



*Et Cetera*

Quarterly Newsletter, October 2024

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# Meals on Wheels, Etc. Hosted Our First Annual

*Giving Breakfast*



## *Giving Breakfast*

Our first Giving Breakfast was quite a success! Nearly 150 community leaders, donors and sponsors filled the Longwood Community Building on September 19th to raise critical funds to support the programs and services provided to Seminole County seniors.

We were pleased to generate more than \$24,000, which far exceeded our expectations for this event. The donations will directly impact the lives of our seniors.

The event featured inspiring stories from seniors who have benefitted from the program, a presentation from the Executive Director and a keynote speech from Seminole County Sheriff Dennis Lemma, who shared a heartfelt appeal to continue supporting Meals on Wheels Etc.'s mission.

And to top it off, we enjoyed a delicious breakfast prepared by our very own, Top Hat Catering.

Thank you to our sponsors, Cheney Brothers, Cogent Bank, AAA and AdventHealth and to all of the guests who attended the event and donated to the cause.

We are excited to start planning for next year's event!

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# *Giving Breakfast*



A special shout out and huge “thank you” to the Wellons Communications team for helping us with the event!

# ***Congratulations!***

## **Volunteer of the Quarter**

### **July-September, 2024**



Congratulations to **Maria Sherlock**, Volunteer of the Quarter.

Maria was one of the first to sign-up to volunteer when we launched the AdventHealth Adopt-A-Route Program in May 2023, as part of the AdventHealth CareCrew Initiative. While Maria works from home, she comes into the office at least once a month to deliver meals to her seniors in Altamonte Springs.

Maria shared a moment that had her concerned when her client, Ms. Brenda did not answer the door one day. She was trying to decide what her next step would be, and “God nudged” her to look across the parking lot. And there she was, Ms. Brenda, out for a walk with her adorable dog. The moment they saw each other, they were both filled with joy and were waving at each other in excitement.

Maria shares, “it warms my heart to see the smiles on my senior’s faces and to know they are getting their daily meals. While our primary aim in volunteering is to assist others in overcoming their challenges, it turns out that we are the ones who end up blessed and fulfilled by lending a hand to those in need.”

Thank you, Maria, for all you do for Meals on Wheels, Etc. We appreciate the care and compassion you bring to your volunteer role. Congratulations!



## Community Information

**LEADERSHIP SEMINOLE** | **30 YEARS**  
*5th Annual* **CALL TO SERVICE**



*Connecting leaders to volunteer opportunities*



*Kay Rawlins*

**October 18th, 2024**  
**8:30-10:30 a.m.**  
**Northland Church**

*Come meet Kay Rawlins- the founder of Orlando City and Orlando Pride*

**FREE EVENT OPEN TO THE PUBLIC**





*Register today!*

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## Events

### Board & Brush Fundraiser

Thursday, October 24  
6:30-9:30 PM  
111 N Oak Ave  
Sanford



Join us at this popular workshop and create your own unique wood sign! Board & Brush will donate back to Meals on Wheels, so join us with a fun night out.

[Register by 10/22.](#)

### Adopt A Senior for the Holidays

Monday, November 25th  
thru Wednesday,  
December 18th

This campaign is a great way to get your family, friends, co-workers and business colleagues involved to support a great holiday cause.

The gift baskets/bags are then distributed by the volunteers and staff on Christmas morning during our most popular event of the year.

[List of Suggested Items](#)

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Meals on Wheels, Etc.'s newsletter is published quarterly and shared with friends of the organization. We welcome suggestions and feedback on the publication and ask that they be sent to: Meals On Wheels, Etc., Attn: Et Cetera, 2801 S. Financial Ct., Sanford, FL 32773

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