

Article by Joe Oakes "Joe A Oakes Fine Arts" newsletter Feb '22

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## *Sharing*



Over the years, in many classes and workshops, there are always participants that are hesitant or scared to share sketches, previous work, etc. This feeling of being, "not good enough" can be overwhelming. Sharing what you have done or your process of creating is private and what and if you share is totally up to you. But I believe sharing on some level is always helpful.

From time to time, we all could use some kind of reinforcement or encouragement for what we are creating. This can affirm what you already think or it may put you on the path for some improvement, if needed. These situations are really all about your comfort zone. But having an open mind and letting people into your world is never a bad thing. Anyone can be a sounding board for your thoughts and concerns about art and just about anything else, when it comes right down to it. Allow yourself the space to grow as an artist or whatever you practice and more importantly as a person. I know it can seem scary but it's well worth the initial anxiety. *Please be kind to one another and remember... Art, like life, is a journey!*