



# **Volunteer Orientation**

*We are ...*



**Serving Seminole County Seniors  
Since 1975**

*Our mission is ...*

**to enhance the quality of life for young and old by providing appetizing, nutritious meals as well as support services for seniors which enable them to maintain their independence and dignity.**



*Our target population is ...*

**elderly residents who are frail,  
low-income, socially isolated  
and at risk for malnutrition or  
premature nursing  
home placement.**





# *Our services include ...*

- **Home Delivered Meals**
- **Neighborhood Dining**
- **Transportation**
- **Care Coordination**
- **Home Improvements**
- **Homemaking**
- **Weatherization**
- **Telephone Reassurance** *(new)*
- **Shopping Assistance** *(new)*



# *Our services ...*

**Although you may be only interested in delivering meals, it's good for our volunteers to know about all the services available to our clients.**



# *Home Delivered Meals ...*

**for homebound seniors. All meals are prepared daily in the Meals on Wheels, Etc. kitchen. Each meal provides one-third of the Recommended Daily Allowance (RDA) and are approved by a licensed nutritionist.**



# *Home Delivered Meals ...*

**So much more than just  
a nutritious meal ...**

- **Addresses the three biggest threats of aging: hunger, isolation and loss of independence**
- **A friendly visit**
- **A safety check**

*Oh yes ... we deliver pet food too!*



# *Neighborhood Dining ...*

**Seniors seeking companionship, activities and a hot, nutritious meal are invited to join us at one of several Neighborhood Dining sites located throughout Seminole County.**

**Note: this program has been temporarily suspended due to restrictions associated with the coronavirus pandemic.**



# *Transportation ...*

**We offer seniors door-to-door transportation to our Neighborhood Dining sites, shopping, and medical appointments, Monday through Friday from 7:30 am - 2:30 pm.**

**Note: this program has been temporarily suspended due to restrictions associated with the coronavirus pandemic.**





# *Care Coordination ...*

**Care Coordination provides resources and access to programs and services so seniors are able to live independently or with caregivers in their own homes and communities.**



# *Home Improvements ...*

**With the help of volunteers, local businesses, churches and civic groups we provide home repairs and chore services, including minor repairs and the installation of safety features.**

**Note: services associated with this program have been impacted due to restrictions associated with the coronavirus pandemic.**





# *Homemaking ...*

**Our Homemaking service covers general housekeeping and laundry. This service is offered twice a month for two hours to homebound seniors.**

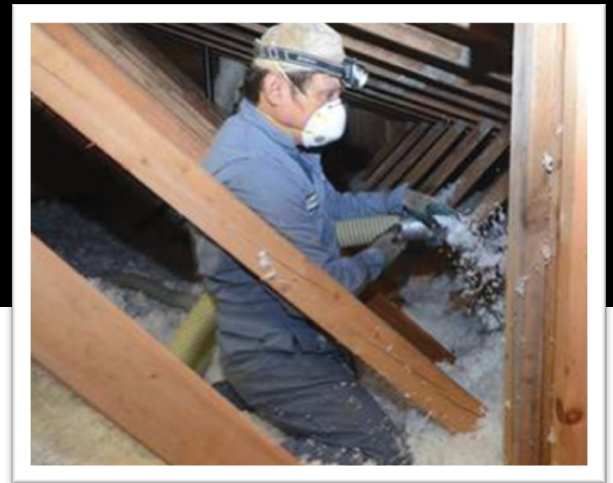
**Note: services associated with this program have been impacted due to restrictions associated with the coronavirus pandemic.**



# *Weatherization ...*

**Weatherization assistance is provided through a federal grant to help reduce the heating and cooling costs, by improving the energy efficiency of homes. The program is open for low income persons, particularly the elderly and disabled.**

**Note: this program has been temporarily suspended due to restrictions associated with the coronavirus pandemic.**



# *How do we do all this ...*

**In addition to our talented staff, to meet the needs of seniors in our community we rely on ...**

- **Several Funding Sources & Donations**
- **A Group of Dedicated Volunteers**



# *Funding ...*

## **Meals on Wheels, Etc. funding sources include:**

- **Older Americans Act and NSIP funding,**
- **Heart of Florida United Way,**
- **Seminole County Board of County Commissioners,**
- **Florida Dept. of Transportation,**
- **Various Foundations,**
- **Community organizations,**
- **clubs, churches, and individuals,**
- **Bequests,**
- **Memorials,**
- **Client contributions, and**
- **Agency fundraising.**



# *Funding ... Donations*

**We are extremely grateful for, and depend on donations and gifts to serve our clients.**

**Meals on Wheels, Etc. is a non-profit 501(c)(3) and contributions to our organization are tax deductible.**



# *Our volunteers ...*

**Together, we can deliver ...**

**Meals on Wheels, Etc. volunteers touch the lives of hundreds of seniors here in our community every day by donating their time and service.**

**Our volunteers come from all walks of life: individuals, couples, retirees, stay-at-home moms, school groups, business and Corporate groups, churches, and civic groups.**



# *Volunteer Opportunities ...*

**Although we normally have many volunteer opportunities, due to the Coronavirus Pandemic, we can only accept volunteers to help support the Home Delivered Meal program at this time.**

**However, this is currently the area in which we need the most help.**



**We thank you for your time, attention,  
and interest in Meals On Wheels, Etc.**

**For more information, or to volunteer  
with us, please call us at  
407-333-8877, ext. 104**

*Together ... We Can Deliver!*

