



Et Cetera

Quarterly Newsletter, April 2025

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Thank You

Over 300 people joined us for our annual March for Meals 5K Brunch at Cranes Roost Park on Saturday, March 15th. The beautiful weather set the stage for a perfect event. We appreciate everyone coming together to spend the morning walking around the beautiful lake for a great cause - our Seminole County seniors!

Our very own Top Hat Catering served a delicious brunch, which is a unique feature to this annual event. Our menu included: Vegetable Frittata, Cajun Roasted Shrimp Cocktail w/ Sweet Chili Lime, Hash Potatoes, Sausage and Gravy w/Cajun Biscuit, Cinnamon Rolls & Assorted Muffins and Fresh Fruit Salad. Yummy!

Thanks to all participants, sponsors, BNY volunteers, staff and board members. **YOU** are what makes this event so rewarding, fun and successful.

A special “Shout Out” to this year’s March for Meals 5K Brunch sponsors, Meals on Wheels, Etc. Staff and BNY Volunteers!

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It's time to celebrate!

April 20-26 is National Volunteer Week! We want to celebrate and recognize our 400+ volunteers during this week and all year long!

Each of our volunteers contribute to the overall success of Meals on Wheels, Etc. by supporting our clients and staff in so many ways. Whether it's delivering meals, assisting at the dining sites, doing chores, attending events and/or making monetary donations - YOU are what makes this organization a success.

Here are a few of our volunteers who participated in this year's March for Meals event.



Congratulations! **Volunteer of the** **Quarter** **January-March, 2025**

Congratulations to Tara Treuil, Volunteer of the Quarter. Tara is a newer member of the Meals on Wheels, Etc. family, officially joining us in November, 2024. Tara had the opportunity to shadow her mom, Robin DeMundo on one of her routes. She loved it so much she applied to be a volunteer the next day!



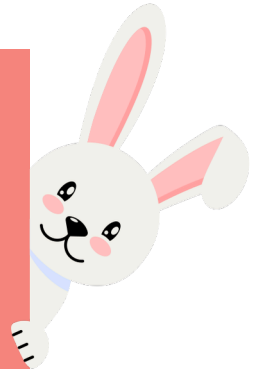
Tara stays busy with her two children, Tyler, age 12 and Taryn, age 8. Tara opted to sign-up as a substitute which has given her the incredible opportunity to meet seniors across the entire service area. She's done 19 different routes, meeting so many of the clients. Tara shares "these clients are the brightest part of my day."

Tara, her children, mom and dad delivered on Christmas Day. She says "the thing that stood out the most was the magnitude of appreciation every client had for their gifts. They were in tears, we were in tears (happy tears), the moment was magical."

Tara encourages others to volunteer because the amount of joy volunteering has given her is more than she ever imagined. There is no selfless good deed and volunteering for Meals on Wheels feels no different. Tara shares "What the clients give back in return is the greater gift by far. We are thanked, appreciated, valued, needed, celebrated, and loved. Being a volunteer has given me so much, it's my honor to give back to such an amazing organization! "



Easter Brunch Specials



Let us help you this Easter by preparing brunch for you and your family! Our Top Hat Catering is serving up delicious quiche and fresh fruit with a lavender crème.

Option 1: Quiche Lorraine

Option 2: Spinach and Tomato Quiche

Each option includes Fresh Fruit with Lavender Crème. **Price \$27**

Option 3: Quiche Lorraine or Spinach and Tomato Quiche. **Price: \$15**



ORDER NOW!

Place your order online by 8 pm Monday, 4/14

Pay for your order online.

Pick-up your order on Friday, 4/18 at the Meals on Wheels, Etc. office.



ALL PROCEEDS BENEFIT MEALS ON WHEELS, ETC.



Upcoming Events/Campaigns

www.mealsetc.org/events



The Rhythm & Brews BBQ Fest is back! Saturday, May 10th

It's National BBQ Month and Mother's Day weekend, so bring MOM out to join us for a fun-filled day. There will be great local barbecue, live music and more. Purchase your tickets early and save!

hundredx[®] June 2-July 1

HundredX is back for its 4th year! This fundraiser provides you an opportunity to support Meals on Wheels, Etc. without reaching into your pocketbook. All you need is a little time over the course of one month to submit some product/services reviews! It's that easy!

Details will be provided via email and social media!

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Meals on Wheels, Etc.'s newsletter is published quarterly and shared with friends of the organization. We welcome suggestions and feedback on the publication and ask that they be sent to: Meals On Wheels, Etc., Attn: Et Cetera, 2801 S. Financial Ct., Sanford, FL 32773