

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>WEEK</u> <u>ONE</u>				1 Jambalaya Green beans Peas and carrots WW bread Mandarin oranges Milk	2 Tuna salad sandwich Snap pea salad Tomato cucumber salad Pineapple (2) WW bread Milk
<u>WEEK</u> <u>TWO</u>	5 Taco (beef) w cheese and salsa Brown rice/beans Mixed veggies WW tortilla Orange Milk	6 Veg chili Greens Mashed potatoes Cornbread Pears Milk	7 Stuffed peppers Mac and cheese Mixed veggies Cherry lemon cup WW roll Milk	8 Chef salad Potato salad Pear Garlic sticks Milk	9 Meatball and eggplant tagine Green beans Rice Pineapple Milk
<u>WEEK</u> <u>THRE</u> <u>E</u>	12 Hamburger on whole wheat bun w/mustard, mayo, ketchup Baked potato Green beans Tropical fruit Milk	13 Veg quiche Potatoes w peppers and onions Sauteed kale French toast w syrup Orange Milk	14 Chicken noodle veg soup Roasted potatoes Naan Craisins Milk	15 Turkey/cheese sandwich on WW bread (2) Slaw salad Couscous salad Strawberry kiwi cup Milk	16 Fish w chimichurri sauce Mac and cheese Broccoli Orange Biscuit Milk

<u>WEEK</u> <u>FOUR</u>	19 Roasted pork au jus Polenta Sauteed kale Mandarin oranges WW roll Milk	20 Chicken piccata Mashed potatoes Spinach Applesauce Garlic sticks Milk	21 Pierogies w meat sauce Okra/tomato Corn Biscuit Lemon raspberry cup Milk	22 Chicken salad Carrot cumin soup Coleslaw WW bread (2) Craisins Milk	23 Tortellini w turkey sausage and red pepper sauce Spinach Diced carrots WW roll Birthday dessert Milk
<u>WEEK</u> <u>FIVE</u>	26 Closed Memorial day	27 Chicken burger on WW bun Home fries Mixed veggies Mandarin oranges Ketchup/mayo/must/lettuce/tomato Milk	28 BBQ chicken Mac and cheese Greens Cornbread Applesauce Milk	29 Chicken tenders Green beans Penne marinara Biscuit Tropical fruit Milk	30 Vegetarian lasagna Spinach Corn Garlic sticks Birthday dessert Milk