



## MORNING PRAYER

*The First Sunday in the Season of Lent*

Episcopal Church of Our Saviour  
At Mission Farm, Killington



*Officiant* O Lord, open our lips  
All And our mouth shall proclaim your praise.  
*Offician.* Hear our voice, O Lord, according to your faithful love  
All According to your judgement give us life

Blessed are you, God of compassion and mercy  
To you be praise and glory for ever.  
In the darkness of our sin,  
Your light breaks forth like the dawn  
And your healing springs up for deliverance.  
As we rejoice in the gift of your saving help,  
Sustain us with your bountiful Spirit  
And open our lips to sing your praise.  
Blessed be God, Father, Son and Holy Spirit.

*Officiant*  
The night has passed, and the day lies open before us;  
Let us pray with one heart and mind.

*Silence*

As we rejoice in the gift of this new day,  
So may the light of your presence, O God,  
Set our hearts on fire with love for you;  
Now and for ever. Amen

### **Psalm 25:1-9**

- 1 To you, O LORD, I lift up my soul;  
my God, I put my trust in you; \*  
let me not be humiliated,  
nor let my enemies triumph over me.
- 2 Let none who look to you be put to shame; \*  
let the treacherous be disappointed in their schemes.

- 3 Show me your ways, O LORD, \*  
and teach me your paths.
- 4 Lead me in your truth and teach me, \*  
for you are the God of my salvation;  
in you have I trusted all the day long.
- 5 Remember, O LORD, your compassion and love, \*  
for they are from everlasting.
- 6 Remember not the sins of my youth and my transgressions; \*  
remember me according to your love  
and for the sake of your goodness, O LORD.
- 7 Gracious and upright is the LORD; \*  
therefore he teaches sinners in his way.
- 8 He guides the humble in doing right \*  
and teaches his way to the lowly.
- 9 All the paths of the LORD are love and faithfulness \*  
to those who keep his covenant and his testimonies.
- Glory to the Father and to the Son  
And to the Holy Spirit;  
As it was in the beginning is now  
And shall be for ever. Amen

## Old Testament Reading

### Genesis 9:8-17

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

Hear what the Spirit is saying to God's people.

## Canticle G

### Ezekiel 36:24-28

I will take you from among all nations;  
and gather you from all lands to bring you home.  
I will sprinkle clean water upon you;  
and purify you from false gods and uncleanness.  
A new heart I will give you  
and a new spirit put within you.  
I will take the stone heart from your chest  
and give you a heart of flesh.  
I will help you walk in my laws  
and cherish my commandments and do them.  
You shall be my people,  
and I will be your God.

## Gospel Reading

### A reading from the Gospel of Mark 1:9-15

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Hear what the Spirit is saying to God's people.

## *Music*

## *Reflection*

### **The Apostles' Creed**

I believe in God, the Father almighty,  
creator of heaven and earth;  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins  
the resurrection of the body,  
and the life everlasting. Amen.

### **The Prayers**

*Officiant* God be with you.  
*People* And also with you.  
*Officiant* Let us pray.

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.**

And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

V. Help us, O God our Savior;  
**R. Deliver us and forgive us our sins.**  
V. Look upon your congregation;  
**R. Give to your people the blessing of peace.**  
V. Declare your glory among the nations;  
**R. And your wonders among all peoples.**  
V. Do not let the oppressed be shamed and turned away;  
**R. Never forget the lives of your poor.**  
V. Continue your loving-kindness to those who know you;  
**R. And your favor to those who are true of heart.**  
V. Satisfy us by your loving-kindness in the morning;  
**R. So shall we rejoice and be glad all the days of our life.**

### The Collect of the Day

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

### Collects

*Prayers of thanksgiving and intercession are invited at this time. (During the silence people may add their own prayers. Please unmute yourself to share your prayer aloud. When you have completed your prayer, return the microphone to mute.)*

Officiant: God of Love and mercy,  
All: **Hear our prayer.**

*Officiant and People*

**Beloved God:** As we rejoice in the gift of this new day, once again we offer ourselves to you. May we always be mindful of your abundant mercy, O God, fill

us with compassion, and set our hearts on fire with love for you; now and for ever.  
Amen.

### Concluding Sentence

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to God from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen.* *Ephesians 3:20,21*

### Blessing