

Quarterly Newsletter, April 2021

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It's long overdue, but we are happy to say we are back on track. The pandemic has created many challenges including our ability to keep up with our newsletter. Going forward, we will publish a newsletter quarterly to keep you more informed.

We have a perfect new title for our newsletter - ETC. Et cetera abbreviated to etc. is a Latin expression that is used in English to mean "and other similar things." For our organization, it means we provide not only meals but also "other similar things," such as many support services to enhance the lives of our homebound seniors.

Note: If you wish to unsubscribe, please use the unsubscribe link at the bottom of this issue. Also, we want you to know, your privacy is important to us! We consider your contact information confidential and will not sell, rent, trade, lease, or give it to anyone.

Engage by Cell



Meals on Wheels has gone mobile! We need your help in making this new platform a success! It will allow us to communicate news, events, volunteer opportunities and much more via text messaging.

In today's society, most of us have our cell phone with us 24/7, so getting news and updates is easier and quicker than ever.

To sign-up, just text **MEALS** to **407-305-3935** or scan the QR Code. *Message and Data Rates May Apply.*



2021 March for Meals Campaign

Our 2021 March for Meals campaign looked slightly different this year and included four events:

Virtual Walk - this year's event went virtual for the first time. 73 people registered for the walk. There were five door prizes and a grand prize for the most festive photo sent in by Keara Kennedy.



Community Champions Week -

We celebrated four Community Champions this year:

Norton Bonaparte - Sanford City Manager

Tim Cook - CEO Seminole County Market AdventHealth Altamonte

Dr. David Sinclair - VP & Chief Medical Office AdventHealth Altamonte

Shantell Williams - Owner of Shantell's Cafe, Sanford

On-line Facebook Auction - we hosted an auction for the first time. We had 44 items donated by local businesses and individuals, including gift cards, gift sets, experiences and much more. The event was a great success.

Dine to Donate Night at Texas Roadhouse - we hosted a fundraiser at the Sanford location. Our event included Top Hat Catering cookie sales, 50/50 raffle, cards for the children to color for our seniors and a donation of 10% of sales from Texas Roadhouse.

Thanks to everyone who supported us by participating in our March for Meals Campaign events - we had a lot of fun and earned extra \$\$\$ to support the seniors we serve right here in Seminole County.

Services Spotlight

EHEAP

In October 2019, Meals on Wheels, Etc. partnered with the Emergency Home Energy Assistance Program to assist seniors (age 60 or older) who are experiencing difficulty paying their electric energy bill. This is a federally funded program. We make guaranteed payments on past due accounts directly to the vendor on behalf of EHEAP. Since we started our EHEAP program in October, we have assisted over 240 clients with their power bill payment.

For more information on the program and eligibility requirements, please contact Rose Feliu, EHEAP Program Coordinator at 407-333-8877, ext. 100 or rfeliu@mealsetc.org.

Weatherization

Meals on Wheels, Etc. is a proud partner of the Weatherization Assistance Program (WAP), which is funded by the U.S. Department of Energy (DEO) and the U.S. Department of Health and Human Services (HHS).

Our goal is to lower the electric bill of low-income households by improving the overall energy efficiency. Services include items such as: insulation, weather stripping, leakage prevention, water heater wraps and solar screens. Our Weatherization Program assisted 23 clients in 2020.

For more information on the program and eligibility requirements, please contact the Home Program Manager, Maria Torres at 407-333-8877, ext. 119 or mtorres@mealsetc.org.



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Meals on Wheels, Etc.'s newsletter is published quarterly and shared with friends of the organization. We welcome suggestions and feedback on the publication and ask that they be sent to: Meals On Wheels, Etc., Attn: Et Cetera, 2801 S. Financial Ct., Sanford, FL