



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>WEEK ONE</u>			1 Turkey sandwich on WW bread (2) Slaw salad Couscous salad Strawberry kiwi cup Milk	2 Hamburger on whole wheat bun w/mustard, mayo, ketchup Baked potato Green beans Lemon raspberry cup Milk	3 Taco (beef) with cheese and salsa Brown rice / beans Mixed vegetables Whole wheat tortilla Strawberry kiwi cup Milk
<u>WEEK TWO</u>	6 Chicken burger Waffle fries Mixed veggies WW bun Mandarin oranges Ketchup/mayo /must Milk	7 Spaghetti w meatballs Spinach Corn Italian bread Tropical fruit Milk	8 Egg salad/ WW bread Pasta salad Tossed salad Pineapple Milk	9 Salisbury steak Mashed sweet potatoes Green beans WW bread Raisins Milk	10 Roasted pork loin Polenta Sauteed kale Applesauce Biscuit Milk
<u>WEEK THREE</u>	13 Hot dog on WW bun Must/ketch/ Relish Baked beans Green beans Mandarin oranges Milk	14 Korean BBQ chicken Fried rice Oriental vegetables Corn Fruit cocktail Milk	15 Veg chili Greens Mashed potatoes Cornbread Pears Milk	16 Grilled chicken w roasted red pepper sauce Wild rice Broccoli/carrots Garlic sticks Mandarin oranges Milk	17 Pot roast w gravy Mashed potatoes Green beans WW roll Applesauce Milk



<p><u>WEEK</u> <u>FOUR</u></p>	<p>20 Chicken parmesan Penne marinara Spinach Garlic stick Mandarin Oranges Milk</p>	<p>21 Meatloaf Mashed potatoes Mixed veggies Pineapple Biscuit Milk</p>	<p>22 Tuna salad sandwich Snap pea salad Tomato cucumber salad Banana (2) WW bread Milk</p>	<p>23 Sloppy joe on WW bun Roasted potatoes Broccoli casserole Craisins Milk</p>	<p>24 Shepard's pie Green beans Baby carrots Garlic sticks Applesauce Milk</p>
<p><u>WEEK</u> <u>FIVE</u></p>	<p>27 Closed Happy Memorial day</p>	<p>28 Jambalaya Greens Peas and carrots Cornbread Pineapple Milk</p>	<p>29 Chef salad Potato salad Pear Garlic sticks Milk</p>	<p>30 Sausage and kale quiche Green beans Brown rice Whole wheat roll / margarine Lemon raspberry cup Milk</p>	<p>31 Fish w pesto sauce Potato au gratin Green beans Birthday dessert WW bread Milk</p>