

Women of Courage
March 22, 2022
“The Disciplined Mind”

2 Timothy 1:7 – “For Jehovah has not given us a mind of fear (dread, timidity) but of Power, Love & a Sound Mind (disciplined)”

Timidity – Websters – lack of courage or confidence

Power – doo'-nam-is – force, ability, abundance, meaning, might, strength

Also means “the bringing of men to a Sound Mind (disciplined mind)”

A disciplined mind or a disposition of the mind.

Disposition – a persons inherent qualities of mind and character
Force of Character

Love – which is not a softness, not an emotion

Self-discipline – which is opposed to all easy self-indulgence which issues in laxity of administration

This is the state of mind Paul was exhorting Timothy to cultivate

Adam Clarke Commentary

Power – to work miracles, to confound enemies to support us in trials and enable us to do that which is lawful and right in Jehovah’s sight.

Love – which enables us to hear, believe, hope and endure all things and is the incentive to all obedience. Helps make the mind bold and constant. Ready to endure privation and persecution.

Sound Mind – implies much more of self-possession and government. It also means a clear understanding, a sound judgement, a rectified will, sober mind. In a word, the whole person (being) harmonized in all its powers and faculties and completely regulated and influenced so, as to think, speak, and act right in all things.

Jehovah said he has given us these three things. They are not factitious (artificially created or developed). They are radical powers and tempers. They are each produced by its proper principle.

A mind of cautiousness and discretion. A well-balanced mind and under right influences. This is the way it can discern between right and wrong. Everything in its proper place – not excited.

An actual discipline of thought and emotion. Let no evil speech come from your mouth. Improper thoughts should not dominate or take over action or deed.

2 Cor 10:4-5

1 Tim 6:4-6, 14

2 Peter 2:18

James 1:23-25, 4:11

2 Tim 2:14-15

Hebrews 5:14

Col 3:5

Eph 5:6

Php 4:8

Deut 11:18-22, 6:6, 12:28, 13:4, 17:19, 32:46-47

Luke 11:28

John 14:15, 14:23, 15:10

Genesis 4

1 Cor 9:27

1 John 2:3-6, 3:22, 5:2, 3

Revelation 14:12