

Tips to Save Energy Today Easy low-cost and no-cost ways to save energy

Do a little. Save a lot.

Everything you do, no matter how small, can add up to big savings. Install a programmable thermostat and set it to 78°F in the summer and 68°F in the winter.

- Run ceiling fans blowing down in the summer and blowing up in the winter.
- Open drapes and shades during the day to catch free solar heat during the winter. Keep drapes and shades closed during the day to keep heat out in the summer.,
- Use CFL (compact fluorescent light bulbs) with ENERGY STAR label. Turn off unnecessary lighting.
- Turn off your computer and monitor when not in use.
- Unplug cell phone chargers when not needed.
- Change HVAC filters monthly (make sure they are facing the correct direction).
- Lower the thermostat on your hot water heater to 120°F.
- Limit shower time to S-7 minutes.
- Don't let the water run while shaving and brushing your teeth.
- Only run dishwasher when fully loaded and use air-dry cycle instead of heat-dry.
- Wash clothes in cold water.
- Only do full laundry loads.
- Clean your dryer's lint trap before each load.
- Make sure dryer vent is tightly connected to dryer, not kinked or clogged.
- Consider an old-fashioned clothes line.
- Clean refrigerator coils annually.
- Use microwave for cooking when possible.
- When cooking on the stove, use pot lids to help cook faster.
- Use a crockpot instead of simmering foods on the stove.
- Look for the ENERGY STAR label on home appliances and products. ENERGY STAR products meet strict efficiency guidelines set by the U.S.

Department of Energy and the Environmental Protection Agency.

• Visit www.energysavers.gov for more energy-saving tips.