

# Gluten Free Menu

## Starters

Soup Of The Day, Bread & Butter £4.95

Scallops, Pea Puree, Pancetta, Chilli Oil £8.95

Mushrooms, Garlic & Thyme Cream Sauce, Toasted Bread £6.50

King Prawn Marie Rose, Toasted Bread £7.25

Chicken Satay Skewers With Peanut & Coriander Crumble £6.75

## Mains

Haddock in a Herb Crust, chips, bistro salad & peas £13.50

Pan Fried Seabass, Dauphinoise, Confit Tomato & Roasted Pepper Coulis, Seasonal Vegetables £14.95

Cajun Salmon, Bistro Salad, Spiced Wedges £13.95

Cajun Chicken, Corn Cob, Chips, Coleslaw £13.50

Charlestown Beef Burger, Bun, Salad, Burger Relish, Chips £12.95

## Steaks

Rump Steak, Potato Wedges, Confit Tomato, Portobello Mushroom £21.95

Rib Eye Steak Potato Wedges, Confit Tomato, Portobello Mushroom £23.95

## Sauces £2.50 & Butters £1.50

Pepper Sauce, Garlic Mushroom Sauce, Mozzarella & Jalapeno Sauce

Garlic & Parsley Butter, Red Chilli Butter

## Sides Dishes

Chips £2.50 Wedges £2.50 Mixed Salad £2.50 Seasonal Vegetables £2.50

Coleslaw £1.50 Corn On The Cob £2.50

## Desserts

White Chocolate & Raspberry Crème Bruleè £6.50

Sticky Toffee Pudding, Ice Cream £6.50

Banana Split, Banana, Vanilla Ice Cream, Toffee Sauce, Whipped Cream, Fudge Pieces £6.95

Ice Cream Or Sorbet £4.95

Please Ask For Our Selection Of Flavours

Please note these dishes do not contain any gluten, however, we have to advise that they are prepared in a kitchen that does contain gluten dishes