

Loving-Kindness Daily Meditation – How to Connect

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Sara Cyr is inviting you to a scheduled AUDIO ONLY Zoom meeting.

Topic: Loving Kindness Meditation (aka virtual hug)

Time: DAILY 07:00 – 7:06 AM Eastern Time (US and Canada)

Every day, until May 20, 2020, 37 occurrence(s)



3 Ways to Connect

1) Join Zoom Meeting VIA ZOOM (this may prompt you to download the Zoom application)

<https://zoom.us/j/447272063?pwd=QUxwVmM1cTNkVHhzWWlk3lkDRVZz09>

Meeting ID: 447 272 063

Password: 726038

2) One tap mobile VIA SMARTPHONE

+16468769923,,447272063#,,#,726038# US (New York)

+13126266799,,447272063#,,#,726038# US (Chicago)

3) Dial by your location VIA TELEPHONE

+1 646 876 9923 US (New York)

+1 312 626 6799 US (Chicago)

+1 346 248 7799 US (Houston)

+1 408 638 0968 US (San Jose)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US

+1 301 715 8592 US

Meeting ID: 447 272 063

Password: 726038

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Thank you for joining our movement! Warmly, Sara Cyr, CHC and Sarah Byrne, MD

Questions or Requests: +1 617-827-9354 or Sara@SparkYourHealing.com

Last Updated April 15, 2020