Resources

**Lupus Society of Alberta** - Provides education and support on Lupus and Lupus related issues and enable research to improve quality of life. The Lupus Society of Alberta is here to support you and to help you find the information and resources that you need to live well with lupus 1-888-242-9182

<https://lupus.ab.ca/>

**Lupus Canada** This site is designed to be a source of information about lupus <https://www.lupuscanada.org/>

**(GOV OF AB) Aish** Assured Income for the Severely Handicapped (AISH) Financial and health benefits for eligible Albertans with a permanent medical condition that prevents them from earning a living.<https://www.alberta.ca/aish.aspx>

1-800-232-7215

**(GOV OF AB) Alberta Supports** Alberta Supports can help you access more than 30 programs and 120 services for seniors, people with disabilities, job seekers, parents and families, homelessness, financial assistance, abuse, and family violence prevention. <https://www.alberta.ca/alberta-supports.aspx#toc-0> [1-877-644-9992](tel:1-877-644-9992)

**(GOV OF AB) Government of Alberta Supports for People with disabilities**  This website has the links for people to access information for special needs housing, parking placards, Employment supports, Specialized support services.

<https://www.alberta.ca/supports-for-people-with-disabilities.aspx>

[780-427-2711](tel:+17804272711)

**211 Alberta** - (Resource Information) The 211 service is an enhancement, not a replacement, of local Information & Referral services currently operating across the province. In addition to helping people find the information they need, 211 analyzes data from calls to identify emerging needs, gaps in services and areas of high demand Alberta Government.

Alberta rheumatology a resource for patients, on all aspects related to rheumatology.

<https://albertarheumatology.com/lupus/>

Arthritis Society <https://arthritis.ca/about-us>

**Alberta Aids to Daily Living (AADL**) helps Albertans with a long-term disability, chronic or terminal illness to pay for basic medical equipment and supplies.

Phone: [780-427-0731](tel:+17804270731)  
Toll free: [310-0000](tel:3100000) before the phone number (in Alberta)

**The Alberta Healthy Living Program (AHLP)** provides services to those with chronic conditions in communities throughout Alberta. These services include information, education, techniques, and support to help improve your health and quality of life with a chronic condition.

Phone: 780-342-2000  
Toll free: 1-888-342-2471

<https://www.albertahealthservices.ca/info/Page13984.aspx>

Calgary and Area Rheumatologists

 Dr. Aurore Fifi-Mah  
Dr. Sharon LeClerq  
South Health Campus  
4448 Front Street SE, Calgary AB, T3M 1M4  
Phone: 403-956-2493  
FAX: 403-956-3835

Dr. Ina Cusnir  
Dr. Gary Morris  
Dr. Heather Waymouth  
Dr. Olga Ziouzina  
Suite # 320 — 401 9th Avenue SW, Calgary AB, T2E 7W7  
Phone: 403-221-4465  
FAX: 403-221-4419

Dr. Hector Arbillaga  
Dr. Svetlana Stajkovich  
Suite # 302 — 888 4th Avenue SW, Calgary AB, T25 0V2  
Phone: 403-265-7117  
FAX: 403-351-1756

Dr. Anne-Marie Crawford  
Suite # 208 — 1010 1st Avenue NE, Calgary AB, T2E 7W7  
Phone: 403-265-5944  
FAX: 403-265-5949

Edmonton & Area Rheumatologists

Dr. Atef Abdulsamad  
12350 – 137 Ave. NW Edmonton, AB T5L 4X6  
Tel: 780-406-5514  
Fax: 780-406-5547

Dr. Christopher Lyddell  
9711 – 23 Ave. Edmonton, AB T6N 1K7  
Tel: 780-616-3811  
Fax: 780-533-3247

Dr. Norman Madsen  
10155 – 120 St. Edmonton, AB T5K 2A2  
Tel: 780-482-7551  
Fax: 780-488-2056

Dr. Lilia Olaru  
St Albert Rheumatology  
201 – 24 Inglewood Dr. St. Albert, AB T8N 6K4  
Tel: 587-400-8202  
Fax: 780-244-0322

Dr. Savitri Senaratne  
2939-66 St. Edmonton, AB T6K 4C1  
Tel: 780-463-2184  
Fax: 780-450-8359

Dr. Ken Skeith  
10155 – 120 St. Edmonton, AB T5K 2A2  
Tel: 780-482-7551  
Fax: 780-414-5669

Lethbridge Rheumatology Contact Info

***RHEUMATOLOGISTS***

Dr. Martha Decker  
Dr. Nathan Puhl

1921 Mayor Magrath Drive South  
Suite 204  
Lethbridge AB T1K 2R8  
Phone: 403 942 7975  
Fax: 403 388 4500

When you go to a new doctor or medical professional one of the questions always asked is what medications are you taking?  
Below is the link to a Medication list that is easy to use and can be helpful for medical appointments.

<https://myhealth.alberta.ca/Alberta/Pages/medicine-tracking-tools.aspx>