



Et Cetera

Quarterly Newsletter, October 2023

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BREAKING NEWS

Two new
Neighborhood Dining Sites
are now open in Sanford!

We are pleased to announce two new Neighborhood Dining sites opened in Sanford on September 18th.

Midway Safe Harbor Center
Westside Community Center

These two new sites will allow us to feed more seniors in our community and we are grateful for this expansion. To learn more about our neighborhood dining services, visit our website.

Congratulations!

Volunteer of the Quarter

July-September 2023



Congratulations to Laura Wise, Volunteer of the Quarter. Laura started March 2017 delivering meals 4 days a week, then dropped to 3 days and now does 2 days a week covering 3 routes in different areas.

Laura grew up watching her parents volunteer at their local art theater, the hospital, Hospice and AARP. She watched them giving themselves to others and saw the fun they had and the many people they touched, so she realized she also wanted to help others.

Laura volunteered for PTA when her kids were in school. After the kids were grown, she was caregiver for her Dad for 10 years until his passing. A friend suggested Meals on Wheels to her, and we have been blessed to have her on our team now for 6 1/2 years.

Laura has become friends with many of her clients, visiting them in the hospital, going out for birthday lunches, helping them to get electric back on and helping one client re-connect with a family member. She brings treats to her clients each month.

Thank you, Laura, for all you do for Meals on Wheels, Etc and for your care and compassion for our clients. Congratulations!

EVENTS AND CAMPAIGNS

- October 1 thru 31 - Jiffy Lube “Drive to Do More” Campaign
 - October 25 - Home-Delivered Meals Program Volunteer Appreciation Luncheon - Longwood Community Building
 - November 8 - Meat Bingo - Hollerbach’s - Sanford
 - November 27 thru December 15 - Adopt-A-Senior for the Holidays Campaign
 - November thru December - Senior Santa Campaign
 - December 7 - Neighborhood Dining Client and Volunteer Holiday Party - Sanford Civic Center
 - December 19 - Staff and Board Holiday Party - Central Florida Zoo
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The Ultimate Car Show & Festival 2023



The 2nd annual Ultimate Car Show & Festival held on Saturday, September 30th was a huge success. This free event was held at Reiter Park in Longwood where close to 150 cars were on display for the public to view. Those attending the event not only enjoyed the cars, but also the food trucks, DJ, bounce house, farmer's market and more. Funds raised from this event were donated to Meals on Wheels, Etc. in support of our senior programs and services.

Thanks to our event host, LiquidTech and Candido Arreche who made this event possible. In addition, a sincere thank you to all who participated in the event - car participants, attendees, volunteers, food trucks and our event sponsors. And a special shout out to Bounce Orlando who donated the bounce house for the children.

We are already planning for next year and hope to see you there!



thank you

event sponsors



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The Hungry Lab



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Meals on Wheels, Etc.'s newsletter is published quarterly and shared with friends of the organization. We welcome suggestions and feedback on the publication and ask that they be sent to: Meals On Wheels, Etc., Attn: Et Cetera, 2801 S. Financial Ct., Sanford, FL 32773

