

KIDS HOUSE

WHERE HOPE AND HEALING BEGINS



KIDS HOUSE SPOTLIGHT

VITAL SIGNS

Kids House of Seminole is considered private property and thanks to the outstanding employees at Vital Signs, we have new private property signs displayed! In 2020, Vital Signs rebuilt our large display sign when our old one was destroyed. We are so lucky for their generosity over the years! Thank you, Vital Signs, for the fantastic work you have done for us and the constant support you provide!

KIDS HOUSE GETS MOVIN'!

Our health and staying active are essential for children's and adults' development and growth. Being active can improve your brain, manage weight, reduce risks of disease, and improve your overall ability to do everyday activities. Kids House has several employees who have chosen to become more active this new year. A few examples are that one employee keeps weights in her office to do upper body training, and several staff members from different departments playing basketball or go for walks around the property with one of our Nurse Practitioners taking it a bit farther by walking up to four miles some days! In addition to these extraordinary employees, two staff members periodically ride their bikes to work! Great job to everyone taking more active approaches this year!

KINDNESS MONTH

Thank you to WUCF TV for partnering with Kids House for Kindness month! February 18th, we partnered with WUCF for their "Be My Neighbor Day Kids Pack" project. The event was a fantastic success, and more than 50 adults and children came to fill packs for Kids House.

KIDS HOUSE ANNIVERSARIES

Amber Wood - 2 years of service



PARENTS CORNER

NUTRITION

March is National Nutrition Month and it is essential to teach children about the importance of food, nutrition, and eating skills. As you grocery shop with your children, make it a nutrition lesson by expressing what food group each item you put in your basket belongs to. Remember that balance is best. Limit the sugary food but allow children to indulge occasionally but have healthy options like fruit available to conquer the sweet craving.

TEEN DATING

Relationships can be complicated and challenging to navigate, especially for teenagers and young adults. The transition from a healthy relationship to an unhealthy and/or abusive one may not always be apparent to you or your partner because some behaviors may be subtle and not immediately apparent. Behaviors in unhealthy and/or abusive relationships can result in physical aggression, verbal/emotional abuse, sexual coercion, or a combination of these.

ST. PATRICK'S DAY

Enjoy the day with some fun clover crafts! You could make your clover from one green pipe cleaner and add beads to make it unique. Don't forget to make a leprechaun out of construction paper, orange pom-poms, and a toilet paper roll. You can even make delicious snacks to enjoy while you craft! Melt and dye some white chocolate green, then drizzle in the center of some pretzels to make clovers! You can also make festive St. Patrick's Day muddy buddies! Dye half of some Chex mix with green food coloring and mix with some original along with some lucky charms marshmallows!



GET INVOLVED

BE A STAR!

For every \$20 Donation, we will display a star on our giving wall at Kids House. With your help, we hope to get 1,000 stars displayed on our wall!

<https://www.kidshouse.org/be-a-star>

LEAVE A GOOGLE REVIEW

Share an experience or why you support Kids House on google! It's easy, log into your Google account, go to kidshouse.org, and leave a review. You can add stars, share an experience, and explain why you support Kids House and our mission to prevent child abuse and help victims and families heal.

ONLINE SILENT AUCTION

Host an online silent auction for Kids House. Online silent auctions can accommodate a much larger audience than traditional in-person auctions. This allows you to include family, friends, neighbors, donors, and more. Encourage your primary audience to share your auction with their connections through social media.

SUPPORT FAITH'S GARDEN

Honor a child whose life was tragically ended due to child abuse or neglect with a Memory Stone in Faith's Garden at Kids House. Learn more about Faith's Garden and how it started at the link below.

<https://www.kidshouse.org/faiths-garden>

ATTEND OUR ANNUAL GALA

The Kids House Gala is our primary fundraising event with silent and live auctions to benefit the children of Kids House. Attend our annual Gala by purchasing a seat or table and join the festivities while bidding on different items and experiences. **If you have questions about the Gala Sponsorship, contact Morgan Lewis at lewis@kidshouse.org**

-NOTEWORTHY NEWS-

UPCOMING EVENTS

Child Abuse Prevention Month Proclamation
March 28th, 2023
Kids House Annual Gala
April 15th, 2023
<https://kidshouse.org/gala>

KIDS HOUSE OPEN POSITIONS

Grant Manager **Advocacy Receptionist**
Child Advocate **Mental Health Therapist**
To apply, visit:
<https://www.kidshouse.org/employment-opportunities>

DONOR SPOTLIGHT

Courtney
Madison
Denise
Ray
Timothy