

# Mission Possible Words of Hope Ministries

Hello again readers. Have you had times when you were in a dark place with little hope? I know I have struggled when a loved one has died and when I felt overwhelmed when my financial situation became too bleak for comfort. I certainly struggled when my 24-year marriage ended, and I felt lost. I have been greatly discouraged whenever I have disappointed others who counted on me. Still yet, I catch myself feeling defeated at times when I cannot keep up with my workload and cannot foresee a catching up point. I am sure you have your own examples of times when you may have felt lost, discouraged, overwhelmed or weak-minded. What have you found that gives you hope? I will share some of the things I have found that give me hope.

I sometimes think of a time in the past when I faced a life challenge and was able to get through it. This reminds me of my strength and perseverance that certainly come from God. I also think of people in my life who show courage and resilience when they are challenged with life circumstances that are complex and difficult. They are the examples God has given me to emulate. It is also comforting to read the Bible and find versus like Isaiah 41:10, "Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with my righteous right hand." I also talk to God in those times of struggle and trust that he listens. He promises, "I will not leave you orphans; I will come to you" (John 14:18). He wants us to bring everything to him in prayer.

There are times when I find hope in just taking a walk on a clear night and looking up in the sky to see all the twinkling stars. I am reminded of how small I am and how great the universe is. I think of how the Creator has provided me with what I need far and beyond earthly things like air, water, land and all natural resources. He has equipped me with the breath of life

and the Holy Spirit to nudge me in the direction I need to go in all situations. He has also equipped me with the love of Jesus Christ and the understanding that suffering is only temporary. Jeremiah 17:7-8 tells us, "Blessed is the man who trusts in the Lord, and whose hope is the Lord. "For he shall be like a tree planted by the waters, which spreads out its roots by the river, and will not fear when heat comes; but her leaf will be green and will not be anxious in the year of drought, nor will cease from yielding fruit."

I do not know about you, but I also find comfort and hope in noticing the beauty of God's creation and being grateful for it. There is nothing more calming than sitting by the edge of a stream or river and watching the water flow over rocks. I recognize the presence of God in the songs of birds, the wind blowing, snow falling in the mountains and waves lapping on a sandy shore. When discouraged, I encourage finding the light and joy in whatever may be going well because it is too easy to get lost and drained when focusing on what is wrong, unjust or painful. A closing thought comes from Philippians 4:8, Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy-meditate on these things.

May you find the hope you need to persevere.

Yvonne



## **Praise and Prayer**

Lord, we pray for the Texas Hill Country communities to come together despite devastation everywhere they look. We thank You that during this dark time, You are lighting beacons of hope for families, friends, and rescuers to cling to. Help them stay encouraged despite the slow recovery process, and we pray that these communities will only increase in strength and love as they rebuild.

Lord, we pray for the hungry, the homeless, the addicted, the afflicted, and all of those who are without hope. Lord, please guide the lost and broken to receive the life changing help they need. Lord, please move in every heart to heal and transform them, as only You can.

Lord, we pray that You would touch, strengthen, comfort and heal John S., Jill, Louis P., Lorri N., Carmen, Christine, Eric D, Jim M., Syndey R., Keith, Janna and Barron, and all of those who are wounded, hurting, grieving, sick or injured that You would wrap Your arms around their

family members and comfort them.

Lord, hear our Prayer of Humility:
From the desire of being praised,
deliver us, Jesus. From the desire of
being honored, deliver us, Jesus.
From the desire of being preferred,
deliver us, Jesus. From the desire of
being consulted, deliver us, Jesus.
From the desire of being approved,
deliver us, Jesus. From the desire of
comfort and ease, deliver us, Jesus.

From the fear of being humiliated, deliver us, Jesus. From the fear of being criticized, deliver us, Jesus. From the fear of being passed over, deliver us, Jesus. From the fear of being forgotten, deliver us, Jesus. From the fear of being lonely, deliver us, Jesus. From the fear of being hurt, deliver us, Jesus. From the fear of suffering, deliver us, Jesus.

That others may be loved more than I, Jesus, grant us the grace to desire it. That others may be chosen and I set aside, Jesus, grant us the grace to desire it. That others may be

praised and I unnoticed, Jesus, grant us the grace to desire it.

O Jesus, meek and humble of heart, make our hearts like yours. O Jesus, meek and humble of heart, strengthen us with your Spirit. O Jesus, meek and humble of heart, teach us your ways. O Jesus, meek and humble of heart, help us to put our self-importance aside to learn the kind of cooperation with others that makes possible the presence of your Abba's household.

Adapted from a prayer by Rafael, Cardinal Merry Del Val, from the prayer book, For Jesuits, 1963, Loyola University Press.

If you have prayer requests and praise reports that you would like to submit for the newsletter, please mail them to Mission Possible PO Box 11063, Charlotte, NC 28220.



- 6. The first balls used in playing golf were made from leather balls stuffed with bird feathers. These balls could travel longer distances than other types of balls that were made after. They were last used in the mid-1800s.
- 7. The next batch of golf balls was made from wood specifically, beech. Since they were hand-carved, the balls were not perfectly round, which made them more difficult to play with because they were unpredictable.
- 8. The first golf balls that were

# **Interesting Facts about Golf**

- 1. Golf is the 10th most popular sport in the world with 450 million fans. During the 2020 PGA Championship round, 6.873 m viewers tuned in on CBS to catch the action on the greens.
- 2. The modern game of golf can be traced to Scotland during the 15th century. Although the ancient origin of the game is not clear, historians believe that golf may be associated with paganica, an ancient Roman game that involved hitting a leather ball using a bent stick. It may also be rooted in the Chinese game called chuiwan, wherein a
- stick is used to hit a small ball to sink it into a hole in the ground.
- 4. The oldest known golf course in the world is The Old Course at St. Andrews in Fife, Scotland. It is called the Home of Golf and is treated as a pilgrimage site by fans and players of the game.
- **5.** Golf may be an elite sport now but it was originally simply a game that shepherds played to pass the time. They hit rocks using sticks during breaks. Scotland's geographical landscape was and still is ideal for playing the game.

### Golf Word Search

S P E R T V G H S I O D F A B M X C D U P S F R Y W J I R D S G S R S D X Z N V M R T W U D S HDSV STFEYWENSFMMSFDAIEBIWRERQW V C N V D V D S H J E W I U T R T I L F S O K S A V X H C B I F D E R K S L L O E R R E V B Z N Z CIFRUEDSWKOYETFDRDULLK V N D Z X N S E A A S W J S I D F E P R Y I O W E R I G Y R E D K S K M S A N E S F A G N I W S K C A B SWFERYWEVCLAWGRIPVXDLZXZBN UJWEDVTCX REEDSNMGRLAFYREWI C D B X C D J K S D E R Q W K W I E E O E R P R V Z CGSJJEIUPODLWYEFDSHCSCXIMX V E B S D F E W W R X V K D G R U Y W P U T T P V N SYRGSLPURWAUIYEISSKJCEXLZB X C O U R S E V C D E C D S E T G H T T Y W D E C V M J E S A A Q D X Z B V T T E O I I H K D C X B H C V A S W R G H M N B X R F I C V D G H S D E R O G G SVGTREEPYRPOADSLHFFSJCXGUV K B X X J D T E E H S N I P G E D S F R Y U I E O E CJREUIFTDJFNRXNCGDGFHVCYRB OGSDEJGLUDFRWTY EWREBNZMMSI L F F C E O I F S P N X A Z N B V S E K W Y T E D S BFGTREJUIDFEYVXCDEIEOERPPM E R E W U Y H B B V X N U E Y T U W Q W N W F D S N EVFGSERNAPDRAHVXKHDGJJIYWE T I U R E P D S O O D S J H M T O R D G S C X N B A

Amateur Back Swing Birdie Bunker Claw Grip Course Deuce Even Par Fairway
Hardpan
Pin Sheet
Practice Green
Putt
Rough
Tee Blocks
Triple Bogey

Bonus Challenge: Find 4 types of golf clubs

1. 2.

3.

4.

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mass-manufactured were made from the sapodilla tree sap. The sap was heated and dried in a round mold. These balls were called gutties and were simply re-heated and remolded when they lost their shape.

- **9.** The nicked and banged up gutties were the inspiration for the modern golf balls. **Since the small nicks stabilized the ball's flight path**, golf ball manufacturers began to carve and etch textures into the surface of the balls.
- 10. There were no golf tees until the

end of the 19th century. Golfers instead built a small mound of sand or soil on which to place the golf ball. In golf courses, golfers were given a box filled with wet sand to use. A dentist named Dr. George Grant (a Harvard Dental School graduate and the second African American to earn a dental degree) is credited with designing the golf tee. He patented it in 1899.

11. Some golfers believe that using a red tee will result in inaccurate shots. This may be because red is a color that most people asso-

National Day of.....

- 1. Water Balloon
- 2. Sandcastle, Coloring Book
- 3. Grab Some Nuts
- 4. Chocolate Chip Cookie
- 5. Work Like a Dog, Underwear
- 6. Wiggle Your Toes
- 7. Sea Serpent
- 8. Pickleball, Frozen Custard
- 9. Bowling, Garage Sale
- 10. S'mores, Lazy
- 11. Play in the Sand
- 12. Vinyl Record
- 13. Filet Mignon, Prosecco
- 14. Creamsicle
- 15. Relaxation
- 16. Tell a Joke, Rollercoaster
- 17. I Love My Feet
- 18. Fajita, Mail Order Catalog
- 19. Potato
- 20. Bacon Lovers
- 21. Spumoni
- 22. Tooth Fairy
- 23. Find Your Inner Nerd
- 24. Waffle
- 25. Kiss and Make Up
- 26. Dog, Cherry Popsicle
- 27. Just Because, Peach
- 28. Bow Tie
- 29. Chop Suey
- 30. Beach, Eat Outside
- 31. Trail Mix

ciate with danger or warning.

- 12. Another common superstitious belief among golfers is never washing a ball if they are having a great game. It is believed that by washing the ball, the golfer is also washing off his/her luck away. To avoid changing their good luck, golfers just keep their ball as is.
- **13.** The chances of an average golfer to sink a hole-in-one are **12,000 to 1.** The odds are better for a Tour player it's 3,000 to 1.

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Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday
Philippians 4:1	1 Isaiah 40:3 I					<b>31</b> Jude 1:24-25
	8	7	6	5	4	3
Psalm 121:1-	Proverbs 16:9	I John 4:18	Romans 15:13	Psalm 46:10	Lamentations 3:22-23	Matthew 11:28
1	15	14	13	12	11	10
Deuteronom 31:	Hebrews 12:1-2	Psalm 55:22	John 16:33	Psalm 37:4	2 Timothy 1:7	Ephesians 3:20
2	22	21	20	19	18	17
Psalm 23:	Micah 6:8	Isaiah 41:10	I Thessalonians 5:16-18	Psalm 1:1-2	James 1:5	Romans 8:28
30	29	28	27	26	25	24
Ephesians 4:3	John 8:32	Proverbs 4:23	Philippians 2:3-4	Romans 8:38-39	Galatians 5:22-23	Matthew 7:7