

"Rising To The Occasion"

AUTO-B-GOOD

LESSON

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ABOUT AUTO-B-GOOD™ watch the "ABG Intro" video

The **five-time Emmy Award-winning** Auto-B-Good[™] series presents 63 different character traits that will captivate, entertain and educate students – of all ages. It is the goal of Rising Star Education to present products like Auto-B-Good[™] that leave positive lasting impressions.

This character development series was prepared for students by active teachers and principals. We suggest that each character trait might be the focus for a week and divided in the following way:

- One class session to watch the related video from the Auto-B-Good™ Program
- Four class periods of discussion, student interaction, and activities which would support and strengthen the understanding of the character trait. Each class session may vary from 10-20 minutes or longer, based on the time available.

There are all sorts of other ways to utilize these resources to drive home the life-changing message found in this program. We would love to hear your story about Auto-B-Good[™] and the difference it's making in your community, school and students' lives. Join the conversation at:



OBJECTIVES FOR THIS LESSON

Students will:

- Learn, review and assess what they know about the character trait
- Understand how that character trait affects their lives
- Understand how the lack of character negatively affects others

Helpful hint:

Begin by asking yourself the question, "What can I do during this lesson to take a student who lacks this character quality to the point of both knowing it and desiring to acquire it?"

RESULTS OF THIS LESSON

Students should:

- **KNOW** to have the practical understanding of the trait
- **DESIRE** to want the trait in their own life
- **DO** the put the trait into action

WHAT'S INCLUDED IN THIS LESSON GUIDE?

- 1. Teacher's Lesson Plan for classroom discussion & activity
- 2. Student Activity Pages & Answer Keys

RED (K-2nd) ORANGE (3rd&4th) GREEN (5th&6th)



HOW TO USE THE AUTO-B-GOOD™ MATERIALS watch the "How To Use ABG" video

There are three main ways in which you can use these resources:

- 1. Complete stand-alone program for students to be guided through our curriculum, videos, books and other resources
- 2. Companion resource for other compatible character education programs (Changing Lives, Character Counts and others)
- 3. Topical character education resource for guidance counselors, mentors, pep rallies

We are committed to helping schools and helping families finish well, which is why we created our rebate program for schools as a way to make these classroom resources at home. **To learn more about the ABG Rebate Program**, **visit:** <u>ABG Rebate Program</u>



...bravery isn't about thrills at all





In "Rising to the Occasion," documenting true bravery seems to elude Izzi, until car thugs threaten the peace and EJ provides her with an illuminating example of courage.





UNDER THE HOOD

LITERAL comprehension questions

- What question was Izzi trying to answer in her video?
- What was EJ afraid of at Professor's house?
- According to Johnny, what did EJ need to get over his fears?

IMPLIED comprehension questions

- Why do you think Izzi's project was harder than she thought?
- What makes CJ Willey such a great example of bravery?
- What do you think makes EJ want to be brave?

QUALIFYING LAP...

Featured character trait highlights for lesson prep

Give your students the opportunity to discuss the following:

- My favorite part of the story is...
- This week, I saw an example of bravery when...
- When I am brave, it makes me feel...

There are lots of things that make us frightened. Make a list of those things and then brainstorm another list of the things that help us to get over those fears. Create a poster showing all the fears you came up with and how they can be overcome.

RACE STRATEGY.

An assortment of related activities that can be incorporated into the overall lesson plan as needed

ACTIVITIES:

- able to overcome one of its biggest fears.
- Explain why it was your bravest moment and what helped
- compare notes and see what the number one fear was. Discuss why you think it is the number one fear and why it is so hard to overcome it.

ING IT

An extra activity for your students to do outside of the classroom

This week at home, do a bravery project of your own. Interview some people about the bravest thing they have ever seen or done personally and record it on video. Then show all of the videos in class and talk about them.



REVVED UP & READY TO GO

Here is a Physical Fitness activity or game that is related to the word which can be used in Gym Time, Recess or after school programs

//HUNGRY LIKE THE WOLF

Object: Students will follow instructions and avoid being tagged by the wolves in this chasing/ fleeing game.

How To Play:

Have students line up on one end of the room– "the edge of the Woods" with the teacher on the other end of the main playing area– "the Woods." The teacher will play the role of Alpha- Wolf and the students will start as sheep. The game begins with the students asking: "What time is it, Alpha-Wolf?" The wolf responds with an hour (i.e. "3 O'clock") which is the number of large steps the sheep must take forward into the forest. This process repeats until the Alpha-Wolf answers "LUNCH TIME!" With this, the students must then run back to the edge of the woods for safety without being tagged. Any student who is tagged joins the wolf pack and the game continues until there are no more sheep.

Follow-Up:

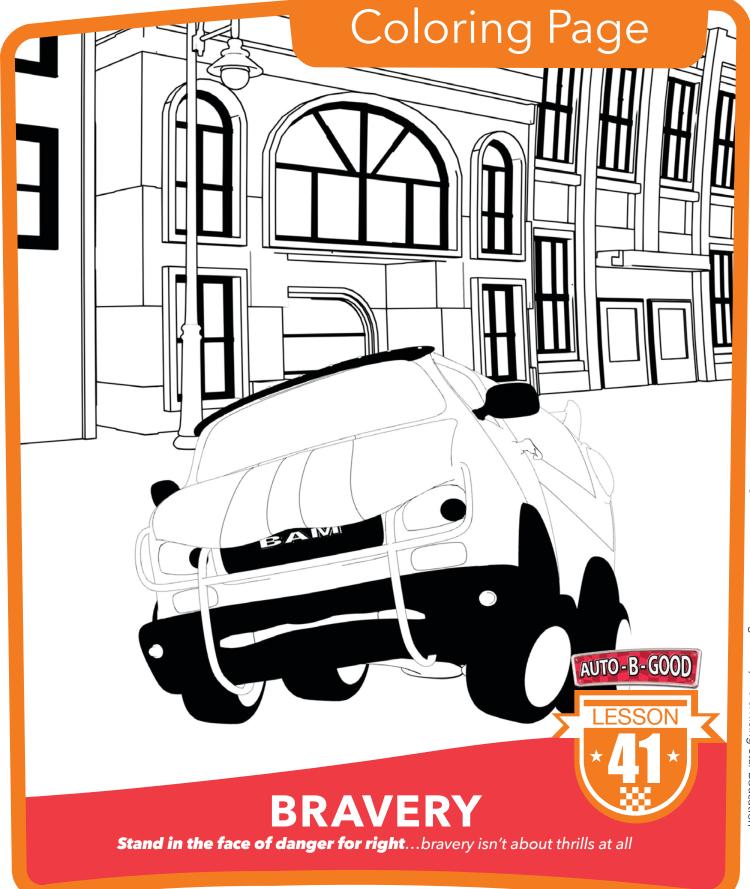
- What information did you use in this game to help guide your decisions and actions?
- Where do you see bravery at play in exercise?
- In what ways did you attempt to be brave in the game?

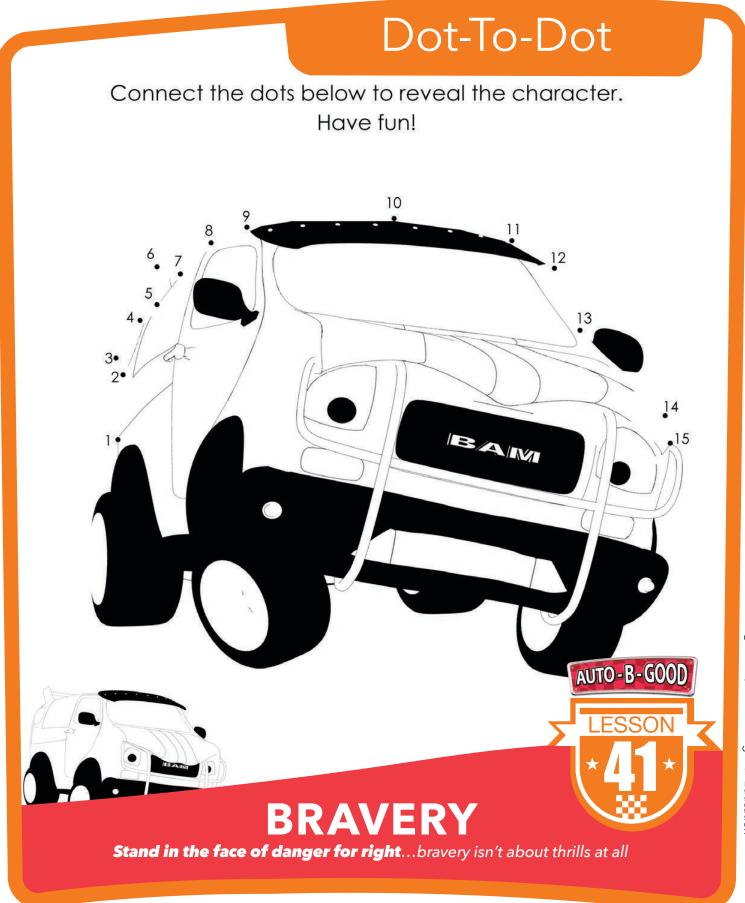
VOCABULARY

List of words related to the lesson

- VANDALIZE
- STEAL
- ILLEGAL
- TAKE
- HIDE
- PERMISSION
- DOCUMENT
- OVERCOME
- BETRAY
- TO FOOL

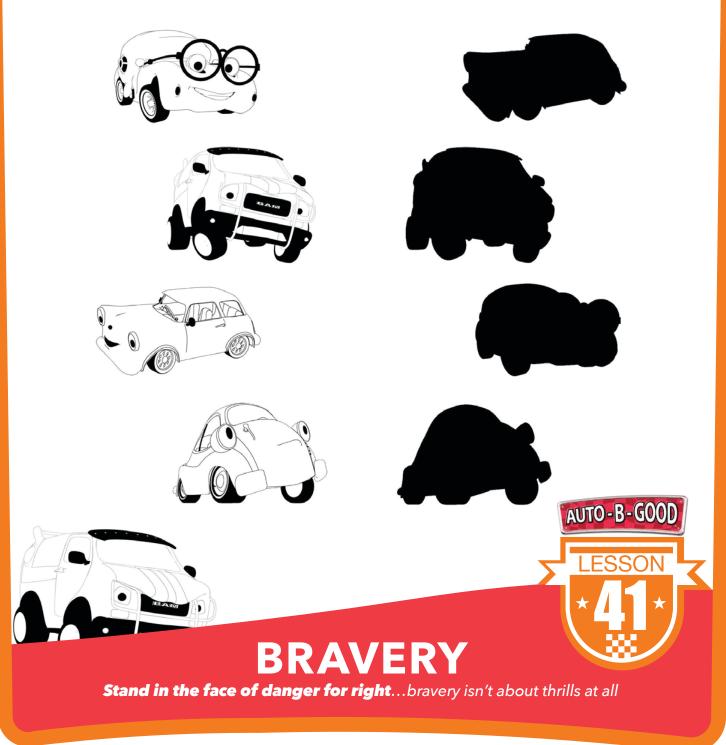
NOTES

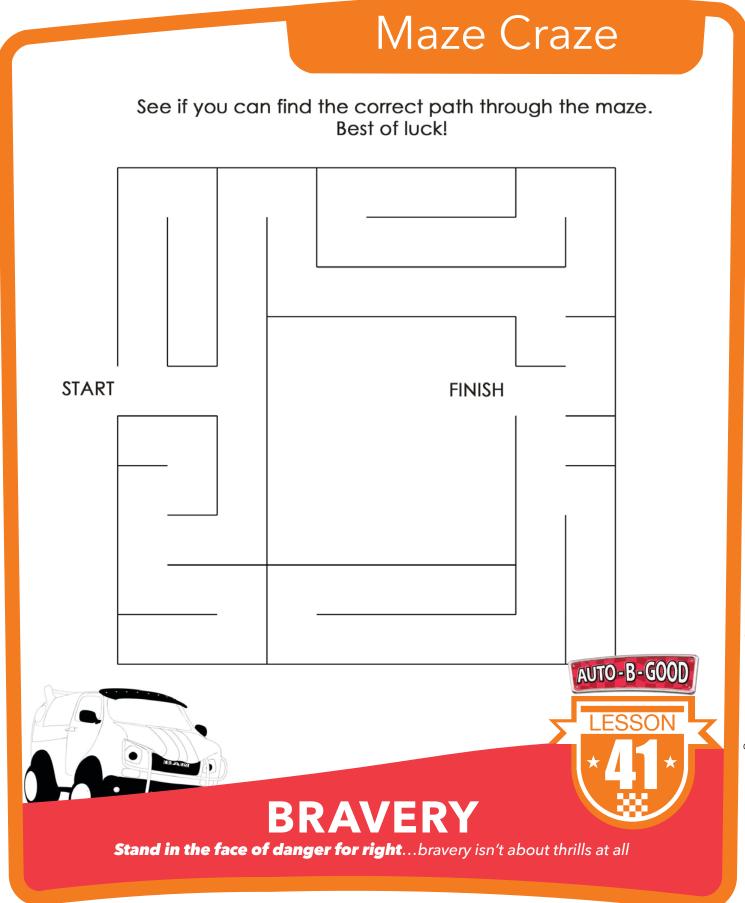




Match Fun

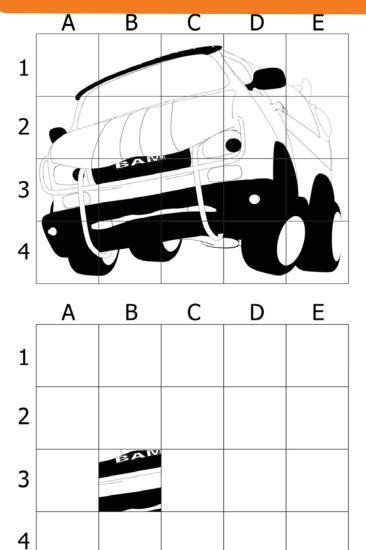
Match the shadow to its partner. Draw a line to connect the matches.





Learn To Draw

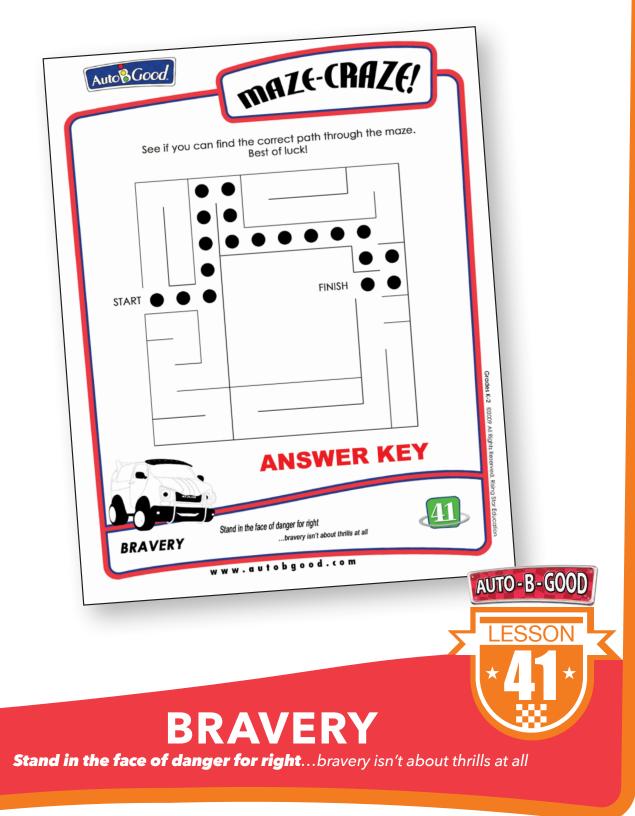
In the boxes below the picture to the right, use the guides and one by one draw what is pictured in each square shown above.

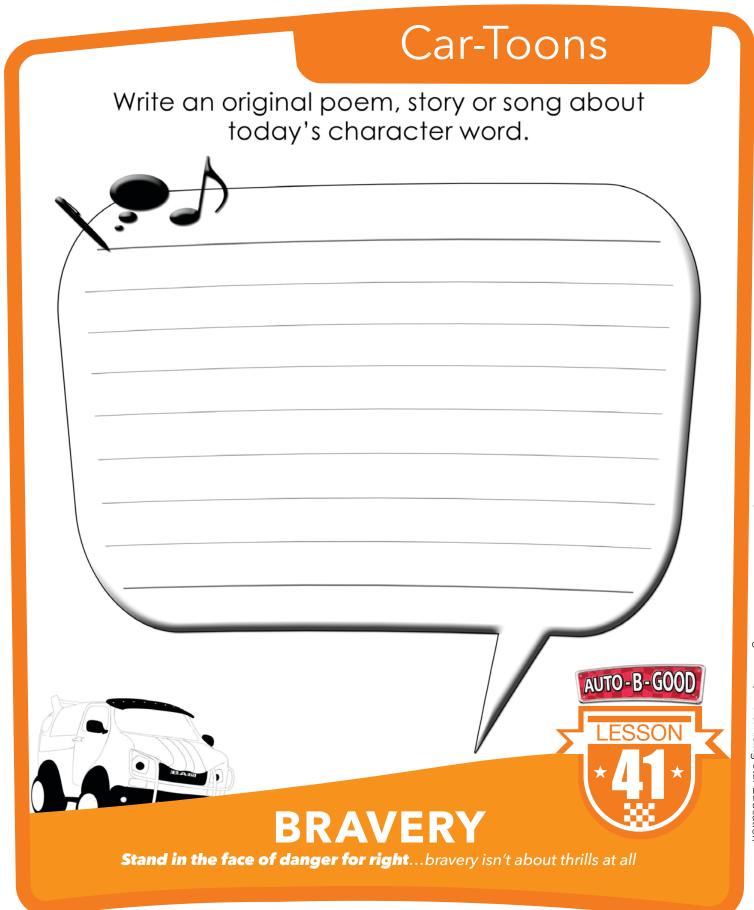






Answer Key





Out Of Place

Compare these four images to the one at the bottom of the page. See if you can find the things that are not quite right with each of these pictures.



Word Search

See if you can find all of the following words for today's character trait. Remember words can be forward, backward, up, down and diagonal. Happy Hunting!

> QCBCNATEUYMSGEL DLSEOPLNVSRTAGV YERPMNA Н $U \sqcup A U$ QVGE FF TORG LRV I Ο EUWTRRR JGWBAUA 1 ΗI Α 11 F Ρ D J $N \cap N \cap$ \cap RΙ СНОХТ Т E ΒE тсо GDSSEND BNMRCR \mathbf{O} PLQUDAR 1 NGFCY ΤХ FEARLESSNESSEUS

boldness brave confidence courage daring fearlessness gallantry grit guts heroism nerve spirit

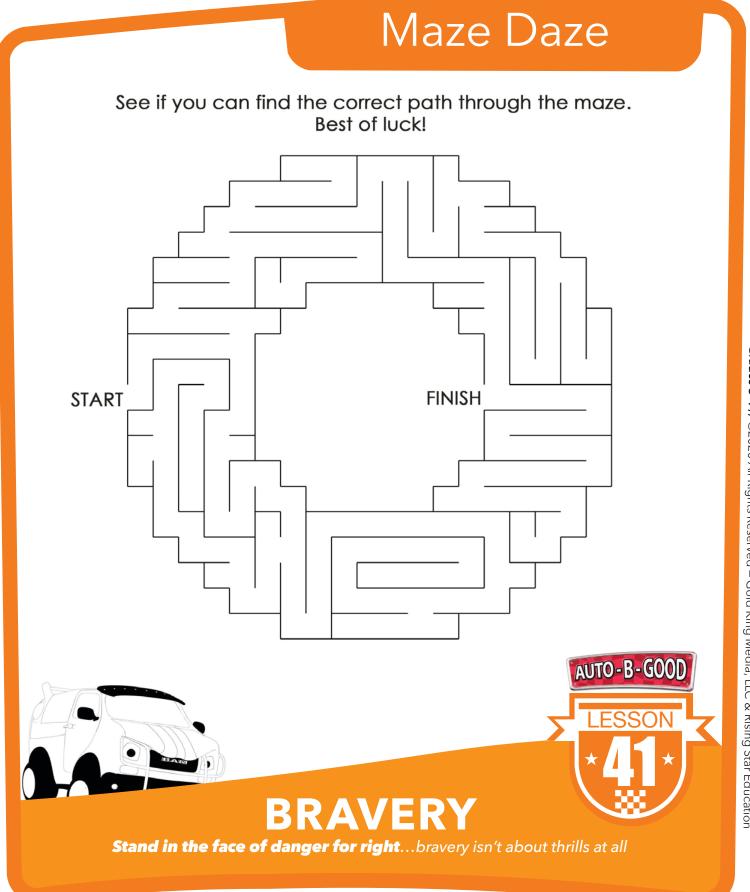
strength unafraid valor

BRAVERY

Stand in the face of danger for right...bravery isn't about thrills at all

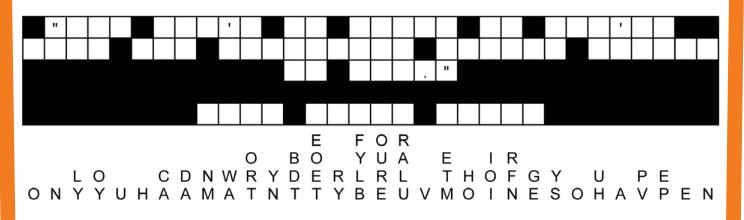
AUTO-B-GOOD

ESSO



Drop Quotes

Reveal the scrambled quote by using the letters below each of the blank squares in their respective columns. Remember each letter is only used once. Have fun!



Rewrite this quote in your own words... (bonus points - do some research! Why is this quote or author famous?)

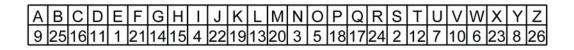






Code Breaker

Decode the message by replacing each number with the appropriate substitute letter. Get cracking!



25 24 9 10 1 16 9 3 12 25 1 4 21 8 5 10 1 5 3 13 8 15 9 11 6 5 3 11 1 24 21 7 13 12 15 4 3 14 2 15 9 18 18 1 3 12 5 8 5 7

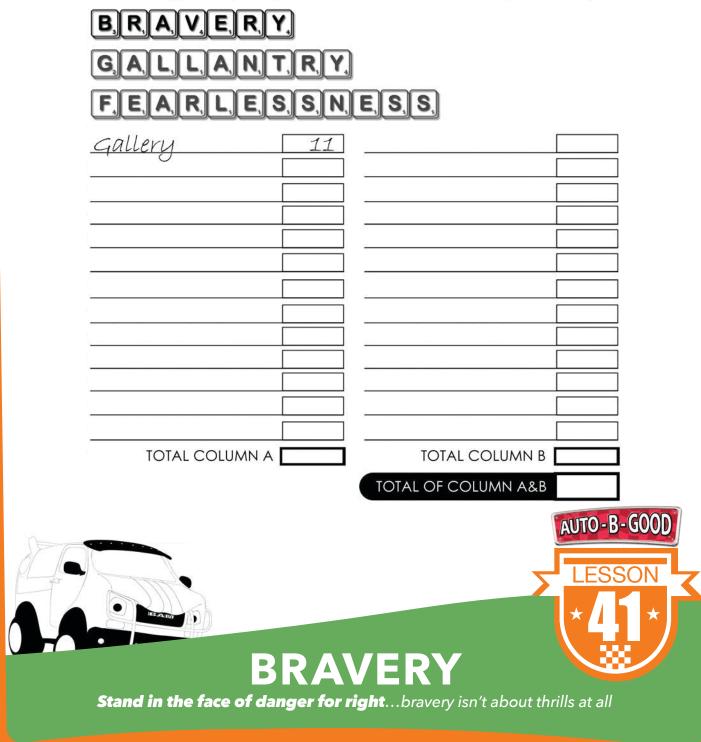
20 9 24 8 12 8 13 1 24 20 5 5 24 1

Rewrite this quote in your own words... (bonus points - do some research! Find three other related quotes.)



Scroggle

Using the letter tiles in the words below, see how many new words you can create in five minutes. Be sure to use each tile only once for each word. You may use a tile in multiple words. When the time is up, add up the points of tiles used for each word, then total your score.



Word Search

See if you can find all of the following words for today's character trait. Remember words can be forward, backward, up, down and diagonal. Happy Hunting!

IJYHSBHAELYEOPKGGABYLEYEZINDQE TNGDIMUPPODCREBIFLAROMGIYEM YWH TOTSGDORSUDOLZGILCRBPBPAEYARND TTRAAAQTDJNPHQBIZAEZNUIRVGR Т Т XUZCETLIRCPFOMMNFOWUYXFKQUAWVR VHPTNOQOIZFEARLESSNESSMORBV BI INZDRDWQTYWWXGVNLGFSL K TOWYR CBK ILOEVDADEEBJVSWQWEDSMJHIFFTC QCFDI AVIJANYHPILPGVBTEKHOOATU CBFCNAQETRCRUNAFRAIDRT APRWD т DL UNT UREHQRYETICERLVPIETRUEZHOP J I E B N Q S E V R E N P Z J O L P H D N L N L H R K U V LIWAGSCYCAPRRMSGJQGEURPRXZW S 0 P N L F L V Y O Z K P L P H N M T P O T T Z C S O C K A H TFKGMLENOBKCABHRDTHU Y ΒI T QXY F X K S R J N E S V K U F A Q T W C W Q T F N X L V U T X I S A J N X I Q O H E R I R G O K W C I B D U E C Q P U K M A X U C F O L T R C G R U S V S Q R P V L B K T V R M F P B N I OMQICRZTPGIVIDARINGFEGMSSURBPS D X I B A X M E D L P V J O C D I H K C C E L E J Z K G R V

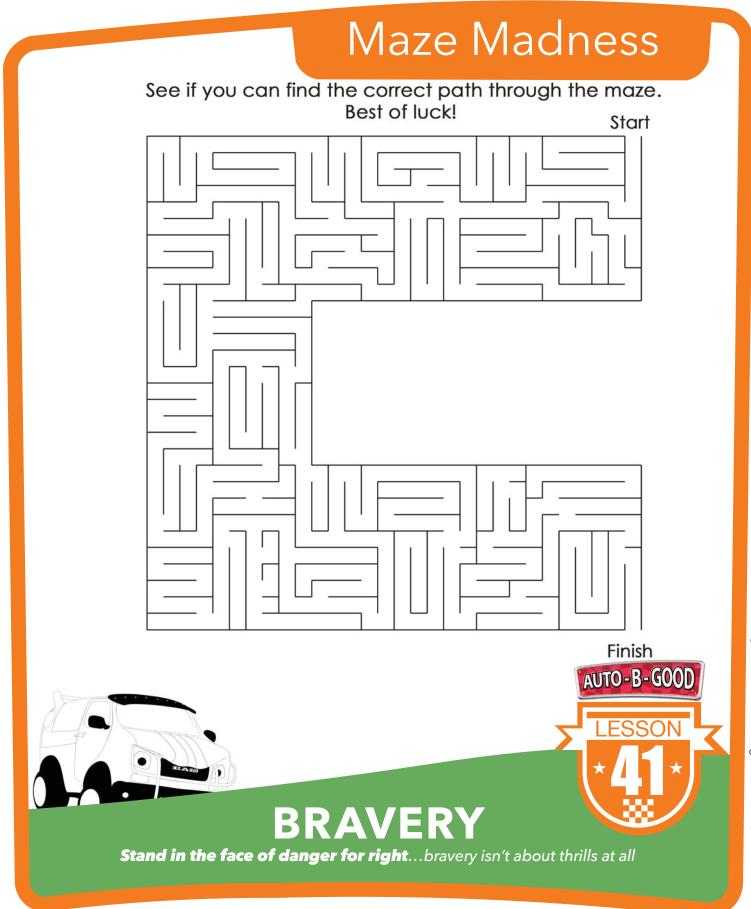
audacity backbone boldness bravado brave confidence conviction courage daring fearlessness

e fortitude gallantry grit guts ess heroism intrepidity mettle moral-fiber nerve pluck resilience spirit strength unafraid valor

AUTO-B-GOOD

BRAVERY

Stand in the face of danger for right...bravery isn't about thrills at all



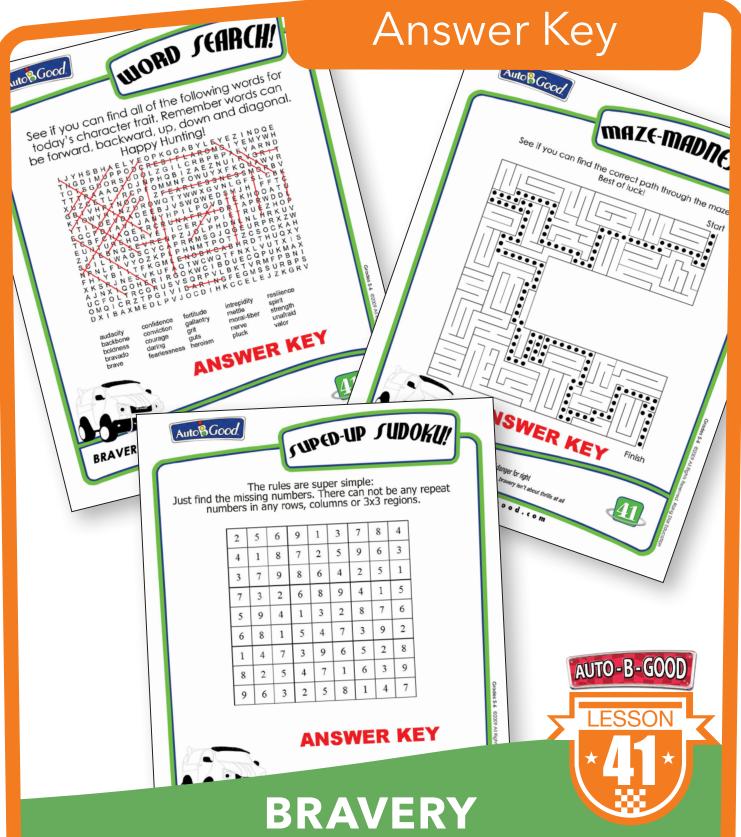
Suped-up Sudoku!

The rules are super simple: Just find the missing numbers. There can not be any repeat numbers in any rows, columns or 3x3 regions.

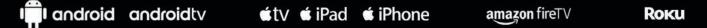
2		6	9	1		7	8	
4	1	8	7	2			6	3
3	7		8	6		2	5	1
7	3	2		8	9	4	1	5
5	9				2	8	7	6
6	8		5	4	7	3	9	
1		7	3	9	6	5		8
8	2		4	7		6	3	9
9		3	2			1		7

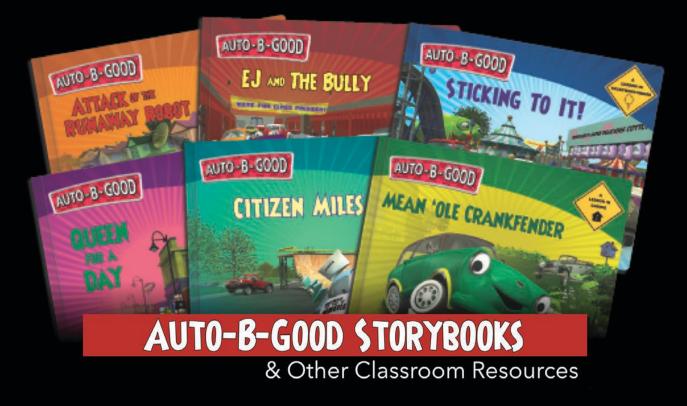






Stand in the face of danger for right...bravery isn't about thrills at all





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