



<http://www.ymcaalumni.org>

Pacific Northwest

OLD GUARD NEWS ALLEN-STONE CHAPTER

Coming EVENTS

July 2024

SEABECK RETREAT

September 16-18, 2024



We will gather Monday afternoon – Wednesday noon.

Looking forward to joining in on great activities, fellowship, and info sharing. Bring stories, experiences, your best voices and, of course, a snack to share.

Keynote speakers: Harold Shea, Director of Operations, Pierce & Kitsap County YMCAs,

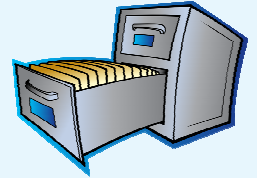


Mary Tikalski on World Service,

Sherry Milton on Training for and Surviving the Iron Man



and Peyton Tune: Y Archives and accepting our history records.



Tuesday activities may include golfing and/or a tour of an Indian history museum in Port Ludlow, as well as the Haiku walk, Seabeck Store visit, Cemetery stroll or just resting.

We will be setting up our own coffee service this year. Sherry Milton has offered to assist...we need coffee pots, an assortment of tea, and cups/mugs as well as some silverware, napkins and paper plates. Donations are gratefully accepted.

Registration on page 10.



Gathering



Conference Center



The Pines

SEABECK RETREAT – September 16-18, 2024

STEPS: UP, DOWN, IN & OUT SCHEDULE

Speakers subject to time change

Monday September 16

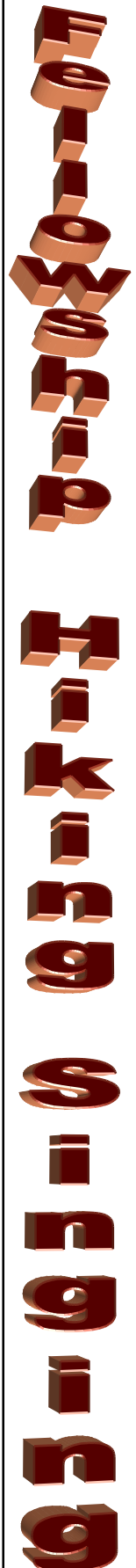
TIME	ACTIVITY	LOCATION
2:00 - 4:00 PM	Arrive and register - (those who wish can bring their own lunch and gather on the deck)	The Pines
4:00 - 4:30 PM	Reception – Social time Wine, water and snacks provided	The Pines
4:30 - 5:45 PM	Welcome & Introduction Easy movement, songs and evening Grace	The Pines
6:00 - 7:00 PM	Dinner	Dining Hall
7:15 - 8:30 PM	Visit Circle, STEPS and Games—Jan & Jill	The Pines

Tuesday September 17

TIME	ACTIVITY	LOCATION
7:30 - 8:00 AM	Early morning hike on the Seabeck hill - optional	The Pines
8:00 - 8:45 AM	Inspiration, Breakfast	Dining Hall
9:00 - 9:15 AM	Plenary Session Opening Songs Easy Movement Jan	The Pines
9:15 - 11:45	Program:	The Pines
9:15- 10:30	Topic # 1 Operations Director Pierce & Kitsap Counties—Harold Shea	
10:30-10:45	Break and refreshments	The Pines
10:45 - 11:45	Topic #2 Sherry Milton Training and Surviving the Iron Man race 2023	
12:00 - 1:00 PM	Lunch	Dining Hall
1:00 – 5:00	Free time—Possible golf or museum tour in Pt. Ludlow. Stroll the cemetery, the store, on your own or in a group, reading or resting	Seabeck Grounds
5:15 - 6:00	History handoff—Peyton Tune and Don Leak	The Pines
6:00 - 7:00	Dinner	Dining Hall
7:15 - 8:15 PM	International Session: YMCA of Seven Council Fires Y Alumni Service Project—Rich Wallis	The Pines
8:15 - 9:00 PM	World Service Campaign update—Tom Horsley & Mary Tikalski	The Pines

Wednesday September 18

TIME	ACTIVITY	LOCATION
8:00 - 8:45 AM	Inspiration Breakfast	Dining Hall
9:00 - 9:15 AM	Song Easy movement Jan	The Pines
9:15 - 9:30 AM	Seabeck and the Y! - Chuck Kraining	The Pines
9:30 - 10:30 AM	Remembrance Service Flowers	The Pines
10:30- 11:00 AM	Group Photo Social time	The Pines
11:00 - 11:45 AM	Allen-Stone Annual Meeting—Jill	The Pines
12:00 - 1:00 PM	Farewell Luncheon Inspiration	Dining Hall



ALLEN-STONE 2023-2024 LEADERSHIP

President – Jill Hallin

jillhallin@comcast.net

Treasurer – Jim Leigh

jimfleigh@gmail.com

Past Presidents – Gary & Lony Huff

glhuff2@olypen.com

Membership—Mike Robinson

mikiee.mike@gmail.com



National Service Project

-Gary Huff, National Standing Committee

-Rich Wallis, Boots on the Ground

-Cheri Brennan-Marketing Committee

World Service Chair – Tom Horsley

thomaschorsley@outlook.com

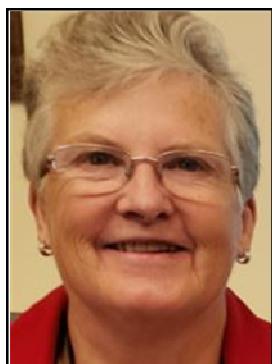
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sharonrobinso@gmail.com

President's Message



Summer fun for the Allen-Stone chapter has started with the activities in the Inland Northwest – a day spent in Wallace Idaho as well as great gatherings and meals for 3 days! And coming up is Seabeck Sept 16-18 as well as the RV Cluster at Winchester Bay RV Resort Sept 23-27. Lots for our members to participate in together!

I attended the National 48-hr training at St Louis, which focused on MEMBERSHIP in the Alumni chapters. It turns out there are things each current member can do, such as reaching out to new and not-so-new retirees, to let them know about our gatherings and activities and see if they want to participate. The best contact is in person, via a phone call or a visit. Other suggestions were to address YMCA staff at trainings and meetings and let them know about the Alumni association. We can all do something to bring our friends and colleagues on board!

The theme at Seabeck this year is Stepping! As you count your 10,000 steps a day, think of ways in your life that you have stepped up, down, in or out! And be prepared to share a story or two about that! See you in September!

Check these Websites Out:

YMCA Alumni — <https://www.ymcaalumni.org>

YMCA Retirement Fund — <https://yretirement.org/for-plan-administrators>

Allen-Stone Facebook — www.facebook.com search for Allen-Stone

Sioux Project— <https://wawokiye.org>

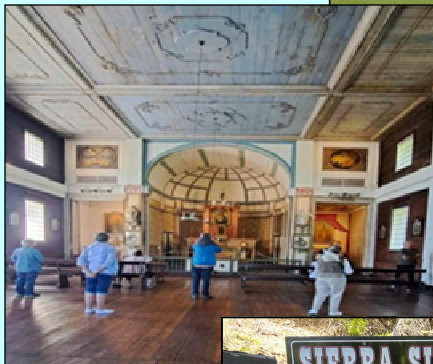


SPOKANE EVENT WRAP-UP



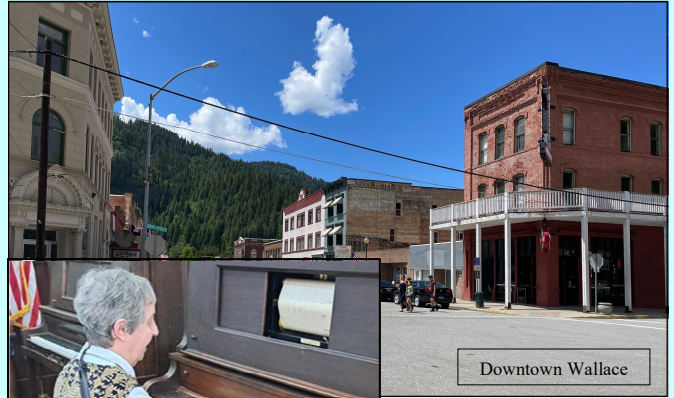
The third Spokane chapter event just completed in June was a block buster! Hosts Rich & Diane Wallis, Bev & Bill Reed and Bob & Sherry Milton all helped plan, organize and carry out various activities. The Centennial Hotel on the Riverfront Park was ideal to enjoy the Spokane River and the trails and history of this area that runs through downtown Spokane. Walking the trails around the park reminds one of the 1974 World Expo that covered these grounds and transformed the area. Spokane was the smallest city to host a World Expo and it even made money. The site was sold back to the city for \$1 and the beautiful park is for all to enjoy.

Our hosts met us each day at the hotel to be sure all made it to the scheduled event. Wednesday was spent traveling on a bus to historic Wallace, Idaho, and the Silver Valley. On the way, a stop was made at the Cataldo Mission,



the oldest building in Idaho built by the Coeur d'Alene Indian tribe and Jesuit Missionaries in 1853.

In Wallace, most participants went to the Sierra Silver Mine.



Downtown Wallace



An actual Bordello, the Oasis, was toured. (Joyce Leak at player piano in the bordello)

That evening, a barbecue dinner was at the home of Bill & Bev Reed.



Bill & Bev Reed



Sharon Robinson, Caroline Brooks, Joyce Mercer



Sherry Milton & Diane Wallis

On Thursday, some members played golf, biked on the Centennial Trail, toured the Amazon fulfillment center or had their hand at Polka Dot Pottery. Lastly, before dinner, it was wine tasting at Mayhill Winery.

Before it was time to go home, there was some discussion about next years event and what suggested places and activities members would be interested in. So, be sure to mark your calendar when the next year dates are announced. You won't be disappointed.



Meet the staff - Andy Andrew Corley YMCA Seven Council Fires



The man, the myth, the legend has officially been with the YMCA Seven Council Fires for 10 years! We celebrated his 10 years of service in March.

In ten years Andy-Andrew has helped this Y grow immensely with the addition of the Equity Center, acquisition of a daycare, more cabins at camp, family camp cabins, a new dining hall at camp expecting to arrive this summer, expanding our programming to include a daycare, Meals on Wheels, more mobile programming, adding the Tiny Home Village, and his ideas of growth keep flowing!

He currently is running two Ys! Since April, he has been the Interim CEO for the Oahe Family YMCA in Pierre, SD. As if he didn't have enough to do. Andy loves building up camp and Dupree up along side his wife Amber and their two golden retrievers. Although the pups like to get in the way of construction, their curtness helps the projects move along.

We are so thankful for his commitment, passion, and dedication to our community. The YMCA 7 Council Fires would be nowhere near where it is right now without him. We are so thankful he chose to stay in Dupree at Y7CF these past 10 years. We can't wait to see what the next 10 years hold for us with Andrew's leadership and perseverance!



RV CLUSTER NEWS

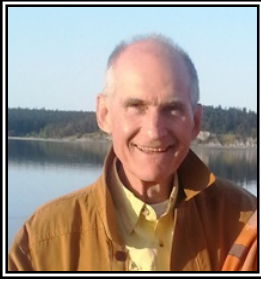
The RV Cluster of the Allen-Stone Chapter will be meeting at Winchester Bay RV Resort in late September. Eleven folks are signed up to come. We will follow up with photos in a future newsletter. Participants will be receiving an email probably in August with final details for a potluck dinner and possible activities. Jan Leigh is the contact for this group. janetbleigh@gmail.com



CHRISTY COLLINS AND JILL HALLIN TRIP

In late May to mid-June 2024 sisters Christy and Jill embarked on an 11 day road trip around northern and central California. The first stop was in Woodland, to re-connect with the YMCA that their father Earl Collins had opened in 1960. It was very special to see that the building is still in use as a daycare and holds after school programs for the YMCA.

Subsequent days took Christy and Jill to Stockton to reconnect with cousins not seen for many years, to Mariposa where our family homesteaded and have owned and managed a store there for almost 100 years, and ended with 3 days of exploring in Yosemite with another cousin. Christy was able to check out cemeteries on this trip, gathering more Collins and Wood family history. Great memories!



This year in May I (**Gary Huff**) celebrated my 20th Hikeathon for Y Kids, which I do once a year. I raised \$18,000 for the Sequim Y which will be matched by our local Seven Cedars Casino in Sequim, WA. In the 20 years total, I have raised \$207,000 and have walked 500

miles. I really enjoy hiking, being healthy and doing good all at the same time. After participating in the wonderful Spokane Y-Alumni event Lony and I visited Lony's 93 year old sister in Butte Montana.

Jim and Jan Leigh visited numerous friends traveling through California, Arizona, New Mexico, Texas, Utah, and Idaho in March and April on a 4 week trip. They were in San Antonio right on the Riverwalk to be able to see the Total Solar Eclipse from the Alamo. Unfortunately the eclipse was mostly hidden by clouds! Since then, they have had two short trips with their trailer with a neighborhood RV group. Their summer plans include many more short trips affording chances to hike and kayak.



San Antonio Riverwalk



Come enjoy the mountain with me.

Jane Rosi-Pattison

Mary Kaufman Cranny: 40 years ago, I participated in a YMCA International professional exchange (A President Reagan initiative to build youth exchanges) between the Seattle Y and Stuttgart Germany. There were about 20 Ys that participated from both the US and Germany. The exchange participants spent a week in December 1983 for an orientation in New York and then the German Y directors came to our local Ys to learn about our work and culture and we did the same visiting Germany in the spring of 1984. As the branch executive at the Northshore branch, the Stuttgart Y director, Siegfried Rembold, stayed with our board members and then I stayed with Siegfried and his family (wife Inga and three girls from ages 3 to 13), even skiing with them for a week in the Swiss Alps. It was a life changing experience! Through the years, we hosted their daughters, Siegfried and Inga and visiting them a couple of times in Stuttgart including our sons in the experience. Our initial experience has strengthened to our families with a special relationship. On this 40th anniversary, my husband and I traveled to Europe and spent 4 nights with the youngest daughter, Marina and her family in Munich, Siegfried and Inga joined from Stuttgart. We enjoyed time together with food and wine (the family owns a winery and a distillery for schnapps!) and did a bit of sight-seeing including the 1972 Munich Olympic Site, Central Munich Market, the Glockenspiel and the Munich Zoo. A memorable anniversary exemplifying the Y's international work.



Mary & Siegfried:
Fall 2003



Mary & Siegfried:
Spring 84

NEW MEMBER

Monica Elanbass: It was such a delight to read the current newsletter and see the smiling faces of several colleagues.

I have just officially transferred my membership from Florida, where my husband (**Jamie**) and I used a mailing service for expat travelers, to my REAL HOME of Washington State. (In the past I had

been told that I had to join the chapter related to my address at the retirement fund.)

Jamie and I have been sailing a 40' catamaran called svGrateful in the waters of six continents (so far) as we attempt to circumnavigate.



Remarks made by Dan Powell, Executive Director of the Stanwood-Camano YMCA

Don Leak is YMCA through and through. His vast experience both as a YMCA professional and volunteer has been indispensable to the Staff and Volunteer Team at Stanwood-Camano YMCA. When the idea of a Y in Stanwood was conceived more than a dozen years ago, Don has been present to help, organize, lead, advise, advocate and encourage with collegial and community-forward spirit. Don is always overwhelmingly bullish on the Y and ever-present when other leaders need a hand working through and shepherding a plan to help the Y be successful in order to be the great community resource that has been its promise from the outset. As a retired YMCA professional, Don easily fills the role of sage advisor to the current staff at the YMCA. Our staff would tell you that Don is not the usual kind of "Advisor." His broad along with his enthusiasm actually make Don our "CEO" (i.e. "Chief ENCOURAGEMENT Officer"). Whenever Don is in the YMCA facility 3 or 4 days each week he isn't just there to do a workout. Before or after his regular group exercise classes

he can very often be seen checking in with one or more on our staff leadership team to see how they are doing and to "lean in" to both encourage and offer help wherever it may be needed. As a constant presence on our Stanwood-Camano YMCA Advisory Board since the doors of the branch opened - Don has been close by to gently and humbly guide the staff and volunteers to steward the Y in the way that the original organizing committee of volunteers for our YMCA dreamed it would be. In that capacity, the true gifts and qualities of Don Leak have always been overwhelmingly and generously shared through his praise, quiet persuasion and omni-present support of the Y and our mission.





Set sail on the Harmony of the Sea
January 26 - February 2, 2025

Western Caribbean from Galveston

It's easy to make your 2025 Reunion at Sea reservations and complete your Reunion registration.



Staterooms and prices for Reunion at Sea

Staterooms start at \$877 pp for an interior cabin to \$1,312 pp for an ocean view balcony room. Price includes current taxes and fees and *pre-paid* gratuities. All prices per based on *double occupancy*. Cruise only Travel Insurance is optional but strongly recommended. Cruise fare is fully refundable until October 14, 2023. Go Travel will keep a listing of single travelers seeking room mates.

A bit about travel

Your GoTravel representative can help you plan your air travel into Houston's Hobby Airport. The Travel Club is working with Go Travel and Royal Caribbean to obtain hotel rooms the evening before departure is needed and transportation to and from Galveston, less than an hour away, so your trip to and from will be easy. **Please note: You must register through GoTravel to be eligible to cruise and participate in the YMCA Alumni reunion activities.**



A 7-night cruise into the Western Caribbean

The time is now to be sure you are registered for YMCA Alumni's **Reunion at Sea**, embarking from and returning to the stunning new Royal Caribbean Cruise Terminal in Galveston, Texas. Reunite with friends and colleagues with workshops, speakers, parties and fun shipboard. Visit three exciting ports of call in the gorgeous waters of the Western Caribbean. Register now to get great prices and, rest assured, that if you must cancel, you can do so until October 14, 2024. And, **wow** – what a ship! Your hosts: West Region YMCA Alumni Chapters and YMCA Alumni Travel Club.

Day by Day on the Harmony of the Seas

Day 1: Embark from Galveston, Texas, Royal Caribbean's brand new cruise terminal.

Days 2-3: At sea with all the ship activities and amenities and YMCA Alumni special events.

Day 4: Port day in Roatan, Honduras. This beautiful island is home to one of the best diving and snorkeling locations in the world and has a rich cultural heritage that you can explore.

Day 5: Port day in Costa Maya, Mexico. Make new friends at the Dolphin encounter located right in the port area. Mahahual Beach has a local feel and offers plenty of food and beverage options as well as local shopping. And much more to do in the Costa Maya region.

Day 6: Port day in Cozumel, Mexico. The heart of the island is downtown San Miguel, or "Centro" -- and it's a very safe and easy town to explore on foot, with a large, central plaza park, surrounded by endless restaurants, cafes, bakeries, boutiques, art galleries, markets, and great shopping.

Day 7: At sea, with YMCA Alumni events and many shipboard activities.

Day 8: Disembark in Galveston for your memory-filled trip home.



Happy Birthday

July:

Dave Sowden 7/7
 Phil Grimm 7/9
 Ty Hisatomi 7/12

August:

Tony Sagare 8/3
 Paula Brown 8/7
 Jennie Sowden 8/12
 Joyce Mercer 8/14
 Sally Stickney 8/15
 Lauren Hisatomi 8/18
 Don Anderson 8/21
 Susan Kay 8/24
 Elizabeth Dubuque 8/31

September:

Cliff Lawrence 9/3
 Karolyn Goff 9/10
 Craig Frericks 9/10
 Jill Hallin 9/20



DATES TO REMEMBER



September 15 - 18
 Seabeck Retreat

September 23 - 27
 RV Cluster

January 26 - Feb. 2, 2025
 Reunion at Sea

NEWS DEADLINE

Deadline for articles/news for the
 Next Chapter newsletter is:

September 20, 2024

Email TO: pattisonjanel@gmail.com

Or Send to: **Jane Rosi-Pattison**
 2940 Harris St. Road
 Kelso, WA 98626

DECEASED

Phyllis Caswell Yachats, OR
 Douglas Henson Tillamook, OR
 Charles Micklewrigfthr, Helena, MT.

Adventures at a glance

Go to: [At Sea: Reunion at Sea - Ymca Alumni Travel Club](#)



April 21-May 5, 2024: **Atlantic Crossing**
 August 2-8, 2024: **Scottish Dream & Tattoo***
 Sept. 27 - Oct. 4, 2024: **America's Music Cities**
 Jan. 26-Feb. 2, 2025: **Alumni Reunion at Sea Cruise**
 June 17-July 3, 2025: **Land of the Midnight Sun Cruise**
 Sept. 14-24, 2025: **Majestic Canadian Rockies**

*Scottish Dream is sold out. Join waiting list.



Jane Rosi-Pattison, Editor
2940 Harris St. Rd.
Kelso, Wa 98626

MUST REGISTER BY AUGUST 16

SEABECK REGISTRATION

September 16-18, 2024

Return by August 16 - Check-in begins at 4 PM September 16

Name _____ Address _____

Email _____ City St Zip _____

Phone _____

Spouse/partner if attending _____ Email _____

Phone _____

Full registration (two nights, six meals) _____ @ \$278 = _____

One day only (one night, three meals) _____ @ \$139 = _____

TOTAL ENCLOSED \$ _____

Check payable to **Allen Stone Y Alumni**, Mail to: Tom Horsley 2608 –175th Ave NE

Redmond, WA 98052

Phone: (206) 617-5590

thomaschorsley@outlook.com

*Anyone coming to Seabeck for a day and would like to eat with members, prices are: Breakfast: \$10 Lunch \$12 Dinner - \$14.