

To Register: Athletes should contact the [Track & Field Coach](#)

Who: Anyone who is interested in track and field. Athletes will need to have a current medical on file with Special Olympics to participate.

Where: In addition to some local schools, practices are on Saturdays starting on March 15 and 16, 2025 at three locations. The coaches and times of practice at these locations are listed below. Time for practices will change as facilities will become available. Consult this website for updates. You should contact your local school administration and Special Education department to determine if there is a Special Olympics team at your athlete's school.

To register for the program, athletes should provide the team coach with a copy of their current medical at the team's first practice they attend.

Location	Team Coach	Time of Practices	First Practice
Episcopal High School - Titans 1200 N. Quaker Lane Alexandria, VA 22302	Reid Nickle rn@814consulting.com Jim Buchannon jimmiebuc@gmail.com	Sundays – 1:30 to 3:30 PM	March 23, 2025
Thomas Jefferson HS 6560 Braddock Rd, Alexandria, VA 22312	Marjorie Gray marjieathome@gmail.com Martha Merz marthamerz5@gmail.com Caitlin Quincy Cmquincy@fcps.edu	Sundays – Sunday 7:00 – 9:00 PM	March 23, 2025
Westfield High School - Electric 4700 Stonecroft Blvd Chantilly, VA 20151	Rita Updike roupdike@verizon.net William Creighton wjcreighton@verizon.net	Saturdays 11:00 AM – 12:30 PM	March 15, 2025
Westfield High School - Xplosion 4700 Stonecroft Blvd Chantilly, VA 20151	Gustavo Chapa gustavo.chapa.73@gmail.com Christine Fowler christinefowler@mac.com	Saturdays 12:30 – 2:00 PM	March 15, 2025

For information about Northern Virginia Special Olympics Track and Field, please contact the Track and Field coordinator at: [Track and Field Coordinator](#).

Date	Time	Event	Location
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February 13, 2025	7:00 PM	Mandatory Coaches Meeting	Via Zoom
Canceled	8:30 AM – 1:00 PM	Area Time Trials	Paul Vi, Chantilly, VA
April 26, 2025	8:00 AM – 3:00 PM	Area Championship	Episcopal High School Alexandria, VA
May 17, 2025	8:30 AM – 2:00 PM	Rappahannock Regional (Invitation only)	Hylton High School, Woodbridge, VA
June 6, 7 and 8, 2025		Virginia State Games (Invitation only)	University of Richmond