

**Tired of struggling?
Ready for change?
Want a new direction for
your future?**

AWAKEN CLASS

Our Awaken class might be the next step for you! It is a small group of people who come together to explore life experiences, learn from each other and make some choices about our personal role in creating our future.

THE BENEFITS

- ✓ A positive support system for yourself and your family
- ✓ Training on how to set clear goals for a better future story
- ✓ Opportunities to discover your strengths and build on them
- ✓ A group of friends who are also working towards positive change
- ✓ Tools to help you build a plan and a network of people to help you implement it
- ✓ Free dinner and children's program at each weekly meeting

"If you're ready for a change, this is the place to be. It's a loving, caring, and safe environment to change." - Awaken Graduate

Tuesdays Starting

01
FEB
5:30pm

Communities of Transformation Montgomery

Holy Comforter Episcopal Church
2911 Woodley Road | Montgomery, AL | 36111

For more information, please visit: communitiesoftransformation.org/apply

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