COVID-19 TESTING

What to do if you are sick

COVID-19 symptoms can occur up to 2-14 days after exposure. Some of the symptoms that are required to be considered for a COVID-19 test are:

• Fever of 99.6 degrees or higher
• Muscle pain
• Loss of smell or taste
• Vomiting or diarrhea
• Sore throat
• Difficulty breathing

After taking the exam, it takes 3-5 days to have a result.

High-Risk People

Adults and/or people with certain medical conditions are at high risk of getting seriously ill from COVID-19: If you fall into these categories and have a fever or other symptoms please contact your doctor or a nearby clinic. If you are not too sick to be hospitalized, you can recover at home. Follow the instructions of a doctor and see the recommendations of How to take Care and protect yourself at Home.

General Population

If you are generally in good health and have mild symptoms, you can stay home and take care of your health as if you had the flu. If your symptoms get worse, please call your doctor or 911. Your doctor will help you decide whether you should be tested for COVID-19. If you don't have health insurance, you can still get tested. Testing is recommended for the following individuals: emergency services worker, DART driver, healthcare worker, grocery store and essential retail store clerk, and individuals who have participated in group activities within the past 15 days.

If you need help finding a doctor or accessing health care, call 2-1-1 where you will be directed to low-cost or free providers in your area. If you participate in a community organization, they can also direct you to services. This short list of **Testing Sites** is the most current as of 7/21/2020, but locations may change. The links provided at the end will direct you to comprehensive lists updated daily.

IMPORTANT NOTES

• If you are going to be tested, please try to maintain social distance until you have the results.
• If you do not have transportation, there is the opportunity to register for the *Mobile Tests* where they can come to your home from 9 am- 9pm. To register you can call **UrgentCare2GO 1-888-601-0568**
• Walk-In Testing locations usually takes 2-3 hours

TEST SITES
Dallas-Fort Worth area and throughout Texas

Facebook.com/TexasHHSC/

Parklandhospital.com

Dallascounty.org/covid-19/

access.tarrantcounty.com/en.html

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COVID-19 SYMPTOMS

If you are experiencing any of the following symptoms, it is recommended that you be tested for COVID-19:

- Fever
- Muscle pain
- Loss of smell or taste
- Vomiting or diarrhea
- Sore throat
- Difficulty breathing

Contact your doctor for instructions on where to go to get tested.

You can also call 2-1-1 or the Dallas County Health and Human Services (DCHHS) at
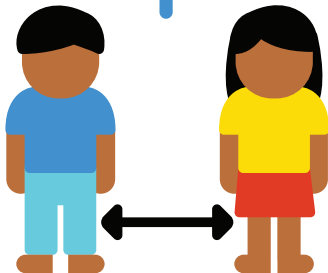
972-692-2780

Mon-Fri from 9AM-4:30PM.

To see a list of testing locations, go to Dallascounty.org/covid-19/testing-locations.php

The **waiting time** depends on the location. Expect to wait 2 hours before your test. It takes 3-5 days to get your test result.

!! IMPORTANT NOTES !!

- If you are going to be tested, please **wear a mask** and **maintain social distance** until you have the results.
- If you do not have transportation, there is the opportunity to register for the Mobile Tests where they can come to your home from 9 am- 9 pm. To register you can call **UrgentCare2GO 1-888-601-0568.**
- If you don't have health insurance, you can still get a test.
- A test is recommended for the following individuals: emergency services worker, DART driver, healthcare worker, grocery store and essential retail store clerk, and individuals who have participated in group activities within the past 15 days.

Latest Reviews: 4/8/2020

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