

Scriptures about Fear

There is much to be said about fear. In fact, God says so much about fear in the Bible that there are about 365 verses about it—one for every day of the year. ☺ It's obviously an important issue to our Creator, and He knows we need His truth and Spirit to overcome it.

Here are a few of the many truths that give us freedom from fear. Pray through them until the fear is gone, knowing that God is a good Father who holds His children close.

2 Timothy 1:7

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

1 John 4:17-19

Love has been perfected among us in this: that we may have boldness in the day of judgment; because as He is, so are we in this world. There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love. We love Him because He first loved us.

John 14:27

Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.

Isaiah 43:1

But now, thus says the LORD, who created you, O Jacob, and He who formed you, O Israel: "Fear not, for I have redeemed you; I have called you by your name; You are Mine."

Psalms 34:4

I sought the LORD, and He heard me, and delivered me from all my fears.

Psalm 27:1

The LORD is my light and my salvation; Whom shall I fear? The LORD is the strength of my life; Of whom shall I be afraid?

Deuteronomy 31:6

Be strong and of good courage, do not fear nor be afraid of them; for the LORD your God, He is the One who goes with you. He will not leave you nor forsake you.

Psalm 56:3-4

Whenever I am afraid, I will trust in You. In God (I will praise His word), in God I have put my trust; I will not fear. What can flesh do to me?

Isaiah 41:10

Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with My righteous right hand.

Matthew 10:28-31

And do not fear those who kill the body but cannot kill the soul. But rather fear Him who is able to destroy both soul and body in hell. Are not two sparrows sold for a copper coin? And not one of them falls to the ground apart from your Father's will. But the very hairs of your head are all numbered. Do not fear therefore; you are of more value than many sparrows.

Romans 8:14-15

For as many as are led by the Spirit of God, these are sons of God. For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father."

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