

**Main Criteria:** North Dakota Academic Content Standards

**Secondary Criteria:** Rising Star Studios

**Subjects:** Health and PE, Language Arts, Social Studies, Social and Emotional Learning

**Grades:** 3, 4

**Correlation Options:** Show Correlated

**North Dakota Academic Content Standards**

**Health and PE**

Grade: 3 - Adopted: 2018

<b>CONTENT STANDARD</b>		<b>Health Education</b>
<b>BENCHMARK</b>	4.5.	<b>Standard 4: Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.</b>
<b>GRADE LEVEL EXPECTATION</b>	4.5.4.	Demonstrate how to ask for assistance to enhance personal health.  <u>Rising Star Studios</u> Helpfulness Independence
<b>CONTENT STANDARD</b>		<b>Health Education</b>
<b>BENCHMARK</b>	5.5.	<b>Standard 5: Demonstrate the ability to use decision making skills to enhance health and avoid or reduce health risks.</b>
<b>GRADE LEVEL EXPECTATION</b>	5.5.2.	Analyze when assistance is needed when making a health-related decision.  <u>Rising Star Studios</u> Helpfulness Independence

Grade: 3 - Adopted: 2015

<b>CONTENT STANDARD</b>	ND.PE.3.	<b>Physical Education</b>
<b>BENCHMARK</b>	S4.	<b>Exhibits responsible personal and social behavior that respects self and others.</b>
<b>GRADE LEVEL EXPECTATION</b>	S4.E1.3.	Exhibits personal responsibility in teacher-directed activities.  <u>Rising Star Studios</u> Dependable Responsibility Self-Reliance
<b>GRADE LEVEL EXPECTATION</b>	S4.E2.3.	Works independently for extended periods of time.  <u>Rising Star Studios</u> Independence
<b>GRADE LEVEL EXPECTATION</b>	S4.E4.3a.	Works cooperatively with others.  <u>Rising Star Studios</u> Cooperation
<b>GRADE LEVEL EXPECTATION</b>	S4.E4.3b.	Recognizes others for their success/effort in movement performance.  <u>Rising Star Studios</u> Commitment Consideration Discovering Talent
<b>GRADE LEVEL EXPECTATION</b>	S4.E5.3.	Recognizes the role of rules and etiquette in physical activity with peers.  <u>Rising Star Studios</u> Fairness Obedience
<b>GRADE LEVEL EXPECTATION</b>	S4.E6.3.	Works independently and safely in physical activity settings.  <u>Rising Star Studios</u> Independence

**Health and PE**

Grade: 4 - Adopted: 2018

<b>CONTENT STANDARD</b>		<b>Health Education</b>
<b>BENCHMARK</b>	4.5.	<b>Standard 4: Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.</b>
<b>GRADE LEVEL EXPECTATION</b>	4.5.4.	Demonstrate how to ask for assistance to enhance personal health.  <u>Rising Star Studios</u> Helpfulness Independence
<b>CONTENT STANDARD</b>		<b>Health Education</b>
<b>BENCHMARK</b>	5.5.	<b>Standard 5: Demonstrate the ability to use decision making skills to enhance health and avoid or reduce health risks.</b>
<b>GRADE LEVEL EXPECTATION</b>	5.5.2.	Analyze when assistance is needed when making a health-related decision.  <u>Rising Star Studios</u> Helpfulness Independence

Grade: 4 - Adopted: 2015

<b>CONTENT STANDARD</b>	ND.PE.4.	<b>Physical Education</b>
<b>BENCHMARK</b>	S4.	<b>Exhibits responsible personal and social behavior that respects self and others.</b>
<b>GRADE LEVEL EXPECTATION</b>	S4.E2.4.	Reflects on personal social behavior in physical activity.  <u>Rising Star Studios</u> Respect
<b>GRADE LEVEL EXPECTATION</b>	S4.E5.4.	Exhibits etiquette and adherence to rules in a variety of physical activities.  <u>Rising Star Studios</u> Fairness Obedience
<b>GRADE LEVEL EXPECTATION</b>	S4.E6.4.	Works safely with peers and equipment in physical activity settings.  <u>Rising Star Studios</u> Obedience

**North Dakota Academic Content Standards**

**Language Arts**

Grade: 3 - Adopted: 2017

<b>CONTENT STANDARD</b>	ND.3.RL.	<b>Reading Standard for Literature/Fiction</b>
<b>BENCHMARK</b>		<b>Key Ideas and Details</b>
<b>GRADE LEVEL EXPECTATION</b>	3.RL.2.	Recount stories, including fables, folktales, and myths from diverse cultures to determine the central message, lesson, or moral and explain how it is conveyed through key details in the text.  <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
<b>GRADE LEVEL EXPECTATION</b>	3.RL.3.	Describe characters in a story (e.g., their traits, motivations, or feelings) and their actions.  <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
<b>CONTENT STANDARD</b>	ND.3.RL.	<b>Reading Standard for Literature/Fiction</b>
<b>BENCHMARK</b>		<b>Craft and Structure</b>
<b>GRADE LEVEL EXPECTATION</b>	3.RL.4.	Determine the meaning of words and phrases as they are used in a text, distinguishing literal from nonliteral language.

		<u>Rising Star Studios</u> Helpfulness Honesty Initiative Perseverance
<b>CONTENT STANDARD</b>	<b>ND.3.RL.</b>	<b>Reading Standard for Literature/Fiction</b>
<b>BENCHMARK</b>		<b>Integration of Knowledge and Ideas</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>3.RL.7.</b>	Explain how specific aspects of a text's illustrations contribute to what is conveyed by the words in a story (e.g., create mood, emphasize aspects of a character or setting).  <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
<b>CONTENT STANDARD</b>	<b>ND.3.RL.</b>	<b>Reading Standard for Literature/Fiction</b>
<b>BENCHMARK</b>		<b>Range of Reading and Level of Text Complexity</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>3.RL.10.</b>	By the end of the year, read and comprehend literature, including stories, dramas, and poetry, on grade level independently and proficiently.  <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
<b>CONTENT STANDARD</b>	<b>ND.3.RI.</b>	<b>Reading Standards for Informational/Nonfiction Text</b>
<b>BENCHMARK</b>		<b>Key Ideas and Details</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>3.RI.1.</b>	Ask and answer questions to demonstrate understanding of a text (textual evidence), referring explicitly to the text as the basis for the answers.  <u>Rising Star Studios</u> Confidence Fairness
<b>GRADE LEVEL EXPECTATION</b>	<b>3.RI.2.</b>	Determine the main idea of a text and recount the key details to explain how they support the main idea.  <u>Rising Star Studios</u> Confidence Fairness
<b>CONTENT STANDARD</b>	<b>ND.3.RI.</b>	<b>Reading Standards for Informational/Nonfiction Text</b>
<b>BENCHMARK</b>		<b>Craft and Structure</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>3.RI.5.</b>	Use text features and search tools (e.g., key words, sidebars, hyperlinks) to locate information relevant to a given topic efficiently.  <u>Rising Star Studios</u> Confidence
<b>CONTENT STANDARD</b>	<b>ND.3.RI.</b>	<b>Reading Standards for Informational/Nonfiction Text</b>
<b>BENCHMARK</b>		<b>Integration of Knowledge and Ideas</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>3.RI.7.</b>	Use information gained from illustrations (e.g., maps, photographs) and the words in a text to demonstrate understanding of the text (e.g., where, when, why, and how key events occur).  <u>Rising Star Studios</u> Consideration Patriotism
<b>CONTENT STANDARD</b>	<b>ND.3.RI.</b>	<b>Reading Standards for Informational/Nonfiction Text</b>
<b>BENCHMARK</b>		<b>Range of Reading and Level of Text Complexity</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>3.RI.10.</b>	By the end of the year, read and comprehend informational texts, including history/social studies, science, and technical texts, on grade level independently.  <u>Rising Star Studios</u> Confidence

		Fairness
<b>CONTENT STANDARD</b>	<b>ND.3.RF.</b>	<b>Reading Standards: Foundational Skills</b>
<b>BENCHMARK</b>		<b>Fluency</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>3.RF.4.</b>	<b>Read with sufficient accuracy and fluency to support comprehension.</b>
<b>INDICATOR</b>	<b>3.RF.4.a.</b>	Read grade-level text with purpose and understanding.  <u>Rising Star Studios</u> Confidence Fairness Helpfulness Initiative Perseverance
<b>INDICATOR</b>	<b>3.RF.4.b.</b>	Read grade-level prose and poetry orally with accuracy, appropriate rate, and expression on successive readings.  <u>Rising Star Studios</u> Perseverance
<b>CONTENT STANDARD</b>	<b>ND.3.W</b>	<b>Writing Standards</b>
<b>BENCHMARK</b>		<b>Text Types and Purposes</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>3.W.1.</b>	<b>Write opinion pieces on familiar topics or texts, supporting a point of view with reasons.</b>
<b>INDICATOR</b>	<b>3.W.1.a.</b>	Introduce the topic or text they are writing about, state an opinion, and create an organizational structure that lists reasons.  <u>Rising Star Studios</u> Punctuality
<b>CONTENT STANDARD</b>	<b>ND.3.W</b>	<b>Writing Standards</b>
<b>BENCHMARK</b>		<b>Text Types and Purposes</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>3.W.2.</b>	<b>Write informative/explanatory texts to examine a topic and convey ideas and information clearly.</b>
<b>INDICATOR</b>	<b>3.W.2.a.</b>	Introduce a topic and group related information together; include illustrations when useful to aiding comprehension.  <u>Rising Star Studios</u> Consideration Friendship Patriotism Trustworthiness
<b>INDICATOR</b>	<b>3.W.2.b.</b>	Develop the topic with facts, definitions, and details.  <u>Rising Star Studios</u> Bravery Caring Citizenship Consideration Cooperation Courage Courtesy Enthusiasm Fairness Friendliness Friendship Goodness Goodwill Gratefulness Heroic Hygiene Independence Initiative Peacefulness Self-Acceptance Self-Discipline Selflessness Trustworthiness Uniqueness Willpower

<b>CONTENT STANDARD</b>	<b>ND.3.W</b>	<b>Writing Standards</b>
<b>BENCHMARK</b>		<b>Text Types and Purposes</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>3.W.3.</b>	<b>Write narratives to develop real or imagined experiences or events using effective technique, descriptive details, and clear event sequences.</b>
<b>INDICATOR</b>	<b>3.W.3.a.</b>	<p>Establish a situation and introduce a narrator and/or characters; organize an event sequence that unfolds naturally.</p> <p><u>Rising Star Studios</u>            Bravery            Confidence            Courage            Discovering Talent            Forgiveness            Goodness            Gratefulness            Integrity            Loyalty            Resourcefulness            Respect            Restraint            Self-Reliance            Sharing</p>
<b>INDICATOR</b>	<b>3.W.3.b.</b>	<p>Use dialogue and descriptions of actions, thoughts, and feelings to develop experiences and events or show the response of characters to situations.</p> <p><u>Rising Star Studios</u>            Bravery            Confidence            Courage            Discovering Talent            Forgiveness            Goodness            Gratefulness            Integrity            Loyalty            Resourcefulness            Respect            Restraint            Self-Reliance            Sharing</p>
<b>INDICATOR</b>	<b>3.W.3.d.</b>	<p>Provide a sense of closure.</p> <p><u>Rising Star Studios</u>            Bravery            Confidence            Forgiveness            Goodness            Resourcefulness            Restraint            Sharing</p>
<b>CONTENT STANDARD</b>	<b>ND.3.W</b>	<b>Writing Standards</b>
<b>BENCHMARK</b>		<b>Production and Distribution of Writing</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>3.W.4.</b>	<p>Produce writing in which the development and organization are appropriate to task and purpose. (Grade-specific expectations for writing types are defined in standards 1–3.)</p> <p><u>Rising Star Studios</u>            Bravery            Caring            Citizenship            Cleanliness            Confidence            Consideration            Cooperation            Courage            Courtesy            Dignity            Discovering Talent            Enthusiasm            Fairness            Forgiveness            Friendliness</p>

		Friendship Generosity Goodness Goodwill Gratefulness Heroic Hygiene Independence Initiative Integrity Kindness Loyalty Obedience Patience Peacefulness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
GRADE LEVEL EXPECTATION	3.W.6.	Use technology <sup>16</sup> , including the Internet, to produce and publish grade-level writing using keyboarding skills/digital tools as well as to interact and collaborate with others. Grade-specific expectations for writing types are defined in standards 1–3.  <u>Rising Star Studios</u> Confidence
GRADE LEVEL EXPECTATION	3.W.7.	Conduct short research projects that build knowledge about a topic.  <u>Rising Star Studios</u> Caring Determination
CONTENT STANDARD	ND.3.SL.	Speaking and Listening Standards
BENCHMARK		Comprehension and Collaboration
GRADE LEVEL EXPECTATION	3.SL.1.	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 3 topics and texts, building on others' ideas and expressing their own clearly.
INDICATOR	3.SL.1.a.	Come to discussions prepared, having read or studied required material; explicitly draw on that preparation and other information known about the topic to explore ideas under discussion.  <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm

Fairness  
 Forgiveness  
 Friendliness  
 Friendship  
 Generosity  
 Goodness  
 Goodwill  
 Gratefulness  
 Helpfulness  
 Heroic  
 Honesty  
 Hygiene  
 Imaginative  
 Independence  
 Initiative  
 Integrity  
 Joyfulness  
 Kindness  
 Loyalty  
 Obedience  
 Patience  
 Patriotism  
 Peacefulness  
 Perseverance  
 Politeness  
 Promptness  
 Punctuality  
 Ready  
 Resourcefulness  
 Respect  
 Responsibility  
 Restraint  
 Self-Acceptance  
 Self-Control  
 Self-Discipline  
 Self-Reliance  
 Selflessness  
 Sharing  
 Slow To Judge  
 Sportsmanship  
 Thankfulness  
 Tolerance  
 Trustworthiness  
 Truthfulness  
 Uniqueness  
 Willpower  
 Wisdom

INDICATOR

3.SL.1.b.

Follow agreed-upon rules for discussions (e.g., gaining the floor in respectful ways, listening to others with care, speaking one at a time about the topics and texts under discussion).

Rising Star Studios

Bravery  
 Caring  
 Citizenship  
 Cleanliness  
 Commitment  
 Confidence  
 Consideration  
 Cooperation  
 Courage  
 Courtesy  
 Decency  
 Dependable  
 Determination  
 Dignity  
 Discovering Talent  
 Enthusiasm  
 Fairness  
 Forgiveness  
 Friendliness  
 Friendship  
 Generosity  
 Goodness  
 Goodwill  
 Gratefulness  
 Helpfulness  
 Heroic

Honesty  
 Hygiene  
 Imaginative  
 Independence  
 Initiative  
 Integrity  
 Joyfulness  
 Kindness  
 Loyalty  
 Obedience  
 Patience  
 Patriotism  
 Peacefulness  
 Perseverance  
 Politeness  
 Promptness  
 Punctuality  
 Ready  
 Resourcefulness  
 Respect  
 Responsibility  
 Restraint  
 Self-Acceptance  
 Self-Control  
 Self-Discipline  
 Self-Reliance  
 Selflessness  
 Sharing  
 Slow To Judge  
 Sportsmanship  
 Thankfulness  
 Tolerance  
 Trustworthiness  
 Truthfulness  
 Uniqueness  
 Willpower  
 Wisdom

INDICATOR

3.SL.1.c.

Ask questions to check understanding of information presented, stay on topic, and link their comments to the remarks of others.

Rising Star Studios

Bravery  
 Caring  
 Citizenship  
 Cleanliness  
 Commitment  
 Confidence  
 Consideration  
 Cooperation  
 Courage  
 Courtesy  
 Decency  
 Dependable  
 Determination  
 Dignity  
 Discovering Talent  
 Enthusiasm  
 Fairness  
 Forgiveness  
 Friendliness  
 Friendship  
 Generosity  
 Goodness  
 Goodwill  
 Gratefulness  
 Helpfulness  
 Heroic  
 Honesty  
 Hygiene  
 Imaginative  
 Independence  
 Initiative  
 Integrity  
 Joyfulness  
 Kindness  
 Loyalty  
 Obedience  
 Patience

Patriotism  
 Peacefulness  
 Perseverance  
 Politeness  
 Promptness  
 Punctuality  
 Ready  
 Resourcefulness  
 Respect  
 Responsibility  
 Restraint  
 Self-Acceptance  
 Self-Control  
 Self-Discipline  
 Self-Reliance  
 Selflessness  
 Sharing  
 Slow To Judge  
 Sportsmanship  
 Thankfulness  
 Tolerance  
 Trustworthiness  
 Truthfulness  
 Uniqueness  
 Willpower  
 Wisdom

INDICATOR

3.SL.1.d.

Explain their own ideas and understanding in light of the discussion.

Rising Star Studios

Bravery  
 Caring  
 Citizenship  
 Cleanliness  
 Commitment  
 Confidence  
 Consideration  
 Cooperation  
 Courage  
 Courtesy  
 Decency  
 Dependable  
 Determination  
 Dignity  
 Discovering Talent  
 Enthusiasm  
 Fairness  
 Forgiveness  
 Friendliness  
 Friendship  
 Generosity  
 Goodness  
 Goodwill  
 Gratefulness  
 Helpfulness  
 Heroic  
 Honesty  
 Hygiene  
 Imaginative  
 Independence  
 Initiative  
 Integrity  
 Joyfulness  
 Kindness  
 Loyalty  
 Obedience  
 Patience  
 Patriotism  
 Peacefulness  
 Perseverance  
 Politeness  
 Promptness  
 Punctuality  
 Ready  
 Resourcefulness  
 Respect  
 Responsibility  
 Restraint  
 Self-Acceptance

		Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
<b>CONTENT STANDARD</b>	<b>ND.3.SL.</b>	<b>Speaking and Listening Standards</b>
<b>BENCHMARK</b>		<b>Comprehension and Collaboration</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>3.SL.2.</b>	Determine the main ideas and supporting details of a text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally.  <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge

		Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
GRADE LEVEL EXPECTATION	3.SL.3.	Ask and answer questions about information from a speaker, offering appropriate elaboration and detail.  <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
CONTENT STANDARD	ND.3.SL.	Speaking and Listening Standards

<b>BENCHMARK</b>		<b>Presentation of Knowledge and Ideas</b>
<b>GRADE LEVEL EXPECTATION</b>	3.SL.4.	Report on a topic or text, tell a story, or recount an experience with appropriate facts and relevant, descriptive details, speaking clearly at an understandable pace.  <u>Rising Star Studios</u> Commitment Discovering Talent Fairness Friendship Integrity Joyfulness Self-Reliance Sharing Slow To Judge
<b>CONTENT STANDARD</b>	ND.3.L.	<b>Language Standards</b>
<b>BENCHMARK</b>		<b>Conventions of Standard English</b>
<b>GRADE LEVEL EXPECTATION</b>	3.L.2.	Within the context of authentic English writing and speaking...
<b>INDICATOR</b>		<b>Practice:</b>
<b>INDICATOR</b>	3.L.2.j.	Spell grade-appropriate words correctly, consulting references as needed and/or using spelling patterns and generalizations (e.g., word families, position-based spelling, syllable patterns, ending rules, meaningful word parts).  <u>Rising Star Studios</u> Bravery Cleanliness Confidence Consideration Courage Courtesy Dependable Dignity Discovering Talent Forgiveness Friendship Generosity Goodness Gratefulness Heroic Initiative Integrity Kindness Loyalty Obedience Patience Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness
<b>CONTENT STANDARD</b>	ND.3.L.	<b>Language Standards</b>
<b>BENCHMARK</b>		<b>Conventions of Standard English</b>
<b>GRADE LEVEL EXPECTATION</b>	3.L.2.	Within the context of authentic English writing and speaking...
<b>INDICATOR</b>		<b>Display proficiency in:</b>
<b>INDICATOR</b>	3.L.2.m.	Generalize learned spelling patterns when writing words (e.g., cage → badge;

boy – boil).

Rising Star Studios

Bravery  
Cleanliness  
Confidence  
Consideration  
Courage  
Courtesy  
Dependable  
Dignity  
Discovering Talent  
Forgiveness  
Friendship  
Generosity  
Goodness  
Gratefulness  
Heroic  
Initiative  
Integrity  
Kindness  
Loyalty  
Obedience  
Patience  
Promptness  
Punctuality  
Ready  
Resourcefulness  
Respect  
Responsibility  
Restraint  
Self-Acceptance  
Self-Control  
Self-Discipline  
Self-Reliance  
Selflessness  
Sharing  
Thankfulness  
Tolerance  
Trustworthiness  
Truthfulness  
Uniqueness

INDICATOR

3.L.2.o.

Use conventional spelling for high-frequency and other studied words.

Rising Star Studios

Bravery  
Cleanliness  
Confidence  
Consideration  
Courage  
Courtesy  
Dependable  
Dignity  
Discovering Talent  
Forgiveness  
Friendship  
Generosity  
Goodness  
Gratefulness  
Heroic  
Initiative  
Integrity  
Kindness  
Loyalty  
Obedience  
Patience  
Promptness  
Punctuality  
Ready  
Resourcefulness  
Respect  
Responsibility  
Restraint  
Self-Acceptance  
Self-Control  
Self-Discipline  
Self-Reliance  
Selflessness

		Sharing Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness
<b>CONTENT STANDARD</b>	<b>ND.3.L.</b>	<b>Language Standards</b>
<b>BENCHMARK</b>		<b>Vocabulary Acquisition and Use</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>3.L.5.</b>	<b>Demonstrate understanding of word relationships and nuances in word meanings.</b>
<b>INDICATOR</b>	<b>3.L.5.a.</b>	Distinguish the literal and nonliteral meanings of words and phrases in context (e.g., take steps).  <u>Rising Star Studios</u> Honesty
<b>INDICATOR</b>	<b>3.L.5.b.</b>	Identify real-life connections between words and their use (e.g., describe people who are friendly or helpful).  <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship

Thankfulness  
Tolerance  
Trustworthiness  
Truthfulness  
Uniqueness  
Willpower  
Wisdom

North Dakota Academic Content Standards

Language Arts

Grade: 4 - Adopted: 2017

<b>CONTENT STANDARD</b>	<b>ND.4.RL.</b>	<b>Reading Standards for Literature/Fiction</b>
<b>BENCHMARK</b>		<b>Key Ideas and Details</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>4.RL.1.</b>	Refer to details and examples using textual evidence when explaining what the text says explicitly and when drawing inferences from the text; summarize the text.  <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
<b>GRADE LEVEL EXPECTATION</b>	<b>4.RL.2.</b>	Determine a theme of a story (e.g. myths and various literary texts), dramas, or poems from details in the text.  <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
<b>GRADE LEVEL EXPECTATION</b>	<b>4.RL.3.</b>	Describe in depth a character, setting, or event in a story or drama, drawing on specific details in the text (e.g., a character's thoughts, words, or actions).  <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
<b>CONTENT STANDARD</b>	<b>ND.4.RL.</b>	<b>Reading Standards for Literature/Fiction</b>
<b>BENCHMARK</b>		<b>Craft and Structure</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>4.RL.6.</b>	Compare and contrast the point of view from which different stories are narrated, including the difference between first- and third-person narrations.  <u>Rising Star Studios</u> Helpfulness
<b>CONTENT STANDARD</b>	<b>ND.4.RL.</b>	<b>Reading Standards for Literature/Fiction</b>
<b>BENCHMARK</b>		<b>Integration of Knowledge and Ideas</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>4.RL.9.</b>	Compare and contrast the treatment of similar themes and topics (e.g., opposition of good and evil) and patterns of events (e.g., the quest) in stories, myths, and traditional literature from different cultures.  <u>Rising Star Studios</u> Helpfulness
<b>CONTENT STANDARD</b>	<b>ND.4.RL.</b>	<b>Reading Standards for Literature/Fiction</b>
<b>BENCHMARK</b>		<b>Range of Reading and Level of Text Complexity</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>4.RL.10.</b>	By the end of the year, read and comprehend literature, including stories, dramas, and poetry, on grade level10 independently and proficiently.  <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
<b>CONTENT STANDARD</b>	<b>ND.4.RI</b>	<b>Reading Standards for Informational/Nonfiction Text</b>
<b>BENCHMARK</b>		<b>Key Ideas and Details</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>4.RI.1.</b>	Refer to details and examples in a text (textual evidence) when explaining what the text says explicitly and when drawing inferences from the text. Summarize

		the text. <u>Rising Star Studios</u> Confidence Fairness
GRADE LEVEL EXPECTATION	4.RI.2.	Determine the main idea of a text and explain how it is supported by key details. <u>Rising Star Studios</u> Confidence Fairness
CONTENT STANDARD	ND.4.RI	Reading Standards for Informational/Nonfiction Text
BENCHMARK		Integration of Knowledge and Ideas
GRADE LEVEL EXPECTATION	4.RI.7.	Interpret information presented visually, orally, or quantitatively (e.g., in charts, graphs, diagrams, timelines, animations, or interactive elements on web pages) and explain how the information contributes to an understanding of the text in which it appears. <u>Rising Star Studios</u> Confidence Consideration Patriotism
GRADE LEVEL EXPECTATION	4.RI.8.	Explain how an author uses reasons and evidence to support particular points in a text. <u>Rising Star Studios</u> Confidence Fairness
CONTENT STANDARD	ND.4.RI	Reading Standards for Informational/Nonfiction Text
BENCHMARK		Range of Reading and Level of Text Complexity
GRADE LEVEL EXPECTATION	4.RI.10.	By the end of the year, read and comprehend informational texts, including history/social studies, science, and technical texts, on grade level independently. <u>Rising Star Studios</u> Confidence Fairness
CONTENT STANDARD	ND.4.RF.	Reading Standards: Foundational Skills
BENCHMARK		Fluency
GRADE LEVEL EXPECTATION	4.RF.4.	Read with sufficient accuracy and fluency to support comprehension.
INDICATOR	4.RF.4.a.	Read grade-level text with purpose and understanding. <u>Rising Star Studios</u> Confidence Fairness Helpfulness Initiative Perseverance
INDICATOR	4.RF.4.b.	Read grade-level prose and poetry orally with accuracy, appropriate rate, and expression on successive readings. <u>Rising Star Studios</u> Perseverance
CONTENT STANDARD	ND.4.W.	Writing Standards
BENCHMARK		Text Types and Purposes
GRADE LEVEL EXPECTATION	4.W.1.	Write opinion pieces on topics or texts, supporting a point of view with reasons and information.
INDICATOR	4.W.1.a.	Introduce a topic or text clearly, state an opinion, and create an organizational structure in which related ideas are grouped to support the writer's purpose. <u>Rising Star Studios</u> Punctuality
CONTENT STANDARD	ND.4.W.	Writing Standards

<b>BENCHMARK</b>		<b>Text Types and Purposes</b>
<b>GRADE LEVEL EXPECTATION</b>	4.W.2.	Write informative/explanatory texts to examine a topic and convey ideas and information clearly.
<b>INDICATOR</b>	4.W.2.a.	<p>Introduce a topic clearly and group related information in paragraphs and sections; include formatting (e.g., headings), illustrations, and multimedia when useful to aiding comprehension.</p> <p><u>Rising Star Studios</u>  Consideration  Friendship  Patriotism  Trustworthiness</p>
<b>INDICATOR</b>	4.W.2.b.	<p>Develop the topic with facts, definitions, concrete details, quotations, or other information and examples related to the topic.</p> <p><u>Rising Star Studios</u>  Bravery  Caring  Citizenship  Consideration  Cooperation  Courage  Courtesy  Enthusiasm  Fairness  Friendliness  Friendship  Goodness  Goodwill  Gratefulness  Heroic  Hygiene  Independence  Initiative  Peacefulness  Self-Acceptance  Self-Discipline  Selflessness  Trustworthiness  Uniqueness  Willpower</p>
<b>CONTENT STANDARD</b>	ND.4.W.	<b>Writing Standards</b>
<b>BENCHMARK</b>		<b>Text Types and Purposes</b>
<b>GRADE LEVEL EXPECTATION</b>	4.W.3.	Write narratives to develop real or imagined experiences or events using effective technique, descriptive details, and clear event sequences.
<b>INDICATOR</b>	4.W.3.a.	<p>Orient the reader by establishing a situation and introducing a narrator and/or characters; organize an event sequence that unfolds naturally.</p> <p><u>Rising Star Studios</u>  Bravery  Confidence  Courage  Discovering Talent  Forgiveness  Goodness  Gratefulness  Integrity  Loyalty  Resourcefulness  Respect  Restraint  Self-Reliance  Sharing</p>
<b>INDICATOR</b>	4.W.3.b.	<p>Use dialogue and description to develop experiences and events or show the responses of characters to situations.</p> <p><u>Rising Star Studios</u>  Bravery  Confidence  Courage  Discovering Talent  Forgiveness  Goodness</p>

		Gratefulness Integrity Loyalty Resourcefulness Respect Restraint Self-Reliance Sharing
INDICATOR	4.W.3.e.	Provide a conclusion that follows from the narrated experiences or events.  <u>Rising Star Studios</u> Bravery Confidence Forgiveness Goodness Resourcefulness Restraint Sharing
CONTENT STANDARD	ND.4.W.	Writing Standards
BENCHMARK		Production and Distribution of Writing
GRADE LEVEL EXPECTATION	4.W.4.	Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in standards 1–3.)  <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Confidence Consideration Cooperation Courage Courtesy Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Heroic Hygiene Independence Initiative Integrity Kindness Loyalty Obedience Patience Peacefulness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower

		Wisdom
GRADE LEVEL EXPECTATION	4.W.6.	Use technology, including the Internet, to produce and publish grade-level writing using keyboarding skills/digital tools as well as to interact and collaborate with others. Grade-specific expectations for writing types are defined in standards 1–3.  <u>Rising Star Studios</u> Confidence
CONTENT STANDARD	ND.4.W.	Writing Standards
BENCHMARK		Research to Build and Present Knowledge
GRADE LEVEL EXPECTATION	4.W.7.	Conduct short research projects that build knowledge through investigation of different aspects of a topic.  <u>Rising Star Studios</u> Caring Determination
CONTENT STANDARD	ND.4.W.	Writing Standards
BENCHMARK		Research to Build and Present Knowledge
GRADE LEVEL EXPECTATION	4.W.9.	Draw evidence from literary or informational texts to support analysis, reflection, and research.
INDICATOR	4.W.9.a.	Apply grade 4 Reading standards to literature (e.g., "Describe in depth a character, setting, or event in a story or drama, drawing on specific details in the text [e.g., a character's thoughts, words, or actions].").  <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
INDICATOR	4.W.9.b.	Apply grade 4 Reading standards to informational texts (e.g., "Explain how an author uses reasons and evidence to support particular points in a text.").  <u>Rising Star Studios</u> Confidence Fairness
CONTENT STANDARD	ND.4.SL.	Speaking and Listening Standards
BENCHMARK		Comprehension and Collaboration
GRADE LEVEL EXPECTATION	4.SL.1.	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly.
INDICATOR	4.SL.1.a.	Come to discussions prepared, having read or studied required material; explicitly draw on that preparation and other information known about the topic to explore ideas under discussion.  <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness

Heroic  
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 Sharing  
 Slow To Judge  
 Sportsmanship  
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INDICATOR

4.SL.1.b.

Follow agreed-upon rules for discussions and carry out assigned roles.

Rising Star Studios

Bravery  
 Caring  
 Citizenship  
 Cleanliness  
 Commitment  
 Confidence  
 Consideration  
 Cooperation  
 Courage  
 Courtesy  
 Decency  
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 Loyalty  
 Obedience  
 Patience

		Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
INDICATOR	4.SL.1.c.	Pose and respond to specific questions to clarify or follow up on information, and make comments that contribute to the discussion and link to the remarks of others.  <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility

		Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
INDICATOR	4.SL.1.d.	Review the key ideas expressed and explain their own ideas and understanding in light of the discussion.  <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance

		Trustworthiness Truthfulness Uniqueness Willpower Wisdom
<b>CONTENT STANDARD</b>	<b>ND.4.SL.</b>	<b>Speaking and Listening Standards</b>
<b>BENCHMARK</b>		<b>Comprehension and Collaboration</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>4.SL.2.</b>	Paraphrase portions of a text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally.  <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Hygiene Imaginative Independence Initiative Integrity Joyfulness Loyalty Patience Patriotism Peacefulness Perseverance Resourcefulness Respect Restraint Self-Acceptance Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Uniqueness Willpower Wisdom
<b>GRADE LEVEL EXPECTATION</b>	<b>4.SL.3.</b>	Identify the reasons and evidence a speaker provides to support particular points.  <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation

Courage  
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<b>CONTENT STANDARD</b>	<b>ND.4.SL.</b>	<b>Speaking and Listening Standards</b>
<b>BENCHMARK</b>		<b>Presentation of Knowledge and Ideas</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>4.SL.4.</b>	<p>Report on a topic or text, tell a story, or recount an experience in an organized manner, using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.</p> <p><u>Rising Star Studios</u>            Commitment            Discovering Talent            Fairness            Friendship            Integrity            Joyfulness            Self-Reliance            Sharing            Slow To Judge</p>
<b>GRADE LEVEL EXPECTATION</b>	<b>4.SL.5.</b>	<p>Add audio recordings and visual displays to presentations when appropriate to enhance the development of main ideas or themes.</p> <p><u>Rising Star Studios</u></p>

		Friendship
GRADE LEVEL EXPECTATION	4.SL.6.	<p>Differentiate between contexts that call for formal English (e.g., presenting ideas) and situations where informal discourse is appropriate (e.g., small-group discussion); use formal English when appropriate to task and situation. (See grade 4 Language standards 1 and 3 for specific expectations.)</p> <p><u>Rising Star Studios</u></p> <p>Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom</p>
CONTENT STANDARD	ND.4.L.	Language Standards
BENCHMARK		Conventions of Standard English
GRADE LEVEL EXPECTATION	4.L.2.	Within the context of authentic English writing and speaking...
INDICATOR		Practice:

INDICATOR	4.L.2.f.	<p>Spell grade-appropriate words correctly, consulting references as needed and/or using spelling patterns and generalizations (e.g., word families, position-based spelling, syllable patterns, ending rules, meaningful word parts).</p> <p><u>Rising Star Studios</u>            Bravery            Cleanliness            Confidence            Consideration            Courage            Courtesy            Dependable            Dignity            Discovering Talent            Forgiveness            Friendship            Generosity            Goodness            Gratefulness            Heroic            Initiative            Integrity            Kindness            Loyalty            Obedience            Patience            Promptness            Punctuality            Ready            Resourcefulness            Respect            Responsibility            Restraint            Self-Acceptance            Self-Control            Self-Discipline            Self-Reliance            Selflessness            Sharing            Thankfulness            Tolerance            Trustworthiness            Truthfulness            Uniqueness</p>
CONTENT STANDARD	ND.4.L.	Language Standards
BENCHMARK		Knowledge of Language
GRADE LEVEL EXPECTATION	4.L.3.	Use knowledge of language and its conventions when writing, speaking, reading, or listening.
INDICATOR	4.L.3.c.	<p>Differentiate between contexts that call for formal English (e.g., presenting ideas) and situations where informal discourse is appropriate (e.g., small-group discussion).</p> <p><u>Rising Star Studios</u>            Bravery            Caring            Citizenship            Cleanliness            Commitment            Confidence            Consideration            Cooperation            Courage            Courtesy            Decency            Dependable            Determination            Dignity            Discovering Talent            Enthusiasm            Fairness            Forgiveness            Friendliness            Friendship            Generosity</p>

		Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
<b>CONTENT STANDARD</b>	<b>ND.4.L.</b>	<b>Language Standards</b>
<b>BENCHMARK</b>		<b>Vocabulary Acquisition and Use</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>4.L.6.</b>	Acquire and use accurately grade-appropriate general academic and domain-specific words and phrases, including those that signal precise actions, emotions, or states of being (e.g., quizzed, whined, stammered) and that are basic to a particular topic (e.g., wildlife, conservation, and endangered when discussing animal preservation).  <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness

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**North Dakota Academic Content Standards**  
**Social Studies**

Grade: 3 - Adopted: 2019

<b>CONTENT STANDARD</b>	<b>C.</b>	<b>Civics &amp; Government Standards</b>
<b>BENCHMARK</b>		<b>Roles and Involvement of United States Citizens and Residents</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>C.3_5.6.</b>	Compare and contrast personal and civic responsibilities and explain why they are important in community life.  <u>Rising Star Studios</u> Dependable Responsibility
<b>CONTENT STANDARD</b>	<b>E.</b>	<b>Economics Standards</b>
<b>BENCHMARK</b>		<b>Exchange and Markets</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>E.3_5.1.</b>	Utilize fundamental principles and concepts of economics to understand economic activity (e.g., needs and wants, goods and services, opportunity cost).  <u>Rising Star Studios</u> Confidence
<b>GRADE LEVEL EXPECTATION</b>	<b>E.3_5.2.</b>	Describe how goods and services are produced and distributed.  <u>Rising Star Studios</u> Confidence
<b>GRADE LEVEL EXPECTATION</b>	<b>E.3_5.3.</b>	Identify factors that influence saving and spending choices.  <u>Rising Star Studios</u> Initiative Willpower

**Social Studies**

Grade: 4 - Adopted: 2019

<b>CONTENT STANDARD</b>	<b>C.</b>	<b>Civics &amp; Government Standards</b>
<b>BENCHMARK</b>		<b>Roles and Involvement of United States Citizens and Residents</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>C.3_5.6.</b>	Compare and contrast personal and civic responsibilities and explain why they are important in community life.  <u>Rising Star Studios</u> Dependable Responsibility
<b>CONTENT STANDARD</b>	<b>E.</b>	<b>Economics Standards</b>
<b>BENCHMARK</b>		<b>Exchange and Markets</b>
<b>GRADE LEVEL EXPECTATION</b>	<b>E.3_5.1.</b>	Utilize fundamental principles and concepts of economics to understand economic activity (e.g., needs and wants, goods and services, opportunity cost).  <u>Rising Star Studios</u> Confidence
<b>GRADE LEVEL EXPECTATION</b>	<b>E.3_5.2.</b>	Describe how goods and services are produced and distributed.  <u>Rising Star Studios</u> Confidence
<b>GRADE LEVEL EXPECTATION</b>	<b>E.3_5.3.</b>	Identify factors that influence saving and spending choices.  <u>Rising Star Studios</u> Initiative Willpower

**North Dakota Academic Content Standards**

**Social and Emotional Learning**

Grade: 3 - Adopted: 2018

<b>CONTENT STANDARD</b>		<b>NDMTSS SEL Competencies &amp; Indicators</b>
<b>BENCHMARK</b>		<b>Self-Awareness</b>
<b>GRADE LEVEL EXPECTATION</b>		<b>Identifying Emotions</b>
<b>INDICATOR</b>	<b>3-5.1.</b>	Students will be able to.....Describe a variety of emotions, and understand how emotions are linked to behavior.  <u>Rising Star Studios</u> Consideration
<b>CONTENT STANDARD</b>		<b>NDMTSS SEL Competencies &amp; Indicators</b>
<b>BENCHMARK</b>		<b>Self-Awareness</b>
<b>GRADE LEVEL EXPECTATION</b>		<b>Recognizing Strengths</b>
<b>INDICATOR</b>	<b>3-5.2.</b>	Students will be able to.....Describe interests to pursue and skills to develop.  <u>Rising Star Studios</u> Discovering Talent
<b>CONTENT STANDARD</b>		<b>NDMTSS SEL Competencies &amp; Indicators</b>
<b>BENCHMARK</b>		<b>Self-Awareness</b>
<b>GRADE LEVEL EXPECTATION</b>		<b>Accurate Self-Perception</b>
<b>INDICATOR</b>	<b>3-5.4.</b>	Students will be able to.....Describe an activity or task in which help is needed to be successful.  <u>Rising Star Studios</u> Independence
<b>CONTENT STANDARD</b>		<b>NDMTSS SEL Competencies &amp; Indicators</b>
<b>BENCHMARK</b>		<b>Self-Management</b>

<b>GRADE LEVEL EXPECTATION</b>		<b>Self-Discipline</b>
<b>INDICATOR</b>	3-5.3.	<p>Students will be able to.....Display consistent behaviors to meet personal responsibilities.</p> <p><u>Rising Star Studios</u>  Bravery  Caring  Citizenship  Cleanliness  Commitment  Confidence  Consideration  Cooperation  Courage  Courtesy  Decency  Dependable  Determination  Dignity  Discovering Talent  Enthusiasm  Fairness  Forgiveness  Friendliness  Friendship  Generosity  Goodness  Goodwill  Gratefulness  Helpfulness  Heroic  Honesty  Hygiene  Imaginative  Independence  Initiative  Integrity  Joyfulness  Kindness  Loyalty  Obedience  Patience  Patriotism  Peacefulness  Perseverance  Politeness  Promptness  Punctuality  Ready  Resourcefulness  Respect  Responsibility  Restraint  Self-Acceptance  Self-Control  Self-Discipline  Self-Reliance  Selflessness  Sharing  Slow To Judge  Sportsmanship  Thankfulness  Tolerance  Trustworthiness  Truthfulness  Uniqueness  Willpower  Wisdom</p>
<b>CONTENT STANDARD</b>		<b>NDMTSS SEL Competencies &amp; Indicators</b>
<b>BENCHMARK</b>		<b>Self-Management</b>
<b>GRADE LEVEL EXPECTATION</b>		<b>Goal Setting</b>
<b>INDICATOR</b>	3-5.5.	Students will be able to.....Apply a goal setting process to work toward goal

		achievement (e.g. SMART). <u>Rising Star Studios</u> Determination Perseverance
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Self-Management
GRADE LEVEL EXPECTATION		Organizational Skills
INDICATOR	3-5.6.	Students will be able to.....Identify strategies for planning, prioritizing and managing time. <u>Rising Star Studios</u> Cleanliness Hygiene
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Social Awareness
GRADE LEVEL EXPECTATION		Help Seeking
INDICATOR	3-5.1.	Students will be able to.....Demonstrate appropriate strategies to ask for help in a variety of situations. <u>Rising Star Studios</u> Independence
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Social Awareness
GRADE LEVEL EXPECTATION		Empathy & Perspective Taking
INDICATOR	3-5.2.	Students will be able to.....Describe feelings and perspectives of others. <u>Rising Star Studios</u> Caring
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Social Awareness
GRADE LEVEL EXPECTATION		Appreciating Diversity
INDICATOR	3-5.3.	Students will be able to.....Differentiate between static and dynamic personal characteristics, and accept static characteristics. <u>Rising Star Studios</u> Tolerance Uniqueness
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Social Awareness
GRADE LEVEL EXPECTATION		Respect for Others
INDICATOR	3-5.4.	Students will be able to.....Demonstrate strategies for working and playing effectively with others. <u>Rising Star Studios</u> Respect
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Relationship Skills
GRADE LEVEL EXPECTATION		Relationship Building
INDICATOR	3-5.4.	Students will be able to.....Recognize and respond to social cues in a manner that builds and maintains healthy relationships. <u>Rising Star Studios</u> Friendship

CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Relationship Skills
GRADE LEVEL EXPECTATION		Conflict Resolution
INDICATOR	3-5.5.	Students will be able to.....Differentiate between conflict and bullying.  <u>Rising Star Studios</u> Kindness Peacefulness
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Responsible Decision Making
GRADE LEVEL EXPECTATION		Ethical Responsibility
INDICATOR	3-5.5.	Students will be able to.....Demonstrate personal responsibility for decisions.  <u>Rising Star Studios</u> Dependable Responsibility

### North Dakota Academic Content Standards

#### Social and Emotional Learning

Grade: 4 - Adopted: 2018

CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Self-Awareness
GRADE LEVEL EXPECTATION		Identifying Emotions
INDICATOR	3-5.1.	Students will be able to.....Describe a variety of emotions, and understand how emotions are linked to behavior.  <u>Rising Star Studios</u> Consideration
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Self-Awareness
GRADE LEVEL EXPECTATION		Recognizing Strengths
INDICATOR	3-5.2.	Students will be able to.....Describe interests to pursue and skills to develop.  <u>Rising Star Studios</u> Discovering Talent
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Self-Awareness
GRADE LEVEL EXPECTATION		Accurate Self-Perception
INDICATOR	3-5.4.	Students will be able to.....Describe an activity or task in which help is needed to be successful.  <u>Rising Star Studios</u> Independence
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Self-Management
GRADE LEVEL EXPECTATION		Self-Discipline
INDICATOR	3-5.3.	Students will be able to.....Display consistent behaviors to meet personal responsibilities.  <u>Rising Star Studios</u> Bravery Caring Citizenship

Cleanliness  
 Commitment  
 Confidence  
 Consideration  
 Cooperation  
 Courage  
 Courtesy  
 Decency  
 Dependable  
 Determination  
 Dignity  
 Discovering Talent  
 Enthusiasm  
 Fairness  
 Forgiveness  
 Friendliness  
 Friendship  
 Generosity  
 Goodness  
 Goodwill  
 Gratefulness  
 Helpfulness  
 Heroic  
 Honesty  
 Hygiene  
 Imaginative  
 Independence  
 Initiative  
 Integrity  
 Joyfulness  
 Kindness  
 Loyalty  
 Obedience  
 Patience  
 Patriotism  
 Peacefulness  
 Perseverance  
 Politeness  
 Promptness  
 Punctuality  
 Ready  
 Resourcefulness  
 Respect  
 Responsibility  
 Restraint  
 Self-Acceptance  
 Self-Control  
 Self-Discipline  
 Self-Reliance  
 Selflessness  
 Sharing  
 Slow To Judge  
 Sportsmanship  
 Thankfulness  
 Tolerance  
 Trustworthiness  
 Truthfulness  
 Uniqueness  
 Willpower  
 Wisdom

<b>CONTENT STANDARD</b>		<b>NDMTSS SEL Competencies &amp; Indicators</b>
<b>BENCHMARK</b>		<b>Self-Management</b>
<b>GRADE LEVEL EXPECTATION</b>		<b>Goal Setting</b>
<b>INDICATOR</b>	3-5.5.	Students will be able to.....Apply a goal setting process to work toward goal achievement (e.g. SMART).  <u>Rising Star Studios</u> Determination Perseverance
<b>CONTENT STANDARD</b>		<b>NDMTSS SEL Competencies &amp; Indicators</b>
<b>BENCHMARK</b>		<b>Self-Management</b>
<b>GRADE LEVEL</b>		<b>Organizational Skills</b>

EXPECTATION		
INDICATOR	3-5.6.	Students will be able to.....Identify strategies for planning, prioritizing and managing time.  <u>Rising Star Studios</u> Cleanliness Hygiene
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Social Awareness
GRADE LEVEL EXPECTATION		Help Seeking
INDICATOR	3-5.1.	Students will be able to.....Demonstrate appropriate strategies to ask for help in a variety of situations.  <u>Rising Star Studios</u> Independence
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Social Awareness
GRADE LEVEL EXPECTATION		Empathy & Perspective Taking
INDICATOR	3-5.2.	Students will be able to.....Describe feelings and perspectives of others.  <u>Rising Star Studios</u> Caring
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Social Awareness
GRADE LEVEL EXPECTATION		Appreciating Diversity
INDICATOR	3-5.3.	Students will be able to.....Differentiate between static and dynamic personal characteristics, and accept static characteristics.  <u>Rising Star Studios</u> Tolerance Uniqueness
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Social Awareness
GRADE LEVEL EXPECTATION		Respect for Others
INDICATOR	3-5.4.	Students will be able to.....Demonstrate strategies for working and playing effectively with others.  <u>Rising Star Studios</u> Respect
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Relationship Skills
GRADE LEVEL EXPECTATION		Relationship Building
INDICATOR	3-5.4.	Students will be able to.....Recognize and respond to social cues in a manner that builds and maintains healthy relationships.  <u>Rising Star Studios</u> Friendship
CONTENT STANDARD		NDMTSS SEL Competencies & Indicators
BENCHMARK		Relationship Skills
GRADE LEVEL EXPECTATION		Conflict Resolution
INDICATOR	3-5.5.	Students will be able to.....Differentiate between conflict and bullying.  <u>Rising Star Studios</u> Kindness

		Peacefulness
<b>CONTENT STANDARD</b>		NDMTSS SEL Competencies & Indicators
<b>BENCHMARK</b>		Responsible Decision Making
<b>GRADE LEVEL EXPECTATION</b>		Ethical Responsibility
<b>INDICATOR</b>	3-5.5.	Students will be able to.....Demonstrate personal responsibility for decisions.  <u>Rising Star Studios</u> Dependable Responsibility