBQ Pulled Pork Sandwich 1/2c Coleslaw 1/2c Ranch Potatoes Sandwich Roll Cookie	<b>NEW ITEM</b> Baked Beef Ravioli (6 Ravioli) w/ 1oz Shredded Cheese 1c Tossed Salad w/ Tomato 1 Garlic Breadstick Seasonal Fresh Fruit	Cheeseburger w/ Lettuce, Tomato 1c Creamy Potato Soup w/ Crackers 1 Hamburger Roll Seasonal Fresh Fruit 1 Cookie	Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie	Chicken, Spinach & Cranberry Salad w/ Dressing (3oz chix, .5oz cheese, 1t. Cran) 1c. Mixed Greens & Spinach 1/2c. Beets 1 Breadstick 1 Cookie

# Socialization Opportunities



## Coffee & Discussion

**Monday, August 5th at 10 am**

Join us for our monthly **Coffee & Discussion time**. This will be a time to socialize with staff and members to learn more about the behind-the-scenes of our organization. This is a wonderful way to stay connected to the mission and vision of Windy Hill. Sign up on Copilot for "**Coffee & Conversation**" to attend.

## Author Presentation

**Tuesday, August 6th at 10 am**

Author & Windy Hill member, Phil Servary, will be conducting a presentation on his book, "Don't Look Back". A story about a child's experience with adoption, faith, looking ahead & never looking back. Sign up on Copilot for "**Speaker**" to attend.

## Bible Study Discussion

**Wednesdays, August 7th & 14th at 10 am**

Pastor Josh Trojak leads this group's discussion. Members of all denominations are welcome to attend. This group meets the 1st & 2nd Wednesday of each month at 10 am. Sign up on Copilot for "**Bible Study**" to attend.

## Monday Bingo

**Mondays, August 12th & 26th at 9:15 am**

*\$10 for a pack of 30 games*



## Friday Bingo

**Fridays starting at 9:00 am**

*\$10 for a pack of 40 games*

*(3 cards per game)*

Cash payout - 41st game jackpot prize!

Sign up on Copilot to attend.

## August Birthday & Anniversary Party

**Thursday, August 29th from 10 am - 12 pm,**

*featuring DJ Chris Wagman. Enjoy cupcakes courtesy of Country Meadows.*

**RSVP to attend on Copilot by registering for "Birthday/Anniversary"** & sign up for a "Regular Lunch" if you're interested in lunch that day. Lunch that day will be **Open Faced Turkey Sandwich**. All members are welcome and encouraged to come out to celebrate with us!



## Delaware Park Casino

**Thursday, October 3rd, 2024**

Cost: \$40 per person

**Depart WH: 9:30 am, Return WH: 7:30 pm**

Includes: Bagged Lunch & Bus fare plus gratuity.



## Bus Trips!

We're currently working on the schedule for next year! Let us know if you have suggestions.



## Volunteer Instructors Needed

Do you have a topic, talent, or hobby you'd like to share with others? We're looking for new programs to offer at the center, and we'd love your help to make this happen. See Alison with your ideas.

## Card Playing, in the Café

**Pinochle**—Tuesdays at 10 am

**500 Bid card game**—Thursdays at 10 am & 12:30 pm



## Games: Tuesdays at 10 am, in the Cafeteria

**Now You Have It (\$5 gift) - 8/20**

**Family Feud - 8/27**

Sign up on Copilot to attend.



## Memory Café

**Wednesday, August 14th at 1 pm**

In August, this group will be enjoying a "game day". If you would like to join us, contact Tammy Miller for more information.

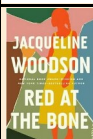
Memory Cafes offer people with dementia and their care partners the opportunity to enjoy regular, enjoyable social interaction with others in similar circumstances in a safe, welcoming environment.

## 10 Warning Signs of Alzheimer's

**Thursday, August 1st at 12:30 pm**

Presented by Tammy Miller, Windy Hill Development Director & Certified Dementia Practitioner. Learn how to recognize the warning signs of Alzheimer's disease. Compare the typical age-related changes with the signs of Alzheimer's and get tips on what to do if you notice them.

Sign up on Copilot for "**Memory Care**" to attend.



## Book Club: Red at the Bone

By Jacquelyn Woodson

**Thursday, August 15th at 10 am**

Moving forward and backward in time, Jacqueline Woodson's taut and powerful new novel uncovers the role that history and community have played in the experiences, decisions, and relationships of these families, and in the life of the new child. Come on out to discuss this book with your Windy Hill Friends. *Pick up your copy in the office!*

Sign up on Copilot for "**Book Club**" to attend.

## Penn's Peak: Carpenters Tribute

**Tuesday, October 22nd, 2024**

Cost: \$100 per person

**Depart WH: 7:15 am, Return WH: 7:30 pm**

Includes: Lunch, show, bagged lunch, bus fare and all gratuities.



If you are interested in attending one or multiple bus trips, please see the table in the front office for the payment envelopes and the deposit container.

Bus trip policy manuals can be found in the office by the bus trip payment deposit container.

## Fitness & Wellness

### Mondays

**8:30 - 10 am** - Open Gym Basketball—Free  
**9 am** - T'ai Chi Chih - \*\$5/\$2  
**9 am** - Chair Yoga - \*\$2/Free  
**9:45 am** - Walking Club - Free  
**11 am** - Chair Exercise\*\* - Free  
**12:45 pm** - Beginner Pickleball - Free

### Tuesdays

**8 am** - Boom Muscle—\*\$2/Free  
**9 am** - Silver Sneakers\*\* \*\$2/free  
**10 am** - Beginner Line Dancing - \$2  
**11 am** - Line Dancing - \$2  
**11 am** - Chair Volleyball - Free  
**12:45 pm** - Intermediate Pickleball - Free  
**(Postponed) 1 pm** - Hatha Yoga —\$5/\$2



### Wednesdays

**8:30 - 10 am** - Open Gym Basketball - Free  
**9 am** - Chair Yoga - \*\$2/Free  
**9:45 am** - Walking Club - Free  
**10 am** - 8-Ball Billiards - Free  
**11 am** - Chair Exercise\*\* - Free  
**12:30 pm** - Chair Volleyball\*\* Free  
**12:45 pm** - Intermediate Pickleball - Free

### Thursdays

**8 am** - Boom Muscle - \*\$2/Free  
**9 am** - Silver Sneakers\*\*- \*\$2/Free  
**11 am** - Chair Volleyball - Free  
**12:45 pm** - Intermediate Pickleball - Free



### Fridays

**8:45 am** - Chair Yoga - \$2/Free  
**9 am** - Parkinson's Exercise - Free (2nd & 4th Fri.)  
**9:45 am** - Walking Club - Free  
**10 am** - Tap Dancing Class - \$5  
**10:15 am** - Drumming Exercise - Free  
**11 am** - Show Me Your Muscles - Free  
**12:45 pm** - Beginner Pickleball - Free



### **Fitness Room & Billiards Room**

***Every day from 8:30 am—2:30 pm***

Our Fitness Room features ellipticals, treadmills, weights, stationary bike, etc. It is free to use. The Billiards Room features two pool tables to use during our hours of operation.

***\*Cost without Silver Sneakers /Renew or One Pass Insurance/Cost with Silver Sneakers Insurance***

***\*\*Offered on Zoom/Facebook Live***

### **Fitness Participants:**

Please make sure you are tapping the activities you're here to participate in and the insurance benefit you have: Silver Sneakers, Renew Active, or Silver & Fit (if you have one).

### **Grief & Loss Support Group**

**Tuesday, August 27th at 10 am**

Jamie, a Social Worker from VNA of Hanover & Spring Grove, will be here to facilitate the group. This group is intended to help people who have experienced grief from the loss of a loved one. Sign up on Copilot for "**Grief & Loss**" to attend.

### **Wii Bowling**

**Thursday, August 1st at 10 am and Wednesday, August 21st at 11:30 am**

Back by popular request, we will be offering this event twice this month! Come on out for some friendly competition. This game is able to be played by all abilities, even seated. Sign up on Copilot for "**Wii Bowling**" to attend.

### **Well-Checks**

**Wednesday, August 14th, 9 am to 11 am**

Family First Health staff will be here to perform free health checks. This is available by walk-in. They will be located in the glass room beside the office.

**Friday, August 30th at 8:30 am**

Jill Kaylor from Visiting Angels will conduct blood pressure checks in the cafeteria.

### **Notes of Healing**

**Wednesday, August 21st at 10 am**

Taylor Hood, a board-certified music therapist returns to lead us in a variety of musical movements & memorable tunes that have the power to enhance our quality of life & bring us together for a trip down memory lane. Sign up on Copilot for "**Entertainment**" to attend.



### **Chair Massages by Randy!**

**Wednesday, August 28th, starting at 8:30  
\$10 for 15 mins**

**Appts required; last appt ends at 12pm.**

Please limit yourself to only one appointment time, to allow everyone to have an opportunity to de-stress. ***Sign up for an appointment using the link in the eNews or by calling the office.***

### **Death Rituals Around the World**

**Wednesday, August 28th at 10 am**

Visiting Angels will be hosting this presentation about how human beings around the world honor & celebrate their deceased. Our differences in traditions & beliefs can seem fascinating & even disturbing to those unfamiliar with them, but we all share the common goal of celebrating the life of the deceased & providing closure for those left behind.

Sign up on Copilot for "**Speaker**" to attend.





## Lifelong Learning

### Creative Writing

**Wednesday, August 7th at 9 am.**

Our last class for this course. These classes are at no charge thanks to grant funding from the Cultural Alliance of York Co. & funds received during Give Local York from York Co. Community Foundation. No writing experience necessary. Course instructed by Heath Hardin. Class size is limited. Sign up on Copilot for “**Arts- Creative Writing**” to attend.

### Watercolor with Katie

**Tuesday, August 13th at 9:30 am**



Participants will be creating a lovely ladybug painting. This class is \$10. Please bring materials including watercolor paint, paper, brushes, and a pencil. No experience is necessary to participate in this class! Sign up on Copilot for “**Watercolor**” to attend.



### Birds of Pennsylvania

**Thursday, August 15th at 10 am**

Bonnie from Country Meadows will be onsite at Windy Hill to talk about Birds of Pennsylvania. This is a great lifelong learning opportunity! Sign up on Copilot for “**Speaker**” to attend.

### Scrapbooking with Bev

**Monday, August 19th at 10 am**

Windy Hill member, Bev Strausbaugh, will lead the scrapbooking class at no cost to you. Please remember to bring your own photos. (All other materials are supplied free of charge) Sign up on Copilot for “**Scrapbooking**” to attend.

### Archeology video

**Tuesday, August 6th at 9 am**



Join us for a video where we will be looking at Archeology: The study of human history & prehistory through the excavation of sites and the analysis of artifacts and other physical remains. Sign up on Copilot for “**Lifelong Learning**” to attend.

### Estate Planning

**Thursday, August 22nd at 9 am**

Bellomo & Associates, LLC will join us to present on how to arrange & manage estate planning. Learn how to reduce or eliminate uncertainties as well as maximizing the value of your estate by reducing taxes and other expenses. Sign up on Copilot for “**Speaker**” to attend.

### Paint with Pat

**You can join Pat Isch for an intergenerational craft (See front page for more details.)  
Paint with Pat will resume in September.**

### Quilts for Kids

**There will be no Quilts for Kids sessions in August. Quilts for Kids will resume in September.**



## Resources

### PA MEDI

**2nd Wednesday & 4th Monday at 9 & 10 am**

If you're getting ready to turn 65 it's a great idea to have a trained volunteer help you understand Medicare and the variety of supplements that are available. Appointments are held here at Windy Hill to help navigate the options available. Call our office to schedule your appointment. Please bring with you an identification card, your current health insurance, and your current list of medications.



### Silver Triangle Group

**Thursdays, August 8th & 22nd at 1pm**

This support group is for members of the LGBTQIA+ community. Attendees will have the opportunity to discuss personal experiences & challenges related to aging with Pride. This Non-Profit group is proudly sponsored by AARP Pennsylvania and has a partnership with York County Area Agency on Aging. You are not required to speak or share any information you are not comfortable with. What is said in group stays in group, and each group member will sign a confidentiality agreement. Sign up on Copilot for “**Silver Triangle**” to attend.



### Veteran's Outreach at Windy Hill

**The Fourth Tuesday of each month by appt.**

York County Veteran's Affairs is offering Veteran outreach services on-site at Windy Hill once a month. These on-site services are by appointment. For Veterans interested in booking an appointment, call the York County Veteran's Affairs office at 717-771-9687.

### Free Transportation

Did you know free, door-to-door transportation is **available for people ages 65+ through RabbitTransit?** Save gas money and ride the Rabbit. Call Windy Hill or stop in to get more details about this service.

### Property Tax/Rent Rebates

**1st Tuesday of the month from 9 - 9:45 am**

Schedule an appointment with a representative from Rep. Seth Grove's office for assistance with filling out the application for property tax or rent rebates. Call 717-767-3947 to schedule an appointment.

### Eyeglasses Donations



**Windy Hill is a drop-off location for Spring Grove Lions Club's Recycle for Sight program.** Used eyeglasses are sent to optical missions around the world. We're happy to allow our community to support this program. The eyeglasses receptacle is located in our lobby.

We kindly request that all participants refrain from wearing heavy fragrances. We strive to create the most inclusive, accommodating environment for everyone involved. We appreciate your understanding!



**Mission:** The mission of Windy Hill on the Campus is to create a diverse and supportive community dedicated to lifelong learning, social interaction, and the well-being of its participants.

**Vision:** To be a vibrant, inclusive, sanctuary that supports our participants' independence and living their best life.

**Our Core Values:**

- Socialization
- Healthy Lifestyle
- Intergenerational Programming
- Lifelong Learning
- Dignity
- Independence
- Diversity

**Glatco Credit Union Mini-Branch**

*Hours at Windy Hill*

**Thursdays from**

**9:30 am - 11:30 am**



**Thank you to our Sponsors!**

**DARRELL M. SIPE**  
Opticians and Hearing Aids

**aetna**  
medicare solutions

**COUNTRY MEADOWS**  
RETIREMENT COMMUNITIES

**Encompass Health**

**M&T Bank**  
Understanding what's important®

**Minnich's**  
EST. 1946  
PHARMACY  
Your Health Advocates.

**RE/MAX PATRIOTS**  
The Granite State Group

**The RESIDENCE**  
at FITZ FARM

America's Choice in Home Care  
**Visiting Angels**  
LIVING ASSISTANCE SERVICES

**BECK FUNERAL HOME & CREMATION SERVICE, INC.**

**BELLOMO & ASSOCIATES, LLC**  
ESTATE PLANNING & ELDER LAW  
www.bellomoassociates.com  
(717)845-5390

**Drayer** | PHYSICAL THERAPY INSTITUTE®

**GLATCO CREDIT UNION**

**M<sup>1st</sup> MEMBERS 1<sup>st</sup>**  
FEDERAL CREDIT UNION

**NEW YORK LIFE**

**OSS Health**

**SAVANT**  
WEALTH MANAGEMENT  
EST. 1986

Visiting Nurse Association of Hanover & Spring Grove

**ma**  
For Us. It's Personal

**2024 Board of Directors**

- President** - Chris Stock
- Vice President** - Scott Miller, R.Ph.
- Secretary** - Ron Ruman
- Treasurer** - Sharon Kebil-Whisler
- Past-President** - Sandy Sferrella-Taylor

**Directors**

- Laura Beck
- Joan Book
- Dr. Steven Guadagnino
- Pat Isch
- Betty Markle
- Sharon Myers
- Ambassador:* Tom Uffelman

Windy Hill Staff Members	Ext.	Email Address
<b>Amanda Fair</b> - HDM Coordinator/General Asst.	<b>105</b>	faira@windyhillonthecampus.org
<b>Margo Ilgenfritz</b> - Bookkeeper	<b>101</b>	ilgenfritzm@windyhillonthecampus.org
<b>Jenna Lawrence</b> - Executive Director	<b>103</b>	lawj@windyhillonthecampus.org
<b>Sharon Madenfort/Connie Hemingbrough</b> - Food Services Coordinators	<b>107</b>	
<b>Tammy Miller</b> - Development Director	<b>102</b>	millert@windyhillonthecampus.org
<b>Alison Mummert</b> - Program Manager	<b>104</b>	mummerta@windyhillonthecampus.org
<b>Nancy Wagner</b> - Administrative Assistant / Receptionist	<b>0</b>	info@windyhillonthecampus.org