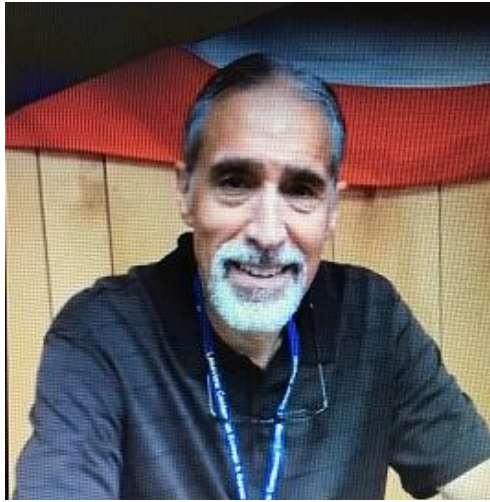


## ***HALL OF FAME INDUCTEE***

### **Anthony Colon '70**



Anthony “Tony” Colon was raised in the Hell’s Kitchen neighborhood of New York City. He attended St. Paul the Apostle church. He was educated by the Irish Christian Brothers at Power Memorial Academy graduating in 1970. He then went on to college at Manhattan College with friend and teammate John Lovett.

He went on to get his degree in Physical Therapy and practiced from 1978 to 1990 as a physical therapist and became the lead therapist at the Cooper Center in Dallas, Texas. Tony then changed careers and became a Spanish teacher which he started in 1991 and is still doing that today.

He is married to his wife, Maureen, who is a computer specialist and they have one daughter, Ashley. They currently reside in Garland, Texas which is a suburb of Dallas.

According to Tony there are many significant accomplishments of which he is very proud. The most important was being part of the 2 mile Relay Team that won the Penn Relays in record time under the coaching of Br. John Bielen and with teammates Andy Walsh, Peter and John Lovett.

Tony has received many honors related to his track accomplishments both while attending Power Memorial and Manhattan College. He was named National High School Champion in 1970. Also named the Catholic High School Athlete of the Year in 1970. Tony, along with his teammates, Andy, Peter and John, were inducted into the Penn Relay Hall of fame in 1995 for their incredible feat at the 1969 Penn Relays. They ran a record setting 2-mile relay in 7:40. That time broke the meet record by 5 seconds and that record time stood for 21 years. That relay team was the first ever high school team to be so recognized. Before leaving Power, Tony would set the Catholic High School Record for the indoor half-mile in 1970. That record stood for 31 years.

After leaving Power his running career would continue in a stellar fashion. At Manhattan College he was a standout Cross Country runner at the 5-mile distance. He teamed with Matt Centrowitz, also a Power Hall of Fame member, for 1 year. Then teamed up with John Lovett for 3 seasons. In 1973 Tony and John ran an indoor NCAA Distance Medley relay setting a World Record with Tony running the anchor mile in 4:04. In between all of his College running, Tony represented Puerto Rico in the 1972 and 1976 Olympics at the 1,500 meter distance.