



Et Cetera

Quarterly Newsletter, January 2023

INSIDE THIS ISSUE:

Page 1

- 50th Anniversary

Page 2

- First Quarter Events
& Campaigns

Page 3

- Thank You

Page 4

- Volunteer of the
Quarter

Happy New Year!



We are excited to announce that Meals on Wheels, Etc. is celebrating our 50th Anniversary this year!

Meals on Wheels, Etc. began with a small program in 1973. Since that time, the needs of the senior community have grown and the agency has responded with a continuum of services to support this growth.

We are proud to offer a variety of programs and services to our Seminole County senior clients. And we are thankful for the continued support of our community who support us by volunteering, donating in-kind items and financial support.

We could not do what we do without each of you! So, let's celebrate!

First Quarter Events & Campaigns

Mardi Gras

Saturday

February 18th

4-9 pm

Downtown Sanford



March for Meals

Saturday, March 4

8-10 am

Cranes Roost Park
Altamonte Springs

For more information, visit www.mealsetc.org or contact Community Relations Coordinator, Dawn Garrison at dgarrison@mealsetc.org

Thank You!



The 2022 Holiday Season was Magical!

A heartfelt "thank you" to all who supported our holiday campaigns and events. We received a record number of gifts, a wealth of donations and over 60 volunteers to deliver meals and gifts on Christmas morning.

Our community is amazing and we appreciate all that you do! Thank YOU!

Congratulations!

Volunteer of the Quarter

October-December 2022



Congratulations to Sally Strong, our first Volunteer of the Quarter recipient. Sally started her volunteer service June, 2022. On her first day of training, she did back-to-back deliveries. Sally was a SUB for about five months, before taking a permanent route assignment in Geneva. She is always willing to help and is available as a SUB for other open routes. We are blessed to have Sally as a volunteer as she brings so much energy, love and commitment to her volunteer role.



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Meals on Wheels, Etc.'s newsletter is published quarterly and shared with friends of the organization. We welcome suggestions and feedback on the publication and ask that they be sent to: Meals On Wheels, Etc., Attn: Et Cetera, 2801 S. Financial Ct., Sanford, FL 32773